



THz Tera-P90

Instruction Manual

Thank you for choosing OlyLife THz Tera-P90.

- Please read this instruction manual carefully before usage. Use with safe and correct method.
- After reading, please keep this manual for future reference.

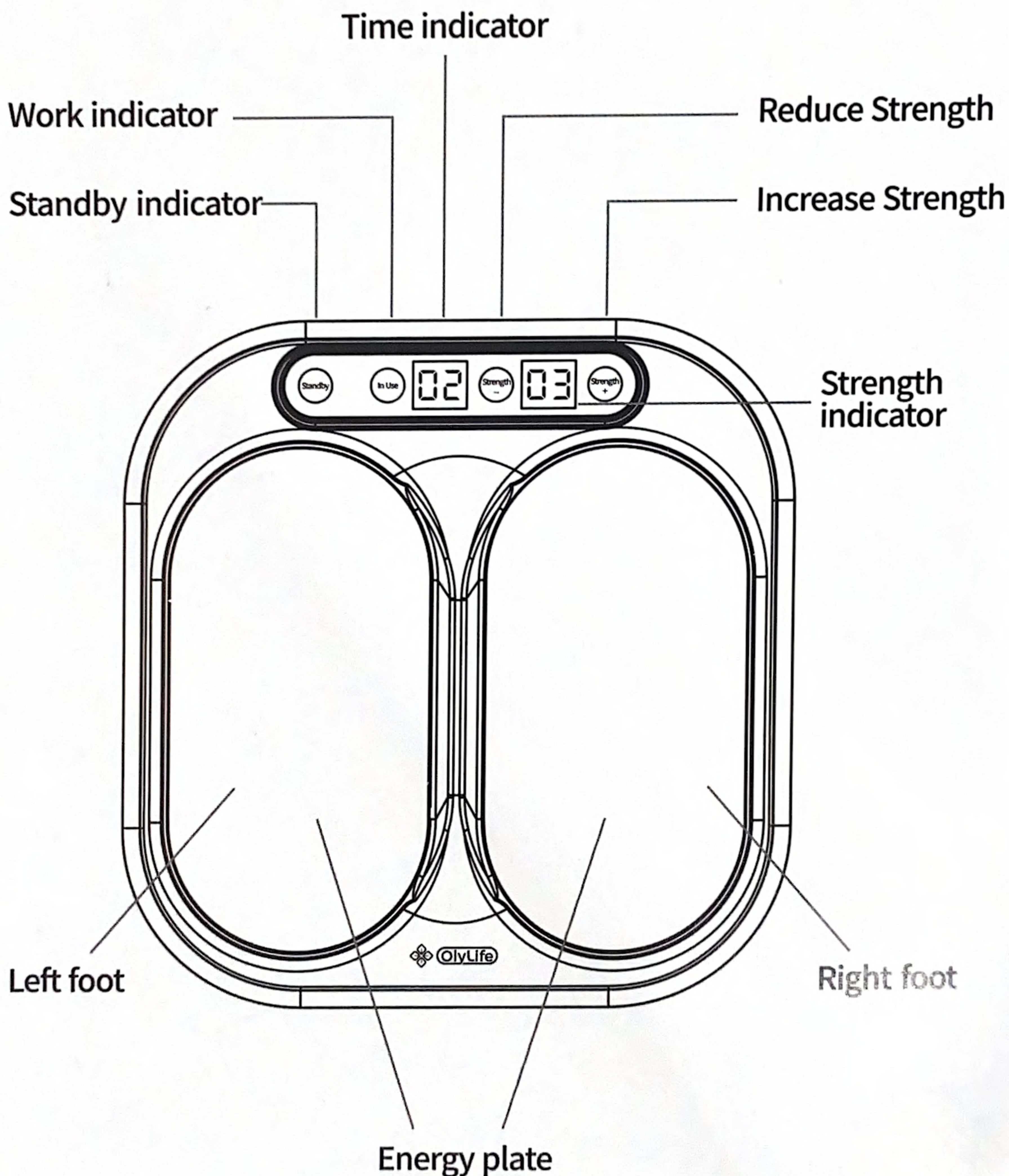
Promote Microcirculation
Promote Metabolism

