User Guide

Aura Ti Smart Ring

Safety & Warnings

- Before using and operating the device, read and follow these precautions to ensure optimal performance. Retain this user guide for future reference.
- Choose a suitable size for your finger to avoid a tight fit.
- Keep the contact area of the ring dry and clean it promptly if it gets wet.
- If you experience symptoms such as redness or swelling at the contact area, discontinue use immediately and consult a doctor.

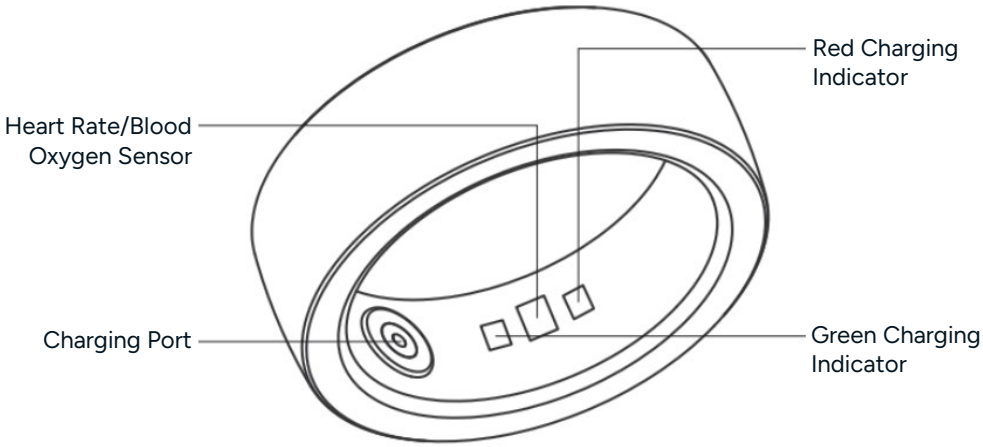
Safety Precautions

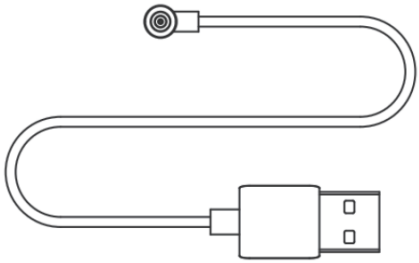
- Keep the charging cable and device in a dry environment while charging.
- Do not touch the charging cable with wet hands or immerse it in water or other liquids.
- Do not disassemble or modify the battery, insert foreign objects, or immerse it in water or other liquids, as this can cause leakage, overheating, fire, or explosion.
- Avoid dropping, squeezing, or puncturing the battery. Excessive pressure may cause internal short circuits and overheating.
- Do not expose the device to extreme temperatures (both high and low) to prevent damage to the battery and internal components.
- Avoid using the device in environments with strong electromagnetic interference, which can affect sensor accuracy and device functionality.
- Regularly check the device and charging cable for any damage. Do not use if damaged, as this could increase the risk of malfunction or injury.

Components

- Ring
- Charging Cable
- User Guide

Overview





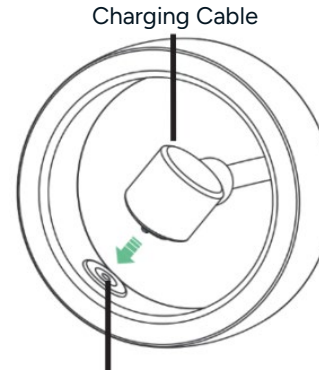
Charging Cable

Operation

Powering On and Connecting the Charger

To power on the smart ring and begin using it:

- **Attach the Charging Cable:** Connect the charging cable to the charging port on the ring. Ensure the connection is secure and properly aligned.
- **Power On the Ring:** Once connected, the ring will automatically power on. The corresponding indicator will illuminate to show the charging status.



Charging Indicators

- When the ring is charging, the 'Red Charging' Indicator will flash.
- Once the ring is fully charged, the 'Green Charging' Indicator will flash.

