



**Brookstone®**

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Tranquil Moments® Pro  
Sleep System

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## IMPORTANT SAFETY INSTRUCTIONS

All of the safety and operating instructions should be read, adhered to and followed before the unit is operated.

**WARNING:** LONG-TERM EXPOSURE TO LOUD SOUNDS MAY CAUSE HEARING DAMAGE. IT IS BEST TO AVOID EXTREME VOLUME WHEN USING THIS PRODUCT, ESPECIALLY FOR EXTENDED PERIODS.

### RECOMMENDATIONS FOR USE:

- If being used in a room with an infant, place the device as far away from infant as possible and never in the crib or on a crib rail.
- Always start with the lowest volume setting and adjust as needed.
- Limit the duration of continuous noise by using timed shut-off or turn off device after infant falls asleep.

Please note this content is provided for reference purposes only. It is not intended to substitute for advice given by a licensed healthcare professional.

## WARNING

- Please keep packaging and instructions since they contain important information.
- Close supervision is necessary when this unit is used by or near children or mentally disabled individuals.
- When an AC adapter is plugged into an electrical outlet, do not touch exposed end.
- Use this unit only for its intended use as described in this manual.
- The unit should be situated away from direct sunlight or heat sources such as radiators, electric heaters, heat registers, stoves or other units that produce heat.
- This product is not a toy. Do not allow children to play with it.

## CAUTION

- The Tranquil Moments® Pro Sleep System is for indoor use only.
- The Tranquil Moments Pro Sleep System is not waterproof. Do not spray or pour liquid on it, and do not immerse it in liquid.

## POWER ADAPTER PRECAUTIONS

1. Never use extension cords with an AC Adapter. Only use the AC Adapter provided.
2. Only use the power adapter provided. Do not use other power adapters as this may damage the device.
3. Do not touch the plug contacts with sharp or metal objects.
4. Do not spray or pour liquid on the unit, and do not immerse it in liquid.
5. The AC/DC adapter which provides disconnection from main supply shall remain readily operable. Unplug this product when unused for long periods of time.
6. Heed all warnings.
7. Follow all instructions.
8. Do not block any ventilation openings. Do not place on sofas, cushions, beds, etc. which may block ventilation. Install in accordance with the manufacturer's instructions.
9. Do not install near any heat radiators, heat stoves or other products (including amplifiers) that produce heat.
10. Unplug this product during lightning storms or when unused for long periods of time.
11. **WARNING:** To reduce the risk of fire or electric shock, do not expose this product to rain or moisture, and objects filled with liquids, such as vases, should not be placed on this product. This product is designed for indoor use only. Do not expose the product to outside temperatures below 5°C or above

40°C as the product could be damaged. Avoid placing the product near a source of heat or exposing it to sunlight (even through a window). Similarly, excessively low temperatures and humidity could damage the device.

## BATTERY PRECAUTIONS

1. Dispose of the old batteries properly. Do not dispose of the old batteries in a fire.
2. Do not leave the batteries where a child or pet could play with or swallow them. If the batteries are swallowed, contact a physician immediately.
3. The batteries may explode if mistreated. Do not attempt to recharge or disassemble the batteries.
4. Use only fresh batteries of the required size and type.
5. Batteries (battery pack or batteries installed) shall not be exposed to excessive heat such as sunshine, fire or the like.

## CAUTION

- Danger of explosion of battery is incorrectly replaced.
- Replace only with the same or equivalent type.

## FCC INFORMATION

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- 1) This device may not cause harmful interference.
- 2) This device must accept any interference received including interference that may cause undesired operation.

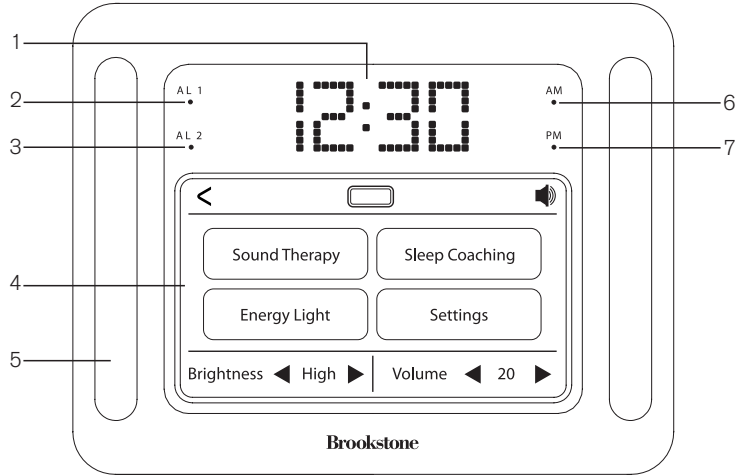
**WARNING:** Changes or modifications to this unit not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

**Note:** This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This unit generates, uses and can radiate radio frequency energy and if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try and correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment to an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

