

USER MANUAL



Find Your Tracker Function

Note: It is only available while the Tracker is bind to the app and within the Bluetooth range.

find it)

App setting=>Remote Take Photos => Allow access to photos OK => Phone the camera to the desired position => shake your

Device Reset

this will also erase the step count data on your bracelet. Remove device

Remove device This feature will erase data and remove the

1. Do not expose to hot water while bathing or showering as

Quick Start Guide

Our goal is to make your set up easy. For step by step instructions, please visit

trendy-kid.com

or scan the QR code below with your phone camera scanner



TRENDY PRO Fitness Tracker is designed to help you build healthy habits. Please note that it is not intended to growde medical or scientific data. The detachable writtlands for the Tracker come in a variety of colours sold separately.

System Regulrements

Anstroid 5:0 or above: IODR O or above: Dopport for Bluetsoth A.D.

Battery Life

A fully charged TRENDY PRO has a battery libr of up to fi days. Battery life and charge cycles way with use and other factors; actual results will vary.

You can charge the fitness tracker with either:

- Any phone or tablet power adapter USB port on PC or power bunk.
- Walt charger or power strip with UEB port

Charge your Tracker

Phrase hally sharpe your watch before initial use:

- 1. Holding the Tracker in one hand, gently pull the side of the strips attached to the opposite side of the touchkey on the Tracker to reveal 2 gold charging strips.
- 2. Inwirt the Tracker into a USB port for charging. The Tracker. will buzz, and the screen will turn on. A charging icon will appear on the acmer, when plugged it to a power supply indicating that your tracker in changing correctly.

TRENDY GLOW & SUPER TRENDY FITNESS TRACKER CHARGING INSTRUCTIONS



SOME ABAPTERS HAVE THE CHARGING BODS ON THE TOP AND SOME ON THE BOTTOM

I. Flip the adopter over while keeping the band in the same position 3. Try some other USB adaptor

5. Try a gentle push into the USB in case the USB port got isose

SHEEN BATTERY SIGH & CHARGING



Metal strips at the end of the Tracker should face the contact strips inside the USB socket. A charging icon will

appear. If not, flip

the tracker over

and try again.

IMPORTANT: The position of the tracker during charging is important as the charging strips need to make a connection with the charging plates in the USB port. your Tracker to the App.

If you don't hear the buzz when you insert the Tracker for charging or you see no battery indicator showing progress, take the Tracker out of the USB port and insert it back upside down. If you Use Location – to use GPS for mapping the routes on your App hear the buzz this time, you did great! The Tracker will take up to Sync up with Apple Health and Google Fit (optional) 2 hours for a full charge.

Turn Your Tracker On and Off

To turn your Tracker on, hold the Touchkey for more than 3 seconds. The screen will turn on.

To turn it off, tap the Touchkey until your reach the screen More=Log-press to get to the sub-menu=>Long press on the screen that shows MAC ID. The Tracker will power down.

Application Setup

It is important to connect your Tracker to the app for the initial calibration. Once the connection is successful, the bracelet will automatically synchronize the time and enable the step count and sleep data tracking. To ensure a successful connection of the Tracker to your phone, please make sure that your phone's Bluetooth is turned on in your Phone's settings/configuration.

1. Search for **FitPro** app in App store depending on your device: Apple App Store for iPhone Google Play Store for Android phones



2 Install the app, and open it

- 3. Continue to follow the on-screen instructions to connect
- 4. Please provide all permissions prompted during the set up: Use Bluetooth – to sync up the data with the Tracker:

Note for Android users:

Allow "FitPro" to run in the background: To do that, we recommend adding "FitPro" to the rights management and allowing all

5. You can create a Profile for a personalized experience, or you can Jump Over/skip and do it later.

Bind your Tracker to the App

Please make sure your Tracker is active by touching the screen

To Bind the Device:



Open the phone App FitPro =>Setting => Bind devices to experience more features =>Scan=>Tap on the device connection=>Tap "Pair" when prompted=>Allow notifications when prompted. Once the pairing is successful, the App will automatically save the Bluetooth address of the band, and when the App is opened or runs in the background, it will automatically connect to the bracelet.

