

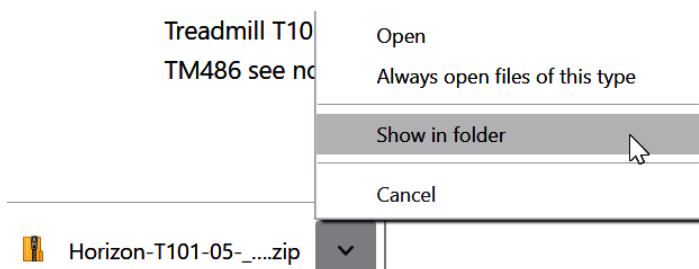
## T101-07 SOFTWARE UPDATE INSTRUCTIONS S6.06

### TOOLS NEEDED

- 1 Blank USB Flash Drive, 1GB or larger
- Desktop or Laptop Computer w/ USB Drive
- Internet Connection

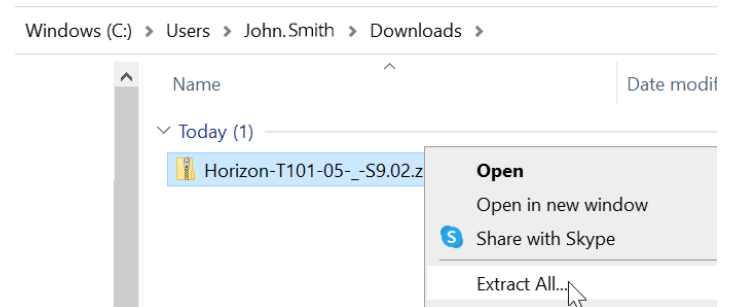
### PERFORMING UPDATE

1. Remove all content from USB. Make sure USB is formatted to FAT32.
  - a. Insert USB into computer's USB drive.
  - b. Using File Explorer find the USB drive. Left Click on drive and select FORMAT. "File system" is set to FAT32.
  - c. Right click "Start".
2. Download the file to a known location. Windows default is normally "Downloads".
3. Show the downloaded file. In this example Chrome is used.



This will open your computer's Downloads folder, where you will see a zipped folder.

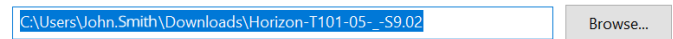
4. Click the folder to highlight it, and then right-click the folder to open the drop-down menu; select "Extract All..."



5. Left click "Browse...". Your location will be different.

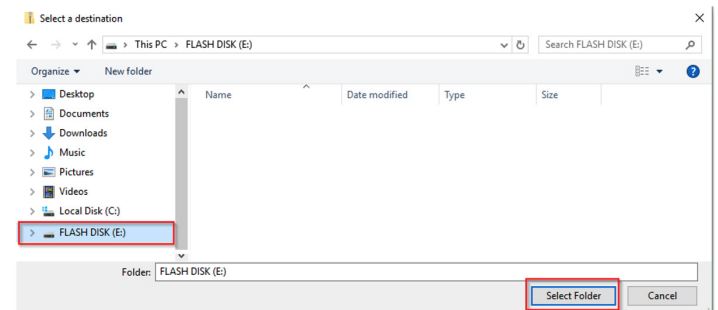
Select a Destination and Extract Files

Files will be extracted to this folder:



☒ Show extracted files when complete

6. On the left side of the window, locate your flash drive (remember the name from Step 1); click it to highlight it, and then click "Select Folder". Your drive letter and name might be different.





**HORIZON**  
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7. Select “Extract”. Note your drive letter might be different then “E:\”

← Extract Compressed (Zipped) Folders

Select a Destination and Extract Files

Files will be extracted to this folder:

E:\

☒ Show extracted files when complete

Once the extraction is complete, the contents of the zipped folder will appear on the next screen. Do not make any changes to these files.

8. Verify the following folders “HORIZON/FW”. Right-click your flash drive and select “Eject” to safely remove it from your computer.
9. Your treadmill should be plugged into a power source and turned on with the safety key inserted.
10. Insert the thumb drive into the USB port on the right side of the console. When the LED lights show “UP0-C0-FIL” press the ENTER button. If the LED lights do not show “UP0-C0-FIL”, remove and reinsert the USB multiple times until you see “UP0-C0-FIL”.  
If the console still does not update, please return to [www.horizonfitness.com/support](http://www.horizonfitness.com/support) and select the option to have a USB with pre-loaded software sent to you in the mail.
11. After 5-10 seconds the console will reboot and display the updated software version S6.06, followed by P1 and UP0-C0-FIL. Remove the USB immediately when you see P1 or UP0-C0-FIL and your software update is complete.