



OasisSpace



OS-28KLD-RW-9220-OG



- **General introduction**

Before you are going to use your new rollator, you and your attendant must fully read and understand this user manual. Also, if you have this user manual, you agree to the conditions mentioned in this user manual.

At the moment we introduce to you a quality product of OasisSpace. We want to thank you for the confidence in our products. The standard rollator is a real quality product. The policy of OasisSpace is focussed on continuously improving the quality and reliability of our products. Therefore, we reserve the right to, without further notice, make any changes to this user manual

It is important you read this user manual very carefully, before you are going to use your rollator. This user manual contains important information about the safe use and maintenance of your rollator. We recommend you keep this user manual, because it is also your proof of warranty.

The safety instructions in this user manual are general guidelines which must be seen as overall guidelines. It is possible that you develop your own ways for many common movements. However, we advise you to consult a professional for assistance in developing safe use and effective techniques, regarding your daily activities and your physical capabilities.

Your new rollator requires frequent maintenance, much of which you can do yourself. We advise you to take your rollator to a professional for a check at least once a year.

- **Attention!**

In this user manual you will find tips and warnings. These are clearly identified by the symbols and display of the text, like you can see below.

- **Tip**

The tips mentioned in this user manual are meant to make even better use of your OasisSpace rollator.

- **Warning**

The warnings mentioned in this user manual must always be followed, in order to prevent damage to the standard rollator or injury to yourself.

- **General information**
- **Components and parts of the standard rollator**



Your rollator is equipped with various components and parts. Study these components and parts before you continue to read this user manual. Design and specifications may change without further notice.

- **General explanation of your rollator**

The rollator is designed for indoor and outdoor use. This product is meant to provide support and stability for people with decreased balance or trouble walking. The rollator has multifunctional brakes and stable wheels that rotate smoothly. The rollator is designed to be easily adjusted to the user. Your rollator is a piece of medical equipment and not a standard user product. Read the manual carefully for optimum use of your rollator.

- **Warning**

By making any changes to the standard rollator, that impact the general structure of the product, warranty is voided.



- **Safety regulations**

OasisSpace cannot be held responsible for any injury to the user or damage to property, caused by improper use of the rollator, or use not in accordance with the recommendations and warnings in this user manual. The OasisSpace standard rollator is, if used in accordance with the regulations in this manual, a very safe and stable product. Improper use can result in dangerous situations.

- **General safety regulations**

Protect your rollator by checking it regularly. When a part of your OasisSpace rollator does not function correctly anymore, dangerous situations may occur. You need to keep your rollator in good condition to ensure safety. Periodical checks, correct adjustment of your rollator and timely replacement of worn or broken parts will result in years of satisfactory use.

- **Warnings and instructions for safe use**

To prevent damage to your property, the rollator, or injury to the user, you must read the following warnings. OasisSpace cannot be held accountable if these warnings and regulations are not followed. By reading these warnings, you agree to the terms mentioned in this user manual.

- Do not use the rollator on roads strictly meant for motor vehicles. If possible, only use the rollator on pavements or rollator-user friendly roads.
- Do not use the rollator on loose sand, rough terrain, or wet and slippery surfaces with little traction.
- Do not drive the rollator onto the edges of curbs.
- Never attach anything to the wheels.
- Engage the parking brake when putting the rollator in an elevator or on an escalator.
- The maximum user weight is 136 kg.
- The shopping bag can carry a maximum weight of 5 kg. Never use the rollator to transport persons or heavy goods.
- Always check if the brakes are functioning correctly before using the rollator. Squeeze both brake levers and try to roll the rollator forward. If the rear wheels do not rotate anymore but instead drag on the floor surface, it is because the rear wheels are locked in place, which means the breaks are functioning correctly. Do not use the rollator when the brakes do not function properly.
- Check if the push handles are installed and adjusted correctly.
- When braking, always use both brakes. This goes for both parking brake and driving brake.



