



FORTIS 14" KIDS BIKE

FSKDBK14ORA

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SAFETY & WARNINGS

This user guide was written to help you get the most performance, comfort, enjoyment and safety when riding your new bicycle. It is important for you to understand your new bike.

By reading this user guide before you go out on your first ride, you'll know how to get the most from your new bicycle. It is also important that your first ride on your new bicycle is taken in a controlled environment, away from cars, obstacles, and other cyclists.

Before First Ride

- Before first use, please double-check the function of all the parts of your bike. If you
 have any doubts or if you detect a problem, please contact Kogan.com for support.
- Respect local and national road traffic regulations.
- For your safety, it is highly recommended that you wear a certified helmet.
- When used during heavy rain, snow, in slippery conditions or in the case of low visibility, be careful and adjust your speed.
- The illustrations in this user guide are used simply to provide examples; the components
 of your bicycle might differ. In addition, some of the parts shown might be optional and
 not part of your bicycle's standard equipment.
- The following user guide is only a guide to assist you and is not a complete or comprehensive manual of all aspects of maintaining and repairing your bicycle. If you are not comfortable, or lack the skills or tools to assemble the bicycle yourself, you should take it to a qualified mechanic at a bicycle shop. Additionally, you can contact Kogan.com for support.

WARNING:

Always wear a properly fitted helmet when you ride your bicycle. Do not ride at night. Avoid riding in wet conditions

Helmets

Always wear a properly fitted, Australian standard approved helmet while riding your bike.



Correct
Helmet fits snug
and covers forehead



IncorrectForehead is exposed and vulnerable to serious injury

General Warning

Bicycle riding can be a hazardous activity even under the best of circumstances. Proper maintenance of your bicycle is your responsibility as it helps reduce the risk of injury. This user guide contains many WARNINGS and CAUTIONS concerning the consequences of failure to maintain or inspect your bicycle. Many of the warnings and cautions say, "you may lose control and fall". Because any fall can result in serious injury or even death, we do not repeat the warning of possible injury or death whenever the risk of falling is mentioned.

Kogan.com does not encourage: trick riding, ramp riding, jumping, aggressive riding, riding on severe terrain, riding in severe climates, riding with heavy loads, riding double, commercial activities; such use is inherently dangerous and can cause serious injury to the rider.

Note to Parents

It is a tragic fact that most bicycle accidents involve children. As a parent or guardian, you bear the responsibility for the activities and safety of your child. Among these responsibilities are to ensure;

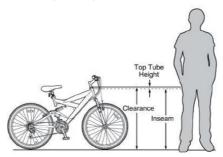
- That the bicycle that your child is riding is properly fitted to the child
- That it is in good repair and safe operating condition
- That the play of young children is supervised by an adult
- That you and your child have learned, understand and obey not only the applicable local motor vehicle, bicycle and traffic laws, but also the common sense rules of safe and responsible bicycling

As a parent, you should read this user guide before letting your child ride the bicycle. Please ensure that your child always wears an approved bicycle helmet when riding.

Choosing the Correct Size Bike Frame Sizing:

When selecting a new bicycle, the correct choice of frame size is a very important safety consideration. To determine the correct size bicycle for the rider:

- Straddle the assembled bicycle with feet shoulder width apart and flat on the ground.
- There must be at least one inch (2.5cm) of clearance between the highest part of the top tube of the bicycle and the crotch of the rider with the tires properly inflated.
- To measure the inseam, use a measuring tape to measure from the ground (with shoes on) to the inseam of your pants.
- Subtract the standover height from the inseam measurement to ensure that you have the recommended amount of clearance. If you have less than one inch or more than three inches (2.5 to 7.5 cm), you may need to move up or down a frame size.



Weight Limit:

The maximum structural weight recommendations for our bicycles are;

12 inch bicycles: 30 kg14 inch bicycles: 40kg18 inch bicycles: 50kg



CAUTION: For safe and comfortable riding there should be a clearance of no less than 1 inch between the inseam area of the intended rider and the top tube of the bicycle frame, while the rider straddles the bicycle with both feet flat on the ground.



WARNING: If the bicycle is too large the rider cannot reach the pedals easily, or the ground when stopping which may result in loss of control and/or injury.