Charging

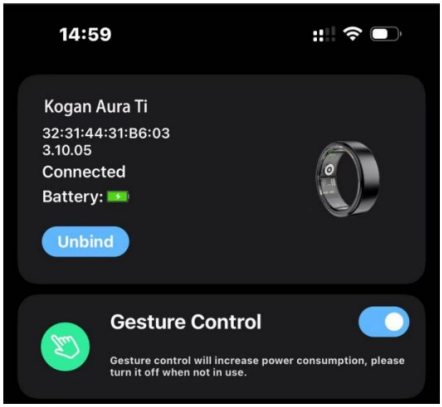
Fully Charged

Notes:

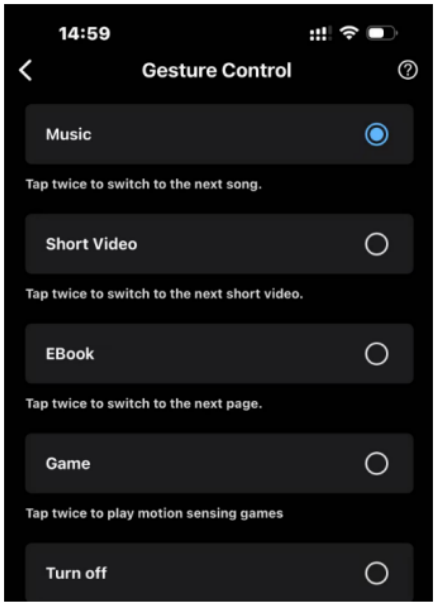
- Always charge the ring in a dry environment. Do not handle the charging cable with wet hands.
- It is recommended to set the health monitoring frequency to 30-minute intervals to conserve battery life, as more frequent monitoring significantly accelerates battery drain.

Gesture Control

- Gesture control functions through tapping. For example, you can tap your finger on the device to perform actions.



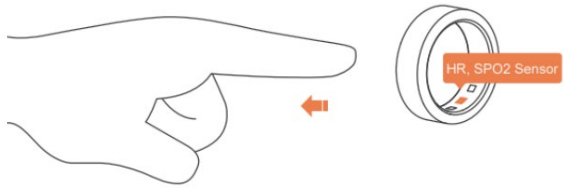
- Double-tap to switch between music, short videos, e-books, or games.
  If this feature doesn't work, tap the question mark icon in the upper-right corner for assistance.



Wearing Method

For best results:

- Wear the smart ring on your index, middle, or ring finger.
- Choose a size that fits snugly but not too tight.
- Ensure the sensors face the inside of your finger.
- Keep the contact area dry and promptly dry it if it gets wet to prevent irritation and maintain sensor performance.



App Installation

Download the QRing App

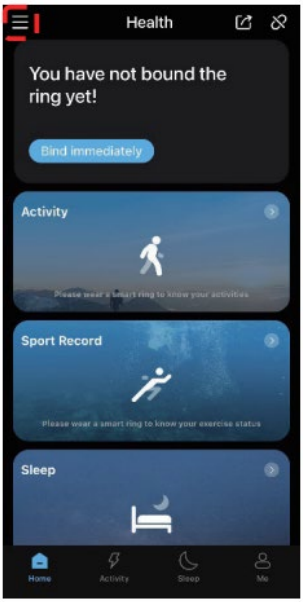
Scan the QR code or download the ‘QRing’ app from the Play Store (Android) or App Store (iOS).

