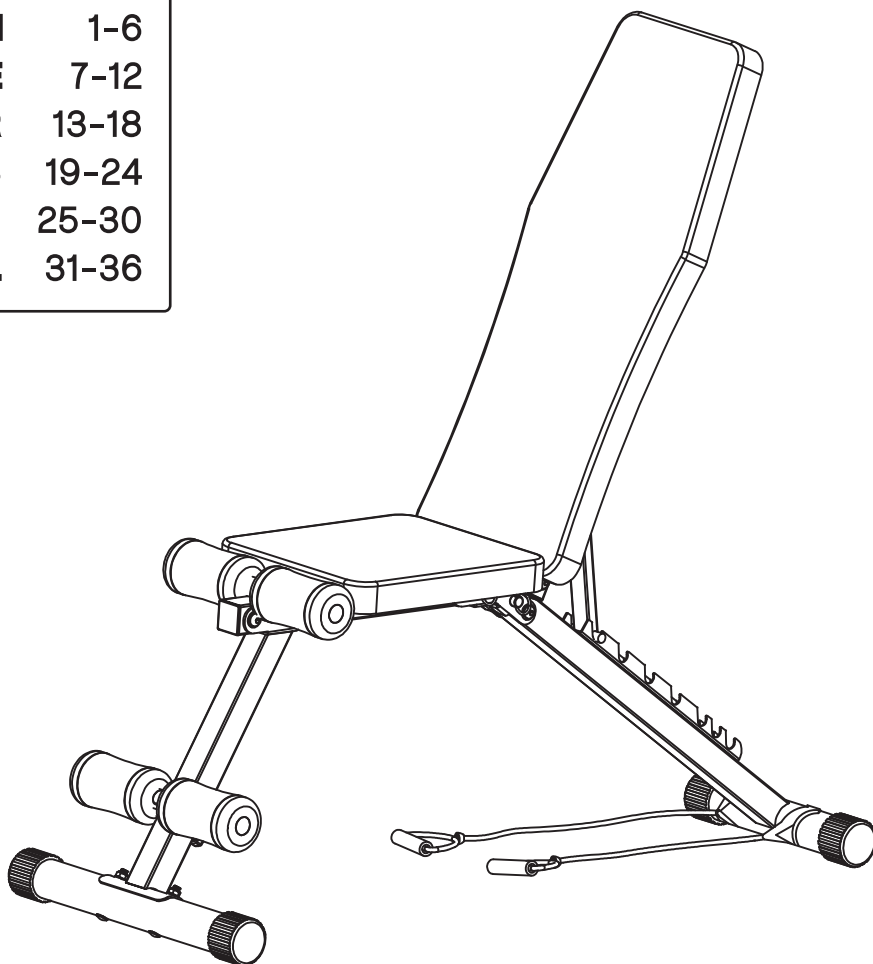


B Dumbbell Bench Assembly Instructions

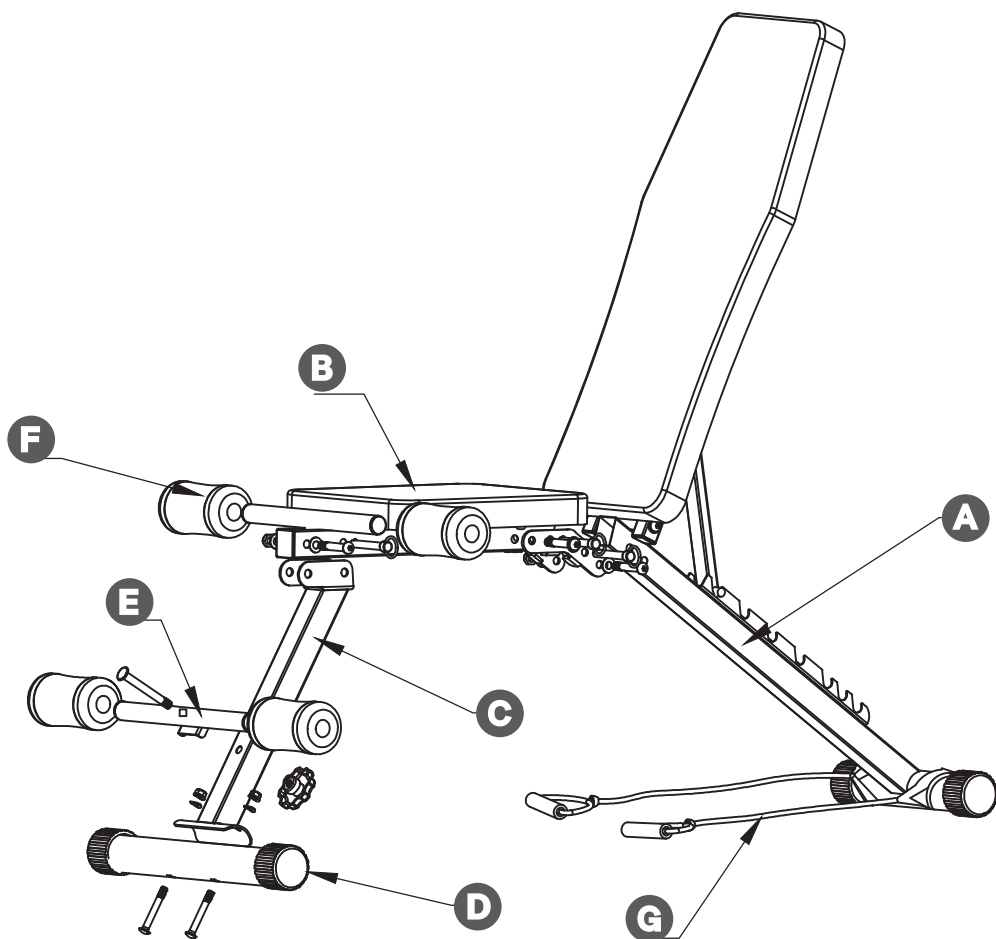
EN	1-6
DE	7-12
FR	13-18
ES	19-24
IT	25-30
NL	31-36



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Parts Diagram



Parts List

UK



A 1 PCS



B 1 PCS



C 1 PCS



D 1 PCS



E 1 PCS



F 4 PCS



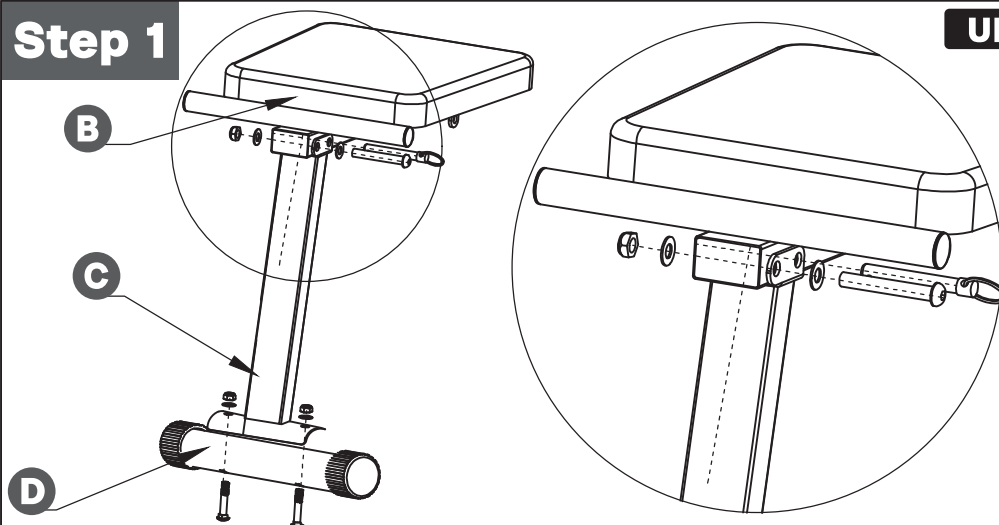
G 2 SET

Attachment list

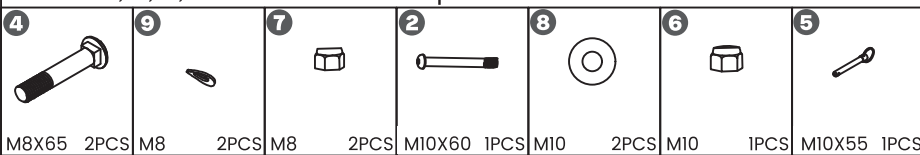
- | | | | | | | | | |
|----------|---|--------------|-----------|---|-----------|-----------|---|------------|
| 1 |  | M10X65 2PCS | 6 |  | M10 3 PCS | 11 |  | 2PCS |
| 2 |  | M10X60 1PCS | 7 |  | M8 2PCS | 12 |  | 6MM 1PCS |
| 3 |  | M10X 80 1PCS | 8 |  | M10 6.PCS | 13 |  | 13/17 1PCS |
| 4 |  | M8X65 2PCS | 9 |  | M8 2PCS | | | |
| 5 |  | M10X55 3PCS | 10 |  | M10 1PCS | | | |

