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### Corn and Coriander Pancakes



Prep 15 minutes / Cook 20 minutes





Makes 15

2 cup plain flour 4 tsp baking powder 2 eggs 1 cup milk  $2 \times 310$ g can creamed corn ½ cup chopped coriander 2 tbsp vegetable oil 1 tsp salt ½ tsp ground white pepper

#### Method

- 1. Combine all ingredients in a mixing bowl, mix until well combined.
- 2. Pre-heat the pancake maker until the READY indicator light is illuminated. Pour 1/3 cup of prepared batter into each pancake cooking well.
- 3. Close the lid of the pancake maker and cook for 2-3 minutes.
- 4. Carefully remove the pancakes and continue until the remaining batter is depleted.





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### Banana and Pecan Crumble Pancakes with Butterscotch Sauce





Prep 20 minutes / Cook 20 minutes



Makes 6

#### **Butterscotch Sauce**

20g butter

1/3 cup brown sugar

34 cup fresh cream

pinch ground cinnamon

#### Crumble Mix

2 tbsp plain flour

2 tbsp brown sugar

2 tsp caster sugar

20g roasted pecans, chopped

2 tbsp cup rolled oats

20g butter, cubed

Pinch ground cinnamon

#### Pancake Mixture

2 eggs, separated

½ cup brown sugar, sifted to remove lumps

1 cup self-raising flour, sifted

½ tsp baking powder

½ cup milk

1/4 tsp apple cider vinegar

2 ripe bananas, mashed roughly

#### Method

To make the butterscotch sauce

Place the butter, brown sugar, fresh cream and cinnamon into a small saucepan and stir on a medium heat until ingredients melt and come together. Let simmer for 5 minutes. Take the sauce off the heat and set aside until required.

#### To make the crumble top

Use your fingertips to rub the ingredients together until a crumbly consistency is formed. Set aside.

#### To make the pancake mixture

- 3. Mix together the flour and baking powder. Add the milk, apple cider vinegar and mashed banana and stir to combine.
- 4. Using hand beaters, whisk the egg whites and brown sugar to stiff peaks. Fold through the batter.
- 5. Pre-heat the pancake maker until the READY indicator light is illuminated. Pour 1/3 cup into each pancake cooking well and sprinkle the top with the crumble mixture. Close the lid and set the timer for 3 minutes.
- 6. When complete serve with sliced banana and butterscotch sauce.





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### Mushroom and Goat's Cheese Fritters



Prep 10 minutes / Cook 6 minutes





Makes 6

1 large clove garlic, chopped 20g butter 2 sprigs thyme, leaves picked ½ cup self-raising flour ⅓ cup milk 1 egg Salt and pepper

40g Goat's cheese 6 medium portobello mushrooms, peeled, rinsed and dried 50g baby spinach Extra 50g Goat's cheese Balsamic reduction

#### Method

- 1. Place the butter and garlic into a microwave safe dish and microwave until melted. Add the thyme leaves. Set aside.
- 2. Place the flour, milk and egg together into a bowl and whisk to combine. Season with salt and pepper. Fold the Goat's cheese and garlic butter through the batter, leaving small lumps of Goat's cheese in the batter.
- 3. Pre-heat the pancake maker until the READY indicator light is illuminated. Place 1 mushroom in each pancake cooking well and add 1 tbsp of batter into each mushroom. Close the lid and set the timer for 3 minutes.
- 4. Continue until batter is depleted. Serve with baby spinach leaves and a drizzle of balsamic reduction.





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## Strawberry and White Chocolate Pancakes





Prep 10 minutes / Cook 4 minutes



Makes 8

1½ cups self-raising flour 1/4 tsp bi-carbonate soda 2 tbsp caster sugar 1 cup milk 2 eggs

40g butter, melted 1 tsp lemon juice 40g white chocolate buds 250g strawberries, diced 4 balls vanilla ice-cream

#### Method

- 1. Place the flour, bi-carbonate soda and caster sugar into a large bowl. Add the milk, eggs and lemon juice and stir to combine. Let rest for 10 minutes.
- 2. Stir half of the strawberries and all of the white chocolate through the pancake batter.
- 3. Pre-heat the pancake maker until the READY indicator light is illuminated. Pour 1/3 cup of pancake batter into each well, close the lid and set the timer to 2 minutes.
- 4. When complete, remove using a silicon spatula and continue until the remaining batter is depleted.
- 5. Serve with the remaining strawberries and vanilla ice-cream.





# Buckwheat Blueberry Pancakes (Gluten Free)







Makes 8

1 tbsp water

#### Blueberry Sauce

250g fresh blueberries 1 tbsp caster sugar

#### Pancake Batter

2 cup buckwheat flour
1 tsp baking powder
2 cups coconut milk
2 egg
½ cup agave
1 tsp vanilla essence

2 tbsp coconut shavings, toasted

#### Method

#### **Blueberry Sauce**

 Place the blueberries, sugar and water into a small pot and bring to a simmer and let thicken slightly for 2 minutes. Set aside.

#### Pancake Batter

- Place the buckwheat flour, baking powder, coconut milk, eggs, vanilla and agave into a bowl and stir to combine.
- 3. Pre-heat the pancake maker until the READY indicator light is illuminated. Pour ½ cup batter into each pancake cooking well, close the lid and set the timer to 2 minutes. When complete remove the pancakes using a silicon spatula and continue until the pancake batter is depleted.
- 4. Serve with blueberry sauce and coconut shavings.





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### Lemon Ricotta Pancakes



Prep 15 minutes / Cook 15 minutes



Makes 10

6 eggs, separated

3 tbsp caster sugar

1 1/3 cup ricotta

½ cup plain flour

2 tsp lemon zest

Pinch salt

60g butter, melted

#### Lemon syrup

4 tbsp lemon juice

4 tbsp caster sugar

2 tsp honey

Extra ricotta for serving

#### Method

#### Lemon syrup

1. Place ingredients into a small saucepan and bring to the boil. Set aside until pancakes are ready.

#### **Pancakes**

- 2. Pre-heat the pancake maker until the READY indicator light is illuminated.
- 3. Using an electric mixer, beat the egg whites until a soft peak is formed, add the sugar and continue to beat until the egg whites are glossy and firm peaks form.
- 4. In a separate bowl, whisk the egg yolks until pale and then add the ricotta, flour, zest and salt. Add the melted butter to the yolk mixture and stir until combined.
- 5. Initially, fold through 1/4 of the egg whites and then fold through the remaining egg whites into the batter. Pour 1/3 cup of prepared pancake batter into each pancake cooking well. Close the lid and set the timer to 4 minutes. Remove using a silicon spatula and continue until the remaining batter is depleted.
- 6. Serve with extra ricotta and lemon syrup.