Profile setup

The exact height and weight are important for the precision of the step count. So, please make sure to set it up correctly in the

Mine=> Personal Information, please set your gender, age, height, and weight

You can also set your daily step goal to monitor your daily pro-

Notification Preferences for Phone Calls and Messages

App Setting=>Message Push Setting

Tap the Applications you are looking to get the notifications from (Green=enabled)

Alarm set up

You can set up to 8 one off or recurring alarms. To set the alarm please make sure that you have the Tracker close to your phone and it is bind to the Application. App Setting=>Alarm Setting=tap plus sign (+) to add an alarm= set the alarm=>Confirm

Once the set up in complete, the phone and the Tracker will sync up and the Tracker will be set for the scheduled Alarm even if the phone is not connected at the time it is scheduled to go off. count.

Sedentary reminder

You can set a reminder for the Tracker to buzz periodically (45-120 mins) during a set time-frame App Setting=>Long Sit Reminder=> Remind? (Green to turn on) Select the frequency and time-frame.

Screen on when you lift your arm App Setting=>Lift wrist to bright screen=Is Active? (Green to

turn on) Select the time frame. Do Not Disturb Mode (DND)

App Setting=>DND mode=> Is Active? (Green to turn on) Select the time frame.

Vibration for Notifications

If you would like to have the Tracker vibrate while you receive phone calls or messages, turn the vibration setting on. If you don't you will only get a notification on your watch with no buzz. App Setting=>Other Settings=> Is Active? (Green to turn on)

Navigation

Short press the Touchkey to switch between the screens Long press the Touchkey to open the sub-menu (Sports, More) or review the last 3 messages

Time interface

Once you bind the Tracker to the App, it will automatically sync up the time to align with your time zone. To adjust the time for Day Time Saving or any reason, start the

App and it will sync up the time for you. To switch the clock face from 24 (Military standard) to 12-hour

time standard, hold the Touchkey for 3 seconds.

Step Count

The Tracker will count the steps based on your body and hand movement. It will display your daily number, resetting the count to zero automatically at mid-night. You can refer to the App for the stats for the previous day, week, and month.

Distance

The distance is an estimation based on the step count.

Calories Burned The calories burned number is an estimation based on the step

Heart Rate, Blood pressure, Oxygen Level Tap the Touchkey to teach the heart rate display. The device will

start measuring automatically.

You can initiate the measurement and review the stats in the App: Home=>HR=>Start measuring

Sports Menu=>Long press for: Running, Skipping & Sit-ups Tracking

This interface allows you to track the duration of your exercise, and calories burned in a sub-set of data. Long press Sports => Long Press Running, Skip Rope or Sit-ups

to initiate tracking. Long press to finish tracking.

Once you exit, the Tracker will add the stats in this sub-set to

Sleep Tracking

The Tracker is detecting activities based on the movement. When you have not moved in over an hour after 10pm, and this is confirmed by sleep behaviour (period of inactivity, rolling over, etc.), the algorithm assumes that sleep has begun. The device will automatically detect your deep sleep/shallow sleep/wake up all night and calculate your sleep quality based on your body movement. The Tracker will automatically transfer the sleep data to the app. Use the App to view daily, weekly, and monthly stats.

Notifications of the Last 3 Messages

Long press to access the last 3 messages. The wristband can display 20-40 words

App setting=>Find (The Tracker will vibrate to make it easier to

Camera Remote

Note: It is only available while the Tracker is bind to the app and within the Bluetooth range.

wrist to take a picture or tap the Touchkey.

This feature will re-set the device to factory settings. Note:

connection to the App and your phone.

this may cause the Tracker to over-hit. IP67 waterproof supports exposure to rain, sweat, and hand washing. Swimming is not recommended.

properties not expose the bracelet to high moisture, high temperato or very low temperatures for long periods of time.

Recommended Settings For Kids

If your child does not have a phone and you are using your device for the set up, we recommend adjusting the following settings in the App:

1. Disable Calls and Message Notifications

App Setting=>Message Push Setting (Greyed our=disabled).

2. Alarm set up

You can set up to 8 one off or recurring alarms for wake up. sleep time, etc.

To set the alarm please make sure that you have the Tracker close to your phone and it is bind to the Application. App Setting=>Alarm Setting=tap plus sign (+) to add an alarm=set the alarm=>Confirm

Once the set up in complete, the phone and the Tracker will sync up and the Tracker will be set for the scheduled Alarm even if the phone is not connected at the time it is scheduled to go off.

3. Screen on when you lift your arm

App Setting=>Lift wrist to bright screen=Is Active? (Green to turn on) Select the time frame.