Step 1

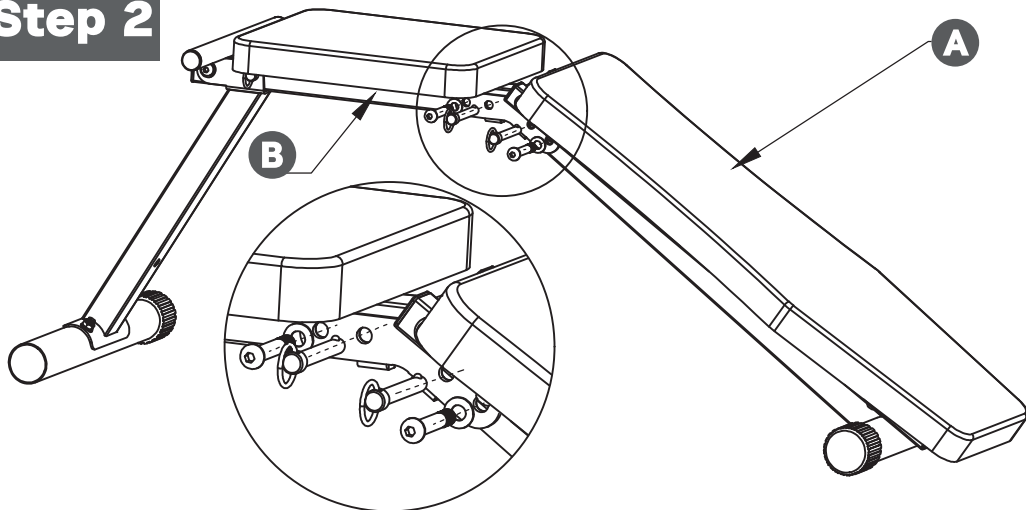
UK



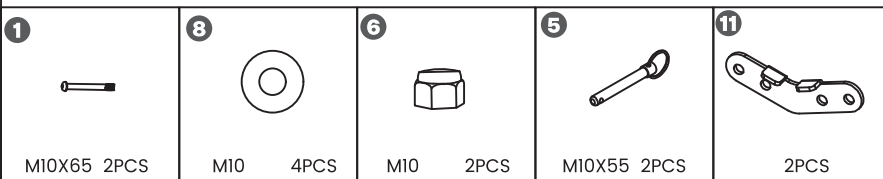
1. Use 4, 9, and 7 to combine parts C and D.
2. Use 2, 8, 6, and 5 to combine parts B and C.



