

USER MANUAL MAXCOM FW58 VANAD PRO

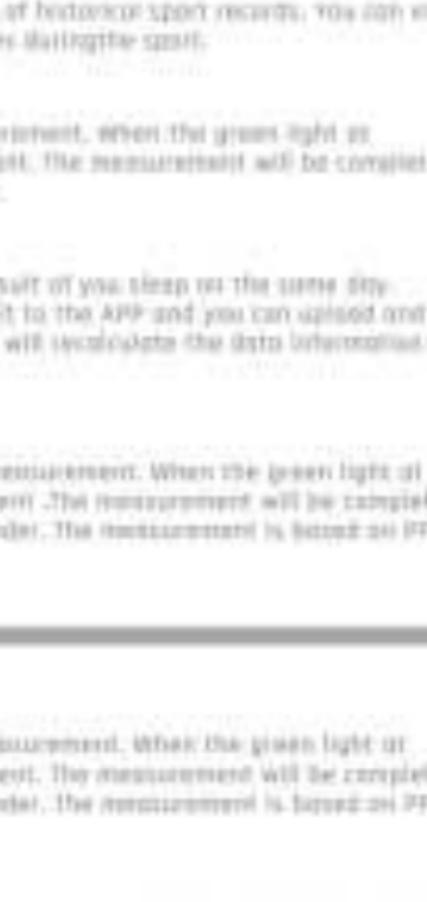
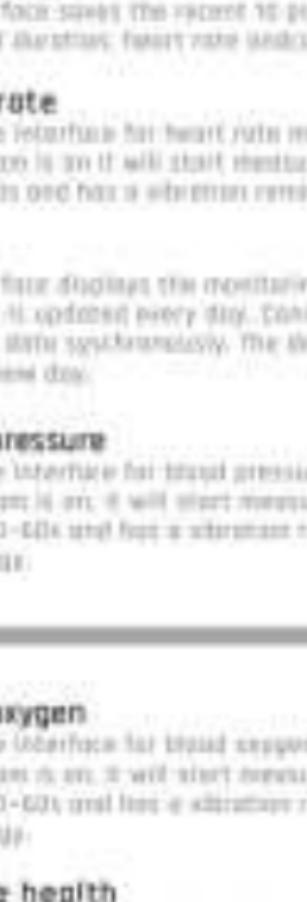


WATCH CHARGING AND ACTIVATION

Align and fit the wireless charger with the back of the watch until the charging contact appears on the watch screen.



WATCH APPEARANCE

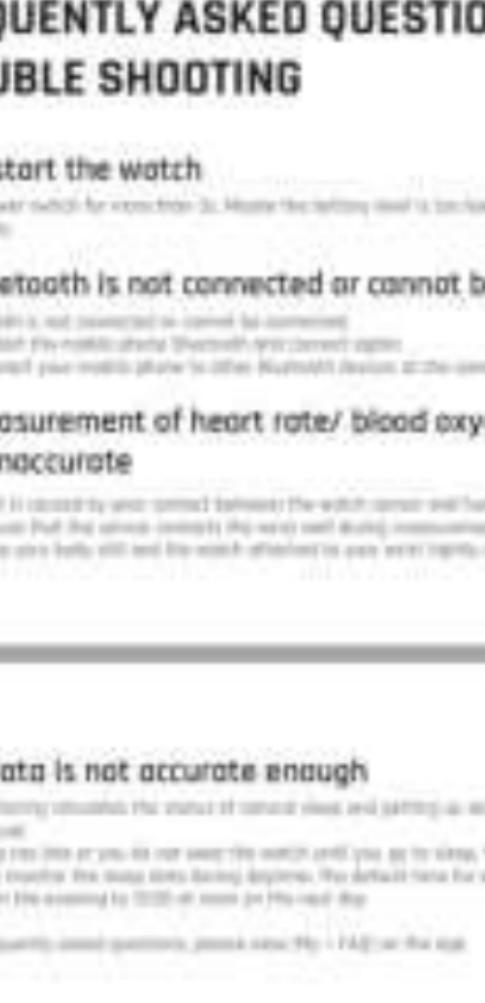


MOBILE PHONE CLIENT DOWNLOAD

Scan the QR code below to download and install the mobile phone client.



CONNECT THE SMART WATCH



TOUCHSCREEN



FUNCTIONS INTRODUCTION

Dial switch

Long press for 2s on the home screen to enter the dial switch interface. Slide right and left to switch the dial for selection and click to select the dial.

Control center

Function overview: GPS (GPS, Net Glonass), screen brightness settings, find phone, power saving mode, system information.

Movement data

It displays the number of steps, distance and calories on the same day. You can set a goal on the APP, including steps, distance and calories.

Sports

Customize the sport patterns: walking, running, cycling, mountain climbing, swimming, yoga, motorcycle racing, basketball, etc.

Sport record

The interface saves the recent 10 pieces of historical sport records. You can view the sport duration, factory rate and calories during the sport.

Heart rate

Enter the interface for heart rate measurement. When the green light at the bottom is on, it will start measurement. The measurement will be completed within 40s and has a vibration reminder.

Sleep

The interface displays the monitoring result of your sleep on the same day. The data is updated every day. Connect it to the APP and you can update and save the data synchronously. The device will calculate the data difference for the next day.

Blood pressure

Enter the interface for blood pressure measurement. When the green light at the bottom is on, it will start measurement. The measurement will be completed within 30-60s and has a vibration reminder. The measurement is based on PPG technology.

Blood oxygen

Enter the interface for blood oxygen measurement. When the green light at the bottom is on, it will start measurement. The measurement will be completed within 30-60s and has a vibration reminder. The measurement is based on PPG technology.

Female health

Keep the watch connected to the APP. You can control the pause and start of the mobile phone music player, volume adjustment and song switching.