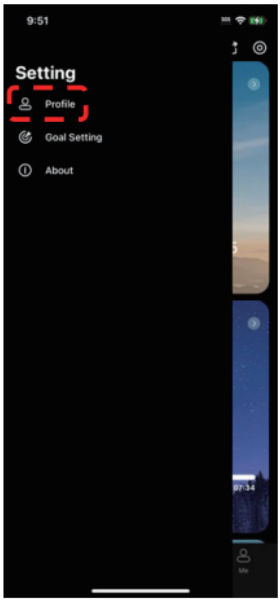
Open the QRing App

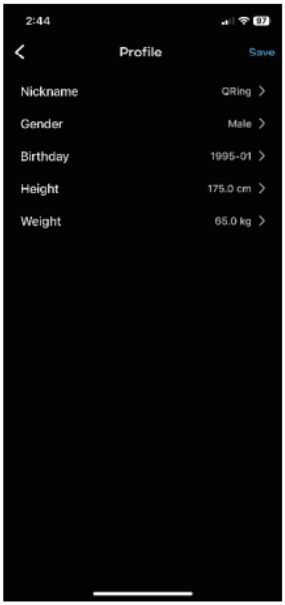
Once the app is downloaded and installed, launch the QRing app on your device.

Create an Account or Log In

1. Tap the ‘Options’ button in the upper-left corner.
2. Select ‘Profile’ and enter your personal information.
3. Tap ‘Save’ when finished.

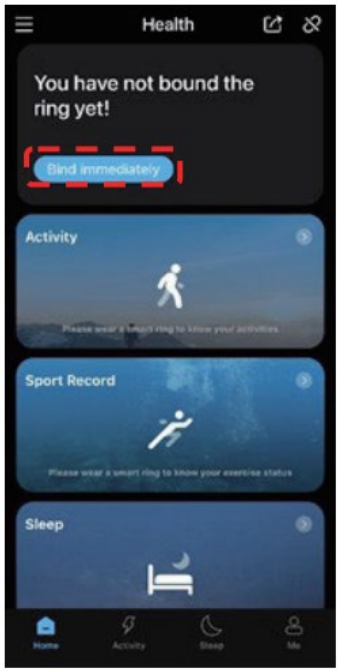


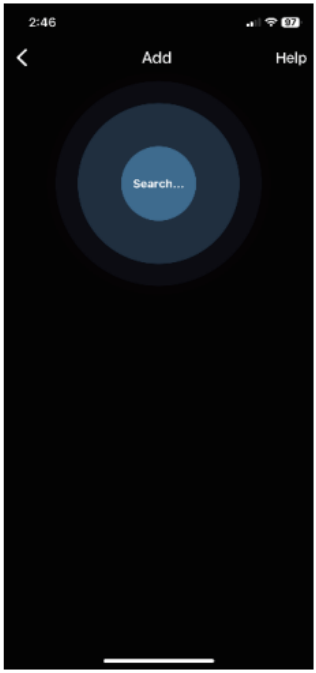




Pair the Smart Ring

1. Tap ‘Bind Immediately’ in the app.
2. Ensure the smart ring is powered on and near your phone.
3. When the device appears in the list, select it to pair.

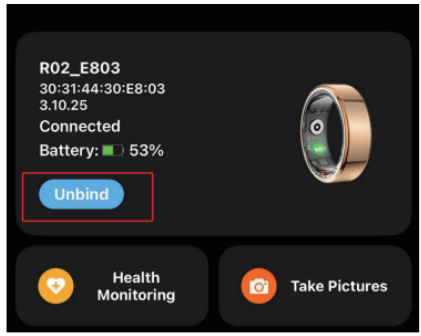




Unpair the Ring

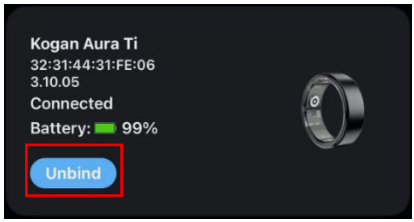
Android

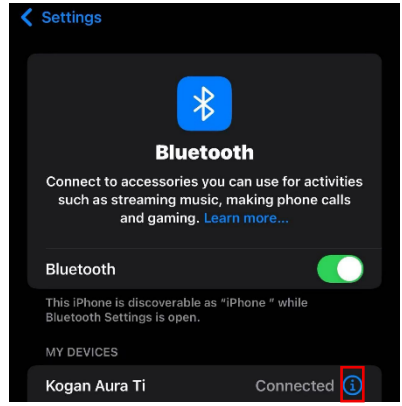
Tap ‘Unbind’ in the app.



iOS

Tap ‘Unbind’ in the app, then go to the phone’s Bluetooth Settings and select ‘Forget This Device’ for the smart ring.