Step 2

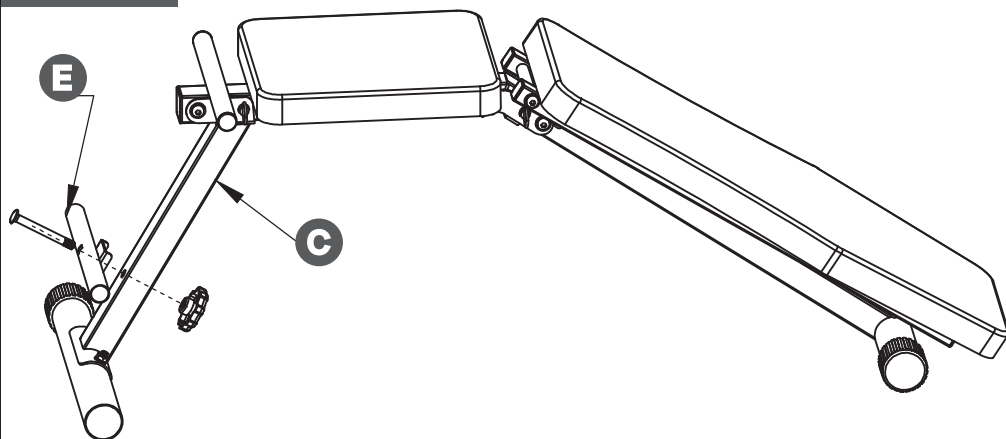


1. Use 1, 8, 6, 5, 11 to combine parts A and B.



Step 3

UK



1. Use 3, 10, to combine E and C.

3



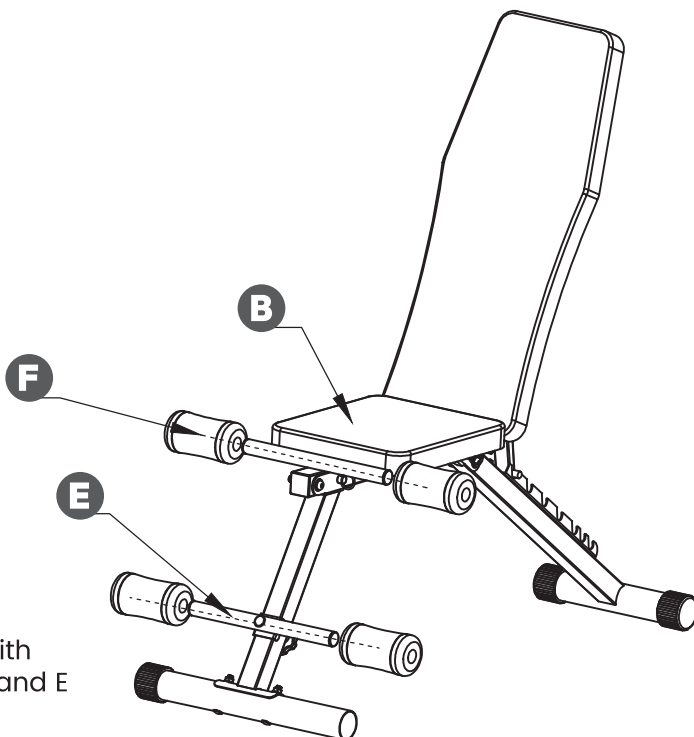
M10X 80 1PCS

10



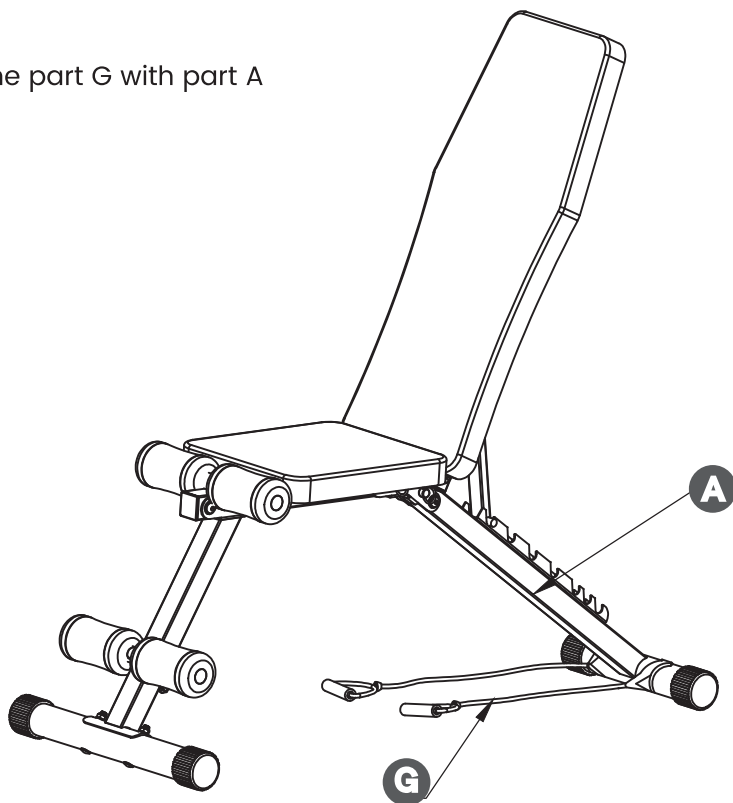
M 10 1PCS

Step 4



1. Combine component F with components B and E respectively.

1. Combine part G with part A



Assembly Complete

Made in China



Manufacturer

Shenzhen Xiaojiangnan Technology Co., LTD

Address

Galaxy World A2406, No. 1, Yabao Road,
Bantian Street, Longgang District, Shenzhen,
China, 518000