Music

Keep the watch connected to the APP. You can control the pause and start of the mobile phone music player, volume adjustment and song switching.

Weather

After you connect your watch with the APP and open the location permission, the weather interface will display the real-time temperature and weather type for the next day.

Alarm clock

Keep the watch connected to the APP. You can set a single alarm clock or 10 cyclic alarm clocks. You can set up to 8 alarm clocks.

Stopwatch

Click the start button for the stopwatch to start. Click the pause button to pause the stopwatch. Click the reset button to zero the stopwatch. It can save up to 30 pieces of data.

Timer

As for the timer function, user may start quick timing through the system by pressing time at the user defined button to set the time. Click the start button for the timing to start. Click the pause button to stop the timing. Click the reset button to zero the timing.

Information

Open Information push on the APP and the watch can receive the corresponding messages. It can save up to the last 20 messages.

Find my phone

Keep the watch connected to the APP and click 'Find my phone', the bell rings on your mobile phone and the watch shows that you have successfully found your mobile phone. If the watch is not connected to the APP, the watch will indicate that it is not connected.

Settings

Setting function includes screen display (display switch, duration of screen brightening, brightness control, duration of screen brightening through tapping), language, vibration strength, menu style, battery, QR code and system settings.

Breath training

During breath training, there are 1 minute and 2 minutes options. User clicks the corresponding duration for breathing training. After clicking to start, follow the icon to zoom in and rotate, start and rotate.

Drinking reminder

You can open this function through [device > drinking reminder] on the APP. After it is opened, you can set the start time, end time and the period for "Do not disturb".

Sedentary reminder

You can open this function through [device > sedentary reminder] on the APP. After it is opened, you can set the start time, end time and the period for "Do not disturb".

SPECIFICATION

Dimensions: 48*41*11 (mm)
Weight: 60g
Band: silicon band
BT: 4.2+EDR
Display: 1.3" AMOLED
Memory: RAM: 152KB + ROM: 256KB + 128MB Nor Flash
Waterproof: IP68
Battery: 200mAh

*The maximum radio frequency radiated in the range 2402-2480MHz

FREQUENTLY ASKED QUESTIONS AND TROUBLE SHOOTING

Fail to start the watch

Please turn the power switch for more than 30s. Make the setting need to be done. Never change the battery freely.

The Bluetooth is not connected or cannot be connected

1. The Bluetooth is not connected or cannot be connected.

2. Please restart the mobile phone Bluetooth connection again.

3. Please make sure your mobile phone Bluetooth version is the same time.

The measurement of heart rate/ blood oxygen

1. Generally, it is necessary that connect between the watch sensor and human body.

2. Please make sure the sensor correctly dig your wrist during measurement.

3. Please make sure the data lines during response. The default time for stops monitoring is from 30s to 100s of seconds for PPG technology.

Sleep data is not accurate enough

1. Please remember attention the status of human sleep and setting up and you should repeat it once.

2. If you sleep less than 10 hours or you do not wear the watch and you go to sleep, there may be some errors.

3. If you do not measure the data lines during response. The default time for stops monitoring is from 30s to 100s of seconds for PPG technology.

Please answer frequently asked questions, please visit [http://www.maxcom.com](#)

BLUETOOTH DATA TRANSMISSION

When connected to a mobile phone, the device will synchronize some data with the mobile phone through Bluetooth in time, including weather, notification messages, sports health data, etc. The data will not be synchronized when the connection is dropped or Bluetooth is turned off.

Notice:

1. Do not store in a formal and severe environment.

2. Please regularly clean the back of the watch and the surface of the sensor, charge with a clean cloth to ensure the watch and the sensor surface are free from dust to affect the performance.

3. The product is not equipped with a power adapter. In order to protect the safety of family members and property, you can use the computer USB interface or choose a power adapter with an output of no more than 5V/2A and less than 100mA. Please use a power adapter that meets the relevant regulations, and avoid using mobile phones to charge.

PRECAUTIONS

1. The measurement results of this product are only for monitoring exercise, and are not used for any medical purpose or basis. Please follow the doctor's instructions. Do not self-diagnose and treat with this measurement result.

2. The waterproof level of this product is IP68, and it cannot be used for diving / swimming or soaking in water for a long time. In addition, this product cannot be used in hot water / sauna environment, because water vapor will cause damage to the equipment.

3. The company reserves the right to modify the contents of this manual without prior notice. Some functions are different in the corresponding software version, which is normal.

FIND YOUR USER MANUAL LANGUAGE

SIMPLIFIED EU DECLARATION OF CONFORMITY

MAXCOM SA hereby declares that the radio equipment type FW58 is in compliance with Directive 2014/53/EU, 2011/65/EU. The full text of the EU declaration of conformity is available on the following internet address:

www.maxcom.com/declaration/23-declaration

INFORMATION ON ENVIRONMENTAL PROTECTION

NOTE: THIS EQUIPMENT SHOULD NOT BE THROWN AWAY FROM THIS EQUIPMENT WITH MUNICIPAL WASTE!

The product should be used by selective collection in prepared points. Proper handling WEEE contributes to avoid consequences harmful to human health and the environment resulting from the presence of hazardous elements, as well as improper storage and processing of such equipment.

The device contains a Li-ion battery. Batteries that are worn out are harmful to the environment, they should be stored specifically at the point intended for this purpose. In a suitable container, in accordance with applicable regulations.

Batteries and accumulators must not be disposed of with the waste municipalities, take them to the collection point.

CAUTION: DO NOT DISCONNECT THE BATTERY NOR THROW BATTERIES INTO FIRE

Manufacturer and Distributor:

MAXCOM SA,

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Poland

CE

RoHS

Compliant

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