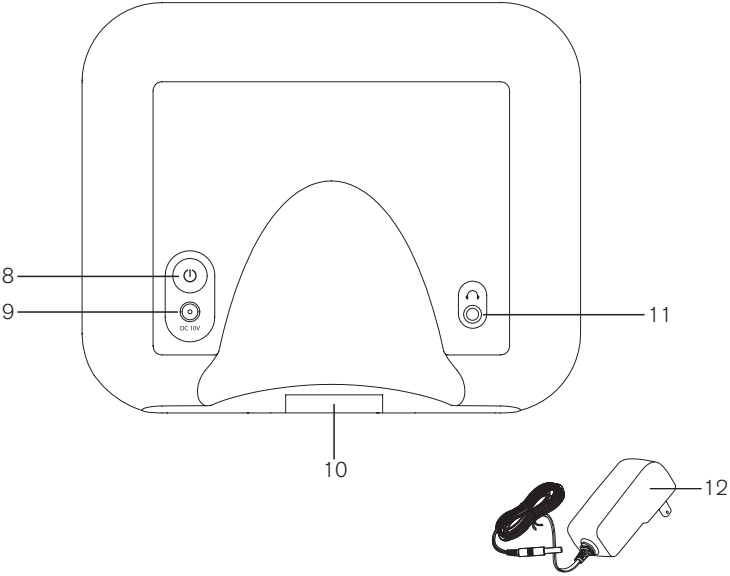
# LOCATION OF PARTS AND CONTROLS

1. Clock
2. Alarm 1 LED Indicator
3. Alarm 2 LED Indicator
4. Home Screen
5. Energy Light/Wake Up Light (2)
6. AM LED Indicator
7. PM LED Indicator



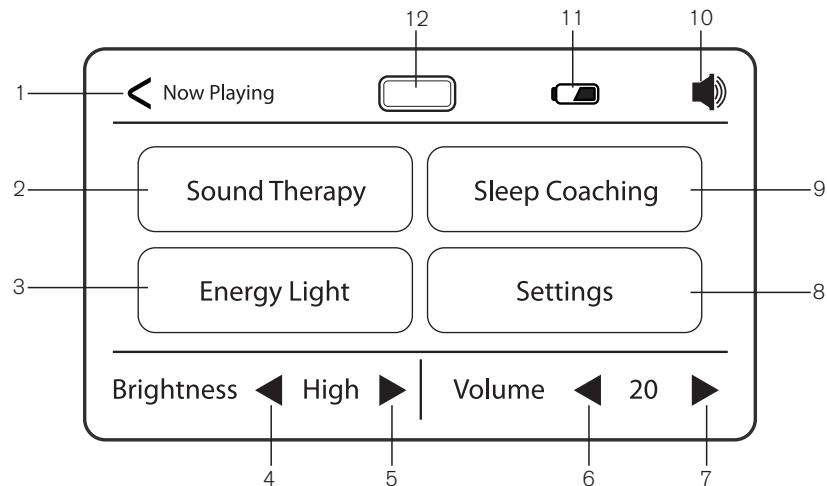
# LOCATION OF PARTS AND CONTROLS

8. Power Button
9. DC In Port
10. Back-Up Battery Compartment
11. Headphone Jack
12. AC Adapter



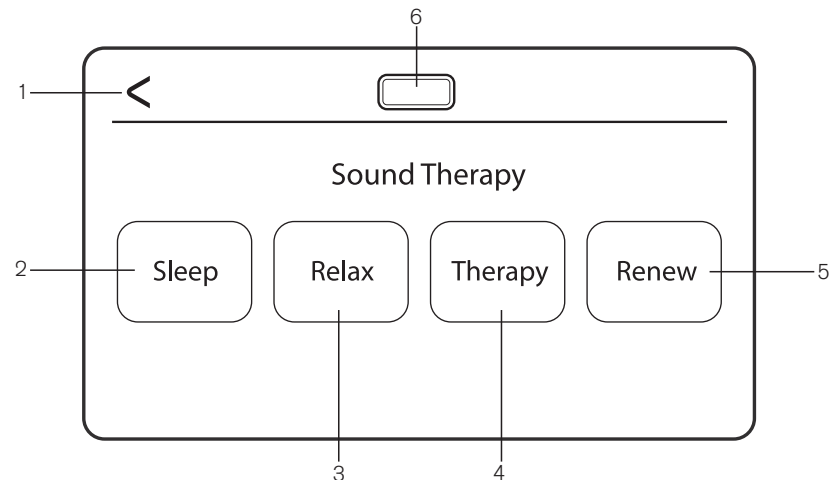
## HOME SCREEN

1. Return to Audio Screen
2. Access Sound Therapy
3. Access Energy Light
4. Decrease Screen Brightness
5. Increase Screen Brightness
6. Decrease Volume
7. Increase Volume
8. Access Settings
9. Access Sleep Coaching
10. Mute/Unmute Audio
11. Low Battery Indicator
12. Turn Screen Off



