

Smart watch

## Watch charging and activation, binding

Before the first use; scan the following QR code or enter the major application market to download and install "DeeFit Pro". Device requirements: ios 10.0 and above; Android 5.0 and above, support Bluetooth 4.0.



## Main functional interface

ain interface / dial

Press the touch screen long to enter in the main interface, swipe left and right to switch, and click OK. You can also turn the encoder to switch the dial.

Touch screen operation: slide up: view messages; slide: enter the shortcut menu; swipe left: heart rate, phone, weather, step counting shortcut menu;

Heart rate interface

Change to the heart rate test interface to enter the real-time heart rate monitoring. The measurement data can be synchronized to the APP in time and have a test report.

Blood oxygen interface

Switch to the blood oxygen test interface to enter the real-time blood oxygen test, and the test results are directly displayed in the watch interface

The weather interface

The weather screen displays the current weather conditions. The weather information needs to be connected to the APP before obtaining the data. If the connection is disconnected for a long time, the weather information cannot be updated.

### stopwatch

Click the stopwatch icon to enter the stopwatch function. Right slide out

### Other functional reminders

The reminder function needs to set the reminder switch on the APP, and keep the phone and the bracelet successfully connected successfully on Bluetooth. The message is a vibration reminder.

### Sleep monitoring function

When falling asleep, the watch will automatically judge into the sleep detection mode, automatically detect the whole night you sleep / light sleep / awake time, calculate your sleep quality; sleep data temporarily only support APP view. Note: Wear a watch to sleep with sleep data.

### matters need attention

- 1: It is forbidden to use adapters with charging voltage greater than 5V and charging current greater than 2A, and the charging time is 2-3 hours
- 2: Do not charge with water stains
- 3: This product is an electronic product, not used as a medical reference, the measurement data is for reference only

## Common problem handling in use

1: Why can not push the call information or content

1.1: Android QQ wechat alert service permission access,

When the user opens the QQ WeChat reminder switch for the first time, the APP will get the corresponding authority and check the program in the APP, so that it can get the corresponding permission.

1.2: When the switch of IOS (call, SMS, QQ, wechat) reminder, the system will automatically pop up the pairing request, and the user only needs to choose the pairing.

2: Bluetooth doesn't do that?(Connect / reconnection failure or slow connection / reconnection speed)

2.1. Please confirm whether the phone supports it (IOS10.0 or above Android 5.0, with Bluetooth 4.0);

2.2. Due to the problem of signal interference in Bluetooth wireless connection, the time of each connection may be different. If the connection is not available for a long time, please ensure that there is no magnetic field or much Bluetooth device interference;

2.3. Turn off the mobile phone with Bluetooth and open it again;

2.4. Clear the mobile phone background applications or restart the mobile phone;

2.5. Mobile phone should not be connected to other similar products at the same time;

2.6. Whether the APP is still running in the background, if not running in the background, it will not

connect;

3: Should the Bluetooth connection always be turned on? Will there be any data if you turn it off?

Before no synchronization data, exercise and sleep data will be retained on the bracelet host. When the mobile phone and the wristband are successfully connected, the bracelet will automatically upload the data to the mobile phone, but the data stored by the wristband is limited, so the Bluetooth data can only be stored about a week. After the space is full, the earliest data will be automatically covered to generate the latest data, so the wristband will be synchronized to the mobile phone in time

Note: If the call and SMS reminder function is enabled, you need to keep Bluetooth connected, and the alarm clock reminder can support offline.

4: What if the bracelet cannot be charged?

4.1: Please confirm whether the direction of the charging rack is correct and whether the charging clip is in good contact with the bracelet.

4.2. When the power of the bracelet is lower than 3.6V, there will be a period of battery precharging time

Note: It will immediately enter the charging state. If it does not show, it will take 3 5 minutes to enter the charging state

5: Can't search for the hand ring?

Because the Bluetooth broadcast of the wristband is not searched by the mobile phone, please make sure that the wristband is in the state of power and is not connected by other mobile phones. Search

the wristband near the phone again. If it is still invalid, turn off the Bluetooth for 20 seconds and restart the Bluetooth search for 20 seconds.

#### FCC STATEMENT

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference, and
- (2) This device must accept any interference received, including interference that may cause undesired operation.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

—Reorient or relocate the receiving antenna.

- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/ TV technician for help.

Caution: Any changes or modifications to this device not explicitly approved by manufacturer could void your authority to operate this equipment.

#### FCC Radiation Exposure Statement:

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. In order to avoid the possibility of exceeding the FCC radio frequency exposure limits, The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.