Product Overview **Smart Sports Watch**



Packing list

Smart watch :1 Magnetic charging cable: Instruction manual: 1

Instruction manual

Power on / off button

/recent task button

Charge your smartwatch

Make sure the battery is in a normal state for first use If the power does not turn on properly, connect the charger to charge the device. This machine is powered by USB +5V, magnetic charging. The full

After a full charge, press and hold the power button for about 3 seconds to turn on the smartwatch.

App installation

charge time is about 2.5 hours.

Download the Transfer Mold app: The smartwatch needs to download an app to connect to your phone Please download the ann by scanning the OR code below. It supports both Apple and Android devices 2. The app can be downloaded from the "Play store" for Android phones and the "App Store" for Apple

Scan the QR code below to download the Transfer



Bluetooth pairing

- 1 Turn on the Bluetooth switch on your phone
- 2 Open the Transfer Coil App and set the relevant personal
- 3. Go to "Devices" and click "Add Device" to experience
- 4 Select "QW33" from the search list

Device

5. Once the pairing is complete, you can use or customize the features as you like

Pairing request - now to
Tap to pair with QW33 Audio.

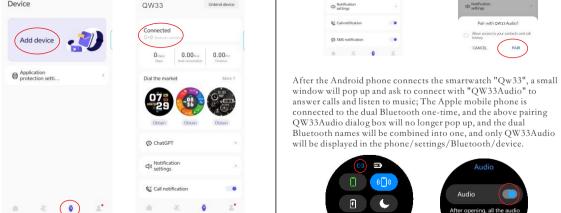
PAIR 8 CONNECT CANCEL

O.00. 0.00. 0.00.

0.... 0.00... 0.00...

Pair with QW33 Audio?

CANCEL PAIR



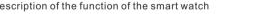
Note: Android phones need to allow apps to run in the

Android and iPhone use all notification permissions to read contact information Please make sure that you must turn on your phone audio in your

And provide the app to run in the background in the phone smartwatch as shown above to use the audio and call functions.

Wear it correctly

- . Adjust the strap size according to your wrist.
- 2. Make sure the sensor is in contact with the skin for it to work properly.



- Press and hold the power button (power on and off hutton) to turn on/off the smartwatch
- 2. To change the watch face, long press the home screen (swipe from left to right) to switch the watch face or rotate Introduction to the functions of the watch the encoder to select
- 3. Press the encoder button to enter the main menu.
- 4. Swipe down: Get Messages
- 5 Swipe Up: Show the shortcut menu function
- 6. Swipe from left to right: You will get a dual-window
- 7. Swipe from right to left: Quick access to relevant
- 8. Power saving: You can directly click the battery symbol and then click the OK button in the drop-down menu to reduce the brightness of the screen, so as to reduce power consumption and achieve the purpose of power

Healthy Triple Ring

Watch interface

The three rings represent activity (outer ring), exercise (central ring), and standing (inner ring). You can set a target value for each of them.

Physical training

Tap the sport icon on the menu to start a new session There are 120 sport modes to choose from The exercise data can be synchronized to the mobile app for

Sleep monitoring

Please wear a smartwatch when sleeping, it will monitor sleep time and sleep quality (deep/light sleep) and can be synced to the mobile app to view the data.

There are a total of 18 menu languages to choose from

Music control After the mobile phone is bound to the watch through the

APP when the mobile phone plays music, the bracelet car pause play and control the up and down songs Female menstrual cycle

In the nath of mobile phone/APP/nersonal

information/gender, set the gender to female, and the female menstrual cycle management module can be displayed on the APP homenage

Alarm clock reminders

You can set 5 sets of alarms. When the set time is reached the smartwatch will vibrate

After the mobile phone is bound to the watch through the

APP, the local meteorological data will be pushed to th watch for display. Including ultraviolet light, air pressure. wind speed, humidity.

Voice assistant

Tan the voice assistant menu icon to start the voice assistant feature. Please make sure that Bluetooth audio must be turned on in the smartwatch and connected with

Weather display

After the mobile phone is bound to the watch through the transfer coil APP, the local weather information will b automatically pushed to the bracelet for display.