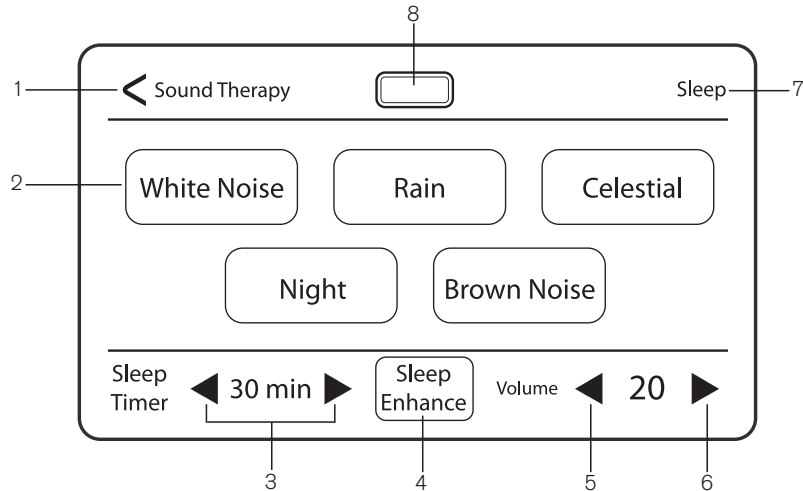
## SOUND THERAPY CATEGORIES SCREEN

1. Return to Home Screen
2. Access Sleep Sounds
3. Access Relax Sounds
4. Access Therapy Sounds
5. Access Renew Sounds
6. Turn Screen Off



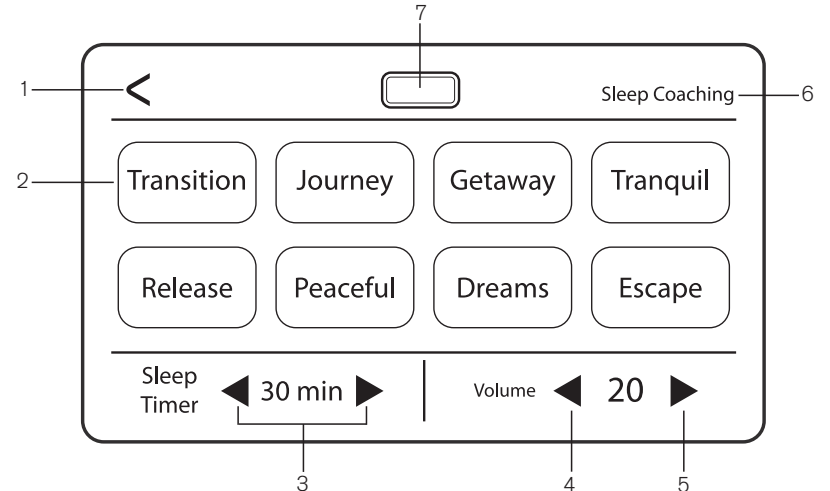
## SOUND THERAPY SCREEN

1. Return to Sound Therapy Screen
2. Select Sleep Sound
3. Select Sleep Timer
4. Turn Sleep Enhance On/Off
5. Decrease Volume
6. Increase Volume
7. Current Sleep Sound Category
8. Turn Screen Off



## SLEEP COACHING SCREEN

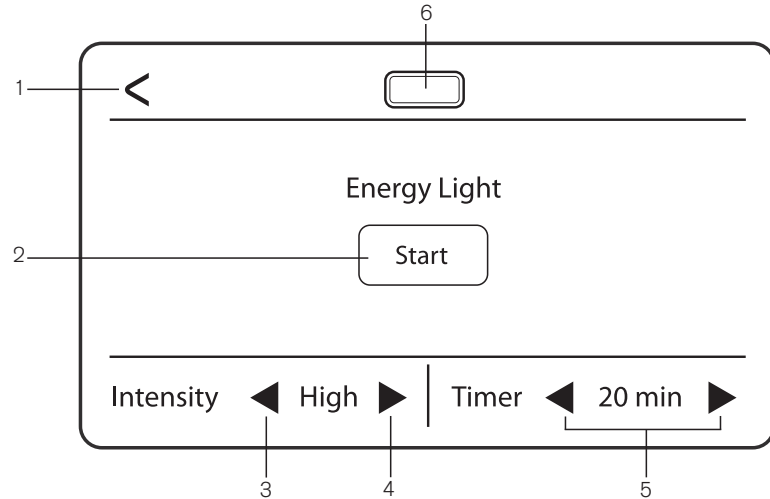
1. Return to Home Screen
2. Select Sleep Coaching Session
3. Select Sleep Timer
4. Decrease Volume
5. Increase Volume
6. Current Category
7. Turn Screen Off





