

iTOUCH AIR

SPECIAL EDITION

SMARTWATCH



USER MANUAL
VERSION 1.0

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iTOUCH AIR S USER GUIDE

Everything you need to know about the iTOUCH AIR Special Edition Smartwatch

What's in the box

Your iTOUCH AIR Special Edition box includes:



iTOUCH AIR SE Smartwatch
(Color and material vary)

USB Charging Cable

The interchangeable straps on the iTOUCH AIR Special Edition comes in a variety of colors and materials, sold separately.

Setting up your iTOUCH AIR Special Edition Smartwatch

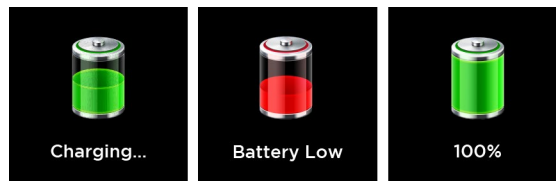
For the best experience, use the iTOUCH AIR Special Edition app for iPhones and Android phones. A smartphone is required for call, text, calendar, and smartphone app notifications.



Charge Your Smartwatch

A fully charged iTOUCH AIR Special Edition has a battery life of up to 30 days (Standby time). **Battery life and charge cycles vary based on usage, screen display brightness and etc.**

1. Plug the charging cable into the USB port on your computer or a UL-certified USB wall charger.
2. Clip the other end of the charging cable to the charging base. The pins on the charging base must lock securely with the smartwatch. A battery icon appears on the screen to indicate your smartwatch is charging.



Note: Please take off plastic protector film from caseback before charging. Charging fully takes about 1 full hour.

Set up with your smartphone

The free iTOUCH AIR Special Edition app is compatible with most iPhones and Android Phones.

To get started:

1. Find the iTOUCH AIR Special Edition app in one of the locations below, depending on your smart device.
 - Apple App Store for iPhones
 - Google Play Store for Android Phones
2. Download and install the iTOUCH AIR Special Edition App

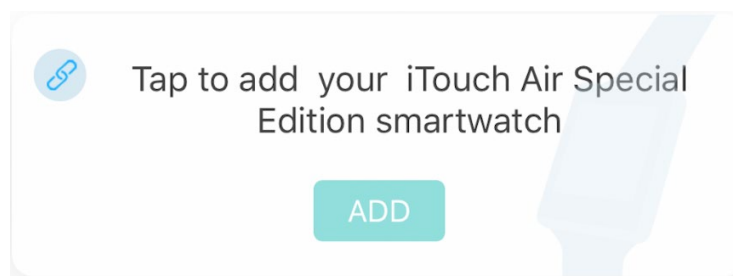


YOUR ITOUCH AIR SPECIAL EDITION WILL ONLY WORK WITH THE ITOUCH AIR SPECIAL EDITION SMARTWATCH APP SHOWN ABOVE.

This watch only functions with this app and there will be connectivity issues if the incorrect app is used. For more information and links to the apps, go to: www.iTouchwearables.com.

3. When the app is installed, open it to be guided through a series of questions that help you create a profile. Continue to follow the on-screen instructions to connect your iTOUCH AIR Special Edition Smartwatch to your smartphone. (We highly encourage the user to allow all notifications & pairing access to their smartphones.)

4. To connect & sync your smartwatch to your device, tap add to search for your iTOUCH AIR Special Edition Smartwatch.



Search and select iTOUCH AIR Special Edition to pair.

ADD



iTouch Air SE

Paired device

Please read through the guide to learn more about your new smartwatch and then explore the iTOUCH AIR Special Edition App.

See your data in the iTOUCH AIR Special Edition app

Sync iTOUCH AIR Special Edition Smartwatch to transfer your data to the app, where you can view your exercise (Steps, Miles, Calories burned, and duration) and sleep (restful, light, and awake) data, heart rate, and more. We recommend syncing your smartwatch to the app at least once a day.