Distributor

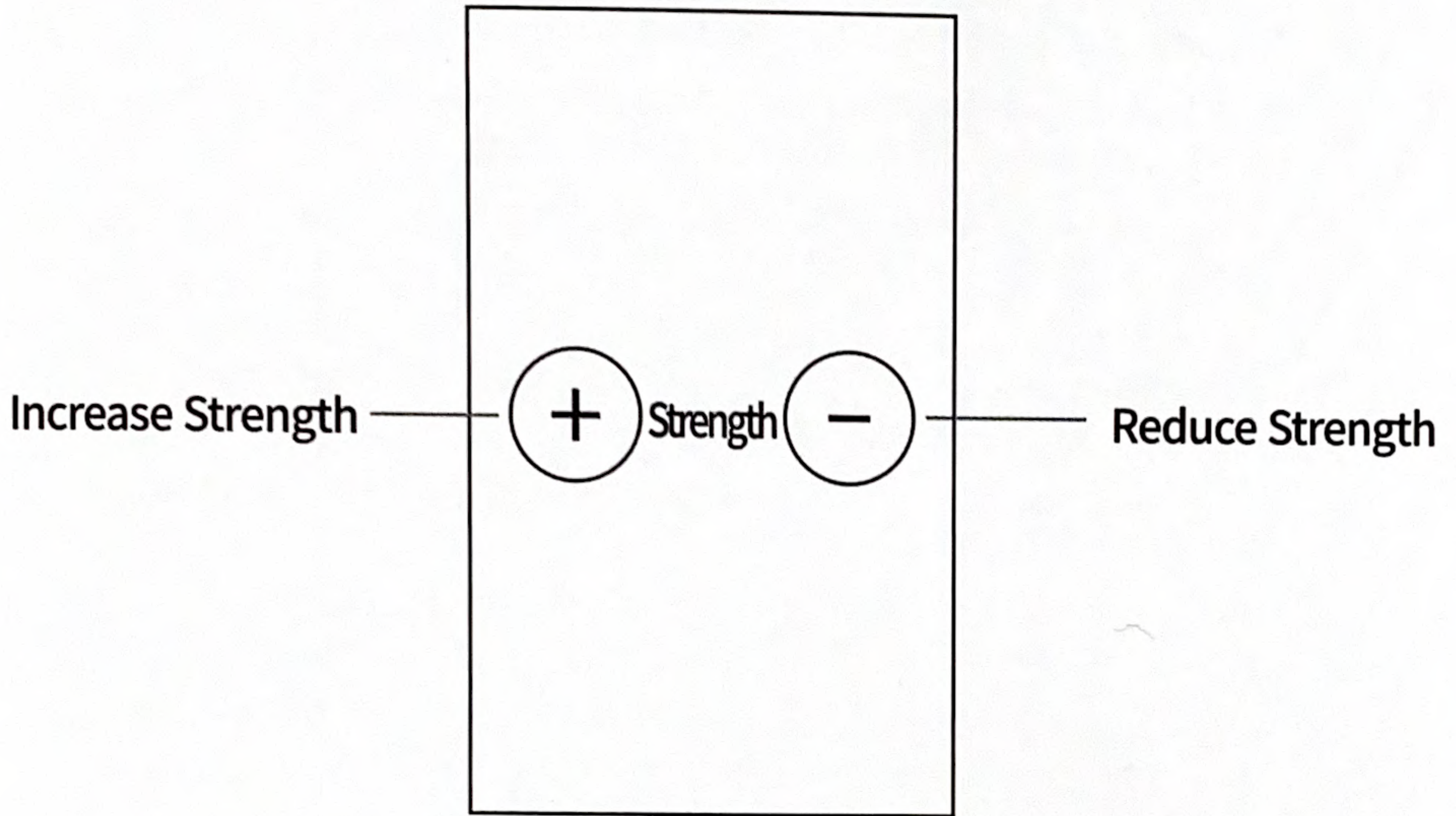
Olylife International Sdn Bhd

Get to know the OlyLife THz Tera-P90

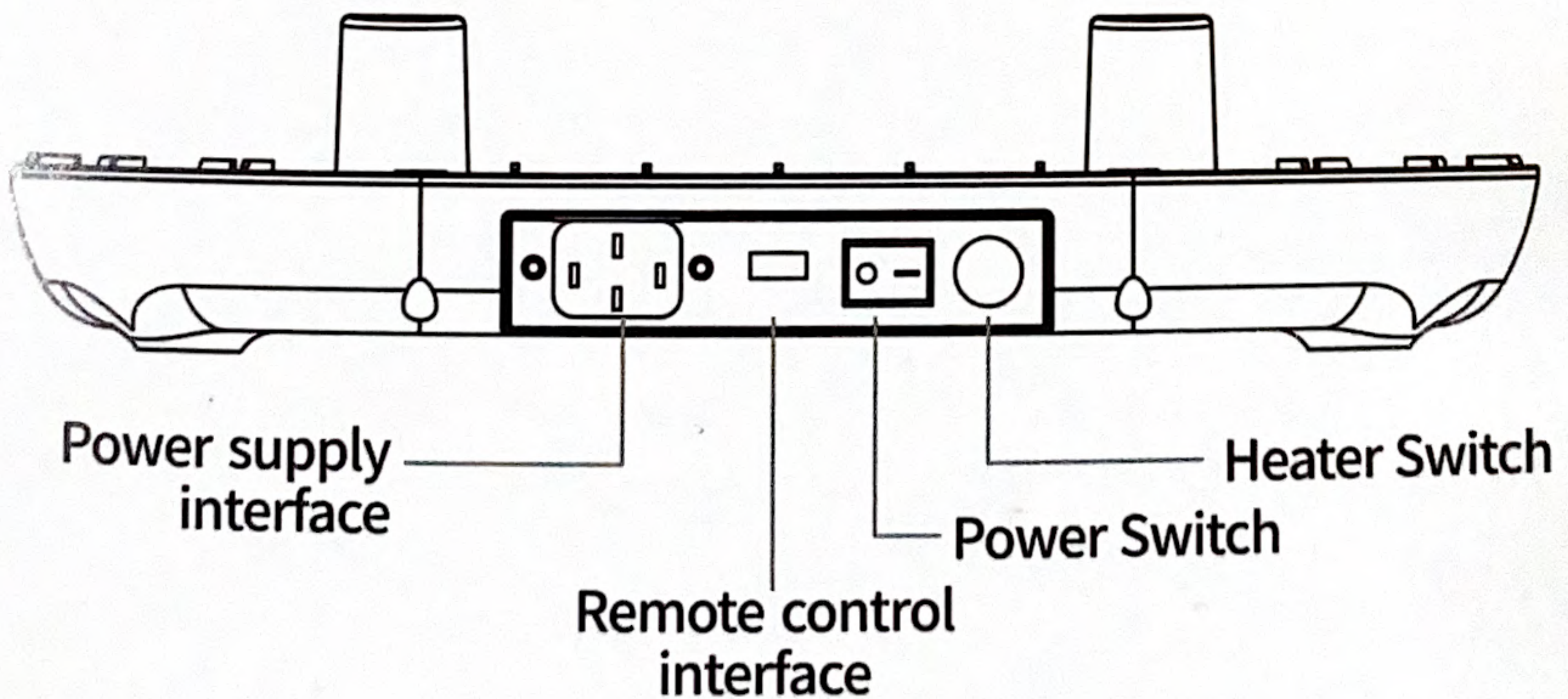
1. Diagram of Operation Panel



2. Diagram of Remote Control



3. Component Description



4. Operation Process Description

Switch on the power, the operation panel will turn on, and the "Standby" indicator will light up in red. There will be no other display.

When both feet are on the energy board, the red standby indicator will go off while the "working" indicator lights up in green. The default value of the "Time Indicator" is "30", and the default value of the "Strength Indicator" is "01", and the device starts to work. You may adjust the Strength to your liking by pressing the plus or minus button of the Strength key. During usage, the time indicator will decrease at an interval of 1 minute. If any foot leaves the energy board for more than 10 seconds, the device stops working and returns to "Standby" mode; if it is less than 10 seconds, the device does not stop working until the time indicator decreases to "01" and returns to "standby" mode.

When using the device for the first time during winter, you may turn on the power switch in advance and press the heating switch to preheat the energy board. When the heating function is not required, you may turn it off by pressing the heating switch again.

5. Technical Parameters

Product Name	THz Tera-P90
Product Model	P90
Operating Voltage	220~240V
Output Power	270W
Appearance Dimension	379×123×371mm

6. Accessories List

THz Tera-P90 Instrument	1 set
Remote Control	1 piece
Product Instruction Manual	1 piece
Power Cord	1 piece

7. Precautions

Not suitable for:

- 1、Patients suffering from heart disease;
- 2、Pregnant women and infants;
- 3、Patients suffering from lung complications;
- 4、Patients with impaired consciousness;
- 5、People whose body temperature exceeds 37°C;
- 6、Patients using life-sustaining equipment such as heart-lung machines and others;
- 7、Patients with a bleeding tendency (such as uterine fibroids, during menstrual period, etc);
- 8、People with low sensitivity towards heat (such as intervertebral disc herniation compressing nerves, diabetic feet, or other diseases which leads to lower limb sensory insensitivity);
- 9、Patients with implants such as cardiac pacemakers or any other metal artificial organ carriers.