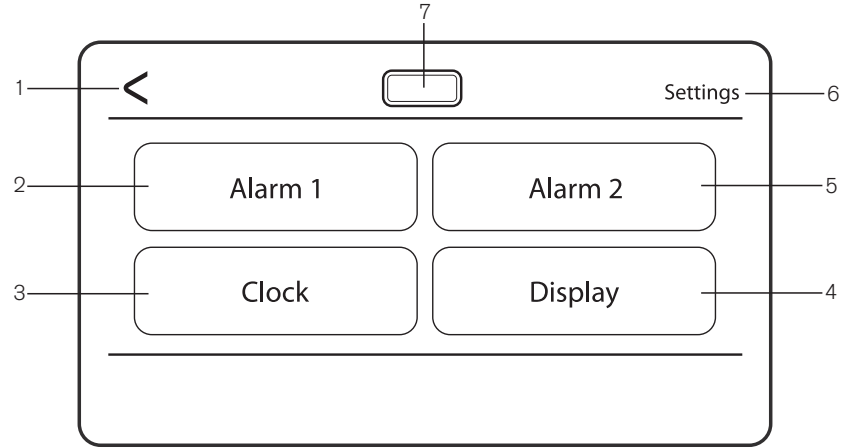
## ENERGY LIGHT SCREEN

1. Return to Home Screen
2. Start Energy Light
3. Decrease Energy Light Intensity
4. Increase Energy Light Intensity
5. Select Energy Light Timer
6. Turn Screen Off



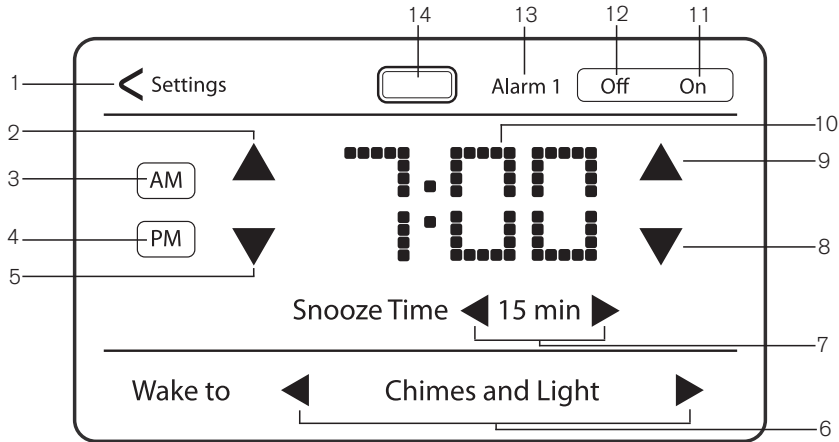
## SETTINGS SCREEN

1. Return to Home Screen
2. Access Alarm 1 Settings
3. Access Clock Settings
4. Access Display Settings
5. Access Alarm 2 Settings
6. Current Category
7. Turn Screen Off



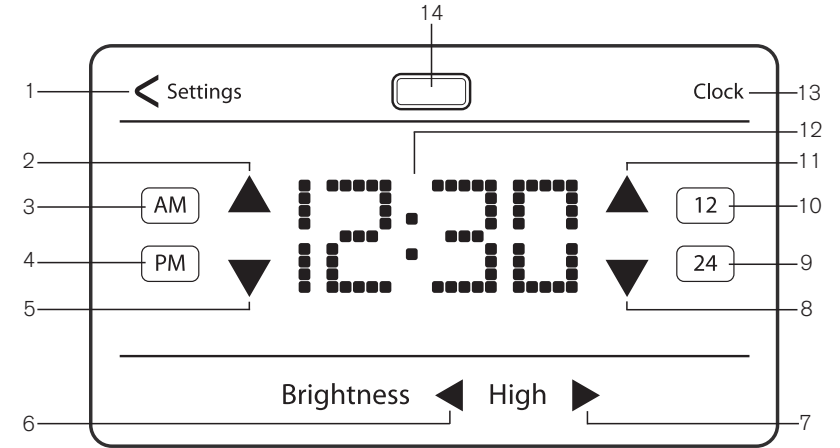
## SET ALARM SCREEN

- |                              |                           |
|------------------------------|---------------------------|
| 1. Return to Settings Screen | 8. Decrease Alarm Minutes |
| 2. Increase Alarm Hour       | 9. Increase Alarm Minutes |
| 3. Select AM Alarm           | 10. Alarm Time            |
| 4. Select PM Alarm           | 11. Activate Alarm        |
| 5. Decrease Alarm Hour       | 12. Deactivate Alarm      |
| 6. Select Alarm Wake To      | 13. Current Setting       |
| 7. Select Alarm Snooze Time  | 14. Turn Screen Off       |



