

iTOUCH

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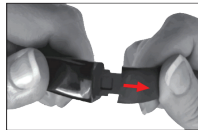
QUICK START GUIDE

STEP 1: CHARGING YOUR FITNESS TRACKER

Your fitness tracker may be in low battery mode when you first receive it. We recommend charging your fitness tracker fully before first use. Battery life and charge cycles vary based on usage.

- Gently remove the band on the fitness tracker to expose the USB end.
- Insert the fitness tracker into the female end of the charging cable. Plug the male end into your computer or a USB wall charger.

Your fitness tracker takes about 1-2 hours to fully charge.



STEP 2: SET UP YOUR FITNESS TRACKER

To set up your new fitness tracker, download our free mobile app by scanning the QR code below.



Open the app on your phone, tap the tracker icon on the upper right and follow pairing instructions. Once finished, the correct time and date will appear on your tracker.

NOTE: Pairing must be done using the mobile app and not with your phone's native Bluetooth.

REPLACING OR CHANGING THE TRACKER BAND

1) To remove the existing band:

- Hold the tracker on either side of the seam.
- With pressure, pull the band away from the device. The band should easily come detached from the tracker.



2) Reattaching a band:

- Line up the open end of the band with the end of the tracker.
- Apply pressure to both the band and the device until the tracker pops into place.
- Repeat these steps for the other strap

SAFETY AND SKIN CARE

To ensure maximum comfort and prolong the life of your device:

- Regularly clean your fitness tracker with a damp cloth
- After cleaning, always dry your tracker thoroughly
- Keep your wrist free of any cosmetics, dirt and oils
- Keep your tracker loose enough to allow some air circulation (wearing a tracker too tightly can cause skin irritation)
- After workouts, we strongly suggest cleaning both the tracker and your wrist
- Should you experience any skin irritation, discontinue wearing for at least several days or until the irritation discontinues
- Adults with eczema or any skin condition should consult a physician before wearing the tracker

NOTE: Failure to follow the safety and skin care instructions may affect certain warranty claims.

FCC STATEMENT

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) This device must accept any interference received, including interference that may cause undesired operation. Warning: Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

1. Reorient or relocate the receiving antenna.
2. Increase the separation between the equipment and receiver.
3. Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
4. Consult the dealer or an experienced radio/TV technician for help.

RF Warning Statement: The device has been evaluated to meet general RF exposure requirements. The device can be used in portable exposure conditions without restriction.

WARRANTY: This limited warranty gives you specific legal rights and you may also have other rights, which vary from state to state.

For all warranty information please visit:
www.itouchwearables.com/pages/warranty

FCC ID: 2ARUI-7451

SYSTEM REQUIREMENTS

(Android 9.0 and up) (iOS 13.0 and up)

Make sure your phone's Bluetooth is turned on and enabled.

For user manuals, please visit
support.itouchwearables.com



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**DO NOT RETURN PRODUCT TO THE
STORE FOR SUPPORT**



**FOR TECHNICAL ASSISTANCE, WARRANTY
AND CUSTOMER SERVICE, EMAIL:
support@itouchwearables.com**

**OR VISIT US AT:
support.itouchwearables.com**