Using the QRing App

These sections of the QRing app provide comprehensive tracking and analysis of your health and fitness data, allowing you to stay informed and make better decisions for your wellbeing.

Activity

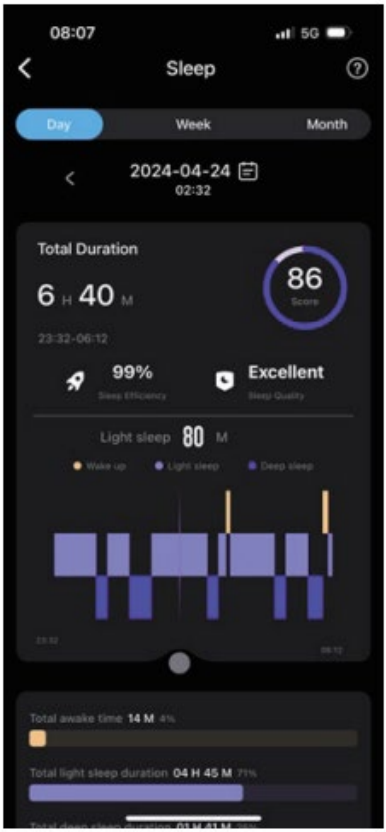
The 'Activity' section provides an overview of your daily steps, calories burned and active minutes. The interface displays a summary of your physical activity, helping you keep track of your fitness goals.

Sports Record

The 'Sports Record' section logs your various sports activities, including duration, distance and intensity. This section allows you to review your performance and progress over time.

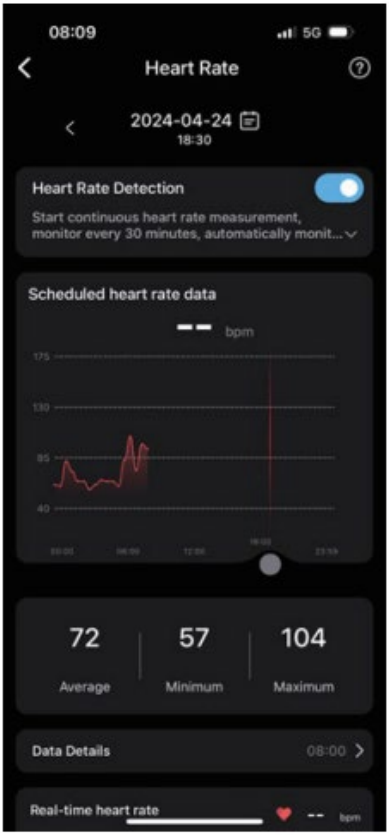
Sleep

The ‘Sleep’ section monitors your sleep patterns, providing insights into your sleep duration, quality and stages. The interface helps you understand your sleep habits and make necessary adjustments for better rest.



Heart Rate

The ‘Heart Rate’ section tracks your heart rate throughout the day, displaying real-time data and historical trends. This section helps you monitor your cardiovascular health and adjust your activities accordingly.



Specifications

Battery Life	4-5 days
Charging Time	1-1.5 hour
Battery	15mAh
Connection Type	Bluetooth 5.0
App	QRing
Material	Stainless steel
Measurement	Step count, travel distance, heart rate, blood oxygen, stress level, sport record and sleep
IP Rating	5ATM

Disposal

	This marking indicates that this appliance should not be disposed with other household wastes. To prevent possible harm to the environment or human health from uncontrolled waste disposal, recycle it responsibly to promote the sustainable reuse of material resources.

Notes

Need more information?

We hope that this user guide has given you the assistance needed for a simple set-up.

For the most up-to-date guide for your product, as well as any additional assistance you may require, head online to **help.Kogan.com**.