Road Safety

Like any sport, bicycling involves risk of injury and damage. You need to know and practice the rules of safe and responsible riding.

- In the interest of safer cycling, make sure you read and understand this user guide. Note and perform pre-ride safety checks.
- Some states and local laws may require that your bicycle be equipped with a warning device such as a horn or bell and a front and rear light if the bicycle is to be ridden after dark.
- Always wear shoes when riding a bicycle and avoid loose fitting clothes.
- Check your brakes frequently. The ability to stop your bicycle is critical. Roads are slippery when wet so avoid sharp turns and allow more distance for stopping. Caliper brakes may become less efficient when wet. Leaves, loose gravel, and other debris can also affect stopping.
- Always ride in the same direction as traffic. Never ride against traffic.
- Stop and look before you leave an alley, driveway, or parking lot. Ride only when it is clear.
- Follow the traffic flow in a straight line and stay close to the curb or in the bike lane, when available. Watch for cars moving in and out of traffic.
- Obey all traffic regulations. Most traffic regulations apply to bike riders as well as automobile operators.
- One rider per bike. Never carry other riders. This is dangerous and makes the bike harder to control.
- Always be alert. Pedestrians have the right of way. Be alert when riding near parked
 cars and ride far enough away from cars so that you won't get hit if someone opens the
 car door.
- Use caution at all intersections and stop signs. Stop and look both ways before proceeding.
- Use hand signals. Communicate by using hand signals to tell other drivers what you are going to do. Signal before turning unless your hand is needed to control the bike.
- Proper lights are recommended if you ride at night. Be sure to have a strong head-light, a tail light, and a full set of reflectors. Check that reflectors are clean, straight, unbroken, and securely mounted.
- Never carry packages or objects which obstruct vision.
- Never hold onto a moving vehicle while riding.
- The kick-stand is designed to support the bicycle only, not the bicycle and the rider.
- Avoid the following hazards: drain grates, potholes, soft road edges, gravel, sand, wet leaves, and/or any obstruction in the road. Failure to do so could cause wheel(s) to buckle and result in personal injury to the rider.

- Wet weather riding riding your bicycle in wet conditions is not recommended. In wet
 conditions traction and braking power is reduced. Riding in such conditions could result
 in personal injury.
- Proper helmet use. A helmet that meets Australian standards should always be worn
 when riding a bicycle. The helmet should fit properly and be worn on the crown of the
 head, not tipped back. Ensure to replace your helmet at least every three years to
 ensure the structural integrity of the foam. Replace after impact, regardless of lack of
 visible damage to helmet.
- Use bike lanes when available. Also note that in certain states, cars may use bike lanes when turning.
- Respect "bicycles are prohibited" signs.

Night Riding

Riding a bicycle at night is much more dangerous than riding during the day. A cyclist is very difficult for motorists and pedestrians to see. Therefore, children should never ride at dawn, dusk or at night. Adults who choose to accept the greatly increased risk of riding at dawn, dusk or at night need to take extra care both riding and choosing specialized equipment which helps reduce that risk. Consult your local bicycle shop about night riding safety equipment.



WARNING: Reflectors are not a substitute for required lights. Riding at dawn, at dusk, at night or at other times of poor visibility without an adequate bicycle lighting system and without reflectors is dangerous and may result in serious injury or death.



WARNING: Do not remove the front or rear reflectors or reflector brackets from your bicycle. They are an integral part of the bicycle's safety system. Removing the reflectors reduces your visibility to others using the roadway. Being struck by other vehicles may result in serious injury or death.

Child Safety Rules

To avoid an accident, teach children good riding skills with an emphasis on safety.

- Always wear a properly fitted helmet.
- Do not play in driveways or on the road.
- Do not ride on busy streets.
- Do not ride at night.
- Obey all traffic laws, especially stop signs and red lights.
- Be aware of other road vehicles behind and nearby.
- Before entering a street: Stop, look for traffic, enter only when safe.
- If riding downhill, be extra careful. Slow down using the brakes and maintain control of steering.
- Never take your hands off the handlebars, or your feet off the pedals when riding downhill.

SAFETY CHECKLIST

Before every ride, it is important to carry out the following safety checks:



Brakes:

- Ensure front and rear brakes work properly.
- Ensure brake pads are not over worn and are correctly positioned in relation to the rims.
- Ensure brake control cables are properly lubricated, correctly adjusted, and display no obvious wear.
- Ensure brake control levers are properly lubricated and tightly secured to the handlebar.