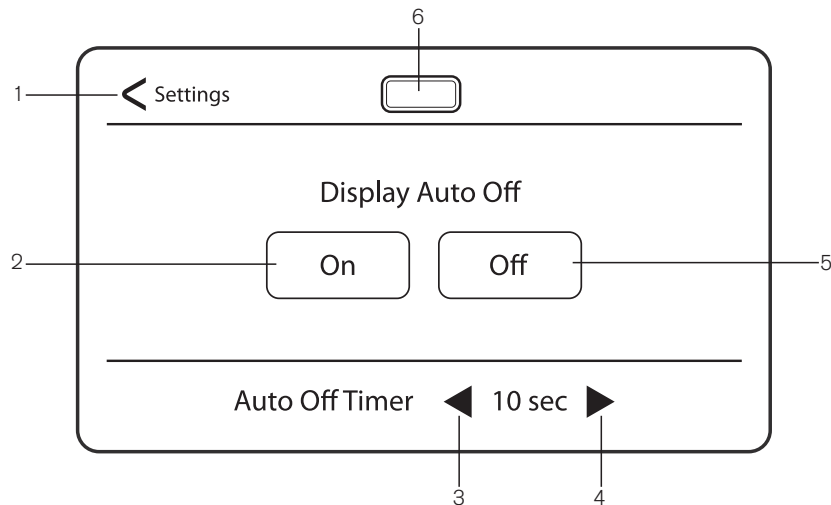
## SET CLOCK SCREEN

- |                              |                                 |
|------------------------------|---------------------------------|
| 1. Return to Settings Screen | 8. Decrease Alarm Minutes       |
| 2. Increase Clock Hour       | 9. Select 24 hour Clock Format  |
| 3. Select AM Clock           | 10. Select 12 hour Clock Format |
| 4. Select PM Clock           | 11. Increase Clock Minutes      |
| 5. Decrease Clock Hour       | 12. Clock Time                  |
| 6. Decrease Clock Brightness | 13. Current Setting             |
| 7. Increase Clock Brightness | 14. Turn Screen Off             |




## DISPLAY SCREEN

1. Return to Home Screen
2. Activate Display Auto Off Setting
3. Decrease Display Auto Off Timer
4. Increase Display Auto Off Timer
5. Deactivate Display Auto Off Setting
6. Turn Screen Off




## SLEEP SYSTEM OPERATION

1. Insert the AC ADAPTER into the DC IN PORT.
2. Plug the AC ADAPTER into a wall outlet.
3. Press the POWER BUTTON to turn the unit on.
4. Tap  to manually turn off the screen at any time. Tap anywhere on the screen to wake the screen.
5. Press the POWER BUTTON to turn the unit off.

## SETTING SCREEN BRIGHTNESS

Tap BRIGHTNESS ◀ and ▶ on the HOME SCREEN to select High, Medium, or Dim for the screen brightness.

## SETTING DISPLAY AUTO OFF

1. Tap SETTINGS on the Home screen.
2. Tap DISPLAY.
3. Tap ON to activate the DISPLAY AUTO OFF SETTING.
4. Tap AUTO OFF TIMER ◀ and ▶ to select 60 seconds, 30 seconds, 10 seconds, or 5 seconds.
5. Tap OFF to deactivate the DISPLAY AUTO OFF SETTING.
6. Tap ◀ to save DISPLAY AUTO OFF SETTINGS and return to the previous screen.
7. Tap  to manually turn off the screen at any time. Tap anywhere on the screen to wake the screen.

## USING SOUND THERAPY

1. Tap SOUND THERAPY on the HOME SCREEN.
2. Tap SLEEP, RELAX, THERAPY or RENEW to access the SLEEP SOUNDS.
3. Tap the SLEEP SOUND to turn the SLEEP SOUND on. Tap the SLEEP SOUND to turn the SLEEP SOUND off.
4. Tap SLEEP TIMER ◀ and ▶ to select 90 minutes, 60 minutes, 30 minutes or Off.
5. Tap VOLUME ◀ to decrease the SLEEP SOUND volume. Tap VOLUME ▶ to increase the SLEEP SOUND volume.
6. Tap < to return to the previous screen.
7. Tap 🔊 on the HOME SCREEN to mute the SLEEP SOUND. Tap 🔊 on the HOME SCREEN to unmute the SLEEP SOUND.
8. Tap VOLUME ◀ and ▶ on the HOME SCREEN increase and decrease the SLEEP SOUND volume.

### Note:

- When the SLEEP TIMER is being used, the SLEEP SOUND will gradually fade and shut off during the last 15 minutes of play time.
- The SLEEP TIMER will be activated the next time a SLEEP SOUND is turned on if the SLEEP TIMER was activated before the SLEEP SOUND turned off.

## USING SLEEP ENHANCEMENT® WITH SOUND THERAPY

Sleep Center research has proven that a gradual slowing of sounds helps promote better sleep and relaxation. When activated, the playback speed of the selected SLEEP SOUND gradually slows down over a 30-minute period. Once the playback speed reaches its slowest point (close to one half of normal speed) at the 30-minute mark, the playback speed will remain at this level until the SLEEP SOUND automatically turns off with the SLEEP TIMER or the SLEEP SOUND is manually turned off.

1. Tap SOUND THERAPY on the HOME SCREEN.
2. Tap SLEEP, RELAX, THERAPY or RENEW to access the SLEEP SOUNDS.
3. Tap SLEEP ENHANCE to turn SLEEP ENHANCE on. Tap SLEEP ENHANCE to turn SLEEP ENHANCE off.

**Note:** SLEEP ENHANCE will be activated the next time the unit is turned on if the SLEEP ENHANCE was activated before the unit turned off.

