

Red Cross Online Course Instructions

- You must complete the online course before attending your classroom training
- Please bring a copy of your online course completion ticket to class for verification (digital or physical)
- Your progress will be saved if you exit your online course at any time

Step 1

- Login to your email address and find the email from the Canadian Red Cross. Click on the link

Welcome Red, you are receiving this email because you are registered in a Canadian Red Cross training course CPR/AED Blended, provided by Life Preservers First Aid Training Inc..

Your online training

The login details below will direct you to your course materials. If you registered for a blended course, you must complete the online component before the in-class session.

1. [Please click here to create a new My Red Cross account](#)

This registration link is customized for you, only! Do not forward this email.

2. Verify your Email Address to create your My Red Cross Account & Password.
Please use the email address where you received this message for email address verification. Make note of your login details – you'll need these each time you log into MyRC.
3. Complete your profile and click "Submit".
4. Navigate to "MY PROFILE --> My Online Courses".
5. Activate the course in the language of your choice.
6. Begin your training.

Step 2

- Enter your email address and click VERIFY EMAIL

WELCOME TO MYRC TRAINING PORTAL.
PLEASE VERIFY YOUR EMAIL FOR YOUR
RED CROSS TRAINING ACCOUNT

EMAIL ADDRESS

Step 3

- Enter your details and password and click CREATE

 Canadian Red Cross Croix-Rouge canadienne

Sign-UP

New Password

Confirm New Password

Given Name

Surname

Step 4

- Enter your information and click SUBMIT

The screenshot shows a 'My Profile' form with the following sections:

- Your Info:** Includes fields for First Name, Last Name, Date of Birth, Language, Phone Number, and Email.
- Address:** Includes fields for Street 1, Street 2, City, Province, and Postal Code.
- Share my Information?:** A section with three checkboxes: 'Share My Certificate information with my spouse/family', 'I allow Red Cross to share my contact information with Training Partners looking for trainees in my area', and 'I would like to receive future updates and information from the Red Cross via email, including program updates and Red Cross tips for keeping you and your loved ones safe'.

A red box highlights the 'SUBMIT' button at the bottom right, with a red arrow pointing to it.

Step 5

- Once logged in, go to My Profile > My ONLINE Courses



Step 6

- Click ACTIVATE on your preferred course language



Canadian Red Cross

HOME FRANÇAIS LOGOUT

Welcome, Red Cross
Tuesday, April 16, 2024 - 15:25 ADT

Course Language Selection

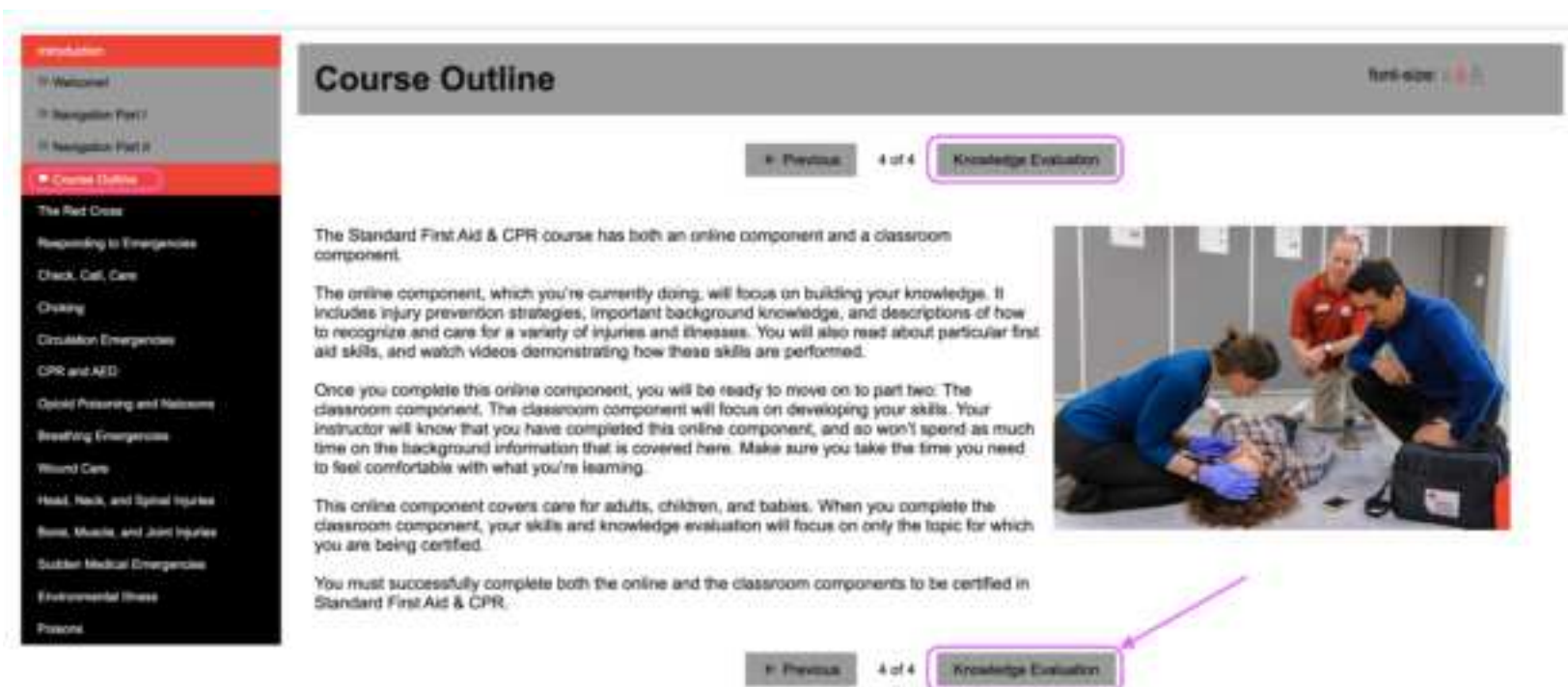
enrolled	course	options
16 Apr 2024	CPR - Online (english)	activate
16 Apr 2024	Réanimation cardiorespiratoire - En ligne (french)	activer

My Online Course Menu

enrolled	course	status	options
nocourses			

Step 7

- Complete the Knowledge Evaluation at the end of each chapter; complete all chapters



Course Outline

4 of 4 Knowledge Evaluation

The Standard First Aid & CPR course has both an online component and a classroom component.

