ALIVE
SMART FITNESS TRACKER

ALIVE SMART FITNESS TRACKER
User Manual

Model: AA-01

Archon

Welcome

Come Alive with Archon Smart Fitness Tracker ! Track your activity, sleep and health index to maintain a healthy and low stress lifestyle. Have fun in sports. All Archon fitness tracker can synchronize wirelessly (BT 5.0) with your mobile phone that runs Android 6.0 or above, iOS 10.0 or above.

Please visit the official website to download latest version of product manual:
https://www.archon.com.hk
https://www.archonglobal.net
https://www.archonglobal.cn

Package includes:
1. ALIVE Fitness Tracker x 1pc
2. USB Magnetic Charger x 1pc
3. User Manual x 1pc
4. Changeable Strap x 1pc
   (only in two straps packaging)

Knowing your ALIVE

Swipe from top to bottom
Swipe from bottom to top
Single Click
Return
(Single Click or Long Press)

How to wear your ALIVE

Wear the ALIVE above your wrist bone. It should be snug but comfortable, and it should not move while running or exercise. Do not fasten too tightly. If you have tattoos, avoid placing the sensor right on it.

1. Active your ALIVE

Before using your Alive for the first time, please connect the magnetic charger to activate your ALIVE. After activation, the device start charging your ALIVE.

1.1 Battery Charge

Attach the magnetic charger to the back of your ALIVE. Plug the charging cable into the USB port on your computer or a certified USB charger. The screen will display a charging icon and it takes around 1.5 hours to fully charge your ALIVE.

Your ALIVE will show a "Full-charged battery" icon when you charge it for around 1.5 hours. When disconnect ALIVE from the magnetic charger, it will display normal clock screen.

1.2 Low Battery

When the battery level is low, your ALIVE will vibrate and will show an icon of low battery.
If the battery level is less than 5%, your ALIVE will display an empty battery icon to remind you to charge.

* Battery life depends on screen-on time, no. of times PPG signal for measurement and no. of times push notifications.

2. Download Archon App

The Archon app is available for iOS in the Apple App Store and for Android in the Google Play Store. Please search for "Archon" to download and install the app or scan below QR code for latest version of app:

GET IT ON **Google Play**

Download on the **App Store**

3. Bluetooth Pairing

- Turn on Bluetooth on your mobile and start the Archon app.
- Sign up if you are a new member or log-in with your existing account.
- If you use iOS device, grant permission of Archon app to access Bluetooth and Notification of your mobile device.
- If you use Android device, also turn on Location on your mobile and grant permission of Archon app to access Location, Location Sharing and Notification of your mobile device.
- The Bluetooth icon will be shown when ALIVE is connected to your mobile phone. If it is disconnected, the icon will not show up. Disconnection can be due to poor signal reception when your mobile phone is too far away from the tracker, or when they are blocked by your body or when you placed your mobile phone inside your bag or pocket.

4. Fitness Tracker Display

4.1 Time, Date and Battery Status

Single click to turn on the screen of your ALIVE, and it will show the time, date and battery status. The ALIVE has raise to awake feature that means when you raise and turn your hand with ALIVE by 40 – 80 degree, the screen will turn on automatically.

4.2 Step & Active Time

It show number of steps walked or run and active time during the day.

4.3 Distance & Calories

It show distance walked or run and calories burnt during the day.

4.4 More Settings

It include Find Phone, Camera, Timer and device settings (include Time Format, Unit Format, Wrist-on, Alarm and Silent).

5. Heart Rate Monitoring

- Dual LED Optical heart rate sensor monitor your heart rate periodically or continuously at Multisport mode.
- After you finished Multisport tracking, all details means when you raise and turn your hand with ALIVE by 40 – 80 degree, the screen will turn on automatically.

Note : Optical heart rate tracking will be affected if your skin is too dark or with tattoo or improper wearing.

6. SPO2 Monitoring

- ALIVE can monitor your SPO2 level that measure the amount of oxygen in the blood.
- Swipe to "SPO2" page, and tap to measure, it will take around 20 sec to track your SPO2 level
- Historical data can be viewed after synchronizing your ALIVE with the Archon app. Compare data at different stages to assess your health condition

Note : The results are for reference only, not the basis for clinical diagnosis.