Cranks & Pedals:

- Ensure pedals are securely tightened to the cranks.
- Ensure cranks are securely tightened to the bottom bracket and are not bent.



Frame & Fork:

- Check that the frame and fork are not bent, broken, or cracked.
- If either are found to be bent, broken, or cracked, they should be replaced.



Wheels & Tires:

- Ensure tires are inflated to within the recommended range as displayed on the tire sidewall.
- Ensure tires have tread and have no bulges or excessive wear.
- Ensure rims run true and have no obvious wobbles or kinks.
- Ensure all wheel spokes are tight and not broken.
- Check that axle nuts are tight.
- Do not over inflate.



Chain:

- Ensure chain is oiled, clean and runs smoothly.
- Extra care is required in wet or dusty conditions.
- On bicycles equipped with coaster brakes, check for proper chain tension.
- Check to make sure your chain guard is tight and not touching the crank or chain.



Bearings:

- Ensure all bearings are lubricated, run freely and display no excess movement, grinding or rattling.
- Check headset, wheel bearings, pedal bearings and bottom bracket bearings.



Handlebars:

- Ensure handlebar and stem are correctly adjusted and tightened, and allow proper steering.
- Ensure that the handlebars are set correctly in relation to the forks and the direction of travel.

OVERVIEW

Bike



Tools Required (included)



Note:

The illustrations in this manual are for reference only. The components of your bicycle might differ.

ASSEMBLY

Getting Started

Open the box and check that all parts are present.

We strongly recommend reading the user guide before beginning. If you aren't comfortable with the assembly, you should bring your bike to your local bike shop to have a qualified mechanic put it together for you. Please ensure you need to read this entire user guide before you ride or let anyone else ride it.



CAUTION: As you assemble the bike, it's a good idea to place a little white grease or anti-seize compound on the seat post, stem and threads of the bolts to prevent rusting.

Step 1: Aligning the forks

- The frame, handlebars, front wheel, and other components are attached with zip ties. Lift everything out in one piece, and set it down, with the chain facing upwards.
- Remove the zip ties, and remove any padding or packaging.
- First, align the fork. Rotate it, to ensure it moves freely without binding (Figure 1), making sure the fork is pointing in the right direction, with the fork blades facing forward (Figure 2).

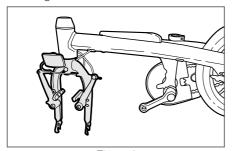


Figure 1

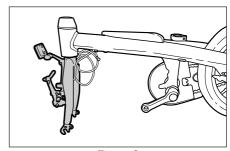
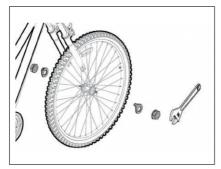


Figure 2

Step 2: Installing the wheels

- Ensure the brakes are loose enough to allow the wheel to pass through the brake pads easily.
- Place wheel into fork drop outs.
- Install retaining washers with raised lip pointed towards the fork, and insert into the small hole of the fork blade (Figure 3).
- Install axle nut and securely tighten. Ensure the wheel is centered between the fork blades (Figure 4).
- Spin the wheel to make sure that it is centered and clears the brake shoes. Tighten the brakes if necessary.
- If the wheel is out of alignment you will need to realign the wheel. Contact your local bicycle shop to help realign the wheels.



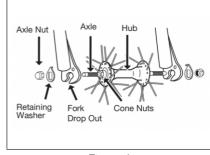


Figure 3

Figure 4



WARNING: Ensure the wheel is in the centre of the fork before tightening both nuts.

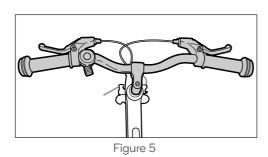


WARNING: Failure to obey these steps can allow the front wheel to loosen or dislodge while riding. This can cause injury or death to the rider or to others.

Step 3: Handlebar/Stem

Insert the stem and handlebar assembly into the fork, making sure the stem wedge is loose. Ensure the cables are not tangled and track smoothly on either side of the stem.

