



SMART WATCH
Enjoy Your Smart Watch

FULL TOUCH SCREEN

Enjoy Your Smart Watch

MODEL: LPW-S90

EN User Manual

Note: Waterproof performance

The device is not suitable for diving or swimming in the sea; and not suitable for hot water baths, springs, saunas, etc



Bluetooth Calling



Wireless Charging



HD Color Screen



IP67 Waterproof



Heart Rate

User Manual

I : Scan the QR code to download and install the APP

Note: Downloading the APP on iPad or Tablet is not supported.

Compatible with iOS 9.0 & above and Android 5.0 & above.

If the watch's firmware or the APP is not the latest version, it may affect the usage of the watch or the APP. Please update the watch's firmware and the APP to the latest version.



APP Download
LT Watch

APP Upgrade: [LT Watch] → [Profile] → [About] → [update]

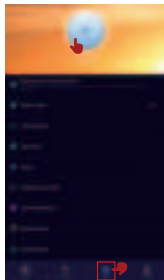
Firmware Upgrade: [LT Watch] → [Device] → [Firmware upgrade] → [upgrades]

APP Connection

1: Turn on mobile phone's Bluetooth and GPS.

2: [LT Watch] → [Device] → [Add Device]

Tap on the watch name to pair it.



Special Attention:

Android phone will automatically clean up infrequently used APP, causing APP to be closed in the background. Please turn on the relevant permissions to ensure normal use.

[Figure 1]

SmartPhone Setting

1: Ensure that the permission of notifications of APP in your mobile phone is turned on:
open[Smart phone] → [Settings] → [App and notifications]→ [Permissions]→ [LT Watch] Set all permissions to be ON.

2: Special Note Above **iOS 12** system version , [settigs] → [bluetooth] → [my devices] → [device name] → tap this : ⓘ → [share system notifications] → open it

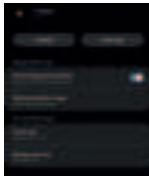
Special Note: if Application(Wechat/whatsapp/Skype...) is logged into computers and phones ,there would be no message displayed in watch)

II: APP "permission settings"

Android phone background will clean up infrequently used software,Please turn on the permissions.



[Figure 2]



[Figure 3]

III: Watch Functions

smart watch supports a variety of functions: multiple sport modes, weather information, watch face store, heart rate monitoring, sleep monitoring, blood oxygen saturation monitoring, find my phone, message notifications, and etc.

Function Descriptions

1.Stop watch & Countdown

on the home page ,press crown button once to enter.



2.Quick Shortcut For Power On/off, audio BT,screen off timer, BT calling, Voice control, Reboot,DND,Screen Brightness, Setting,Game,Screen locker

in the home page, swipe from top to bottom



3.Ai Voice Assitant

Ensure S90 BT name connected with app, and the Audio BT (S90_HFP) to phone setting.
then swipe from top to bottom in home page to enter and click the icon .now you can talk via watch to command phone.



4.Change Watch Face from APP

METHOD1: : Use the crown button change the inbuilt watchface

METHOD2: Customize the watch face and change the watch face via the APP's watch face store: **[LT Watch]→ [Device]→ [Watch faces]→ [Edit] or [More] →[Select picture] →OK** to download and change it with the new watch face (Do not leave the download interface until the download is 100% completed)

5. Step Counting

Activity data resets every day after 00:00, and you can check the history records in the APP.

6. Heart Rate Monitoring

It measures your heart rate data . To measure your heart rate : Turn on the heart rate monitoring function , and after 2 seconds it will automatically measure the heart rate , then wait for about 10-20 seconds until the measurement is completed .

Besides , if you need 24H automatic heart rate monitoring , you can also set this function in the APP : **[LT Watch]→[Device]→Turn on [Automatic heart rate detection]**.

Notes : 1) Ensure the sensor at the back of the watch slightly touches the skin and the wristband not too tight or too loose .

2) If you need to measure the exercise heart rate , please go to the exercise mode for measurement .

7. Blood Oxygen Monitoring

It measures your blood oxygen saturation data. You can check the historical measurement results in the APP's blood oxygen interface.

8. Blood Pressure Monitoring

It measures your blood pressure data. You can check the historical measurement results in the APP's blood BP interface.

9. Sleep Monitoring

9. Sleep Monitoring: It records your sleep data, and you can check the history records in the APP (Default sleep monitoring period: 20:00pm-10:00am).

10. Weather

You need to connect the watch and LT Watch APP to get the weather information in your location. Moreover, you can go to **[LT Watch] → [Profile] → [Unit Setting] → [Temperature]** to switch between **°C** and **°F**.

Note: The weather information displayed on the smart watch is obtained from a third-party weather service provider.

If your smart phone and smart watch obtain weather data from different weather service providers, then the displayed weather information may also be different.

11. Multiple sport modes

Exercise data will be automatically synchronized to the APP when connected, and you can check the detailed data records in the sports mode in the APP.

Notes: The watch does not built with GPS. But the GPS track function can be used in the Sport mode of app

12. Breathing Exercises

Follow the on-screen instructions for inhalation and exhalation (Breathing exercises help relax a person's mood, reduce psychological stress and improve vital capacity).

13. Shutter (watch should be connected to the APP)

Method 1: In the APP: Go to [LT Watch] → [Device] → [Easy camera], and click the shutter button to take a photo.

Method 2: On the watch: Click the shutter button on the watch's interface to take a photo, or shake your arm to take a photo automatically.

14. Sedentary Reminder

Go to [LT Watch] → [Device] → [Sedentary reminder] to enable/disable this function. If the watch detects no enough activities or steps during the set time period, the sedentary reminder function will be enabled, and the watch will then remind you every one hour.