## USING SLEEP COACHING

1. Tap SLEEP COACHING on the HOME SCREEN.
2. Tap TRANSITION, JOURNEY, GETAWAY, TRANQUIL, RELEASE, PEACEFUL, DREAMS or ESCAPE to start a SLEEP COACHING session.
3. Tap the SLEEP COACHING SESSION to turn the SLEEP COACHING SESSION off.
4. Tap SLEEP TIMER ◀ and ▶ to select 90 minutes, 60 minutes, 30 minutes or Off.
5. Tap VOLUME ◀ to decrease the SLEEP COACHING SESSION volume. Tap VOLUME ▶ to increase the SLEEP COACHING SESSION volume.
6. Tap < to return to the previous screen.
7. Tap 🔊 on the HOME SCREEN to mute the SLEEP COACHING SESSION. Tap 🔊 on the HOME SCREEN to unmute the SLEEP COACHING SESSION.
8. Tap VOLUME ◀ and ▶ on the HOME SCREEN increase and decrease the SLEEP COACHING SESSION volume.

### Note:

- When the SLEEP TIMER is being used, the SLEEP COACHING SESSION will gradually fade and shut off during the last 15 seconds of play time.
- The SLEEP TIMER will be activated the next time a SLEEP COACHING SESSION is turned on if the SLEEP TIMER was activated before the SLEEP COACHING SESSION was turned off.

## USING THE ENERGY LIGHT

1. Tap ENERGY LIGHT on the HOME SCREEN.
2. Tap INTENSITY ◀ and ▶ to select High or Low intensity.
3. Tap TIMER ◀ and ▶ to select 30 minutes, 20 minutes, or 10 minutes.
4. Tap START to turn the ENERGY LIGHT on. Tap STOP to turn the ENERGY LIGHT off.
5. Tap < to return to the previous screen.

## SETTING ALARM 1

1. Tap SETTINGS on the HOME SCREEN.
2. Tap ALARM 1.
3. Tap AM or PM (if using 12 hour clock format).
4. Tap ALARM 1 HOUR ▲ and ▼ to select the hour.
5. Tap ALARM 1 MINUTES ▲ and ▼ to select the minutes.
6. Tap SNOOZE TIME ◀ and ▶ to select 15 minutes, 10 minutes, 5 minutes or Off.
7. Tap WAKE TO ◀ and ▶ to select Alarm Wake To.
8. Tap < to save Alarm 1 settings and return to the previous screen.

### Note:

- After 10 seconds of no screen input, the Alarm 1 settings are saved and the Alarm 1 set screen is exited.
- The LIGHT "Wake To" choice does not allow SNOOZE.

## ACTIVATING AND DEACTIVATING ALARM 1

1. Tap SETTINGS on the Home screen.
2. Tap ALARM 1.
3. Tap ON to activate Alarm 1. The ALARM 1 LED INDICATOR turns on.
4. Tap OFF to deactivate Alarm 1. The ALARM 1 LED INDICATOR turns off.
5. Tap < to save Alarm 1 settings and return to the previous screen.

## SETTING ALARM 2

1. Tap SETTINGS on the HOME SCREEN.
2. Tap ALARM 2.
3. Tap AM or PM (if using 12 hour clock format).
4. Tap ALARM 2 HOUR ▲ and ▼ to select the hour.
5. Tap ALARM 2 MINUTES ▲ and ▼ to select the minutes.
6. Tap SNOOZE TIME ◀ and ▶ to select 15 minutes, 10 minutes, 5 minutes or Off.
7. Tap WAKE TO ◀ and ▶ to select Alarm Wake To.
8. Tap < to save Alarm 2 settings and return to the previous screen.

### Note:

- After 10 seconds of no screen input, the Alarm 2 settings are saved and the Alarm 2 set screen is exited.
- The LIGHT "Wake To" choice does not allow SNOOZE.

## ACTIVATING AND DEACTIVATING ALARM 2

1. Tap SETTINGS on the Home screen.
2. Tap ALARM 2.
3. Tap ON to activate Alarm 2. The ALARM 2 LED INDICATOR turns on.
4. Tap OFF to deactivate Alarm 2. The ALARM 2 LED INDICATOR turns off.
5. Tap < to save Alarm 2 settings and return to the previous screen.

## USING AN ALARM WITH WAKE UP LIGHT

The Wake Up Light will turn on and slowly increase in intensity 20 minutes before the alarm set time when LIGHT, CHIMES AND LIGHT or LIGHT AND SOUND is the Wake To choice.

## USING SNOOZE

1. When an alarm with a SNOOZE setting activates, SNOOZE appears on the screen.
2. Tap SNOOZE to activate the SNOOZE TIME.

## TURNING OFF ALARM 1

1. When an alarm activates, ALARM 1 OFF appears on the screen.
2. Tap ALARM 1 OFF to turn off and deactivate Alarm 1.

## TURNING OFF ALARM 2

1. When an alarm activates, ALARM 2 OFF appears on the screen.
2. Tap ALARM 2 OFF to turn off and deactivate Alarm 2.

## SETTING THE CLOCK

1. Tap SETTINGS on the Home screen.
2. Tap CLOCK.
3. Tap 12 to display time in 12-Hour format.
4. Tap 24 to display time in 24-Hour format.
5. Tap AM or PM (if using 12 hour clock format).
6. Tap CLOCK HOUR ▲ and ▼ to select the hour.
7. Tap BRIGHTNESS ▲ and ▼ to select High, Medium, Low, Dim or Off for the Clock.
8. Tap < to save Clock settings and return to the previous screen.

