

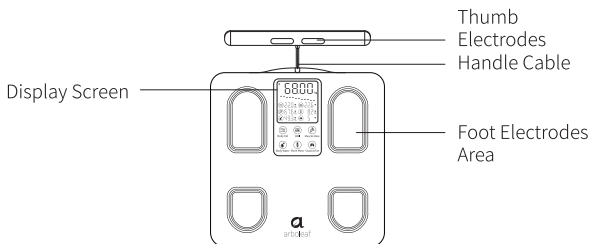
Body Composition Smart Scale

Model:CS10E

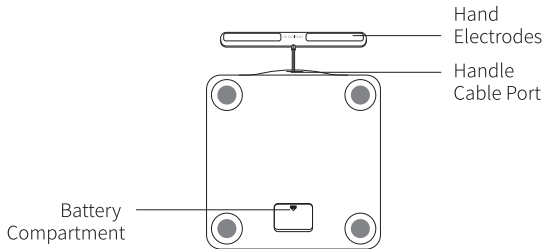
User Guide

www.arboleaf.com

Product Description



Product Front Demonstration

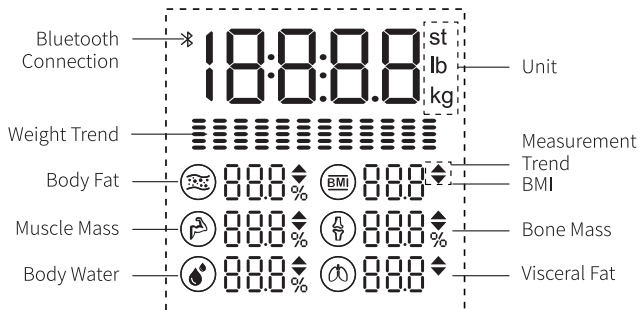


Product Back Demonstration

Product Specifications

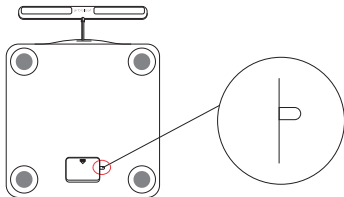
Model	CS10E
Dimension	12.2 x 13.2 x 1.3 inches / 310 x 336 x 33.8 mm
Weight	4.5lb (2.05kg)
Measurement Range	0.4-396lb (0.2-180kg)
Measurement Resolution	0.2lb (0.1kg)
Display Type	LED
Battery	3 X 1.5V AAA Batteries
Working Current	≤45mA
Data Transmission	Bluetooth
Measurement Indicators	Weight, Body Fat, Body Water, Muscle Mass, Bone Mass, Visceral Fat, BMI, etc
Accessories	3 x 1.5V AAA batteries, measuring handle, scale, user manual

Screen Display



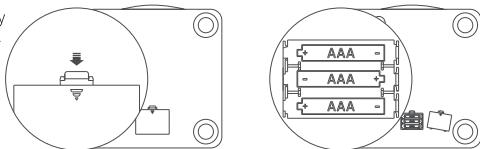
Battery Installation

Remove the rear battery isolation tab to activate the power device.



When the scale displays 'Lo', it indicates low battery and requires timely replacement of batteries (3x1.5V AAA).

To slide the battery compartment lock outward.



Initial Setup

Step 1: Download "arboleaf" app and create an account

From Apple App Store (ios) or Google Play (Android), search for "arboleaf" and download it to your smart phone. You can also scan the QR code to download.



Download "arboleaf" app
or scan the QR code



Register an account

Step 2: Pair scale with smartphone.

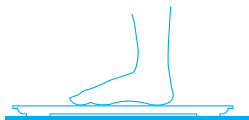
Make sure Bluetooth is enabled on your phone. For Android 6.0 and above, Location also needs to be enabled.

Pairing is done automatically.

Bluetooth icon is displayed on the scale.



Open "arboleaf" app



Apply pressure to turn on scale

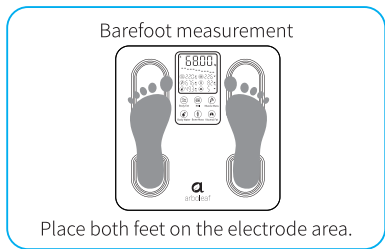
Take Measurements

1.Connecting to the Scale Using the App

To use the scale for the first time, you need to connect it to the app via Bluetooth (refer to Initial setup). Otherwise, only weight measurements will be displayed. Subsequent uses will allow direct measurement without needing to reconnect.

