

iTOUCH PULSE

User Manual



User Manual for the iTouch Pulse

PLEASE BE SURE TO READ THIS INSTRUCTION MANUAL CAREFULLY AND COMPLETELY BEFORE OPERATING YOUR iTOUCH PULSE WATCH.

Thank you for choosing the iTouch Pulse SmartWatch. Please read the manual before you begin using your iTouch Pulse. This manual will help you to understand the full functionality and simple operation of your device. The main function of this SmartWatch is as a notifier for your email, text messages and social media apps. It can synchronize your phonebook and offers a variety of practical services to make work and leisure activities that much more enjoyable.



iTouch Pulse Configuration:

- LCD: Bright LCD backlit screen
- Power/HOME key: hold down to power device on or off. Press once to return to the home interface and to activate LCD backlight.
- Back: Tap once to move back to previous menu.
- Dial/Keypad: Tap to bring up dial pad while in standby.
- Ok/Answer: Tap to bring up the menu while in standby, confirm key while in the main menu, and answer key when receiving a call.
- Microphone
- Magnetic USB charger: for charging your device using the included magnetic USB cable.
- Speaker
- Interchangeable Strap

Getting Started:

- Turn on your iTouch Pulse watch by pressing the Power button.
- The language option screen will appear. Select your preferred language.
- Connect iTouch Pulse to your smart phone by Bluetooth carefully following these instructions:

iPhone™:

- Begin by downloading and installing the iTOUCH SmartWatch app from the App store.
- Activate Bluetooth on your phone. Go to your Settings menu>>Bluetooth>> and switch Bluetooth on (if not already on).
- Once you have confirmed that Bluetooth is on, the iTouch Pulse should appear in your phone's Bluetooth Devices list as iTOUCH Pulse. Select this device to connect.
- A blue BT icon should now appear on the top left corner of your iTOUCH Pulse.
- On your phone, open the iTOUCH SmartWatch app.
- On app's menu screen (menu icon located in the top left corner of the app home screen) and select Device Pair/Sync.
- The device search screen will open. Press start to begin searching for devices.
- The iTouch Pulse will appear in the device list. Press on iTouch Pulse to pair with app.
- A dialog box will appear requesting permission for iTouch Pulse to pair. Select "Pair".
- The iTouch Pulse will then automatically open the Notifier screen.
- Press the "Back" button on the bottom right of your watch face to return to the iTouch Pulse home screen.
- The Bluetooth logo in the upper right-hand corner of the iTOUCH Pulse home screen should be half blue and half green, confirming that your iTouch Pulse is now fully connected.

ANDROID™:

- Begin by downloading and installing the iTOUCH SmartWatch app from the Google Play store.
- In your phone settings, activate Bluetooth and check the box to allow your phone to be visible to other devices.
- On your phone, open the iTOUCH SmartWatch app.
- On app's menu screen (menu icon located in the top left corner of the app home screen) and select Device Pair/Sync.
- The device search screen will open. Press start to begin searching for devices.
- The iTouch Pulse will appear in the device list. Press on iTouch Pulse to pair with app.
- A dialog box will appear requesting permission for iTouch Pulse to pair. Select "Pair".
- The iTouch Pulse will automatically open the Notifier screen.
- Press the "Back" button on the bottom right of your watch face to return to the iTouch Pulse home screen.
- The Bluetooth logo in the upper right-hand corner of the iTOUCH Pulse home screen should be half blue and half green, confirming that your iTouch Pulse is now fully connected.

Functions requiring iTOUCH Smartwatch app

ANDROID: Camera Remote, Music Remote, Find Phone, SMS, Mail, and Social Media Notifications, Pedometer/Sleep Monitor Sync, Weather, Lost Alert, and Voice Assist

iOS: Camera Remote, Music Remote, Find Phone, SMS, Mail, and Social Media Notifications (only supports notification, cannot reply to texts or mail), Pedometer/Sleep Monitor Sync, Weather, Lost Alert, and Voice Assist.

Changing Your iTouch Pulse's Strap to Suit Your Style



Your iTouch Pulse is customizable to fit your mood and style every day with interchangeable straps that you can purchase online at www.ITOUCHWearables.com or at your local iTouch Pulse retailer. To change your strap, just follow these simple instructions:

- To remove the current strap from your iTouch Pulse, turn the watch face down and note the silver pins on the strap near the watch case. With your finger pull the pin to the left and gently pull the strap away from the watch. The strap should easily come detached from the watch.
- To insert your new strap to your iTouch Pulse, line up the steady pin with the hole on the base of the case (Step 1).
- While carefully holding the strap in place, pull the lever on the strap to retract the pin down (Step 2) and position the strap against the case to line up the pin before releasing the lever so the pin snaps in place (Step 3).
- Repeat these steps for the other strap.

iTouch Pulse Watch Functions and Operation



Bluetooth: Search BT: search and pair with other Bluetooth enabled devices.



Contacts: When the iTouch Pulse is fully connected with the smart phone (half-blue, half-green Bluetooth icon), the contacts stored on your phone are visible here and can be synced when updated (can display up to 1,000 contacts)



Messaging: You must have the iTOUCH Smartwatch application installed and be fully connected to use this function. This menu will not be active for iOS, as all messages for iOS are shown under the Notifier menu.