UK REP

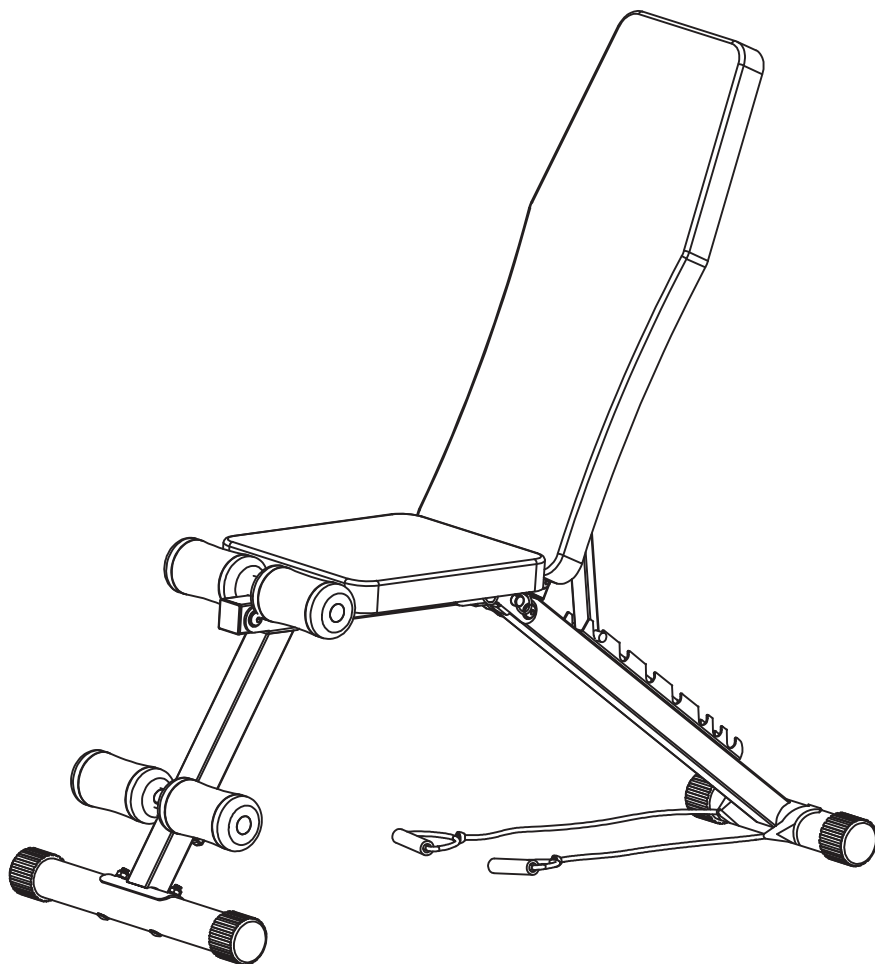
Business Name: River Source Distribution Limited
Address: Unit 39 St Olavs Court, City Business Center
Lower Road, London SE16 2XB United Kingdom
Email: Chriswang0610@outlook.com

EU REP

Business Name: AMZ ECREP SL
Address: Calle Gran Via 49,7 Dch. Madrid 28013 Spain
Email: service@xzysupport.com