### Note:

- When Clock brightness is set to Off, waking the screen will turn the Clock and Alarm LEDs on to Low while screen is on.
- The Clock display is red at night to help you relax and blue during the day to help you stay alert.

## INSTALLING THE BACKUP BATTERY

When the backup CR2025 battery (included) is running low, the low battery icon will appear on the display, indicating that the battery should be replaced.

Note: To avoid manually resetting your clock, replace a spent battery while the clock is plugged into an outlet.

1. Remove screw on the door of the BATTERY COMPARTMENT and lift cover.
2. Place 1 new CR2025 button cell battery into the BATTERY COMPARTMENT according to the polarity indicator.
3. Replace the BATTERY COMPARTMENT door and secure screw.

## CARE AND MAINTENANCE

To clean, wipe with a soft, dry cloth.

## SPECIFICATIONS

Power Supply (Input)	AC100-240V, 50/60 Hz, .7A
Power Supply (Output)	DC12V, 1.5A
Total Output	4W
Speaker	1.5", 4 Ohm (x2)
Weight	Approx. 1.63 lbs
Dimensions	7.24"(w)x 3.58" (d) x 6.41" (h)



## TRANQUIL MOMENTS® SOUND THERAPY

This unit advances the state of sound therapy by incorporating scientifically engineered sound programs developed by Dr. Jeffrey Thompson. In his years of practice at the Center for Neuroacoustic Research, Dr. Thompson has helped millions of people sleep better, relax easier and think more effectively.

Dr. Thompson has taken that research and developed seven therapy sounds—SERENITY, UNWIND, CELESTIAL, NIGHT, MEDITATE, FOCUS and REJUVENATE—exclusively for the Tranquil Moments® Pro Sleep System.

This unit also incorporates five authentic digital recordings of our most popular nature sounds—OCEAN, STORM, WHITE NOISE, RAIN and STREAM—that were recorded in the wild by one of the world's foremost nature recorders.

Therapy includes five calming sounds—RELIEVE, SOOTHE, CALM, HARMONY, and WHITE RAIN—designed to help mask ringing in the ears.

These 20 sounds are classified in four SOUND CATEGORIES — Sleep, Relax, Therapy and Renew.

## SLEEP

**WHITE NOISE:** The steady flow of a cascading waterfall is perfect as a natural white noise for masking unwanted background noise. Excellent for sleeping.

**RAIN:** Tranquil rainfall creates a peaceful setting for relaxing. Also effective for masking higher-toned background noise.

**CELESTIAL:** Deep pulsations from string instruments coax your mind into a DELTA brainwave state, thereby encouraging a restful and rejuvenating sleep.

**NIGHT:** A slowed-down chorus of crickets combined with NASA-recorded sounds from Jupiter activate DELTA brainwaves and create a wonderfully calming sleep environment.

**BROWN NOISE:** Consistent low-pitch white noise is ideal for masking outside noises and creating a calm environment for sleep.

## RELAX

**OCEAN SURF:** A calm rhythm of waves and beach sounds to help you relax and sleep.

**STORM:** The soothing sound of distant thunder and gentle rain on a lake. Ideal for relaxation.

**SERENITY:** The calming and delicately slowed sounds of the ancient Indian tamboura and a gentle, rippling stream activate ALPHA brainwave patterns to promote a healthy, enjoyable state of relaxation.

**UNWIND:** A soothing array of musical instruments and slowed natural human body sounds stimulate ALPHA brainwaves to encourage deep relaxation.

**REFLECTION:** A drifting sea of music infused with THETA brainwave patterns promotes a natural and healthy state of reflection.

## THERAPY

Close to 50 million Americans experience a persistent ringing in the ears. Ringing in the ears is particularly bothersome when trying to sleep in a quiet room. Brookstone has worked with Dr. Jeffrey Thompson to create five THERAPY sounds that can help mask the ringing.

The following Tranquil Moments® THERAPY sounds are based on the proven principal of masking tone frequencies. Masking is the introduction of other sounds that completely or partially cover (block out) the ringing. Dr. Thompson developed these proprietary THERAPY sounds as the most advanced approach to masking tone frequencies that anyone has ever attempted with fixed pre-recorded music tracks. Each track has multiple high-range frequencies built right into the music, so they help to mask ringing while being more palatable to listen to during the day or to sleep with at night.

**RELIEVE:** An echoing synthesizer melody includes masking frequencies from 1,000 - 10,000 Hz with multiple peak emphasis areas.

**SOOTHE:** Floating, rhythmic synthesizer music blends with peak masking frequencies from 1,000 - 10,000 Hz.

**CALM:** This wonderfully calming synthesizer music with a gentle stream blends in masking frequencies with peaks between 2,500 and 5,000 Hz.

**HARMONY:** This drifting, delicately rhythmic synthesizer music blends with major masking frequencies from 2,000 - 8,000 Hz with sharp peak emphasis areas at 7,800 Hz, 4,500 Hz, 3,000 Hz and 2,500 Hz.

