



ALIVE SMART FITNESS TRACKER User Manual

Model: AA-D1



Welcome

Come Alive with Archon Smart Fitness Tracker! Track your activity, sleep and health index to maintain a healthy and low stress lifestyle. Have fun in sports. All Archon fitness tracker can synchronize wirelessly (BT 5.0) with your mobile phone that runs Android 8.0 or above, iOS 10.0 or above.

Please visit the official website to download latest version of product manual:
<https://www.archon.com.hk>
<https://www.archonglobal.net>

Package includes:

- 1. ALIVE Fitness Tracker x 1pc
- 2. USB Magnetic Charger x 1pc
- 3. User Manual x 1pc
- 4. Chargeable String x 1pc
(only in two straps packaging)

Knowing your ALIVE

Swipe from top to bottom
Swipe from bottom to top
Single Click
Return
(Single Click or Long Press)



1. Activate your ALIVE

Before using your ALIVE for the first time, please connect the magnetic charger to activate your ALIVE. After activation, the device starts charging (BT 5.0) with your mobile phone that runs Android 8.0 or above, iOS 10.0 or above.



2. Download Archon App

The Archon app is available for iOS in the Apple App Store and for Android in the Google Play Store. Please search for "Archon" to download and install the app or scan below QR code for latest version of app:



How to wear your ALIVE

Wear the ALIVE above your wrist bone. It should be snug but comfortable, and it should not move while running or exercise. Do not tighten too tightly. If you have tattoos, avoid placing the sensor right on it.



1.1 Battery Charge

Match the magnetic charger to the back of your ALIVE. Plug the charging cable into the USB port on your computer or a certified USB charger. The screen will display a charging icon and it takes about 1.5 hours to fully charge your ALIVE.

1.2 Low Battery

When the battery level is low, your ALIVE will vibrate and will show an icon of low battery.

If the battery level is less than 10%, your ALIVE will display an empty battery icon to remind you to charge.

• Battery life depends on connection status, no. of times PPS signal is sent and use of fitness apps/features.

3. Bluetooth Pairing

Turn on Bluetooth on your mobile and start the Archon app.
Sign up if you are a new member or log in with your existing account.
If you use iOS device, give permission of Archon app to enable Bluetooth and Notification of your mobile device.

If you use Android device, also turn on Location on your mobile and grant permission of Archon app to access Location, Location Sharing and Notification of your mobile device.

The Bluetooth icon will be shown when ALIVE is connected to your mobile phone. If it is disconnected, the icon will not show up. Disconnection can be due to poor signal reception when your mobile phone is far away from the tracker or when they are blocked by your body or when you placed your mobile phone inside your bag or pocket.

4. Fitness Tracker Display

4.1 Time, Date and Battery Status

Single click to turn on the screen of your ALIVE, and it will show the time, date and battery status. The ALIVE has auto to awake feature that wakes when you raise and turn your hand with ALIVE by 40 ~ 80 degree, the screen will turn on automatically.

4.2 Step & Active Time

It shows number of steps walked or run and active time during the day.

4.3 Distance & Calories

It shows distance walked or run and calories burn during the day.

4.4 More Settings

It include Find Phone, Camera, Timer and device settings (include: Time Format, Unit Format, Wristband, Alarm and Silence).

5. Heart Rate Monitoring

• Dual LED Optical heart rate sensor monitor your heart rate periodically or continuously at Multisport mode.
• After you finished Multisport tracking, all data can be synchronized to the Archon app.

Note: Optical heart rate tracking will be affected if your skin is too dark or with tattoo or improper wearing.

E-SPO2 Monitoring

• ALIVE can monitor your SPO2 level that measure the amount of oxygen in the blood.
• Refer to "SPO2" page, and tap to measure, it will take around 20 sec to track your SPO2 level.
• Statistical data can be viewed after synchronizing your ALIVE with the Archon app. Compare data at different stages to assess your health condition.

Note: The results are for reference only, not the basis for clinical diagnosis.