- When stopping or parking the rollator, always use the parking brake. Make sure both parking brakes are engaged before sitting down on the rollator.
- To prevent incorrect posture, make sure that the adjustments have been set to the correct settings for the user (see figure 3b and paragraph 4.1.1.)
- When unfolding the rollator, make sure the locking mechanism on the frame has clicked into place (see figure 3c and 3d).
- Pay attention to any garments or bodyparts as to not let them get caught between moving parts when folding or unfolding the rollator. Very long or loose pieces of clothing could also get caught between the wheels of the rollator, which could lead to dangerous situations. We strongly dis advise to wear such clothing when using the rollator.
- Do not use the rollator to transport heavy goods or people.
- Make sure your (grand) children know that the heavy duty is not a toy, and to never use it as such.
- Never move the rollator while using the seat.
- It is not permitted to 'plop down' onto the rollator when taking a seat.
- For your own safety, do not bend or reach forward, backward or sideways while seated on the rollator.
- All four wheels of the rollator should be in contact with the ground during use, to provide the best support and balance. Engage the parking brake before taking a seat on the rollator.
- If the rollator is exposed to extreme temperatures, parts of the rollator may be very hot or very cold to the touch.

- **User instructions**

It is very important to learn the correct and safest way to use your rollator. Therefore study these user instructions thoroughly and get to know all of the functions and parts of the product. Always consult a professional for developing the safest and most correct user methods to fit your physical needs.

- **Balance**

Daily actions like walking with and sitting on the rollator, affect the balance of the rollator. This has to do with weight distribution and the change in center of gravity. To avoid the rollator tipping over, or other dangerous situations, you should follow the guidelines described below.

In this user manual we describe the guidelines that need to be followed when you are able to use the rollator without help. When you can not do this alone anymore, we recommend you stop using the rollator to avoid accidents.

- **Walking with the rollator**

When walking with your rollator, pay attention to the following points. Always assume a straight posture. A hunched position is very bad for your back. See figures 4a and 4b.



To assume the correct posture, the push handles need to be adjusted to the right height. To find out the correct height, keep your arms straight alongside your body. The push handles should be set to the height of your wrists in this position.

- **Using the seat**

When taking a seat on the rollator, after an intense walk for example, it is important to always engage the parking brake. This way you prevent the rollator from moving or rolling away, and you can sit down safely.

- **Ascending an obstacle**

When ascending an obstacle independently, always do so in a straight line and backwards onto the obstacle, so two rear wheels at a time, not at an angle. Stand on the obstacle, with the rollator in front of you, on the lower surface. Next, lift upwards on the push handles to lift the rear wheels up from the ground. Pull the rollator towards yourself and place the rear wheels on the obstacle. Carefully take a step backwards and roll the rollator further backwards onto the obstacle.

The next step is to carefully place the front wheels of the rollator onto the obstacle, push the rollator forwards, lifting the rear wheels of the rollator if necessary, following it yourself. See figures 4h and 4i. This is the correct way of ascending obstacles. When ascending an obstacle, make sure there are no objects on the seat

- **Descending an obstacle**

When ascending an obstacle independently, always do so in a straight line downwards from the obstacle, so two wheels at a time, not at an angle. By first driving the front wheels onto the lower part and braking slightly, you can safely follow the rollator and descend the obstacle. When both you and your rollator have fully descended from the obstacle, you can release the brake and continue walking with your rollator.

- **Ascending and descending inclines**

You may encounter a situation where you have to ascend or descend an incline with your rollator. When this happens, we advise you to always do so in a straight line, never at an angle.

- **Ascending an incline**

When ascending an incline independently, we advise to lean forward slightly. When doing this, the centre of gravity moves forward, making it easier to ascend the incline. It is important not to carry any extra weight, like bags and other objects on your rollator. This could increase the risk of a fall. (See figure 4i).



Always try to ascend the incline in a straight line. Ascending diagonally increases the risk of a fall.

