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# MEDTRONIC DBS THERAPY PATIENT PROGRAMMER

## MODEL TH90 FOR ACTIVA™ DEVICES

Quick Guide



**Medtronic**  
Further, Together

I have group\* (check all that apply):

*\*For reference*

A (for \_\_\_\_\_)

B (for \_\_\_\_\_)

C (for \_\_\_\_\_)

D (for \_\_\_\_\_)

# MEDTRONIC DBS THERAPY PATIENT PROGRAMMER

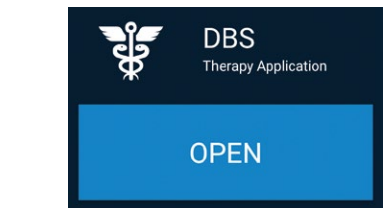
## MODEL TH90 FOR ACTIVA™ DEVICES

### Quick Guide

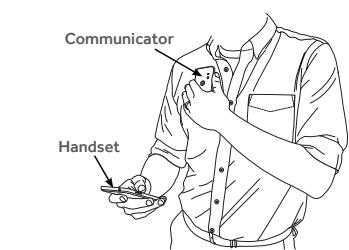
#### To view your therapy



1 Turn on the handset and communicator.  
Check that they are charged.



2 Tap the **OPEN** button of the DBS Therapy Application  
on the handset.



3 Place the communicator directly over the  
neurostimulator you want to connect to.



4 Keep the communicator over the neurostimulator  
and tap the **CONNECT** button on the handset.



5 When the DBS Therapy app is open and connected to  
the neurostimulator, the **HOME** screen will be visible.

**MENU BUTTON**  
Tap to access additional app features.

**OTHER DEVICE BUTTON**  
Tap to switch neurostimulators (only shows if you have two neurostimulators).  
■ Note: When switching to your other device, you will need to reposition your  
communicator over your other implanted device as well.

**MY BATTERY ICON**  
Your neurostimulator battery status.

**MY THERAPY OFF BUTTON**  
Tap to turn your therapy off.

**THERAPY BUTTON**  
Tap to view or adjust your therapy.

**BATTERY BUTTON**  
Tap to view your detailed battery status.

For video tutorials, visit [Medtronic.com/myDBSProgrammer](https://www.Medtronic.com/myDBSProgrammer)

[See other side for additional instructions. >](#)



AREA OF GLUE

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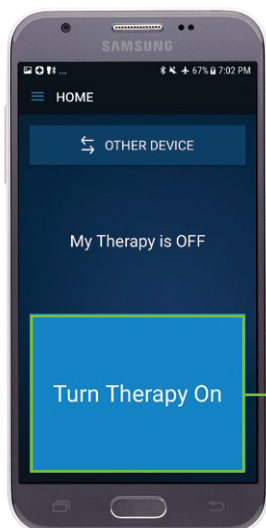
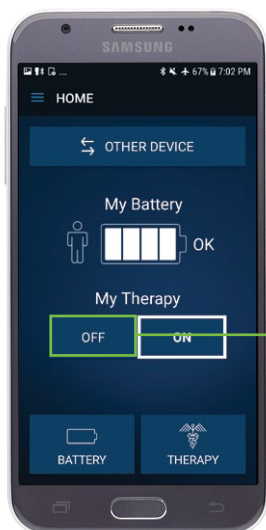
## Turn Therapy Off/On

### Note:

- You will need your communicator held over your neurostimulator for this.

**1** To Turn Therapy Off: On the **HOME** screen, tap the **OFF** button. Tap to confirm you want to turn off therapy in the pop-up message.

**2** To Turn Therapy On: On the **HOME** screen, tap the **Turn Therapy On** button.



## How to Check your Battery Status

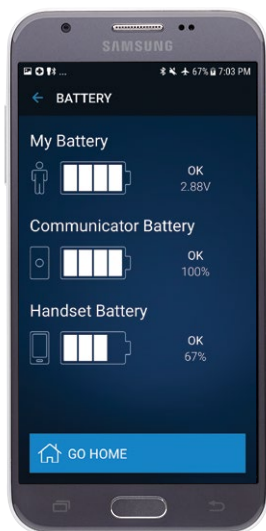
**1** On the **HOME** screen, tap the **BATTERY** button.

**2** The **BATTERY** screen shows the status of three different batteries:

- **My Battery** – the battery level of the neurostimulator, the device implanted in your body. If you have two neurostimulators implanted, you can view the battery level of the other device by switching to the other device.
- **Communicator Battery** – the battery level of the communicator, the device that you hold over your neurostimulator.
- **Handset Battery** – the battery level of the handset, the device that runs the DBS app.

### Notes:

- You can also tap the Menu button (≡) and tap **Battery**.



## Changing Groups

### Notes:

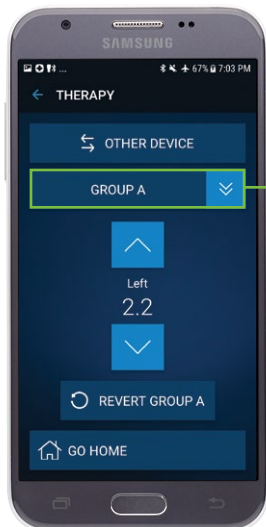
- You will need your communicator held over your neurostimulator for this.
- Your clinician may have set up groups, which are preset therapy options that you can choose from. If available, changing groups is a way for you to quickly adjust your therapy.

**1** On the **HOME** screen, tap **THERAPY**.

**2** Tap the **GROUP** button.

**3** Choose the group that you want.

After choosing a group, the **THERAPY** screen for that group will appear. This means you have successfully changed groups.



## Adjusting Stimulation

### Notes:

- You will need your communicator held over your neurostimulator for this.
- If it is available to you, you can raise and lower the level of your therapy. You may not be able to adjust therapy. Your DBS clinician will decide whether to provide you with this option.
- Your clinician may have used Group Naming if feature is available (dependent upon the software version of your handset)

**1** On the **HOME** screen, tap **THERAPY**.

**2** Adjust your therapy up and down using the arrow buttons.

- If an arrow turns gray, you cannot adjust therapy any further in that direction.
- Between the arrow buttons, Left is the left side of your body and Right is the right side.