Safety Precautions:

- 1、 Switch off immediately in case of emergency while using the instrument (such as power failure or malfunction);
- 2、 While in use, do not let both your legs touch each other, and do not use your hand to touch any parts of your leg;
- 3、 If you feel any abnormality in the instrument or your body, stop using the instrument immediately;
- 4、 Power supply should be disconnected after usage of the instrument. It is strictly forbidden to use the instrument for heating and do not cover the instrument with any objects;
- 5、 Do not use the instrument for children or people that could not express themselves;
- 6、 Do not use the instrument in places with high humidity such as the bathroom. Do not use the instrument while showering;
- 7、 Do not use other electrotherapy equipment at the same time. It may cause burns and the instrument being unstable;
- 8、 Do not touch the energy plate of the instrument with metal objects;
- 9、 Should smoke or odor is present during usage, unplug the power immediately and contact after-sales service personnel to assist you;
- 10、 Do not touch your feet or knees during usage;
- 11、 Please make sure your hands and feet are dry before usage. It is strictly forbidden to use in high temperature or high humidity environments;
- 12、 Please do not touch your ankle or the energy plate with your hands and your foot sole must be completely on the energy plate;
- 13、 It is forbidden to use the instrument simultaneously with other equipment that uses the electromagnetic principle;
- 14、 Remove any metal objects on your body before usage, and it is strictly forbidden to contact the energy plate with any metal objects;
- 15、 Do not touch other people while using the instrument;
- 16、 Turn off or unplug the instrument after every use;
- 17、 When the equipment is in working condition, whether it is on maintenance or normal test, try to reduce the no-load activity;
- 18、 The equipment needs to stop for 20 minutes after continuous usage of 30 minutes.

Operation Precautions:

- 1、 Depending on the environment you are in, choose if you need to turn on the “Heater Switch” before usage. If you feel that the energy plate is cold, you may turn on the “Heater Switch” for preheating, turn off the “Heater Switch” after the energy plate is heated to a warm state;
- 2、 Please place bare feet separately on the energy plate. To avoid excessive heating of the foot, it is prohibited to wear socks while using the instrument, and it is prohibited to place any cover on the energy plate;
- 3、 During usage, please select the preferred strength according to your personal preference and sensory feeling. It is recommended to gradually increase from low strength to preferred strength. Lower the strength when the sole feels hot. Usage exceeding 30 minutes per session is not recommended;
- 4、 Please read the instruction manual carefully and follow the instruction during usage. If the instrument is not in use, please unplug the power supply;
- 5、 The instrument must be placed on the ground, and shall not be placed in an uneven area such as a slope;
- 6、 After each usage, please turn off the instrument;
- 7、 Do not clean the energy plate and the operation panel with water, instead wipe with a damp cloth for cleaning and maintenance purposes.

Updated: 20 June 2023

Certificate of Quality

Inspector:

The product is approved to leave the factory after passing the inspection.

Product Warranty Card (Customer)

Name		Purchase Date	
Address			
Product Name or Model	Seal of Local Distributor		
OlyLife THz Tera-P90			
Serial Number			

Maintenance Center:

Address:

Tel.:

Note:

- 1. Please keep this warranty card in a safe place. Should maintenance is required, contact our customer service for arrangement.
- 2. If the address or telephone number differs from the registered info., please notify our customer service personnel.
- 3. Warranty Period: this only covers the product up to 365 days from the date of purchase.



Cut along this dashed line

Product Warranty Registration Card (Office Copy)

Name		Purchase Date	
Address			
Product Name or Model	Serial Number		
OlyLife THz Tera-P90			

Warranty Regulations

1. The warranty period is one year from the date of purchase, and no maintenance fee shall be charged during the warranty period.
2. Should you require maintenance, the sales invoice, and warranty card must be presented to our customer service personnel.
3. The warranty will not cover any damage due to improper usage or modification by the customer. However, the company will still provide paid maintenance services.

[illegible]