Descending an incline

When descending an incline, always do so in a straight line downwards. Never lean forward when descending an incline. This could lead to you or your rollator falling over. To increase stability, it is better to lean backwards slightly. Should you have to stop on your way down, always engage the parking brake of the rollator. To stay in control of your rollator it is important to not descend too quickly. You can regulate your speed by braking slightly whenever necessary.



Specifications

Below we list the technical specifications of the standard rollator.

Technical specifications of the standard rollator

Folding Size:	37" x 12" x 27.3"
Handle Height:	33" - 39"
Seat Height:	20" - 23"
Seat Area:	14"x14.2"
Wheel Size:	8"x4pc
The Widest Distance:	25"
Item Weight:	23.5 lb
Weight Capacity:	300 lb
Package included:	1×Rollator Walker 1×Storage Bag 1×User Manual





• **Components of the Standard rollator**

In this chapter we describe the different components of the OasisSpace rollator. The rollator is fitted with a number of components that are adjustable. If you want to remove, place or adjust one of these components, you should always follow the directions described in this user manual.

• **Install the wheel frames to the main frame**

The left side of wheel frame is marked as "LA/LB" while the right side of wheel frame is marked as "RA/RB". Attach the "LA/LB" and "RA/RB" wheel frame to the main frame which has marked with "LA /LB" and "RA/RB" too.

• **Folding and unfolding the rollator**

To fold or unfold the rollator, there are a few steps you should follow. When folding and unfolding the rollator, always take care not to damage your rollator.

• **Folding the rollator**

To fold the rollator, follow the steps below.

Before you can fold the rollator, you need to stand behind the rollator and flip up the seat, see photo 1;

You will now see a black bar just above the back of the frame (photo 2). Lift this bar and pull upwards, like demonstrated in photo 3. This way the rollator will begin to fold;

By adjusting the push handles to the lowest height, and adjusting the rear and front wheels to the shortest length, the rollator becomes very compact, see photo 4.



Photo 1

Photo 2

Photo 3



Photo 4



- **Unfolding the rollator**

To unfold the rollator, follow the steps below.

Before unfolding the rollator, stand behind the rollator;

Now push down onto the push handles. This way, the rollator will unfold (photo5);

When the rollator has unfolded fully, make sure to flip the black bar back to the rear of the frame, like demonstrated on photo 6;

You can now flip back the seat (photo 7) and the rollator will be ready for use again.



Photo 5



Photo 6



Photo 7

- **The push handles**

The push handles of the rollator are height adjustable into 6 different heights. It is very important to adjust the push handles to the correct height to fit the height of the user. To determine the correct height, stand between the two push handles of the standard rollator. Let your arms hang loosely next to your body, elbows slightly bent. Palms of your hands parallel to the push handles, like they would be when you hold the push handles. The height of your wrists in this position, is where the push handles should be.

To adjust the height of your push handles, follow the steps below:

Push the silver button on the side of the rollator, see photo 9;

While pushing and holding this button, the push handle can be pulled upwards or pushed downwards. This way you can adjust the height of the push handle;

Is the push handle on the same height as your wrists (photo 10 and figure 6c)? Then it is adjusted to the correct position;



Photo 8

Photo 9

Photo 10

Fig. 6c



- **The backrest**

The standard rollator is fitted with a backrest, see photo 11. The backrest of the standard rollator is removable. You can remove the backrest by following the steps below:

On the side of the backrest, twist the little lever from the 'lock' position to the 'open' position, see photo 13;

You can now slide the backrest upwards, as demonstrated on photo 14;

This will release that end of the backrest from the frame (photo 15);

To fully remove the backrest, this action needs to be performed on both sides of the backrest;

When the backrest is removed, you get the situation shown in photo 16.