15. Alarm Function

Go to [LT Watch] → [Device] → [Alarm] to set alarms according to your needs. Up to 5 alarms can be set (The alarm will only give a reminder when the set time is more than 2 minutes).

16. Calling function

[LT WATCH] APP → [Device] → [Call Reminder] (see picture 1)

16. 1. The watch can answer and make calls, the settings are as follows:

Step 1: watch & APP be connected

Step 2: turn on the audio Bluetooth icon (as the pictures below)

Step 3: In Mobilephone : you Watch Bluetooth name and L-S90 will show in the Bluetooth list of the mobile phone. Please only click L-S90, if also connect other Bluetooth may affect the normal connection of the APP and the normal use of the watch).



[Figure 5]

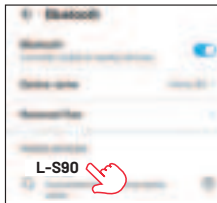
Note: Intelligent power consumption adjustment function:

1. L-S90 [figure 7] & call reminder permission [figure 8] & APP & Audio Bluetooth [figure 5] all connected, then phone call is workable.

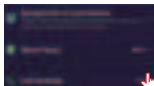
2. (1.5)minutes after a phone call, watch will automatically enter the "low power consumption mode"

3. if App not connected or [incoming call notification] permission turn off [figure 8] phone call is not workable.

16.2. select different answering devices in the call interface on the mobile phone: [figure 9]



[Figure 7]



[Figure 8]

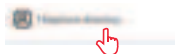


[Figure 9]

Step 4: after connect audio BT .
user can click the right finger pointed icon to
enter into dial page to dial phone out .or check
contact list or check call history.



Step 5: Sync contact list .
go to app ,in telephone directory ,and click “ + ”
to input the contacts user needs to call in daily
life then it will sync to the watch contact list as
long as app is connected.



17. Music Control

(Connect watch with app and switch to music page)

1. watch can control the music playback on the phone and control volume
 2. Play the music via the watch speaker : **Connect the audio BT (S90_HFP) to phone setting**→**go to the music interface** , watch speaker shall play the music ,Please stay in the music interface, otherwise, after 5 minutes, it will enter the power saving mode, If you want to play again, it needs to turn on the [Audio Bluetooth] manually again.
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18. Call Reminder

Go to [LT Watch] → [Device] → [Call reminder] to enable/disable this function. After the call reminder function is enabled, then the watch can remind you of the incoming calls on your phone.

Note: The watch can be used to answer calls if Audio BT is connected.

19. Wake Screen on Wrist Raise

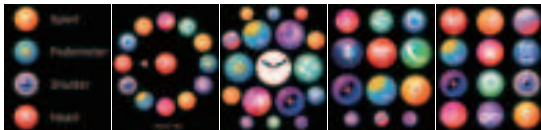
Flip your arm, and the screen will automatically light up.

20. Message Notification

The watch can save the latest 5 messages.

21.Menu Style Change

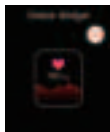
Click the side crown button to enter menu ,and quick double click crown button to switch from the 5 menu style options.



19.Customize the main pages of Right Swipe

when we continuously swipe screen from left to the right ,it comes with sports activity ,heart rate ,sleep, weather and so on.the last page was a "+", which user can add the feature he wants to put .

also when user want remove some of above feature page and replace with other feature page (widget) , user can long touch the screen center for 3 seconds ,it comes up with a delete icon .user can swipe and choose which feature (widget) to delete and press crown button to exit ,later user can again add new feature page in the section of "+"



23.Voice recording function:

find the recording icon on watch
and click start and finish.



24.Calender function:

find the calender icon on watch
and click to see the date today.



25.Calculator function:

find the calculator icon on watch
and click to use the calculator.

26. Screen locker:

In the quick shortcut menu ,swip from top to down , find locker ico and lock the screen ,and long press side key to unlock.

27. SOS:

long press side key to choose power off or SOS.



28.Physiological cycle:

Find the icon on watch to set the cycle.

29.Vibration mode:

Find vib in setting and to choose vibration on or off for some vibration related feature.



30.Key definition:

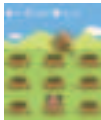
in setting ,find key definition ,to define how long press side key and double click the side key to enter into features like sports ,pedometer ,shutter ,weather etc.

31.Watch language setting:

in setting ,find language,to change the language from english to japanese,spanish, germany ,italian,turkish etc 20 inbuilt language.

32.Inbuilt Games:

In menu ,find game icon ,to play 2048 game or whac a mole game.



33. Side Keys:

The left yellow key is to quick enter sports mode.or you can redefine it in the key definition section in menu. right crown button can switch watchface and more . and right button under crown was to on and off screen & power on and off function.

Note : This watch charge with wireless charger.
Please use an output adapter below 5V/1.5A.

Specification

Water proof	IP67
Outlook&Material	Zinc alloy body + IML backcase + Silicone Strap
Chipset	JL AC7012F6
LCD style	TFT
LCD Resolution	1.91" 320*385
Screen Size	191inch true color
Touch Panel	FULL Touch
Memory (ROM+RAM)	RAM:640KB ROM:16Mbit
External Memory	128Mb
G-Sensor	SC7A20
Bluetooth Version	BT5.3/LE AUDIO 5.3
MobileAPP-GPS	YES
Heart rate sensor	LC11S
Vibrator	YES
Battery Type	Polymer
Battery Protection Board	G3J
Battery Capacity	260MA
Charging time	2-4 hour
Theory Standby time	20-35 days
Normal using time	4-6 days per using depending on calling and music play using frequency