7. Stress and HRV Monitoring

• ALIVE can track your stress and HRV level that monitor your physical condition.
• Swipe to "HRV" page, and tap to measure, it will take around 1 min to track your Stress & HRV level.
• Historical data can be viewed after synchronizing your ALIVE with the Archon app. Compare data at different stages to assess your physical condition.

Note:
• Sit properly and keep quiet during the measurement.
• The results are for reference only, not the basis for clinical diagnosis.

8. Sport mode

• There are 12 Multisport mode available for selection. Press any exercise icon to start.
• End Activity: Long press Return key to end the activity.
• During Exercise, you can swipe up or down to see different exercise data.
• All result can be synchronized and view at the Archon app.

9. Firmware Upgrade

ALIVE support OTA upgrade through Archon app. Go to the "Setting" > "Devices" interface of the Archon app. If "Update Available" icon is available, click to upgrade your Archon ALIVE.

Notes: During the upgrade process, please do not quit to the midway and wait until the upgrade is completed.

10. Safety and Care

ALIVE is not a medical device, and is not intended to diagnose, monitor, treat, cure or prevent any disease or conditions. The health care readings are for reference only, and no responsibility is accepted for the consequences of any erroneous readings. Do not look at the laser beam from someone's eyes directly, during or after using the device. It may cause eye damage. Please clean the device periodically to keep it clean and dry. Do not use abrasive cleaning that may damage the glass.

If you feel discomfort while using the ALIVE, stop using it and consult a doctor or a medical professional. On any occasion, if you feel pain, stop using the device and seek medical attention.

Consult the manufacturer or distributor or call the customer service for help.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) This device may not cause harmful interference, and (2) This device must accept any interference received, including interference that may cause undesired operation.

This device complies with IEC 62368-1:2014/AC:2014.

11. Specifications

Model	AA-D1
Display	Color TFT
Battery Type	Lithium-ion polymer
Battery Capacity	130 mAh
Battery life for stand-by	Around 14 days
Battery life for working	Up to 10 days
Water resistant	Water-proof Level
Connectivity	Bluetooth 5.0
Storage temperature	-0°C to 50°C
Operation temperature	0°C to 45°C
Heart Rate Sensor	Optical
Charger	USB Magnetic Charger

12. Warranty

Original purchaser of any Archon ALIVE Fitness Tracker can obtain 1 year warranty service from Archon or Distributor starting from the date of purchase. Original purchaser must deliver the faulty product to its original package or package with equal degree of protection together with source of evidence specified by Archon. Unlesss other offer is provided by the manufacturer of the product.