The stem should be pointing towards the front of the bike, aligned with the front tire (Figure 5). Depending on the type of bolt, tighten the stem bolt with 5, or 6 mm Allen wrench (Figure 6).



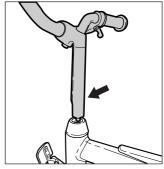


Figure 6



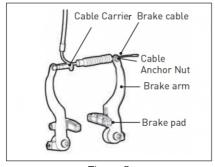
WARNING: To prevent steering system damage and possible loss of control, the stem must be inserted enough so that the minimum insertion marks are completely covered (Figure 7).



Figure 7

Step 4: Brakes

After installing the front wheel, re-connect the front brake by squeezing the arms together, and sliding the cable guide back into the carrier (Figures 8 & 9).



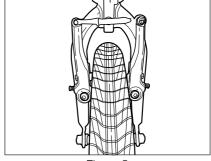


Figure 8





WARNING: When assembling or adjusting the brakes, make sure the cable anchor nut is tight (Figure 9). Failure to securely tighten the nut could result in brake failure and personal injury.

Testing Brake Functions

To test the function of the front hand brake, lift the front of the bike and spin the wheel. The wheel should not rub on the brake pads. Next, squeeze the brake lever and take note of the brake pads contacting the side of the wheel. The pads should contact the rim on both sides at the same time. Finally, hold the brake lever firm and try to move the bike forward. The brake should hold well enough to keep the wheel from moving. Repeat these steps for the rear wheel.

Step 5: Attaching the pedals

Before your first ride, please do the following checks and ensure your pedals are attached correctly.

- There is a right side pedal marked "R" and a left side pedal marked "L"
- Pedal marked "R" has right hand threads. Tighten in a clockwise direction.
- Pedal marked "L" has left hand threads. Tighten in a counterclockwise direction (Figure 10).
- After putting some white grease on the threads of the pedal, place the pedal into the
 crank, and use your fingers to get it started. Threading it in can be tricky, so make sure
 to do it correctly. The top of the thread will rotate towards the front of the bike to tighten
 the pedals.
- Once finger tightened, use a 15mm open-ended spanner to torque them down. They are properly tightened when the pedal spindle, which is the axle that the pedal platform spins around, begins to bite into the metal on the crank.

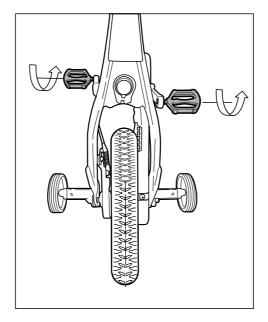


Figure 10



WARNING: Incorrect installment of pedals into a crank arm will cause irreparable damage. Unless the shoulder of the pedal spindle is tight to the face of the crank arm, the pedal may back out causing serious injury or death. Make it tight so the shoulder is in complete contact with the surface of the crank arm.

Step 6: Installing the rear seat reflector

- Loosen the screw on the clamp of the reflector until you can slide the reflector over the seat post.
- Once the reflector is on the seat post, insert the seat post back into the seat tube.
- Position the reflector so that it is perpendicular to the ground, and move it up on the seat post until it can be seen above the tire when viewing the bike from the rear (Figure 11).
- Remove the seat post from the seat tube.

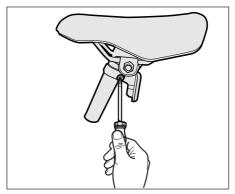


Figure 11

Step 7: Installing the seat

- Add some white grease to the inside of the seat tube, and slide the seat post into the bicycle.
- Make sure that the minimum insertion mark is completely covered and that the seat is pointing forward in alignment with the bicycle (Figures 12 & 13).

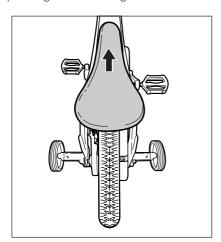


Figure 12

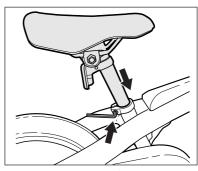


Figure 13

Testing Handlebar and Stem Tightness (after complete assembly).

To test the tightness of the stem, straddle the front wheel between your legs tightly (Figure 14). Try to turn the handlebar back and forth. The handlebar should not slip or move independently of the front wheel at all. If the handlebar does move, re-align the stem with the front wheel and tighten the stem bolt. Re-test to make sure the stem is secure with the same process.