DoC link: www.doc-files.com

B Istruzioni di montaggio della panca con manubri

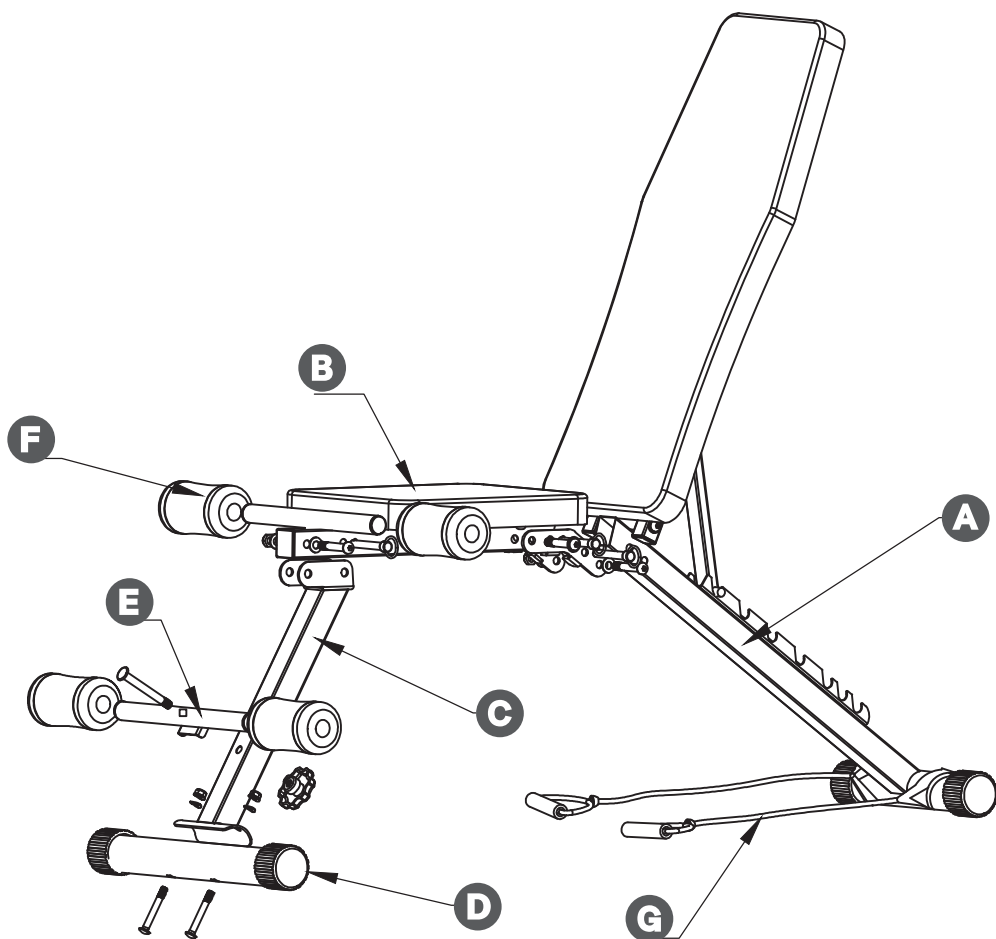


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Schema delle parti

IT

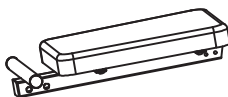


Elenco delle parti

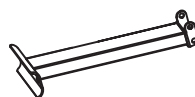
IT



A 1 PCS



B 1 PCS



C 1 PCS



D 1 PCS



E 1 PCS



F 4 PCS



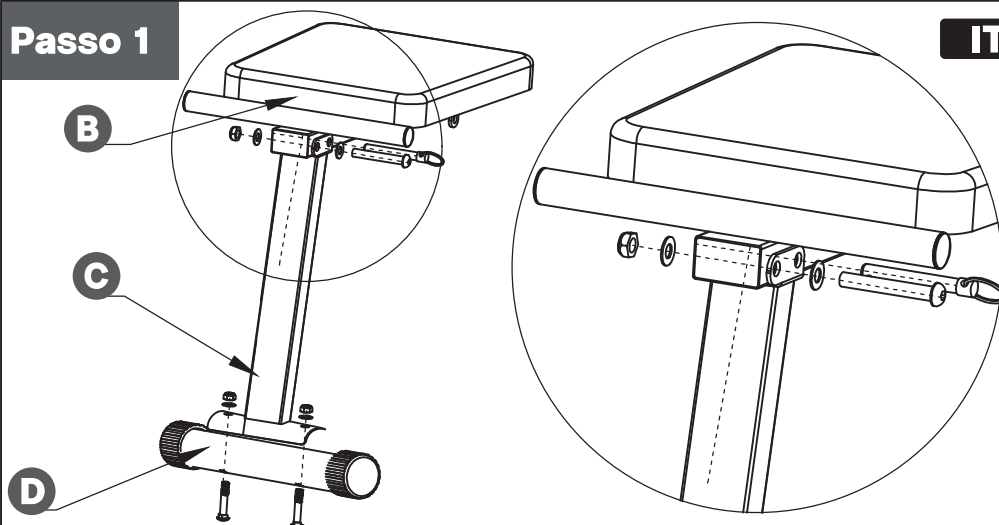
G 2 SET

Elenco allegati

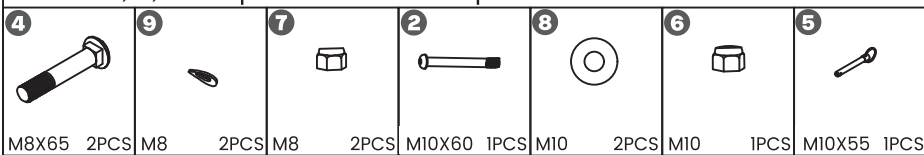
- | | | |
|---|--|--|
| 1  M10X65 2PCS | 6  M10 3 PCS | 11  2PCS |
| 2  M10X60 1PCS | 7  M8 2PCS | 12  6MM 1PCS |
| 3  M10X 80 1PCS | 8  M10 6 PCS | 13  13/17 1PCS |
| 4  M8X65 2PCS | 9  M8 2PCS | |
| 5  M10X55 3PCS | 10  M10 1PCS | |