Photo 11



Photo 12



Photo 13



Photo 14



Photo 15

Photo 16

The brakes

The OasisSpace rollator has two types of brakes: the parking brake and the driving brake. To use the brakes correctly, follow the steps below:

Driving brake

- When you need to reduce speed while walking behind your rollator, squeeze the brake lever (photo 17). This will activate the driving brake;
- Do not push the rollator while squeezing the brake lever. This will cause damage to and will wear down the tyres. This damage is not covered by warranty.



Photo 17

Photo 18

Photo 19

Photo 20

Parking brake

- To engage the parking brake, push down the brake lever. When you hear a click, the brake has locked into place (photo 18 & 19);
- To disengage the parking brake from the rollator, pull the brake lever upwards. Again you will hear a click that confirms that the brake has disengaged (photo 20).



Warning

As mentioned before in paragraph 3.2, do not use the rollator if the brakes are not functioning properly.

The seat

The standard rollator is fitted with a seat which gives you the possibility to sit comfortably for a short while. When you want to use the seat, follow the steps below:

- Always be sure to engage the parking brakes on the rollator before taking a seat. See paragraph 6.4.2 for a description on how to engage the parking brake of the rollator correctly;
- When the parking brake is engaged, you can safely sit down on the seat of the rollator;
- Always place your feet between the rear wheels and your back towards the front wheels



Photo 21



- **Warning**

It is not allowed to 'plop down' onto the rollator when sitting down. Always sit down calmly. Furthermore, only use the seat when standing still. If you use the seat while the rollator is being moved or pushed, dangerous situations may occur. This will void the warranty.

- **The shopping basket**

The heavy duty rollator is fitted with a shopping basket. The shopping basket of standard rollator can be removed by following the steps below:

First, you need to flip up the seat, see photo 22. On the underside of the seat you will find a handy little storage compartment where you can keep some papers like a shopping list for example;

You will now see 4 loops that keep the shopping basket attached to the frame. These loops are attached via snap fasteners. Release these snap fasteners to remove the shopping basket from the frame, see photo 23;

When all 4 snap fasteners are released, the shopping basket can be removed and the rollator will look like in photo 25.

Want to put the shopping basket back? Follow the aforementioned steps in reverse order.



Photo 22

Photo 23

| Photo 24

Photo 25

- **Warning**

Keep in mind that the shopping basket of the standard rollator can hold no more than a maximum of 5 kilos. By exceeding the maximum weight, the rollator is destabilized and it might tip over.

- **The wheels**

Your rollator has front and rear wheels. These need to be checked regularly for wear and damage.

The front castors of the OasisSpace rollator are 8" in diameter and attached to the frame by means of a front fork. The front wheels are important for steering the rollator. When steering does not go smoothly or the front wheels are shaking, then the front wheels are not adjusted or fitted properly.



Photo 26

Photo 27

The rear wheels of the OasisSpace rollator are 8" in diameter and attached to the frame of the rollator. The rear wheels play an important role in the stability of the rollator. Furthermore, the brakes of the rollator are fitted to the rear wheels. When squeezing the brake lever, the rear wheels will stop rotating and the whole rollator will stop moving.

- **Adjusting the height of the front and rear wheels**

Both the front and rear wheels of the standard rollator can be adjusted in height. To adjust the height of the rear wheels, follow the steps below:

On the rear of the frame, you will find the adjustment button for the height of the rear wheels. The rear wheels can be adjusted to five different positions;

By pressing the silver button (see photo 28) while at the same time pulling on the part of the frame where the rear wheel is attached, you can change the height of the rear wheel. Make sure that the rear wheel tube clicks into place after changing its position to one of the other height options;

To lock the rear wheel into the chosen position, let go of the silver button. The mechanism will now click into the newly chosen position and will be firmly attached at the chosen height.



Photo 28

Photo 29



Photo 30



To change the height of the front wheels, follow the steps below:

On the front of the frame you will find the silver adjustment button for the height of the front wheels. The front wheels can be adjusted in four different positions;

By pushing the silver button and at the same time, sliding the tube with the wheel attached to it up or down (photo 31) the height of the front wheel can be adjusted. Make sure that the front wheel tube clicks into place after changing its position to one of the other height options;

To lock the front wheel into the chosen position, let go of the silver button. The mechanism will now click into the newly chosen position and will be firmly attached at the chosen height.