To test the tightness of the handlebar, hold the bike stationary and try to rotate the ends of the handlebar up and down or move the bar forward and back. If the handlebar moves, loosen the handlebar clamp nut or bolts evenly to re-position and then re-tighten. Repeat the test until the bars will not move.

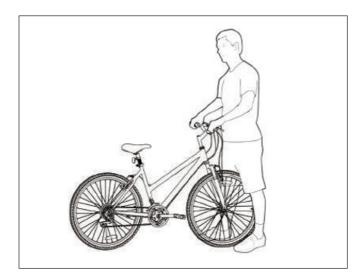
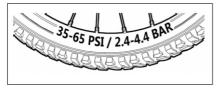


Figure 14

Step 8: Inflating the tires

Use a hand pump, foot pump, or floor pump to properly inflate the tires. The maximum inflation (PSI) is shown on each tire sidewall (Figure 15). If your pump does not have a built in gauge, use a separate pressure gauge to ensure the tires are inflated to the correct pressure.



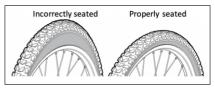


Figure 15 Figure 16



WARNING: Tires must be properly inflated before riding. Never exceed the maximum pressure (PSI) that is listed on the side of the tire.



WARNING: Be sure to check that the edge (beads) of both tires are evenly seated the entire way around on both sides of the tire. Failure to do so may result in the tire coming off of the rim, the tube popping (Figure 16), and a loss of control of the bicycle, causing injury or even death.

Recommended Tire Pressures

The recommended pressure molded on the sidewall of your bicycle tires should match the figures below. Use this as a general guide.

BMX- 35 - 50 psi Mountain Bike - 40 - 65 psi Road Touring - 70 - 90 psi Hybrid/Crossbike - 60 - 100 psi Road Racing - 110 - 125 psi

Step 9: Installing front reflector

Attach the white reflector to the front reflector bracket and secure to the fork or handlebar using the hardware provided.

Step 10: Installing training wheels

Remove the nut and attach the training wheels to the bike. Use the multi-function wrench to re-install and tighten the previously removed nut (Figure 17).

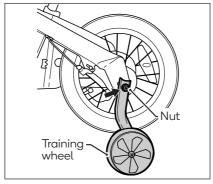


Figure 17

OPERATION

It's important to your enjoyment and safety to understand how things work on your new bicycle. Even if you're an experienced cyclist, don't assume that the way things work on your new bike is the same as how they work on older bikes. Be sure to read and to understand this section . If you have even the slightest doubt as to whether you understand something, talk to your local bicycle specialist or contact Kogan.com for support.

Removing and Installing Bolt-on Wheels

Removing Bolt-on Front Wheel:

- 1. Open up the brake shoes.
- 2. With a 15mm box wrench or a 6 inch adjustable wrench, loosen the 2 axle nuts.
- 3. If your front fork has a clip-on type secondary retention device, disengage it and go to Step 4. If your front fork has an integral secondary retention device, loosen the axle nuts about six full turns; then go to Step 4.
- 4. Raise the front wheel a few inches off the ground and tap the top of the wheel with the palm of your hand to knock the wheel out of the fork ends.

Installing a Bolt-On Front Wheel:

- With the steering fork facing forward, insert the wheel between the fork blades so that
 the axle sits firmly at the top of the slots which are at the tips of the fork blades. The
 axle nut washers should be on the outside, between the fork blade and the axle nut. If
 your bike has a clip-on type secondary retention device, engage it.
- 2. While pushing the wheel firmly to the top of the slots in the fork dropouts, and at the same time centering the wheel rim in the fork, use a 6inch adjustable wrench or a 15mm box wrench to tighten the axle nuts securely.
- Close the brake shoes; then spin the wheel to make sure that it is centered in the frame and clears the brake shoes.

Removing a Bolt-On Rear Wheel:

- 1. Open the rear brake shoes.
- 2. Shift the rear derailleur to high gear (the smallest rear sprocket) and pull the derailleur body back with your right hand.
- 3. With a 15mm box wrench or a six inch adjustable wrench, loosen the 2 axle nuts.
- 4. Lift the rear wheel off the ground a few inches, and with the derailleur still pulled back, push the wheel forward and down until it comes out of the rear dropouts.