Language selection

On the "Device" page of the APP, you can hind and unbing the bracelet set up message notifications, upgrade firmware

Introduction to some of the functions and settings of the APE

Main control chip: JL7012 download watch faces and so on In the "homepage" of the APP, the APP will display detailed

Sensor: HRS3301 watch data such as exercise records, step counting, sleep and women's menstrual cycles after synchronizing the watch On the "My" page of the app, you can set your personal

information, target steps, and popular questions. If you are a woman please set it to female in the gender column, and you can set it in the "Home Page" of the APP view your menstrual cycle, and synchronize it to your watch.

Raise your hand to turn on the screen

Turn on this feature. When the smartwatch is in the screenstate raise your wrist and turn the screen towards you to make the screen light up

Users can download watch faces or customize watch faces.

Alarm clock reminders

You can set 5 sets of alarms. After the set time reaches the point the smartwatch will vibrate

My QR code function needs to be set up on the APP, which car realize the binding of WeChat payment code. Alipay paymen code and WeChat QR code. Please click to enter this function and follow the prompts on the page.

Firmware upgrades When the watch has a firmware upgrade, you can click to download and update the bracelet firmware.

Note: This APP is not a medical device. The data obtained during the use of this application is for informational purposes only and should not be used for clinical diagnostic medical research, diagnostic or therapeutic

Hardware specifications of the machine

Gravity sensor: 3-axis gravity sensor

Memory: 640KB SRAM+64Mh FLASH

Motor: Linear flat wire bonding motor

Two side buttons: encoder button + power button messages, and no messages will be pushed when the Do Not

Charging: Magnetic charging, 5V DC USB

Display: 1.28" HD TFT display

Screen resolution: 240*240 pixels

Touch screen: Full touch capacitive screen

Bluetooth version: BLF5.1

Battery Information: 260mAh. 3.7V polymer lithium

Support mobile phone system: IOS 10.0 or above. Android 5.0 or above

connect the charger to activate the watch if the bracelet is out of nower please charge it

1 Does not turn on: When using it for the first time, please

- 2. Unable to make a Bluetooth connection
- a Please make sure that the Bluetooth of the mobile phone is
- turned on and the watch is turned on b. When searching for Bluetooth, please make sure that the
- watch is not bound to another account.

Frequently asked questions:

- c. When searching for Bluetooth, try to keep the watch and nohile nhone in close provimity
- 3. Bluetooth is automatically disconnected, resulting in messages that cannot be pushed; notifications are turned on (auxiliary functions also need to be turned on); pay attention to see if the Do Not Disturb mode is turned on when pushing
- Disturb mode is turned on 4. After the bracelet is connected to the mobile phone, the

exercise and sleep data are not synchronized to the mobile

Note: In order to save power, many mobile phone systems will

APP, please try to disconnect the Bluetooth and then reconnect

automatically clear the background app and close the watch APP by themselves, resulting in Bluetooth disconnection, Ir this case, you need to set up the phone accordingly, find something like Phone Manager or Security Center in the phone, and add the APP to the whitelist or allow self-start in

the battery management or self-start setting options For more frequently asked questions, please click to enter the

"Transfer Circle APP" - "My" - "Hot Questions" for more

- 1. This watch is not a medical device, and the measured health data is for reference only.
- 2. Manuals are subject to change without notice.

FCC Warning Statement Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment. This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures: - Reorient or relocate the receiving antenna Increase the separation between the equipment and receiver Connect the equipment into an outlet on a circuit different from that to which the receiver is connected Consult the dealer or an experienced radio/TV technician for help.
following measures: Reorient or relocate the receiving antenna. Increase the separation between the equipment and receiver. Connect the equipment into an outlet on a circuit different from that to which the receiver is connected. Consult the dealer or an experienced radio/TV technician for help.
FCC Radiation Exposure Statement The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.
This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1)This device may not cause harmful interference, and (2)This device must accept any interference received, including interference that may cause undesired operation.