Each time you open the iTOUCH AIR Special Edition app, your smartwatch will sync automatically when it's nearby.

BASICS

Learn how to best navigate your iTOUCH AIR Special Edition Smartwatch.



Navigate iTOUCH AIR Special Edition

iTOUCH AIR Special Edition has a vibrant LCD display and a one-touch button for navigation.




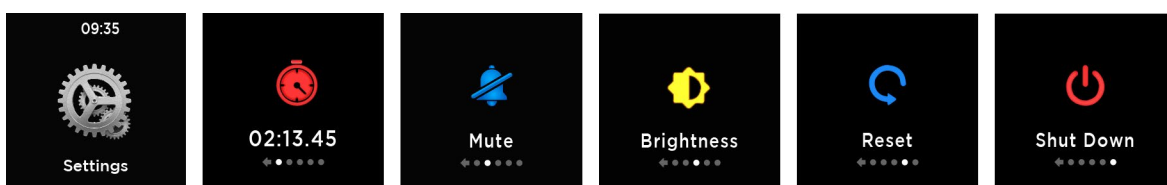
Navigate iTOUCH AIR Special Edition by pressing the  button.

The home screen is the watch face of the smartwatch.

- Press the  button to switch between apps on your smartwatch.
- Hold the  button to select and activate an app, function or feature.

Settings for your smartwatch

- Manage basic settings including do not disturb, stopwatch, brightness, watch faces, reset and shutdown directly on your smartwatch. Open the settings app and tap/hold  setting to adjust.




Changing Watch Faces

iTOUCH AIR Special Edition comes with 3 selectable interchangeable watch faces.
(Complex, Simple, Custom)

Built-in Watch Faces



To change your watch face from the iTOUCH AIR Special Edition App:

1. With your smartwatch nearby, from the iTOUCH AIR Special Edition app dashboard, tap  icon from the navigation bar below.
2. Tap Watch Faces to navigate to selection of watch faces.
3. Browse available and select your preferred watch face.

To change your watch face from the iTOUCH AIR Special Edition Smartwatch:

1. Navigate to clock faces from the settings on your iTOUCH AIR Special Edition Smartwatch.
2. Select desired watch face and return back to set watch face.

To build your own watch face, select **DIAL 3 & Edit**

First select a picture from your photo gallery as a base image. Next, select preferred color for time shown, time position, and more. Once completed, hit save and apply.




NOTIFICATIONS and MESSAGING



iTOUCH AIR S can display call, text, social media, calendar, and app notifications from your smartphone to keep you informed. The smartwatch and phone device must be within Bluetooth range of each other to receive such notifications.

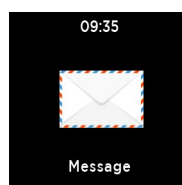
Set up notifications

Check that the Bluetooth on your phone is on and that your phone can receive notifications (often under Settings > Notifications). Then set up notifications:

1. From the iTOUCH AIR Special Edition app dashboard, tap the  icon from the navigation bar below. Tap **Notifications**.
2. From Notifications, you may select the notifications you wish to receive from your smartwatch.

Viewing incoming notifications

When your iTOUCH AIR Special Edition and smartphone are within range, notification causes the smartwatch to vibrate. If you don't read the notification when it arrives, you can check it later by navigating to **Messages** on your smartwatch.



To view messages and notifications from different social applications, simply hold  button.

Manage Notifications

iTOUCH AIR S stores up to 3 notifications, after which the oldest are replaced as you receive new ones.

Turn Off Notifications

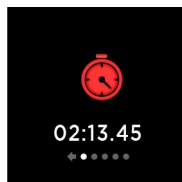
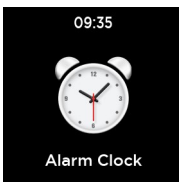
Turn off all or certain notifications with the iTOUCH AIR Special Edition app.



