

# User's manual

## COLMi M42



\*Please read this manual before using this product



Open the package and take out the watch

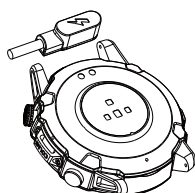


Wear smart watches, long press the side button to turn on it

Scan the QR code with your phone to open the APP on your phone to setup the device.

### Charging and activation

The magnetic charging cable is aligned with the magnetic suction hole on the back of the watch. Until the watch screen appears, when the watch increases the power low, please charge it in time. The device belongs to the all-in-one machine, the rear shell and the battery are non-removable



### Button and touch

1. Long press to make the watch to turn on the watch
2. Press the state of power, press the shutdown page
3. Press the dial surface to enter the menu
4. Press the button under the rest of the page to return the dial page

Left:  
Menu

Up: News notification



Right:  
sports data

Down: Control Center

### Watch client download and connection



Scan the QR code download client above

1. Download the app and install it on your phone. You can scan the QR code on this manual, or you can scan the QR code of the watch

### 2. Connection watch

- 1) Code connection: After the mobile phone is turned on, enter the APP (Note: If the APP cannot be opened, please turn on the position and then open the APP. Click the device-> Click to add the device-> click the scan code binding (scan the watch on the watch QR code).
- 2) Manual connection: After the mobile phone is turned on the Bluetooth, enter the APP (Note: If the APP cannot be opened, please turn on the position and then open the APP. Settings "->" System "->" System Information "The corresponding Bluetooth name and MAC address device)-> Click to connect.
- 3) Connect to call Bluetooth: The watch is closed in the initial state of the watch. At this time, the call and music function cannot be used. Open the control center, click on the headset icon, open the audio mode, open the call Bluetooth in the mobile phone system (under the state of opening the mobile phone Bluetooth), find the corresponding Bluetooth name, and click the connection. After the connection is successful, the call and music function can be used normally.

### Watch operation description

1. Dial page: Long press the screen and enter the dial to select the page. You can switch the dial on the left or right. (Note: The system presets several dial pages, and the last dial is "customized".
3. Menu page: Enter the menu page on the dial page according to the side knob. After entering the menu page, press two side knobs to switch between the menu.
4. Function page: Click on the application icon to enter the corresponding function on the menu page, return to the right, and press the side knob to return to the main table page.

### Watch function introduction



Alarm

After the watch and APP are connected, you can set a single alarm clock and a circular alarm clock.



Female health

After the watch is connected to the APP, the women's health reminder can be opened on the APP to check the women's health reminder information on the watch.



Messages

After the watch and APP are connected, open the relevant information push on the app side, and the watch can receive the corresponding message push



Stopwatch

Click the time of the start button to start, click the pause button to timely stop, click the reset button to take the time to zero.



Heart rate

When entering the heart rate measurement interface, the bottom of the bottom green light starts to measure. When the measurement is completed in about 40 seconds, there will be a vibration reminder. If it is prompted to "not wear a watch", you need to re-wear the watch.



Sports

Sports mode options: walking, running, riding, climbing, yoga, ellipse machine, basketball, etc., click the icon to start exercise.



Breathing Training

In respiratory training, there are 1 minute and 2 minutes. Users clicks the corresponding duration for respiratory training. After clicking the start, follow the icon in the respiratory training to enlarge and inhale, shrink and exhale.



SPO2

When entering the blood oxygen measurement interface, the bottom green light starts to test for 30 - 60 seconds to complete the measurement. This measurement is based on PPG technology.



Weather

After the watch is connected to the APP, the weather interface will display real-time weather temperature and type of weather.



Settings

The setting function contains screen display (switch dial, bright screen duration, brightness adjustment, turning wrist and bright screen), language, vibration intensity menu style, battery, QR code, system.



Find phone

After the watch and the app are connected, click to find the phone, the mobile phone will ring the bell prompt, and the watch is displayed successfully; if the watch is not connected to the app, the watch side will prompt that it is not connected.



Sleep

Display the sleep monitoring status of the day, the data is updated daily, and the data can be saved simultaneously when connecting the app. The device will re-calculate the new day's data information.



Music

After the watch is connected to the APP, it can control the suspension and beginning of the mobile phone music player, volume adjustment and song switching.



Control center

Functional overview: free of disturbance, turn on the wrist bright screen, brightness, setting, finding mobile phone, power saving mode, system information.



Dial switch

Press the main screen for 2 seconds, enter the dial switching interface, slide left and right to switch to the elected dial, and click the selected dial.



Sedentary reminder

Can be turned on in the app [Device> Sitting Reminder]. After opening, you can set the start, end time, and not disturb.



Timer

In the timing function, the system presets the common timing duration. Users can click the corresponding time fast timing, or you can click the custom button to start the time, click the pause button to timely be paused, and click the reset button to return to zero.



Mention data

Display the number of steps, distances, and calories recorded on the day, which can set the target step distance and calorie in the APP settings.

### Common problem

1. The watch cannot be turned on  
Press the power key for more than 3 seconds or the battery power may be too low. Please charge it in time.
- 2 Bluetooth is not connected or cannot be connected  
1) Please try to restart the watch and re-link  
2) Please try to restart the Bluetooth of the mobile phone and connect again  
3) Do not connect other Bluetooth devices at the same time  
3 Hand measured heart rate/blood oxygen is not accurate  
1) Generally, the sensor of the watch is caused by poor contact with the human body.

- 2) Please pay attention when measuring the sensor is fully contact with the wrist
4. Insufficient sleep data  
1) Sleep monitoring is the state of self-conscious sleep and getting up, and needs to be worn correctly.  
2) When you fall asleep too late or wear it, you may have an error.  
3) Do not monitor sleep data during the day

For more common questions, please see the app [My> FAQ]

### Bluetooth data transmission

When connecting with mobile phones, the watch will synchronize some data with mobile phones in time through Bluetooth, including weather, notification messages, and sports health data. After the connection is disconnected or closed, these data will not be synchronized.

Notice:

- 1) Do not charge in a humid and water environment
- 2) Please clean the magnetic charging hole on the back of the watch on the back of the watch to ensure that the watch's magnetic suction charging hole is fitted with the magnetic suction charger to ensure normal charging
- 3) This product is not equipped with a power adapter. To ensure the safety of family and property. When charging, you can use a computer USB interface or select the power adapter with no output exceeding 5V... 1A. Please buy a power adapter through regular channels to prevent the use of bottom and fake power adapter to avoid causing burst or fire.

### Precautions

1. The measurement results of this product are only for the production examination. Please follow the doctor's guidance as any medical use and basis.
2. The waterproof level of this product is IP68, which cannot be used for deep diving and soaking in water for a long time. In addition, this product does not heat the water because the water vapor will affect the watch.
3. The right to modify the content of this manual without any notifications will not be notified separately. Some functions are different in the corresponding software version, which is normal.



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