

# **CONTENTS** Safety warnings ...... 2-3 Set up ...... 4 Operating the product ...... 5 Cleaning and maintenance ...... 6 Trouble shooting ...... 6

#### INTRODUCTION

which delivers electric impulses to nerves, muscles and cells on different part of our body. These impulses are generated by the device and delivered through electrodes on the skin to the target nerves, muscles and cells. The impulses in proper strength and frequencies make continuous and gentle stimulation on target nerves, muscles and cells to trigger the body producing natural morphine to block, relieve pain and to stimulate the regeneration of tissues. EHE009 TENS is portable, compact, and stylish in design. It is helpful in relieving aches and pains in various parts of the body such as the waist, shoulders, joints, hands, feet, etc. and it helps the regeneration of tissues. Using EHE009 properly will provide you with a healthy and comfortable experience of

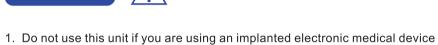
EHE009 TENS Pain Relief Device is a user friendly product,

Features of PL-009 Electronic Pulse Massager: 1. Liquid crystal display

- 2. Power: DC 6V, 4 AAA batteries
- 3. Frequency: 60 Hz 4. Main unit measure: 200x55x33 (mm)
- 5. Net weight of the main unit: 0.15 kg 6. Adjustable speed and intensity
- 7. Accessories included: 4 electrode pads, 2 electrode wires and 4 AAA batteries

# **SAFETY WARNINGS**

DANGER



such as a pacemaker or other life-maintaining device.

2. Do not use this unit if you are wearing electronic medical devices for monitoring health functions. WARNING

If you have one of the following conditions, please consult with your physician

and consult your physician.

Medical Electrical Equipment.



before purchasing or using this device. Acute disease; malignant tumor; infective disease; pregnant; heart disease; high fever; abnormal blood pressure; lack of skin sensation or an abnormal skin condition; any condition requiring the active supervision of a physician. NOTICE

Do not use this device while driving. Do not use this device while sleeping. Do not use this device in high humidity areas such as a bathroom. Keep this device out of the hands of children.

Stop using this device at once if you feel pain, discomfort, dizziness or nausea

Do not use the device around the heart, on the head, mouth, pudendum or blemished skin areas. Keep the device away from wet, high temperature and direct-sunlight place. Medical Electrical Equipment needs special precautions regarding electromagnetic compatibility (EMC) and needs to be installed and put into service according to the EMC information provided.

Portable and mobile radio frequency (RF) communication equipment can affect

Do not attempt to move the electrode heads while the device is operating.



**ENVIRONMENTAL CONDITION FOR** 



Easily fragile product.



Keep the product in the dry place away from water and rain. Product package should be recycled.



Stacked up 4 cartons at most.

Temperature range: 0oc to 48oc

Humidity: 10% to 85% Atmospheric pressure: 400hPa to 1060hPa Safety symbols

Type B applied part



Attention, see operating manual for use

# **SETUP**

batteries into the device at its back compartment, and connect the electrode pads into the device through the wires.

Unpack the box of the product, take the product and batteries out, place the



### To begin 1.Install 4 AAA batteries into the device. Match the positive electrode and

negative electrode in the right direction;

**OPERATING THE PRODUCT** 

2. Connect 1 pair of electrode wire into the upper left hole of the device and another pair of electrode wire in the upper right hole. 3.Attach the electrode pads (connecting to the electrode wire) to the treatment area, such as shoulder. 4. Turn the power/intensity switch knob to 1. The screen should show P. This means the device is ready to begin treatment. 5. Press one of the function keys to start treatment, such as Shoulder or Massage. 6.Press SPEED+ or SPEED- to adjust the speed; rotate the Switch Knob to adjust the intensity. Left way output hole



# Please use water or neutral detergent to clean the device first then using the dry cloth to wipe it again. The electrode pads coming with the device are disposable,

**CLEANING AND MAINTENANCE** 

becomes worse. Contact the seller for replacements. Do not let the sticky side of the pad touch anything, including the greasy finger tips. **TROUBLE SHOOTING** 

and should be replaced after around 40-time uses when their adhesiveness

#### If your device is not operating properly, please check it for the following problems or conditions. If the recommended action does not solve the problem, please return it to the authorized dealer for repair of the device.

other?

Stimulation is weak or

MALFUNCTION CAUSE SOLUTION Are the electrode heads in close Remove, clean and place contact with the skin?

Do the electrode heads touch each

6

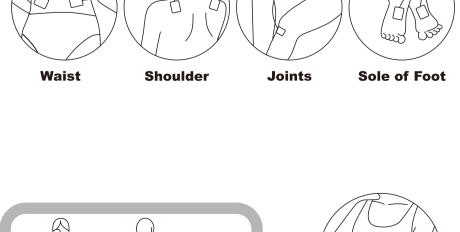
back on the skin.

If so, then separate.

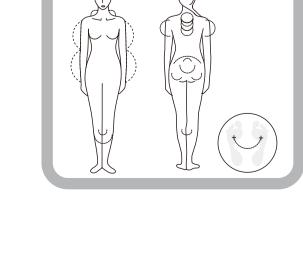
Are the batteries dead?	Replace the batteries.
Is treatment time too long?	Stop and treat another area
Are electrode pads dirty?  Do the electrode pads touch the skin closely?	Clean with damp cloth or replace.  Remove and place again on the skin
Batteries installed correctly?  Are batteries dead?	Remove and install batteries.  Replace the batteries.
Pads get deteriorative	Contact vendor for replacements.
I	Are electrode pads dirty?  Do the electrode pads touch he skin closely?  Batteries installed correctly?  Are batteries dead?



**POSITIONS FOR USE** 



----The End-----





#### Any questions, please call toll-free 1-855-822-6999 M-F 9:00 a.m. - 5:00 p.m. Central Time E-MAIL: service@easyathometesting.com,

**Easy At Home Medical, LLC** 

Website: www.easyathometesting.com