TIMEKEEPING



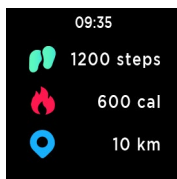
Alarms vibrate to awake or alert you at a time you have set. Set up to 3 alarms to occur once or on multiple days of the week via the iTOUCH AIR Special Edition app. You can also time events with the stopwatch under settings.



ACTIVITY AND SLEEP



iTOUCH AIR Special Edition continuously tracks a variety of stats whenever you wear it. The information is then transferred to the iTOUCH AIR Special Edition app every time you sync your smartwatch.



See your stats

Core stats: Steps taken today, calories burned, distance covered, and active minutes.


Heart rate: Current heart rate and heart-rate zone.

Find your complete history and other information automatically detected by your smartwatch, such as sleep data in the iTOUCH AIR Special Edition app.

Track a daily activity goal

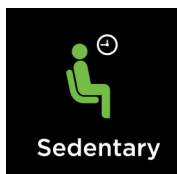
iTOUCH AIR S tracks your progress towards a daily activity goal of your choice. When you reach your goal, the smartwatch vibrates and shows a celebratory achievement.

Setting a goal

Set a goal to help you get started on your health & fitness journey. To begin, your recommended goal is set to take 8,000 steps per day. Choose to change the goal number via the iTOUCH AIR Special Edition app under the  accounts tab. Tap **Goal** to begin setting.



Turn on reminders to move in the app to set a sedentary reminder nudge. The sedentary reminder can be enabled in additional features. This feature is active during the hours of 10:00 AM - 6:00 PM.





Track Your Sleep

Your iTOUCH AIR Special Edition will automatically track your time asleep and sleep stages (Time spent in REM, light sleep and deep sleep). To see your sleep score and stats, sync your smartwatch when you wake up and check the app.


Learn about your sleep habits

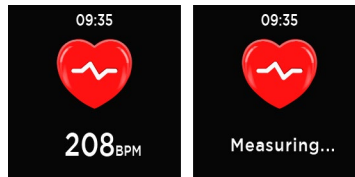
iTOUCH AIR Special Edition tracks several sleep metrics including the amount of sleep you get and provides you with an overall sleep score number for that night. It will track your wake time and your light sleep time. Along with deep sleep.



See Your Heart Rate


iTOUCH AIR Special Edition tracks your heart rate throughout the day. To measure and see your real-time heart rate and heart-rate zone, navigate to the heart rate feature on your smartwatch.

- Tap and hold  button to start measuring.



During a workout, iTOUCH AIR Special Edition shows your heart-rate zone to help you target the training intensity of your choice.

Adjust your heart-rate setting

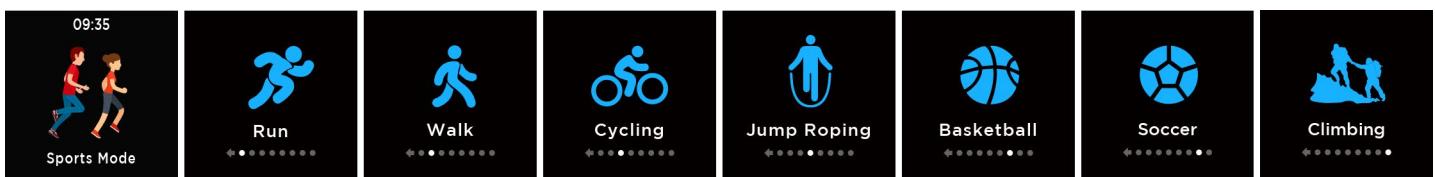
To track your heart rate day and night with the iTOUCH AIR Special Edition, navigate to  watch settings and tap additional features.

Note: To preserve the battery life, turn off continuous heart rate detection.



FITNESS AND EXERCISE (MULTI-SPORTS MODE)

Track specific exercises- such as walk, run, cycling, jump roping, badminton, basketball, soccer and climbing- with the smartwatch and the app to see real-time stats, including heart-rate data, calories burned, and elapsed time.