Installing a Bolt-On Rear Wheel:

- 1. Shift the rear derailleur to its outermost position and pull the derailleur body back with your right hand.
- 2. Put the chain onto the smallest sprocket. Then, insert the wheel into the frame dropouts and pull it all the way into the dropouts. The axle nut washers should not be on the outside, between the frame and the axle nuts.
- 3. Tighten the axle nuts securely, using a 6 inch adjustable wrench or a 15mm box wrench.
- 4. Push the rear derailleur back into position.
- 5. Close the brake; then spin the wheel to make sure that it is centered in the frame and clears the brake shoes.

Seatpost Quick Release

Many bikes are equipped with quick-release seat post binders. While a quick release looks like a long bolt with a lever on one end and a nut on the other, in fact the quick release uses a cam action to firmly clamp the seat post.

Adjusting the Quick Release Mechanism:

The action of the quick release cam squeezes the seat collar around the seat post to hold the seat post securely in place. The amount of clamping force is controlled by the tension adjusting nut. Turning the tension adjusting nut clockwise while keeping the cam lever from rotating increases clamping force; turning it counterclockwise while keeping the cam lever from rotating reduces clamping force. Less than half a turn of the tension adjusting nut can make the difference between safe clamping force and unsafe clamping force.



CAUTION: The full force of the cam action is needed to clamp the seatpost securely. Holding the nut with one hand and turning the lever like a wing nut with the other hand until everything is as tight as you can get it will not clamp the seatpost safely.



CAUTION: If you can fully close the quick release without wrapping your fingers around the seat post for leverage, and the lever does not leave a clear imprint in the palm of your hand, the tension is insufficient. Open the lever; turn the tension adjusting nut clockwise a quarter turn; then try again.

Brakes Adjustment

For most effective braking, use both brakes and apply them simultaneously.

It is important for you to know which brake lever controls which brake on your bike. Ensure that your hands can reach and squeeze the brake levers comfortably.

The braking action of a bicycle is a function of the friction between the brake surfaces - usually the brake shoes and the wheel rim. To make sure that you have maximum friction available, keep your wheel rims and brake shoes clean and free of lubricants, waxes or polishes.

Progressive Brake Modulation

Brakes are designed to control the speed and to stop the bike. Maximum braking force for each wheel occurs at the point just before the wheel stops rotating and starts to skid. Once the tire skids, you lose most of the stopping force and all directional control.

You need to practice slowing and stopping smoothly without locking up the wheel. The technique is called progressive brake modulation. Instead of jerking the brake lever to the position where you think you will generate appropriate braking force, squeeze the lever, progressively increasing the braking force. If you feel the wheel begin to lock up, release pressure just a little to keep the wheel rotating just short of lockup.

It is important to develop a feel for the amount of brake lever pressure required for each wheel at different speeds and on different surfaces. To understand this, experiment by walking your bike and applying different amounts of pressure to each brake lever, until the wheel locks.



CAUTION: Some bicycle brakes, such as linear-pull and disk brakes, are extremely powerful. You should take extra care in becoming familiar with these brakes and exercise particular care when using them. Applying these brakes too hard or too suddenly can lock up a wheel, which could cause you to lose control and fall.



CAUTION: Sudden or excessive application of the front brake may pitch the rider over the handlebars, causing serious injury or death.

Applying Brakes

When you apply one or both brakes, the bike begins to slow, but your body wants to continue at the speed at which it was going. This causes a transfer of weight to the front wheel, or, under heavy braking, around the front wheel hub, which could harm you.

A wheel with more weight on it will accept greater brake pressure before lockup; a wheel with less weight will lock up with less brake pressure.

Do the following as you apply brakes and your weight shifts forward:

- Shift your body toward the rear of the bike, to transfer weight back onto the rear wheel;
- At the same time, decrease rear braking and increase front braking force.
- This is important on steep descents, because descents shift weight forward.

The key to effective speed control and safe stopping are controlling wheel lockup and weight transfer. Practice braking and weight transfer techniques where there is no traffic or other hazards and distractions.

Everything changes when you ride on loose surfaces or in wet weather. Tire adhesion reduces, so the wheels have less cornering and braking traction and can lock up with less brake force. Moisture or dirt on the brake shoes reduces their ability to grip. The way to maintain control on loose or wet surfaces is to go more slowly.