Phone Dialer: When the iTouch Pulse and your phone are connected, you can pull up the dial pad to make phone calls from your iTouch Pulse.



Call Logs: Opening this function will show all calls. Green Arrow – incoming calls, Orange Arrow – outgoing calls, Blue Question Mark – missed calls.



Music: When completely connected (half-blue, half-green Bluetooth icon) you can use your watch as a remote and control the music playback on your phone.



Notifier: Click on this icon to see your 10 most recent incoming notifications including your iOS messages.



Camera Remote:

To use your iTOUCH as a camera remote with your phone (for iOS or Android phones):

1. Please be sure that you have fully connected your phone to the iTOUCH via Bluetooth (half-blue, half-green Bluetooth icon).
2. Open up your phone's camera app.
3. Go to the main menu on your iTOUCH and navigate to the Camera icon and select it.
4. The iTOUCH will then connect directly to the phone's camera and you can tap the 'Capture' button in the center of the screen to take photos and to start and stop video from your phone's camera.



Heart Rate Monitor: Your iTOUCH Pulse can further help you track your health with the built in Heart Rate monitor. To read your heart rate, just select the Heart Rate Monitor icon on your watch and then hold your finger on the heart icon for about a second to start the readout. The watch will flash "Measuring" as it reads your heart rate. According to the American Heart Association, "If you're sitting or lying and



(cont'd) you're calm, relaxed and aren't ill, your heart rate is normally between 60 (beats per minute) and 100 (beats per minute)".



Settings: Open this function to see the following menu

BT Settings: Set Bluetooth Power On/Off and set Bluetooth Visibility On/Off.

Clock: Select your favorite clock face to fit your every mood, Time sync: turn automatic Time Sync with phone On/Off, Date: Set date (when Time Sync is off), Time: Set time (when Time Sync is off), Time Format: Select between 12hr and 24hr format (when Time Sync is off)

Sound: Select your ringtones, alert types and notification tones.

Volume: Increase or decrease the volume for your Ringtone and Notification sounds

Display: Make adjustments to your Main Menu Style, adjust Brightness of the screen and adjust Screen Timeout time. International: Auto Sync allows you to sync whatever language you are using on your phone to the iTouch Pulse. Language allows the user to manually choose their preferred language (when Auto Sync is off). Name Display allows you to select the format that names are shown in your Contacts list. Units: Select between metric or imperial units for the watch display.

Motion: Turn the following motion sensitive functions on/off - Mute incoming: flip your wrist to mute your incoming calls, Mute Alarm: flip your wrist to stop your alarms, Wake: Flip your wrist to wake your phone from sleep, Wake-up Gesture: shake your wrist to return to the main menu, Shake to Answer Call: Shake your wrist to answer incoming calls.

Reset: Erase all the data from your iTouch Pulse

About: General information about your iTouch Pulse.

Find Phone: Use iTouch Pulse to activate phone alarm or use iTOUCH Smartwatch app to activate watch alarm.



Find Phone: Use iTOUCH Air to activate phone alarm or use iTOUCH Smartwatch app to activate watch alarm.



Alarms: Set up to 5 individual alarms, one for every day of the work week.



Sedentary: Keep yourself from being too inactive by setting alerts to get up and move around. Set a timer to let you know when it's time to get some activity going!



Sleep: Monitors the quality of your sleep. Swipe up to turn the sleep monitor On and Off and to see your Sleep history.



Pedometer: Keeps track of steps taken throughout your day and syncs with your iTOUCH Smartwatch app.



Stopwatch: Use your iTOUCH's built-in Stopwatch, with included lap timer functionality.



Weather: When iTouch Pulse is fully connected to your phone, you can see current weather and future weather forecast on your watch.



Calculator: Use your iTOUCH's built-in calculator for basic calculations.



Calendar: Use your iTouch Pulse's built-in Calendar function. You can see today's date and by tapping on the round icon on the bottom, you will see the entire month and scroll up and down to past or future dates.



Voice Assist:

iOS – When connected to an iOS powered phone, you can access Siri functions. Just select the Voice Assist icon on your watch and tap the screen to activate Siri and wait for the audio prompt. You can now speak your voice command into your watch.

Android – When connected to an Android powered phone, you can use OK Google (Google App) or S Voice. Just select the Voice Assist icon on your watch and wait for the audio prompt. You can now speak your voice command into your watch.

Note: Your iTouch Pulse's battery is not removable. If the watch is idle for more than a month, it may not be able to power on because the battery has fully drained. Please connect your watch to the charger. It should power up after a few seconds of charging.

For any further questions please contact us at:

support@ITOUCHWearables.com or visit our website at www.ITOUCHWearables.com

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Increase the separation between the equipment and receiver.
 - Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
 - Consult the dealer or an experienced radio/TV technician for help.
- Caution: Any changes or modifications to this device not explicitly approved by manufacturer could void your authority to operate this equipment. This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation. This equipment complies with FCC RF radiation exposure limits set forth for an uncontrolled environment. This device and its antenna must not be located or operated in conjunction with any other antenna or transmitter.

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