For complete workout stats, recap, route and pace information make sure to use your smartphone's connected GPS. Review your exercise history via the iTOUCH AIR Special Edition app.

Note: The Connected GPS feature on the iTOUCH AIR Special Edition works with the GPS sensors on your nearby phone.




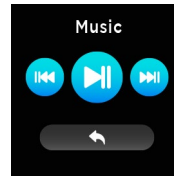
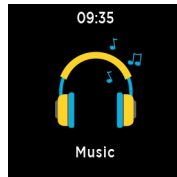
To use Connected GPS

From the dashboard of the app, scroll down and hit **Running Mode**. A new screen will appear that will say Start. Tap **Start**. A countdown will appear and once complete, connected GPS mode will be enabled until you pause or completely stop it. This screen will showcase your steps, pace, and calories burned. You will have an option to toggle between this screen or an actual live map of your route. Once completed, you can view distance traveled.




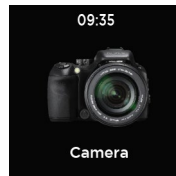
MUSIC REMOTE

To remotely control your music from your smartwatch, hold  button on the Music feature on the smartwatch. The music remote allows you to Play/Pause, Skip Forward, or Skip to previous music from your music apps.



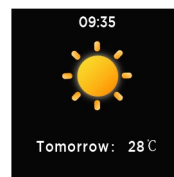
CAMERA REMOTE

To access camera remote on iTOUCH AIR Special Edition, first open the camera app on your smartphone and hold the  button on the Camera feature on your smartwatch to snap a photo.



WEATHER

Once your smartwatch is fully paired to the app, the weather feature will show on your wearable device. Your smartwatch shows weather updates hourly.



To change from Fahrenheit to Celsius, navigate to additional features on the iTOUCH AIR Special Edition app. From there you can input the city you would like to see the weather for.



FIND DEVICE

Tap Find Device under additional features to vibrate your iTOUCH AIR Special Edition.

WEAR AND CARE

All iTOUCH Wearable products are meant to be worn all day and night, so it's important to follow a few simple guidelines as you wear and care for your device.

To keep your band clean and your skin happy, we recommend the following tips:

- Clean your band and wrist regularly - especially after intense workouts or sweating. Rinse the band with water or wipe it with a small amount of rubbing alcohol. Do NOT use hand soap, dish soap, hand sanitizer, cleaning wipes or household cleaners, which could get trapped beneath the band and irritate your skin. Always pat dry the band before putting it back on.



Note: Although iTOUCH AIR Special Edition is water resistant, it is not good for your skin to wear a wet band for long periods of time.

Make sure to wear your band loosely enough that it can move back and forth on your wrist. Prolonged rubbing and pressure may irritate the skin, so give your wrists a break by removing the band for an hour or two after extended wear.

IMPORTANT TIPS:

- If you have allergies, asthma, or eczema, you may be more likely to experience a skin irritation or allergy from a wearable device. If you start to experience skin irritation or redness on your wrist, remove your device. Contact a dermatologist if symptoms persist longer than 2-3 days of not using your wearable device.

UPDATE, RESTART, AND ERASE

If you can't sync your iTOUCH AIR Special Edition, or if you have trouble with connected GPS or tracking your stats, you can restart your tracker from your wrist or app. From the smartwatch, navigate to Settings and tap Shutdown. If restarting the smartwatch doesn't address the issue, tap Reset in Settings.

REGULATORY & SAFETY NOTICES

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help. Caution: Any changes or modifications to this device not explicitly approved by the manufacturer could void your authority to operate this equipment. This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation. This equipment complies with FCC RF radiation exposure limits set forth for an uncontrolled environment. This device and its antenna must not be located or operated in conjunction with any other antenna or transmitter.

FCC ID: 2AS3PITASEV2