Adjusting Brakes

If either brake lever on your bike fails the Mechanical Safety Check you can restore brake lever travel by turning the brake cable adjusting barrel counterclockwise, then lock the adjustment in by turning the barrel's lock nut clockwise as far as it will go. If the lever still fails the Mechanical Safety Check, or if you have any question about whether your brakes are working properly have your brakes checked by a bicycle specialist or contact Kogan.com for support.



CAUTION: The brake cable adjusting barrels are for minor adjustments only. For major adjustments, see the "Step 9: Brakes" in the Assembly section of this user guide.

MAINTENANCE

Lubrication

Lubrication should be performed by a qualified bicycle mechanic for the parts to be disassembled. The information provided in this user guide about the service is for only those who are comfortable doing the maintenance.

The following are examples of the type of service you should perform yourself. All other service, maintenance and repair should be performed in a properly equipped facility by a qualified bicycle mechanic using the correct tools and procedures.

Break-in Period:

Your bike will last longer and work better if you break it in before riding it hard. Control cables and wheel spokes may stretch or "seat" when a new bike is first used and may require readjustment by your local bicycle repair shop. The Safety Checklist section of this user guide will help you identify the things that need readjustment.

After every long or hard ride:

if the bike has been exposed to water or grit; or at least every 160km: Clean the bike and lightly lubricate the chain's rollers with a good quality bicycle chain lubricant. Wipe off excess lubricant with a lint free cloth. Lubrication is a function of climate. Talk to your local bicycle shop about the best lubricants and the recommended lubrication frequency for your area. Avoid contaminating the rims with lubricant!

After every long or hard ride or after every 10 to 20 hours of riding:

- Squeeze the front brake and rock the bike forward and back. Everything feel solid? If
 you feel a clunk with each forward or backward movement of the bike, you probably
 have a loose headset. Have your local bike shop check it.
- Lift the front wheel off the ground and swing it from side to side. Feel smooth? If you feel any binding or roughness in the steering, you may have a tight headset. Have your local bike shop check it.
- Grab one pedal and rock it toward and away from the centerline of the bike; then do the same with the other pedal. Anything feel loose? If so, have your local bike shop check it.
- Take a look at the brake pads. Starting to look worn or not hitting the wheel rim squarely? Time to have the local bike shop adjust or replace them.
- Carefully check the control cables and cable housings. Look if any rust, kinks, or fraying has occurred and if so, have your local bike shop replace them.
- Squeeze each adjoining pair of spokes on either side of each wheel between your thumb and index finger. Do they all feel the same? If any feel loose, have your local bike shop check the wheel for tension and trueness.
- Check the tires for excess wear, cuts or bruises. Have your local bike shop replace them if necessary.
- Check the wheel rims for excess wear, dings or dents and scratches. Consult your local bike shop if you see any rim damage.
- Check to make sure that all parts and accessories are still secure, and tighten any
 which are not, including but not limited to pedals, crank arms, chains, seat post, and
 handlebars.
- Check the frame, particularly in the area around all tube joints; the handlebars; the stem; and the seat post for any deep scratches, cranks or discoloration. These can be signs of stress-caused fatigue and indicate that a part is at the end of it's useful life and needs to be replaced.

Service Checklist:

Frequency	Component	Lubricant	How to Lubricate
Weekly	ChainDerailleur wheelsDerailleurBrake callipersBrake levers	Chain lube or light oilChain lube or light oilOilOilOil	 Brush or squirt on Brush or squirt on Oil can 3 drops from oil can 3 drops from oil can
Monthly	Shift levers	Lithium based grease	Disassemble
6 Monthly	FreewheelBrake callipers	Oil Lithium based grease	2 drops from oil canDisassemble
Yearly	Bottom bracketPedalsDerailleur cablesWheel bearingsHeadsetSeat pillar	 Lithium based grease 	 Disassemble Disassemble Disassemble Disassemble Disassemble Disassemble

Note:

The frequency of maintenance should increase with lots of usage and use in wet or dusty conditions. Do not over lubricate - remove excess lube to prevent dirt build up. Never use a degreaser to lubricate your chain.