Passo 1

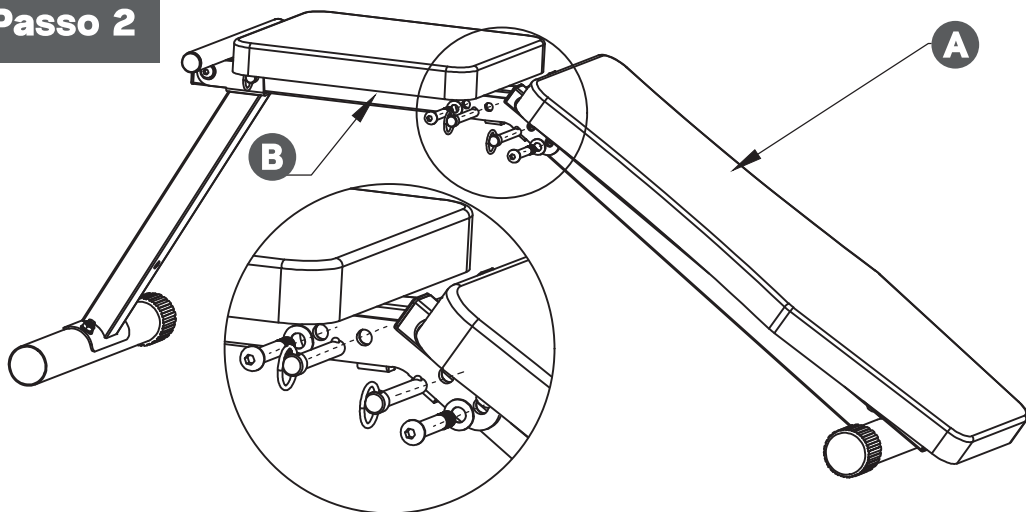
IT



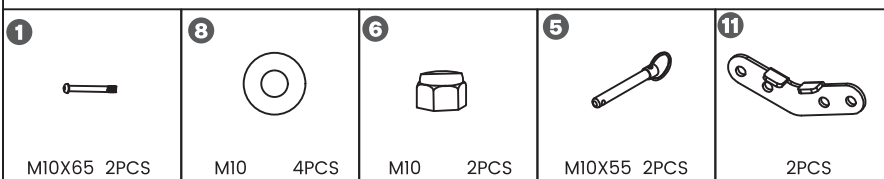
1. Usa 4, 9 e 7 per combinare le parti C e D.
2. Usa 2, 8, 6 e 5 per combinare le parti B e C.



