

amazfit



Balance 2

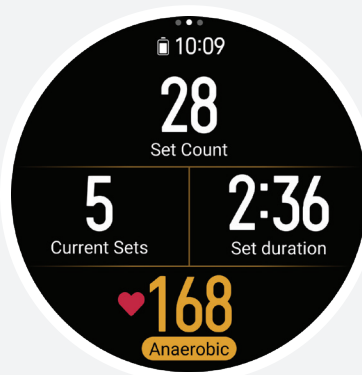
Designed as a premium multisport training partner, Balance 2 empowers high performers to push their limits across activities like running, strength training, golfing, and more. With intelligent tracking, personalized insights, and all-day versatility, it adapts seamlessly to intense training, busy workdays, and weekend adventures to help you excel in every moment.



Advanced Training Features

170+ sports modes including running, swimming, golf, tennis, freediving, scuba diving, and more.

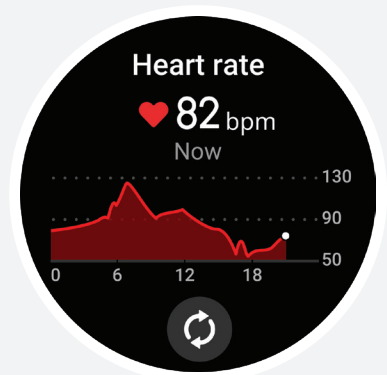
Personalized training plans generated by Zepp Coach™ AI, including 5k, 10k and marathon running plans.



Strength Training & HYROX Modes

Strength Training: Recognizes & scores 25+ training movements; generates muscle heatmaps.

HYROX-Specific Training: Track calories, heart rate changes, training effectiveness, and load.



Enhanced Health Tracking

BioTracker™ 6.0 PPG biosensor delivers precise health and fitness data tracking.

New BioCharge™ feature provides energy level score & insight that adapts throughout your day.



Precise Positioning & Free Maps

Base and contour maps with turn directions, plus specialized maps for ski resorts and 40,000 golf courses globally.

Built-in GPS tracking, supported by six satellite systems for fast connection.



Large, Scratch-Resistant Screen

Sapphire glass screen – so durable, only a diamond can scratch it.

Vivid 1.5" AMOLED display for excellent visibility in all lighting conditions



Long Battery Life

With up to 21 days of battery life with typical use¹, you won't be held back by a charger.

Recovery Redesigned

The Balance 2 delivers continuous 24/7 recovery monitoring with precision and power. For those seeking even greater flexibility and accuracy, it pairs seamlessly with the lightweight Helio Strap to create a complete training system. This integration ensures uninterrupted data collection during rest, sleep, and training, unlocking deeper insights, extended battery life, and enhanced performance tracking so you can train smarter and recover more effectively without compromise.



Zepp App

Your free companion for tracking nutrition and fitness progress, sleep recovery, analyzing trends and getting personalized health insights. All in one easy-to-use app.

¹. Battery life data is not final, estimates are based on tests conducted in lab conditions; actual use may vary.

TECHNICAL SPECIFICATIONS		
Design	Colors Dimensions (without heart rate base) Weight (without strap) Body Material Water-resistance Grade	Black, Lava 47.4 x 47.4 x 12.3mm 42g Frame: Aluminum alloy Case: Fiber-reinforced polymer 10 ATM
Display	Material Size Peak Brightness Resolution PPI Touchscreen	AMOLED 1.5" Up to 2,000 nits 480 x 480 323 Sapphire glass
Battery	Battery Capacity Typical Use Battery Life	658 mAh (rated value) Up to 21 days
Sensors	Health Movement Positioning Connection	BioTracker™ 6.0 PPG biometric sensor (5PD + 2LED) Acceleration sensor, Gyroscope sensor, Geomagnetic sensor, Barometric altimeter, Ambient light sensor, Temperature sensor 6 satellite positioning systems, Circularly-polarized GPS antenna Wi-Fi 2.4GHz, Bluetooth 5.2, BLE
Other	Mic Speaker Motor	Support Two speakers Linear motor
Strap	Materials Width Min. & Max. Wrist Dimensions Buckle	Silicone 22mm 140-210mm Classic pin buckle
Packing List	Smartwatch (including standard strap and accessory strap), magnetic charging head (no cable), instruction manual	
Packaging Materials	Made with 100% recyclable and biodegradable materials	
Supported Devices	Android 7.0 and above, iOS 15.0 and above	
Applications	Zepp App	