7. Stress and HRV Monitoring

- ALIVE can track your Stress and HRV level that monitor your physical condition.
- Swipe to "HRV" page, and tap to measure, it will take around 1 min to track your Stress & HRV level.
- Historical data can be viewed after synchronizing your ALIVE with the Archon app. Compare data at different stages to assess your physical condition.

Note:
- Sit properly and keep quiet during the measurement.
- The results are for reference only, not the basis for clinical diagnosis.

8. Sport mode

- There are 12 Multisport mode available for selection. Press any exercise icon to start.
- End Activity: Long press Return key to end the activity.
- During Exercise, you can swipe up or down to see different exercise data.
- All result can be synchronized and view at the Archon app.

9. Firmware Upgrade

ALIVE support OTA upgrade through Archon app. Go to the "Setting" > "Devices" interface of the Archon app. If "Update Available" icon is available, click to upgrade your Archon ALIVE.

Notes: During the upgrade process, please do not quit in the midway and wait until the upgrade is completed.

10. Safety and Care

- ALIVE is not a medical device, and is not intended to diagnose, monitor, treat, cure or prevent any disease or condition. The heart rate readings are for reference only, and no responsibility is accepted for the consequences of any erroneous readings.
- Do not look at the heart rate sensor's lights directly, doing so may impair your vision.
- Do not expose the strap to very wet conditions. Wet straps can cause skin irritations. Please clean the strap by water periodically to keep it clean and dry, do not use abrasive cleaning that may damage the strap.
- If you feel discomfort while using the ALIVE, stop using it and removed it from your wrist.
- Do not use device in the environment of too high or too low temperature, please don't expose the device under strong sunshine or too wet environment. The suitable temperature for the device and accessories is 0°C - 45°C.
- Keep the ALIVE away from fire or any objects that may cause damage or scratch.
- Please do not attempt to repair, modify or disassemble the ALIVE.
- Please use the magnetic charger included in the package to charge the ALIVE.
- ALIVE is water-proof design. The device can not support hot water shower, diving, surfing, etc. It does not have waterproof effect on corrosive liquids such as seawater, acidic and alkaline solutions, and chemical reagents. If you inadvertently encounter corrosive liquid, please clean with clear water and wipe it dry. The damage caused by abuse or improper use is not covered by the warranty
- This device complies with RED Directive 2014/53/EU

FCC Statement

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
-- Reorient or relocate the receiving antenna.
-- Increase the separation between the equipment and receiver.
-- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
-- Consult the dealer or an experienced radio/TV technician for help.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:
(1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

11. Specifications

Model	AA-01
Display	Color TFT
Battery Type	Lithium-ion polymer
Battery Capacity	130 mAh
Battery life for stand-by	Around 14 days
Battery life for working	Up to 10 days
Water resistant	Water-proof Level
Connectivity	Bluetooth 5.0
Storage temperature	0°C to 50°C
Operation temperature	0°C to 45°C
Heart Rate Sensor	Optical
Charger	USB Magnetic Charger

12. Warranty

Original purchaser of any Archon ALIVE Fitness Tracker can obtain 1 year warranty service from Archon or Distributor starting from the date of purchase. Original purchaser must deliver the faulty product in its original package or packaging with equal degree of protection together valid invoice to address specified by Archon. Details please refer to Archon website.
https://www.archon.com.hk
https://www.archonglobal.net
https://www.archonglobal.cn

What is not included in Limited Warranty?

- Built-in batteries.
- Aesthetic damage where it does not affect the operation or safety of the product.
- Repair costs that have not been approved.
- Damage or breakdown due to flood, wind or other severe weather conditions.
- Damage or breakdown due to fire or any natural disaster.
- The cost of repairing or replacing a product which fails because anyone neglects, abuses or misuses the product.
- The cost of repairing or replacing a product which has been exposed to insect infestation (or similar phenomenon) or human or animal fluid/matter.
- Software or data.
- Cost of Data Recovery.

The symbol on the product or its packaging indicates that this product must not be disposed of with your other household waste. Instead, it is your responsibility to dispose of your waste equipment by handing it over to a designated collection point for the recycling of waste electrical and electronic equipment. The separate collection and recycling of your waste equipment at the time of disposal will help conserve natural resources and ensure that it is recycled in a manner that protects human health and the environment.
For more information about where you can drop off your waste for recycling, please contact your local authority, or where you purchased your product.