• **Maintenance**

Your OasisSpace rollator needs periodical maintenance. This is necessary to provide a long product lifespan and optimal user comfort. A badly maintained rollator will start malfunctioning sooner, will move less smooth and will even void warranty. Because of this, preventative maintenance is very important.

You, the user, can also help maintaining your rollator in perfect condition. If you regularly check your rollator, and perform small maintenance tasks whenever necessary, you expand the life of your rollator and keep the user comfort at a maximum. In the following paragraphs we describe these small maintenance tasks.

• **Warning**

Always make sure that both rear wheels or both front wheels, left and right, are adjusted to the same height position. This makes sure you will have correct and symmetric posture and will also provide safety and stability.



Photo 3

Photo 32

Photo



- **The tyres**

You have to check your tyres for wear and tear from time to time. Should the wear become too severe, then you should have the tyres replaced.

- **The brakes**

When any sharp edges are found on the brakes, the brakes need to be replaced. Also check if all parts of the brakes are still attached properly. Over time, daily use can cause some parts to become loose if the brakes are used a lot. Also check if the braking mechanism is operating smoothly. If this is not the case, you can apply some drops of W30 oil or teflon on the joints of the brake. Lastly you should check if the brakes are not touching the tyres while walking with the rollator.

- **PERIODIC BRAKE ADJUSTMENT**

To tighten the brake (reduce the gap between the brake pad and wheel) rotate the adjusting nut counterclockwise

To loosen the brake (increase the gap between the brake and the wheel) rotate the adjusting nut clockwise



- **The frame**

The frame of your rollator is the base of your rollator. Therefore it is very important to keep the frame in excellent condition. Check the frame for the following points:

Check if the rollator folds and unfolds smoothly; Check if the rollator drives in a straight line;

- **The rear wheels**

You can also check the rear wheels of your rollator yourself. A good adjustment of the rear

wheels increases the stability of the rollator. It also makes sure that you need minimal effort to propel the rollator. Check the rear wheels for the following points:

Check if the rear wheels rotate smoothly and do not drag;

Check if there is play on the rear wheels. If this is the case, often it is because the housing of the rear wheels is loose.



- **The castors and front forks**

The castors on the front of the rollator and the front forks to which they are attached, should move smoothly to be able to steer your rollator well. Check the castors and front forks for the following points:

Check if the nuts are tightened correctly. The nuts should not be too loose but also not too tight. When the nuts are too loose, the castors will vibrate or may even become loose. When the nuts are too tight, the rollator will not steer smoothly, because the ball bearings are under too much pressure and the balls in the bearings cannot move freely anymore inside the bearings.

Check the front fork housing of the castors for wear.

- **Cleaning your rollator**

Cleaning your rollator is very important and needs to be done regularly. The correct way to clean your rollator is described below.

Cleaning the upholstery, the frame and plastic components can best be done with mild soap and water. Never use aggressive or abrasive cleaning agents. These may damage the coating. Also never use pressure washers or steam cleaners;

Regularly wax your frame to protect it from moisture. However, make sure to never use wax with abrasive properties, solvents, harsh chemicals or silicone spray;

Always dry the rollator thoroughly after cleaning it. Additionally, also take care of your rollator by drying it after it was exposed to rain for example.

Periodical maintenance of your rollator

Preventative maintenance to your rollator is very important and a lot of it can be performed by you, the user (or your attendant). Below we will list some maintenance checks that you can perform yourself and how often to perform these checks.

Every month

Check if the rollator still folds and unfolds properly;

Check the upholstery for wear and tear;

Check if there is play on either the front or rear wheels;

Check if the brakes function properly.

Every three months

Check if all nuts and bolts are still tightened properly and adjust where necessary;

Check the tread of the tyres for any signs of wear.