2.Stepping onto the Body Fat Scale

Please step onto the body fat scale barefoot. Stand upright on the scale and firmly grip the handle with both hands. Wait for the weight to stabilize; blinking weight indicates the measurement is complete.



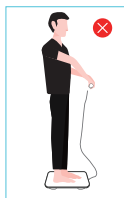
3.After confirming the weight, proceed to measure body fat percentage and other body composition metrics

Ensure that arms are positioned away from the sides of the body, with the inner thighs not in contact, maintaining an upright stance with arms raised until the measurement is complete.

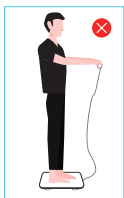
Body Fat Scale Measurement Demonstration - Body Illustration



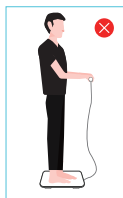
Stand upright with arms naturally hanging down at an angle from the body, ensuring arms do not touch the waist.



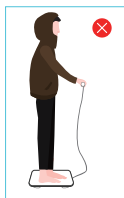
Avoid bending the hands outward.



Do not extend the hands horizontally for measurement.



Avoid bending the hands during measurement.



Wear form-fitting clothing only during the measurement process.

Body Fat Scale Measurement Demonstration - Foot Placement Illustration

Stand with feet parallel on the scale electrodes, ensuring inner thighs do not touch each other.



The heels of both feet should not touch each other.

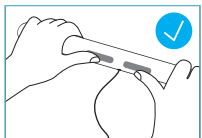


The feet should not be placed in a heel-to-heel stance.



Body Fat Scale Measurement Demonstration - Hand Demonstration Image

Thumb touching the oval electrode, four fingers touching the elongated electrode, with the handle connector wire facing downwards.



Hands should not be clenched.













The handle connector wire should not face upwards.








4.Displaying Measurement Results

The scale displays weight, body fat, body water, muscle mass, bone mass, visceral fat, BMI, and rotation (switching between weight and BMI data, each displayed for 3 seconds). For additional metrics, please refer to the app after measurement.

Display Screen Icon Guide

	Bluetooth icon: Illuminates when Bluetooth is enabled.
	Body fat percentage icon: Illuminates when displaying body fat percentage measurement results.
	Body water icon: Illuminates when displaying body water measurement results.
	Muscle icon: Illuminates when displaying muscle mass measurement results.
	Bone mass icon: Illuminates when displaying bone mass measurement results.
	Visceral fat level icon: Illuminates when displaying visceral fat level measurement results.
	BMI icon: Illuminates when displaying BMI measurement results.
	Percentage unit
	Low battery
	Upward arrow illuminated: Indicates the measurement value is higher than the previous measurement.

	Downward arrow illuminated: Indicates the measurement value is lower than the previous measurement.
	Overload
	Weight instability warning
	Weight detected after stepping off
	Please return the handle to the scale when this icon is scrolling.

CAUTION

1. Do not use with implanted medical electronic devices such as pacemakers, artificial hearts, or life-supporting medical electronic devices, or wearable medical electronic devices like electrocardiographs.
2. Individuals with limb defects cannot use (measurement requires good contact with all eight electrode pads).
3. Do not jump on the scale.
4. It is recommended to measure at the same time each day under the same conditions.
5. For accurate measurement, place the scale on a hard, flat surface.



WARNING

Please read carefully before use

- Do not use if you have a pacemaker, or any other internal medical devices in your body.
- Do not use if you are pregnant.
- Do not use on slippery floors.
- Do not use when your body is wet.
- Do not use rechargeable 1.2V AAA batteries.

FCC Statement

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation. Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

FCC ID:2ANDX-CSX00

WARRANTY

Arboleaf Corporation warrants this product purchased from an authorized seller to be free from defects in workmanship and materials, under normal use and conditions, for a period of one year following the date of purchase. Proof of purchase is required. This warranty does not cover failures due to misuse, abuse, accidental damage or unauthorized repair.