WARNING: Like any mechanical device, a bicycle and its components are subject to wear and stress. Different materials and mechanisms wear or fatigue from stress at different rates and have different life cycles. If a component's life cycle is exceeded, the component can suddenly and catastrophically fail, causing serious injury or death to the rider. Signs of stress - caused fatigue indicate that a part is at the end of it's useful life and needs to be replaced.

TROUBLESHOOTING

Gears/Chain:

Problem	Component	Lubricant
Gear shifts not working properly.	 Derailleur cables sticking or stretched or damaged. Front or rear derailleur not adjusted properly. Indexed shifting not adjusted properly 	Lubricated, tighten, or replace cables.Adjust derailleurs.Adjust indexing.
Slipping chain.	 Excessively worn/chipped chain ring or freewheel sprocket teeth. Chain worn/stretched. Stiff link in chain. Non-compatible chain, chain ring or freewheel. 	 Replace chain ring, sprockets and chain. Replace chain. Lubricate or replace link. Seek advice at bicycle shop.
Chain jumping off freewheel sprocket or chain ring	 Chain ring out of true. Chain ring loose. Chain ring teeth bent or broken. Rear or front derailleur sideto-side travel out of adjustment. 	 Re-align if possible or replace. Tighten mounting bolts. Repair or replace chain ring /set. Adjust derailleur travel.

Pedals:

Problem	Cause	Solution
Constant clicking noises when pedalling.	 Stiff chain link Loose pedal axle or bearing. Loose bottom bracket axle or bearings. Bent bottom bracket bearings too tight. Loose crankset. 	 Lubricated chain or adjust chain link. Adjust bearings or axle nut. Adjust bottom bracket. Replace bottom bracket axle or pedals. Tighten crank bolts.
Grinding noise when pedalling.	 Pedal bearings too tight. Bottom bracket bearings too tight. Chain fouling derailleurs. Derailleur jockey wheels dirty or binding. 	 Adjust bearings. Adjust bearings. Adjust chain line. Clean and lubricate jockey wheels.
Freewheel does not rotate.	Freewheel internal pawl pins are jammed.	Lubricate, if problem persists, replace freewheel.

Brakes:

Problem	Cause	Solution
Brakes not working effectively.	 Brakes blocks worn down. Brakes blocks/rim greasy, wet or dirty. Brake cables are binding, stretched or damaged. Brake levers are binding. Brakes out of adjustment. 	 Replace brake blocks. Clean blocks and rim. Clean, adjust or replace cables. Adjust brake levers. Centre brakes.
When applying the brakes they squeal/squeak.	 Brake blocks worn down. Brake block toe-in incorrect. Brake blocks/rim dirty or wet. Brake arms loose. 	Replace blocks.Correct block toe-in.Clean blocks and rim.Tighten mounting bolts.
Knocking or shuddering when applying brakes.	 Bulge in the rim or rim out of true. Brake mounting bolts loose. Brakes out of adjustment. Fork loose in head tube. 	 True wheel or take to bike shop. Tighten bolts. Centre brakes and/or adjust brake block toe-in. Tighten headset.

Wheels/Tires:

Problem	Cause	Solution
Wobbling wheel.	 Axle broken. Wheel out of true. Hub comes loose. Headset binding. Hub bearings collapsed. Quick release mechanism loose. 	 Replace axle. True wheel. Adjust hub bearings. Adjust headset. Replace bearings. Adjust QR mechanism.
Steering not accurate.	 Wheels not aligned in frame. Headset loose or binding. Front forks or frame bent. Stem wedge bolt not tight. 	 Align wheels correctly. Adjust/tighten handset. Take bike to a bike shop for possible frame realignment. Tighten stem bolt until stem and fork are unified, Use the "between the knee" test and if loose, tighten stem bolt until it passes test.
Frequent punctures.	 Inner tube old or faulty. Tire tread/casing worn. Tire unsuited to rim. Tire not checked after previous puncture. Tire pressure too low. Spoke protruding into rim. 	 Replace inner tube. Replace tire. Replace with correct tire. Remove sharp object embedded in tire. Correct tire pressure. File down spikes.

NOTES



Need more information?

We hope that this user guide has given you the assistance needed for a simple set-up. For the most up-to-date guide for your product, as well as any additional assistance you may require, head online to **help.kogan.com**