4. Do Not Disturb Mode (DND)

App Setting=>DND mode=> Is Active? (Green to turn on) Select the time frame.

How do I set the time and date?

Date and Time are set automatically when you pair your tracker to your smartphone during the initial setup process in the app.

How is my TRENDY PRO charged?

Your TRENDY PRO is charged by USB and can be plugged into any USB port on a computer, phone/tablet charger, or power bank. You no longer need to worry about lost or messy cables.

Why won't my tracker charge?

The most common problems are

1. The wrong end of the tracker body has been inserted into the

The correct side is on the opposite side of the Touchkey on the Tracker with shiny golden rods)

Rotate the tracker and plug again

phone or re-start the Bluetooth and App.

the 2 charging contacts inside the USB socket.

Why won't my tracker sync with app?

1. The Bluetooth setting on your smartphone is ON, the distance between your phone and tracker is within 0.5m 2. Your Tracker's battery isn't critically low.

If the Bluetooth can not be connected, try to reboot your mobile

TRENDY PRO Fitness Tracker can be connected to one smartphone only at a time, so please make sure your fitness tracker is not connected to another smartphone. You can turn off the Blue-

How Can I improve the Precision of My Step Count?

Please make sure you have installed the FitPro App and followed the setup instructions (charge, install the app, pair the device). Your Tracker will not function correctly if you skip this.

When you first set up your Tracker, it will go through an initial calibration phase, which can take up to a day to complete. During this time, you may find that steps may either not register correctly or appear to jump around. This is completely normal! After the first day of use, step counting will register and record as expected. Thank you for your patience with this! Please note that after the initial calibration period, the display will not always update in real-time (step-by-step) as you are walking. It may also update in batches of steps as well.

Why isn't my sleep tracked correctly?

The Tracker is detecting activities based on the movement starting from 10pm. When you have not moved in over an hour, and this is confirmed by sleep behaviour (period of inactivity, rolling 2. The gold coloured charging strips on the tracker are not facing over, etc.), the algorithms assume that sleep has begun. If you move around, are restless in the early stages of your sleep, or taking a short nap, the Tracker may not catch it as sleep time.

Why does my Tracker display distance in Km and not in Miles? You can switch Unit of Measure from Imperial (Miles) to Metric

(Kilometers) in your Application: Start the Application=>Mine=>Personal Information=>Set Units of measure

Is my TRENDY Fitness Tracker Waterproof? TRENDY PRO Fitness Tracker is certified IP67 waterproof

(sweat-proof, rain-proof). We recommend that you only use it for day-to-day activities washing your hands. We don't recommend that you swim with it or leave it submerged in water. Please DO NOT expose to high water during bathing.

Why am I not getting call, text, or social notifications on my TRENDY Fitness Tracker?

Please make sure that Bluetooth is enabled on your phone and that the following settings are turned under the Setting tab=>Message Push Setting on the App:

Calls Remind (for the incoming calls). SMS Remind (for the incoming text messages), Desired Applications Remind (for social media notifications like Facebook, Instagram, WhatsApp).

I'd like to connect two of my kids' Trackers to one cell phone/tablet. Can I do that?

No, the app can only support one device, so you will need a phone for every Tracker.

Why isn't a charger included in the box?

Your tracker is charged by USB and can be plugged directly into any USB socket on a computer, phone/tablet charger, or power bank. Since the USB charging is so standard and widely available to the customers, we took this as an opportunity to use the space in the pack for more valuable items (Trendy Pup, stickers,

Specifications

Product: TRENDY PRO SMART WRISTBAND Display size: 0.96inch Resolution: 80*160 SRAM: 128kb Flash: 16MR Touch: Single Point

Time discrete Distrotes. Mayo countries Supported Catalogue Departer Datava Sympooted Egget emotio Supervisor Malor your found to belythin the screen Supported Sivey recentures. Separate Ranning track Supported Incoming cutt-Supported Wanage netficulum Disposited Swinning reneated SHEROPHE Allerin remindes Naportes. District steams made Supported 19 who to take a photo Separted Find a braceret. Supported Long press touch Supported Chapter accepts **Boggorton** Heisel rebbs Symporter Dissil Freezew Bazoriot

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Confinuitivis, heart rate

ANC name

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We Love Hearing From You!

If you have any questions or feedback about your TRENDY PRO. please visit us at:

trendy-pro.com

Or scan the QR code below with your phone camera to send a message to TRENDY PRO Customer Service specialist:

