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No medical claims are warranted or implied by the use of this product.  
Human Touch is a trademark of Human Touch®, LLC.  
iJoy-100-NA-A0



**iJoy 100**  
use & care manual

**Human Touch®**  
**Partners in Your Well-Being**

For decades, Human Touch has been a leader in the field of massage products. We create state-of-the-art products that embrace the latest technology while applying the ancient healing art of massage. Balancing your physical and mental needs requires the right mix of proper nutrition, exercise, and massage. Human Touch Massage Systems are vital components for achieving balance between physical and mental well-being.

To learn more about our company and our products, we invite you to visit us on the Internet at: [humantouch.com](http://humantouch.com) or call our Customer Service Representatives at 800-355-2762.



The Human Touch® Massage System is the preferred technology of the ACCO.  
[www.accoweb.org](http://www.accoweb.org)



Please send any questions or comments regarding this manual to [documentation@humantouch.com](mailto:documentation@humantouch.com)

# iJoy 100

## welcome to human touch®

Your Human Touch® iJoy® massage chair is the perfect bridge between state-of-the-art technology and the ancient healing art of massage. It's a key ingredient for a balanced life—and it's right in your own home!

Your Human Touch iJoy massage chair incorporates patented Human Touch® Massage System technology. It emulates the same techniques used by massage and chiropractic professionals for back and spinal care. It's hard to believe it's not human!

To ensure that you don't overlook any of your chair's features, and that you use it safely, read this manual carefully. Then sit back, relax, and enjoy!

[humantouch.com](http://humantouch.com)

# keep it safe

## IMPORTANT SAFETY INSTRUCTIONS

When using an electrical appliance, basic precautions should always be followed, including the following:

Read all instructions before using this appliance.

**DANGER:** To reduce the risk of electrical shock  
Always unplug this product from the electrical outlet immediately after using and before cleaning.

**WARNING:** To reduce the risk of burns, fire, electric shock or injury to persons:

- Do not put hands or fingers near the massage mechanism or rollers while this product is running. Touching the mechanism can result in injury from the rollers squeezing together.
- If the supply cord is damaged, it must be replaced by the manufacturer or its service agent or a similarly qualified person in order to avoid a hazard.
- An appliance should never be left unattended when plugged in. Unplug from outlet when not in use, and before putting on or taking off parts.
- Do not operate under blanket or pillow. Excessive heating can occur and cause fire, electric shock, or injury to persons.
- Close supervision is necessary when this product is used by, on, or near children, invalids, or disabled persons.
- Use this product only for its intended use as described in this manual. Do not use attachments not recommended by the manufacturer.
- Never operate this product if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water. Return this product to a service center for examination and repair.
- Do not carry this appliance by the power cord or use the cord as a handle.
- Always keep the power cord away from heated surfaces.
- Never operate this product with the air openings blocked. Keep the air openings free of lint, hair, and the like.
- Never drop or insert any object into any opening.
- Do not use outdoors.

- Do not operate where aerosol (spray) products are being used or where oxygen is being administered.
- To disconnect, turn all controls to the OFF position, then remove plug from outlet.
- Do not massage any area of the body that is swollen, inflamed or covered with skin eruptions.
- Do not use this product when standing on a damp floor, or when any part of the body is in contact with plumbing or any similar ground.
- Connect this appliance to a properly grounded outlet only. See GROUNDING INSTRUCTIONS.
- Do not use this product if noise above normal sound is heard.
- Do not stand on or in appliance. Use only while seated.
- This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety. Children should be supervised to ensure that they do not play with the appliance.
- After servicing, zipper must be fastened by wire tie.

