



Visit our patient web page

Learn more

1 Getting to know your mask



F&P Nova Micro™ brochure

Download



Introduction to the F&P Nova Micro

Watch

2 Getting started



F&P myMask™ App

With easy access to information and support, as you need it, F&P myMask App is the must-have mask companion. Access step-by-step videos of common tasks such as mask fitting, fine-tuning, cleaning and assembly.

Scan to Download



3 Additional support material



Fitting your mask

Watch



Cleaning your mask

Watch



User Instructions

Download

Replacement schedule

Cushion

14 Days



Replace every 14 days or if the cushion begins to leak constantly, becomes discolored or is torn.

Frame

6-12 Months



Replace every 6-12 months if the frame becomes discolored or cracked.

Headgear

12 Months



Replace every 12 months or if the headgear becomes discolored, stretches beyond adjustment or the hook and fasteners no longer latch.