Archon shall be liable for (1) any damages, failing to do so in the product and (2) any damage to the product or failing to repair the product and (3) any damage to the product or failing to repair the product and (4) any damage to the product or failing to repair the product and (5) any damage to the product or failing to repair the product and (6) any damage to the product or failing to repair the product and (7) any damage to the product or failing to repair the product and (8) any damage to the product or failing to repair the product and (9) any damage to the product or failing to repair the product and (10) any damage to the product or failing to repair the product and (11) any damage to the product or failing to repair the product and (12) any damage to the product or failing to repair the product and (13) any damage to the product or failing to repair the product and (14) any damage to the product or failing to repair the product and (15) any damage to the product or failing to repair the product and (16) any damage to the product or failing to repair the product and (17) any damage to the product or failing to repair the product and (18) any damage to the product or failing to repair the product and (19) any damage to the product or failing to repair the product and (20) any damage to the product or failing to repair the product and (21) any damage to the product or failing to repair the product and (22) any damage to the product or failing to repair the product and (23) any damage to the product or failing to repair the product and (24) any damage to the product or failing to repair the product and (25) any damage to the product or failing to repair the product and (26) any damage to the product or failing to repair the product and (27) any damage to the product or failing to repair the product and (28) any damage to the product or failing to repair the product and (29) any damage to the product or failing to repair the product and (30) any damage to the product or failing to repair the product and (31) any damage to the product or failing to repair the product and (32) any damage to the product or failing to repair the product and (33) any damage to the product or failing to repair the product and (34) any damage to the product or failing to repair the product and (35) any damage to the product or failing to repair the product and (36) any damage to the product or failing to repair the product and (37) any damage to the product or failing to repair the product and (38) any damage to the product or failing to repair the product and (39) any damage to the product or failing to repair the product and (40) any damage to the product or failing to repair the product and (41) any damage to the product or failing to repair the product and (42) any damage to the product or failing to repair the product and (43) any damage to the product or failing to repair the product and (44) any damage to the product or failing to repair the product and (45) any damage to the product or failing to repair the product and (46) any damage to the product or failing to repair the product and (47) any damage to the product or failing to repair the product and (48) any damage to the product or failing to repair the product and (49) any damage to the product or failing to repair the product and (50) any damage to the product or failing to repair the product and (51) any damage to the product or failing to repair the product and (52) any damage to the product or failing to repair the product and (53) any damage to the product or failing to repair the product and (54) any damage to the product or failing to repair the product and (55) any damage to the product or failing to repair the product and (56) any damage to the product or failing to repair the product and (57) any damage to the product or failing to repair the product and (58) any damage to the product or failing to repair the product and (59) any damage to the product or failing to repair the product and (60) any damage to the product or failing to repair the product and (61) any damage to the product or failing to repair the product and (62) any damage to the product or failing to repair the product and (63) any damage to the product or failing to repair the product and (64) any damage to the product or failing to repair the product and (65) any damage to the product or failing to repair the product and (66) any damage to the product or failing to repair the product and (67) any damage to the product or failing to repair the product and (68) any damage to the product or failing to repair the product and (69) any damage to the product or failing to repair the product and (70) any damage to the product or failing to repair the product and (71) any damage to the product or failing to repair the product and (72) any damage to the product or failing to repair the product and (73) any damage to the product or failing to repair the product and (74) any damage to the product or failing to repair the product and (75) any damage to the product or failing to repair the product and (76) any damage to the product or failing to repair the product and (77) any damage to the product or failing to repair the product and (78) any damage to the product or failing to repair the product and (79) any damage to the product or failing to repair the product and (80) any damage to the product or failing to repair the product and (81) any damage to the product or failing to repair the product and (82) any damage to the product or failing to repair the product and (83) any damage to the product or failing to repair the product and (84) any damage to the product or failing to repair the product and (85) any damage to the product or failing to repair the product and (86) any damage to the product or failing to repair the product and (87) any damage to the product or failing to repair the product and (88) any damage to the product or failing to repair the product and (89) any damage to the product or failing to repair the product and (90) any damage to the product or failing to repair the product and (91) any damage to the product or failing to repair the product and (92) any damage to the product or failing to repair the product and (93) any damage to the product or failing to repair the product and (94) any damage to the product or failing to repair the product and (95) any damage to the product or failing to repair the product and (96) any damage to the product or failing to repair the product and (97) any damage to the product or failing to repair the product and (98) any damage to the product or failing to repair the product and (99) any damage to the product or failing to repair the product and (100) any damage to the product or failing to repair the product and (101) any damage to the product or failing to repair the product and (102) any damage to the product or failing to repair the product and (103) any damage to the product or