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**INSTALLATION INSTRUCTIONS**

**Installation Method 1:**  
(as shown in Figure 1) Paste the magic tape on the back of the boxing target and the flat wall, align the magic tape, and install the boxing target on the target position. Note that the charging port should not be more than 1.5 meters away from the socket.

Figure ①

**Installation Method 2:**  
(as shown in Figure 2) Put the back suction cup into the bayonet position and press it tightly. Press the boxing target hard to adsorb it on the target position until the air in the middle of the suction cup is drained and let go. Please select the wall to attach to the tile. Note that the charging port should not be more than 1.5 meters away from the socket.

Figure ②

**Tips:** Dip a little water into the suction cup when installing it, it will make the suction cup more tightly! If you do not use it for a long time, remove it in time to avoid falling off and being hurt.

**Boxing Machine**

**OPERATION INSTRUCTION**  
Please read the instructions carefully before use

**CONTROL PANEL**

- SPEED BUTTON:** Long press can achieve Bluetooth connection and disconnection, and short press can switch among 9 difficulty levels.
- SWITCH BUTTON:** Long press the switch, and short press to pause.
- AUDIO BUTTON:** There are five adjustable volume levels by short pressing.

This is a boxing target that offers an extremely challenging level clearing experience. It features 9 meticulously designed difficulty levels.

**THE DETAILED RULES ARE AS FOLLOWS**

**Level 1:** During the 100-strike process, if you make 8 incorrect strikes, the level attempt fails instantly. A failure sound effect will be triggered, the strike counter will reset to zero automatically, and the system will revert to its initial state. To retry, you'll need to press the start button. Conversely, if you complete the 100 strikes with no more than 8 errors, a triumphant success sound will play, and the system will progress to the next level.

**Level 2 - Level 8:** Follow a similar logic for clearing levels. As the level number increases, the allowed number of wrong hits decreases by 1 in turn. That is, for Level 2, if there are 7 wrong hits out of 100 hits, the level will be failed; for Level 3, if there are 6 wrong hits out of 100 hits, the level will be failed; for Level 4, if there are 5 wrong hits out of 100 hits, the level will be failed; for Level 5, if there are 4 wrong hits out of 100 hits, the level will be failed; for Level 6, if there are 3 wrong hits out of 100 hits, the level will be failed; for Level 7, if there are 2 wrong hits out of 100 hits, the level will be failed; for Level 8, if there are 1 wrong hit out of 100 hits, the level will be failed. For each level that is failed, there will be a failure sound effect, the counter will be cleared, and you need to press the start button to start again. If the level is successfully cleared, the success sound effect will play, and you will automatically enter the next level.

**BLUETOOTH CONNECTIVITY**

Beyond its built-in energetic soundtracks that pump up your boxing sessions, the target also supports seamless Bluetooth connectivity. Once paired with your smart device, you unlock a world of music choices. Control the music playback – start, pause, skip – all from your phone, allowing you to box in sync with your favorite tunes and amplifying the fun factor of your workout.

The device is further enhanced by an intelligent voice guidance system. Plus, with five adjustable volume settings, you can fine-tune the voice prompts to match your environment, guaranteeing an immersive and distraction-free training experience.

**CHARGING INSTRUCTIONS:**

Use a USB charger to connect cables for charging  
This product uses one 3.7V rechargeable battery.

**ANNOUNCEMENTS**

- Rest for 30 minutes after meal before use;
- It should not be used when you are unwell;
- Electronic products can not be washed, can be wiped with a rag;
- The battery should be charged in time;
- Stop using immediately if you feel uncomfortable during use;
- It is recommended to wear boxing gloves when using;
- It is prohibited to disassembling the product.

**PRODUCT PRESENTATION**

Boxing is a combat sport in which two boxers strike each other with gloved fists. It is both an amateur activity and a professional sport. In boxing training, boxing targets are usually used to train the speed and strength of the players, because the opponent's gap is fleeting during boxing matches, compared with strength training, it is more important to train the players' offensive and defensive response ability. The product trains people's reaction ability through electronic control of light guidance, and determines whether it is accurately hit on the target point through sound prompts, so as to effectively exercise people's overall coordination and reaction ability.

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**FCC Warning:**

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

**Caution:** Any changes or modifications to this device not explicitly approved by manufacturer could void your authority to operate this equipment.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. This equipment should be installed and operated with minimum distance 0cm between the radiator and your body.