

1.Prepare



NOTES: Light 1.0 is only compatible with Iron and Professional Heat Press Machine.
For Easy Heat Press, please choose Light 2.0/3.0/5.0.

2.Mirror Print & Cut

① Settings

1.Create Mirror Image by the setting which might be called Flip horizontal, Mirror image, Reverse, or Rotate

2.Print Quality: High Quality

3. Paper Type: Plain Paper

4. Uncheck the option: Fit Picture to Frame

②



Print your design on the BLANK side.

NOTES:

- 1.Compatible with pigment ink, dye ink. DO NOT use sublimation ink.
- 2.Light 1.0 transfer paper is compatible with INKJET printers ONLY. For LaserJet, please choose Light 3.0.

③



Cut out your design with scissors after the printed image is dry.

NOTES:

- 1.Trim close to the printed parts but leave a bit of a margin - 2mm.
- 2.Light 1.0 transfer paper is not compatible with cutting machine while Light 2.0/3.0/5.0 is compatible.

3.Transfer (Please refer to Step ③ for Iron/Professional Heat Press Machine)

①



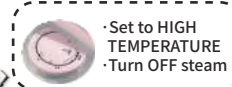
REMOVE CREASES:
Place T-shirt on a solid and heat-resistant surface and smooth out creases.

②



PLACE YOUR DESIGN:
Put it facing DOWNWARDS onto appropriate position of T-shirt.

③ IRON



NOTES:
INSUFFICIENT PRESSURE and ironing TIME would achieve poor transfer result - the transfers may peel off.

- (1) Apply FIRM, EVEN and HEAVY pressure on each area of the image for 5 seconds.
- (2) Repeat above step and circularly press and iron the whole image for 5 minutes.

(3) Ensure that ALL areas of the image is ironed, especially the corners and edges.

Image Size	Ironing Time
Full sheet	3-5 minutes
1/2 sheet	1.5-2 minutes
1/4 sheet	40-60 seconds

③

HEAT PRESS MACHINE



- Set Temperature to 190°C (374°F).
- Set Time to 10 seconds.
- Apply HEAVY Pressure.

④



After transferred image cool down to room temperature, peel away the backing paper.

STORAGE TIPS:

1. Keep the image facing outside when fold the garment.
2. Store the garment in a dry and cool place.
3. Keep unused transfer paper sealed and preserved.

⑤



Congratulations! Transfer has been done, Enjoy!

WASHING INSTRUCTIONS:

1. Don't wash within 48 hours after transfer.
2. Wash the garment before wearing.
3. Don't use bleach or alkaline detergent.
4. Don't soak to wash.
5. Turn the garment inside out when washing.
6. No delicate washing, no tumble dry.
7. Remove garment promptly after washing, colors may bleed if left wet too long.
8. Unfold the transferred image, hang to dry naturally.

Website: www.transourdream.com

For detailed video tutorial, please visit the following platforms:

SEARCH: [Transourdream](#)