failing to repair the product and (104) any damage to the product or failing to repair the product and (105) any damage to the product or failing to repair the product and (106) any damage to the product or failing to repair the product and (107) any damage to the product or failing to repair the product and (108) any damage to the product or failing to repair the product and (109) any damage to the product or failing to repair the product and (110) any damage to the product or failing to repair the product and (111) any damage to the product or failing to repair the product and (112) any damage to the product or failing to repair the product and (113) any damage to the product or failing to repair the product and (114) any damage to the product or failing to repair the product and (115) any damage to the product or failing to repair the product and (116) any damage to the product or failing to repair the product and (117) any damage to the product or failing to repair the product and (118) any damage to the product or failing to repair the product and (119) any damage to the product or failing to repair the product and (120) any damage to the product or failing to repair the product and (121) any damage to the product or failing to repair the product and (122) any damage to the product or failing to repair the product and (123) any damage to the product or failing to repair the product and (124) any damage to the product or failing to repair the product and (125) any damage to the product or failing to repair the product and (126) any damage to the product or failing to repair the product and (127) any damage to the product or failing to repair the product and (128) any damage to the product or failing to repair the product and (129) any damage to the product or failing to repair the product and (130) any damage to the product or failing to repair the product and (131) any damage to the product or failing to repair the product and (132) any damage to the product or failing to repair the product and (133) any damage to the product or failing to repair the product and (134) any damage to the product or failing to repair the product and (135) any damage to the product or failing to repair the product and (136) any damage to the product or failing to repair the product and (137) any damage to the product or failing to repair the product and (138) any damage to the product or failing to repair the product and (139) any damage to the product or failing to repair the product and (140) any damage to the product or failing to repair the product and (141) any damage to the product or failing to repair the product and (142) any damage to the product or failing to repair the product and (143) any damage to the product or failing to repair the product and (144) any damage to the product or failing to repair the product and (145) any damage to the product or failing to repair the product and (146) any damage to the product or failing to repair the product and (147) any damage to the product or failing to repair the product and (148) any damage to the product or failing to repair the product and (149) any damage to the product or failing to repair the product and (150) any damage to the product or failing to repair the product and (151) any damage to the product or failing to repair the product and (152) any damage to the product or failing to repair the product and (153) any damage to the product or failing to repair the product and (154) any damage to the product or failing to repair the product and (155) any damage to the product or failing to repair the product and (156) any damage to the product or failing to repair the product and (157) any damage to the product or failing to repair the product and (158) any damage to the product or failing to repair the product and (159) any damage to the product or failing to repair the product and (160) any damage to the product or failing to repair the product and (161) any damage to the product or failing to repair the product and (162) any damage to the product or failing to repair the product and (163) any damage to the product or failing to repair the product and (164) any damage to the product or failing to repair the product and (165) any damage to the product or failing to repair the product and (166) any damage to the product or failing to repair the product and (167) any damage to the product or failing to repair the product and (168) any damage to the product or failing to repair the product and (169) any damage to the product or failing to repair the product and (170) any damage to the product or failing to repair the product and (171) any damage to the product or failing to repair the product and (172) any damage to the product or failing to repair the product and (173) any damage to the product or failing to repair the product and (174) any damage to the product or failing to repair the product and (175) any damage to the product or failing to repair the product and (176) any damage to the product or failing to repair the product and (177) any damage to the product or failing to repair the product and (178) any damage to the product or failing to repair the product and (179) any damage to the product or failing to repair the product and (180) any damage to the product or failing to repair the product and (181) any damage to the product or failing to repair the product and (182) any damage to the product or failing to repair the product and (183) any damage to the product or failing to repair the product and (184) any damage to the product or failing to repair the product and (185) any damage to the product or failing to repair the product and (186) any damage to the product or failing to repair the product and (187) any damage to the product or failing to repair the product and (188) any damage to the product or failing to repair the product and (189) any damage to the product or failing to repair the product and (190) any damage to the product or failing to repair the product and (191) any damage to the product or failing to repair the product and (192) any damage to the product or failing to repair the product and (193) any damage to the product or failing to repair the product and (194) any damage to the product or failing to repair the product and (195) any damage to the product or failing to repair the product and (196) any damage to the product or failing to repair the product and (197) any damage to the product or failing to repair the product and (198) any damage to the product or failing to repair the product and (199) any damage to the product or failing to repair the product and (200) any damage to the product or failing to repair the product and (201) any damage to the product or failing to repair the product and (202) any damage to the product or failing to repair the product and (203) any damage to the product or failing to repair the product and (204) any damage to the product or failing to