**WHITE RAIN:** Block out noise, manage tinnitus or drift off to sleep with the soothing sound of rain blended with white noise.

## RENEW

**STREAM:** A rippling mountain stream helps you unwind and creates an excellent background sound for daily activities in the home or at the office.

**MEDITATE:** The enlightening tones of Tibetan singing bowls played at various speeds are blended with instruments and the slowed sounds of a stream and birds to activate THETA brainwaves, thereby creating an ideal meditative state.

**FOCUS:** Authentic NASA recordings from Earth's orbit and the smallest moon of Uranus (Miranda) are mixed with music for a unique and effective THETA brainwave enhancing sound environment.

**REJUVENATE:** The appealing slowed sounds of an Austrian zither and rain stimulate THETA brainwave activity to provide a natural, gentle and revitalizing lift.

**YOGA:** Experience inner peace and find your calm center with a relaxing synthesizer melody.

## THE SCIENTIFIC BREAKTHROUGH BEHIND TRANQUIL MOMENTS®

All of us experience different states of consciousness throughout our daily lives. Some states are frequent, such as ordinary waking consciousness, sleep and dreaming, while others are less frequent states, like when we are particularly aware or extra creative. All of these states exhibit unique patterns of brainwaves that have been mapped and measured over years by many experts, particularly Dr. Jeffrey Thompson.

By understanding the variety of brainwaves that occur during these different states, Dr. Thompson has been able to develop sounds, music and techniques that cause our brain to produce the state that you want to experience.

Safe, all-natural and clinically proven, this work has helped millions of people sleep better, relax and think more effectively.

One technique commonly used by Dr. Thompson is “entrainment.” This naturally derived technique is based on the tendency of our brainwaves to adjust to our sound environment so they vibrate in harmony. Just as one tuning fork will begin to resonate if placed near another ringing tuning fork, your brain will adopt the frequency of sounds in your environment. This principle is universal and found in chemistry, pharmacology, biology, medicine, psychology, sociology, astronomy, architecture and more.

Seven sounds—CELESTIAL, NIGHT, MEDITATE, FOCUS, REJUVENATE, SERENITY and UNWIND—utilize these techniques.

### Delta Waves (0.5-3.5 Hz)

DELTA waves are associated with the deepest levels of physical relaxation. DELTA is the rhythm of dreamless sleep and its presence usually corresponds with physical rejuvenation and healing. CELESTIAL and NIGHT utilize DELTA entrainment to induce sleep.

### Theta Waves (3.5–7.0 Hz)

THETA waves reflect a state of mind that is attuned to intense creativity, visualization, imagination and problem-solving in a non-sleep state and emotional healing in the sleep state. THETA waves are produced during deep meditation, dreaming and daydreaming. Rapid eye movement (REM) is common in this state. MEDITATE, FOCUS and REJUVENATE utilize THETA entrainment to stimulate mental renewal.

### Alpha Waves (7.0–13.0 Hz)

ALPHA waves indicate an alert state with a quiet mind, like a person who has completed a task and sits down to rest. In this state, attention may be focused outward for problem-solving or inward to achieve an alert meditative state, like pondering. Increased ALPHA waves are often present in the brainwaves of people who practice meditation, yoga and Tai Chi. SERENITY and UNWIND utilize ALPHA entrainment to promote stress reduction or an alert state of relaxation.

# ONE (1) YEAR LIMITED WARRANTY

Brookstone® warrants this product against defects in materials and/or workmanship under normal use for a period of ONE (1) YEAR from the date of purchase by the original purchaser ("Warranty Period"). If a defect arises and a valid claim is received within the Warranty Period, at its option, Brookstone will either 1) repair the defect at no charge, using new or refurbished replacement parts, or 2) replace the product with a new product that is at least functionally equivalent to the original product, or 3) provide a store credit in the amount of the purchase price of the original product. A replacement product or part, including a user-installable part installed in accordance with instructions provided by Brookstone, assumes the remaining warranty of the original product. When a product or part is exchanged, any replacement item becomes your property and the replaced item becomes Brookstone's property. When a store credit is given, the original product must be returned to Brookstone and becomes Brookstone's property.

**Obtaining Service:** To obtain warranty service, call Brookstone Limited Warranty Service at 1-800-292-9819. Please be prepared to describe the product that needs service and the nature of the problem. A purchase receipt is required. All repairs and replacements must be authorized in advance. Service options, parts availability and response times will vary. You are responsible for delivery and the cost of delivery of the product or any parts to the authorized service center for replacement, per our instructions.

**Limits and Exclusions:** Coverage under this Limited Warranty is limited to the United States of America, including the District of Columbia and the U.S. Territories of Guam, Puerto Rico, and the U.S. Virgin Islands. This Limited Warranty applies only to products manufactured for Brookstone that can be identified by the "Brookstone" trademark, trade name, or logo affixed to them or their packaging. The Limited Warranty does not apply to any non-Brookstone products. Manufacturers or

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