The online component, which you're currently doing, will focus on building your knowledge. It includes injury prevention strategies, important background knowledge, and descriptions of how to recognize and care for a variety of injuries and illnesses. You will also read about particular first aid skills, and watch videos demonstrating how these skills are performed.

Once you complete this online component, you will be ready to move on to part two: The classroom component. The classroom component will focus on developing your skills. Your instructor will know that you have completed this online component, and so won't spend as much time on the background information that is covered here. Make sure you take the time you need to feel comfortable with what you're learning.

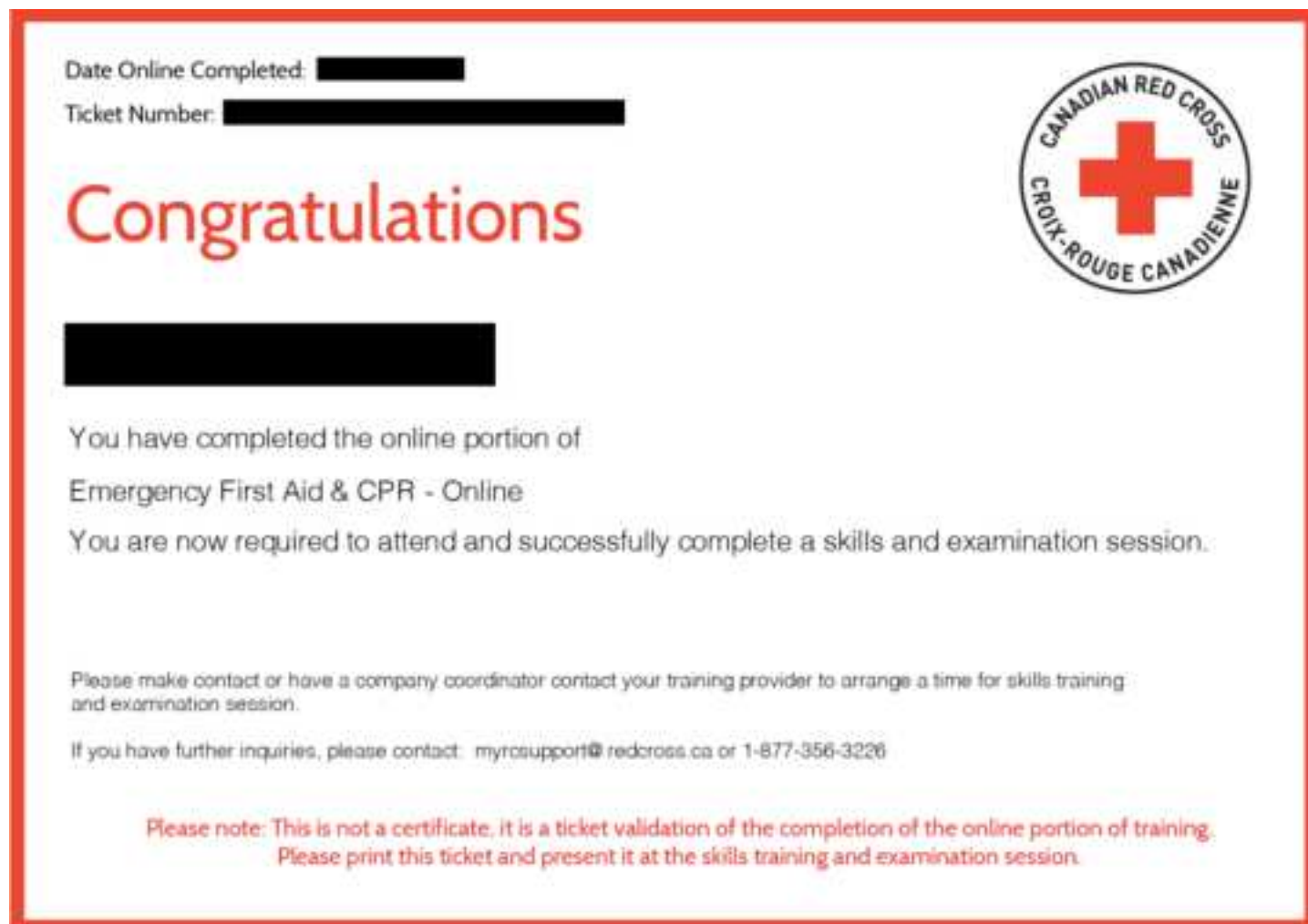
This online component covers care for adults, children, and babies. When you complete the classroom component, your skills and knowledge evaluation will focus on only the topic for which you are being certified.

You must successfully complete both the online and the classroom components to be certified in Standard First Aid & CPR.

Knowledge Evaluation

Step 8

- Once you have completed your online course, bring a digital or physical copy of your ticket to class



If you experience an **issue** with your account or online course at any point, please send a screenshot of the issue to admin@lifepreservers.ca