Passo 2

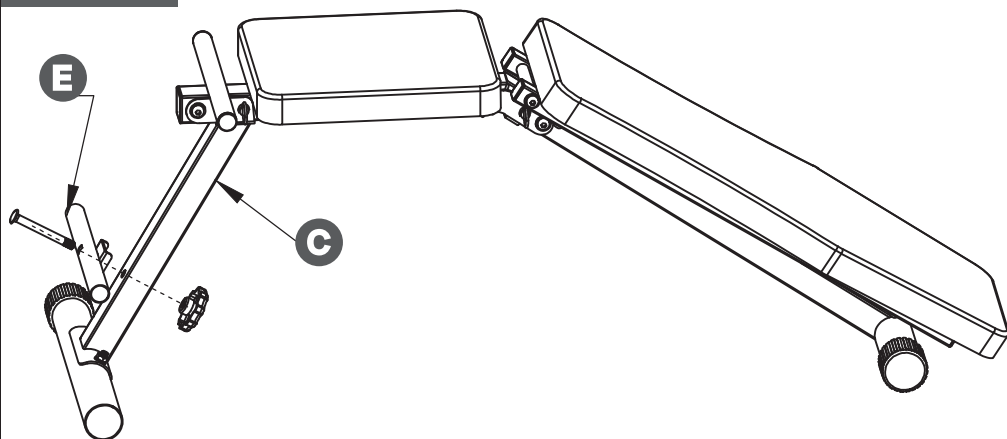


1. Usa 1, 8, 6, 5, 11 per combinare le parti A e B.



Passo 3

IT



1. Usa 3, 10, per combinare E e C.

3



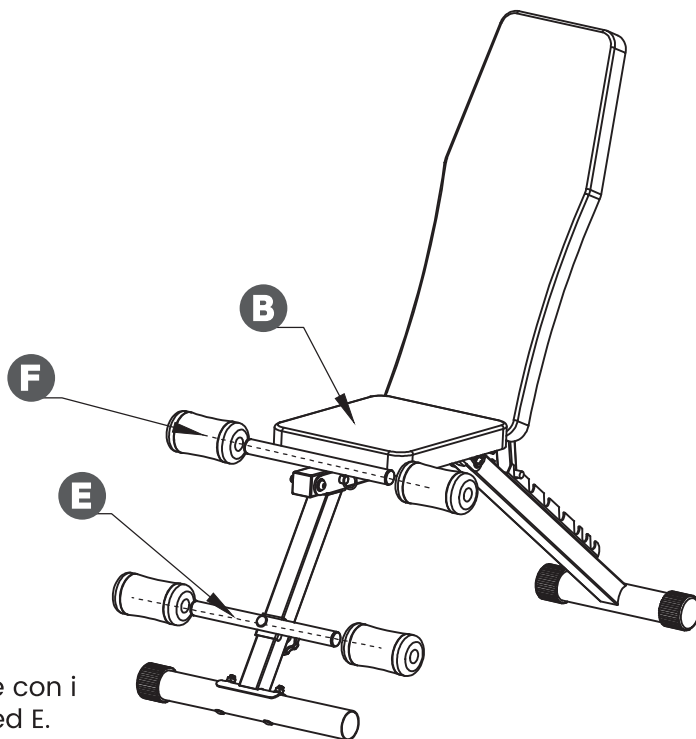
M10X 80 1PCS

10



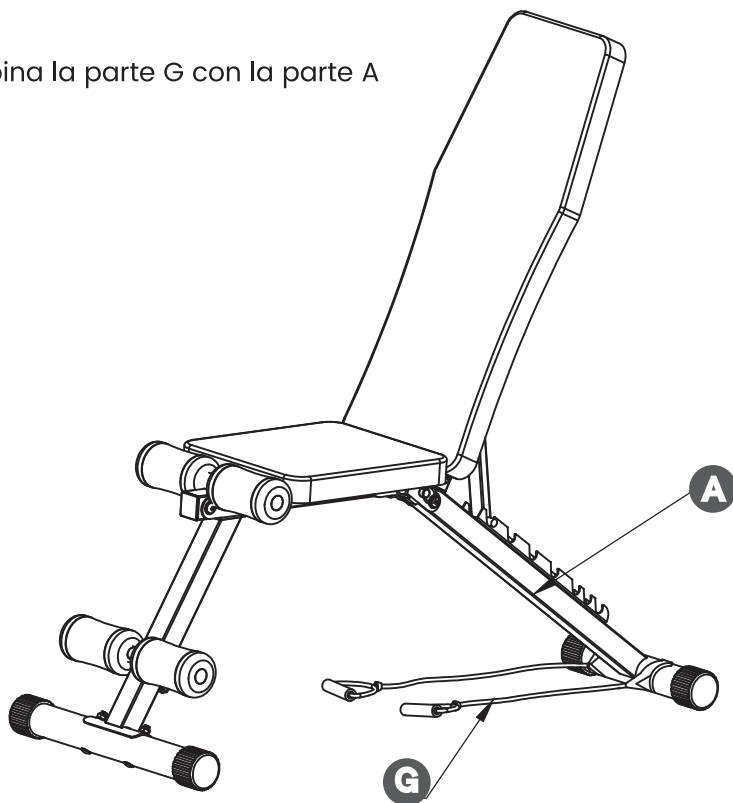
M10 1PCS

Passo 4



1. Combinare il componente F rispettivamente con i componenti B ed E.

1. Combina la parte G con la parte A



Montaggio completato

Made in China



Manufacturer

Shenzhen Xiaojiangnan Technology Co., LTD

Address

Galaxy World A2406, No. 1, Yabao Road,
Bantian Street, Longgang District, Shenzhen,
China, 518000

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EU REP

Business Name: AMZ ECREP SL
Address: Calle Gran Via 49,7 Dch. Madrid 28013 Spain
Email: service@xzy-support.com

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