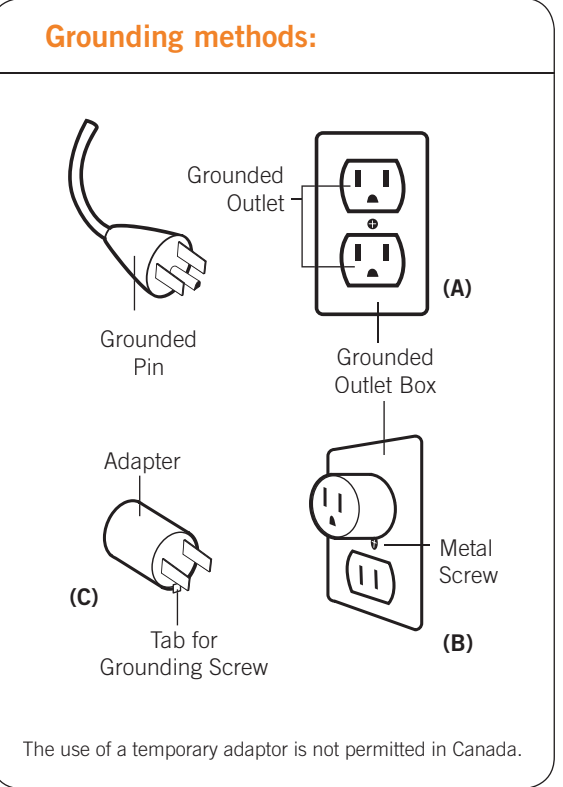
### Safety Precautions

- Comfortable clothing is recommended while using this product.
- This product was meant to be used in a relaxed position. Never force any body part into the backrest area while the rollers are moving.
- If you feel any abnormal discomfort during the operation of this product, turn off the power immediately and do not use the product. Consult your physician.
- Do not sit on the controller.
- Do not pull on the AC cord.
- When using this product after it has been in storage, check to see that the product is operating properly prior to use.
- Always confirm that there are no obstacles behind the product and that there is sufficient space to recline.

SAVE THESE INSTRUCTIONS

**Do not attempt to repair this product yourself.**  
This product is designed for personal in-home use. Commercial use will void warranty.

For all grounded cord-connected products:



### Grounding Instructions:

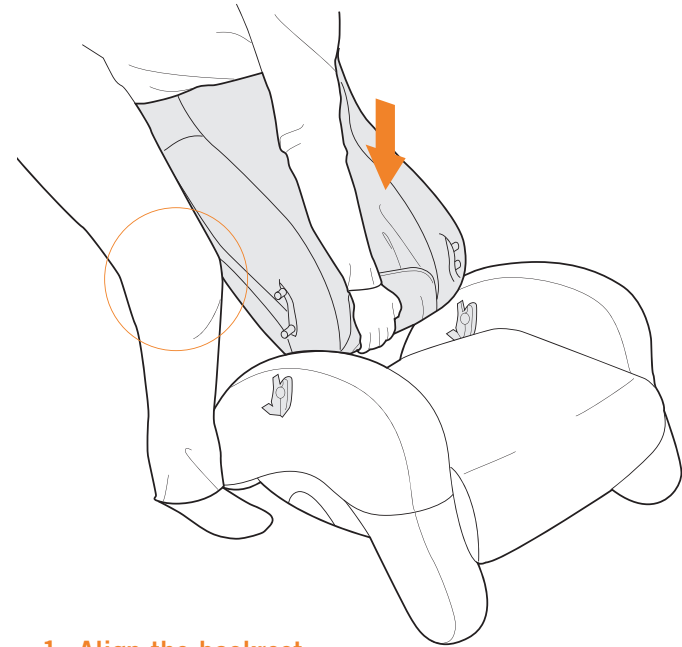
This product must be grounded. If it should malfunction or breakdown, grounding provides a path of least resistance for electrical current to reduce the risk of electric shock. This product is equipped with a cord having an equipment-grounding conductor and a grounding plug. The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances.

**DANGER:** Improper connection of the equipment-grounding conductor can result in a risk of electronic shock. Check with a qualified electrician or serviceman if you are in doubt as to whether this product is properly grounded. Do not modify the plug provided with the product – if it will not fit the outlet, have a proper outlet installed by a qualified electrician.

This product is for use on a nominal 120-volt circuit and has a grounding plug that looks like the plug illustrated in sketch (A). A temporary adapter that looks like the adapter used in sketches (B) and (C) may be used to connect this plug to a 2-pole receptacle as shown in sketch (B), if a properly grounded plug is not available. The temporary adapter should be used only until a properly grounded outlet (sketch A) can be installed by a qualified electrician. The green colored, rigid ear, lug or the like extending from the adapter must be connected to a permanent ground such as a properly grounded outlet box cover. Whenever the adapter is used, it must be held in place by a metal screw.

**WARNING:** This product is equipped with a thermal resetting protection device. This is an added safety feature to protect you and this product from overheating. If the product should suddenly stop and will not start, turn the main power switch, located on the back of the product, to off and do not operate the product for at least 30 minutes. Failure to turn the product off may result in the product starting unexpectedly when the product cools.

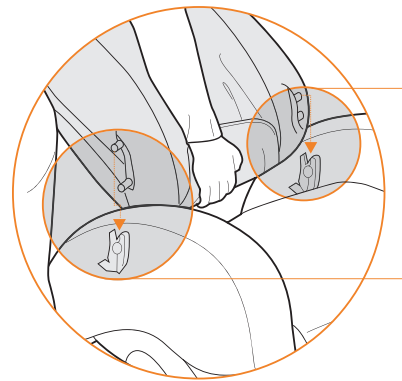
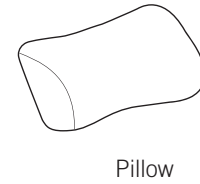
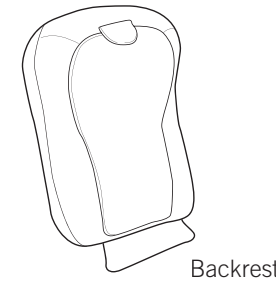
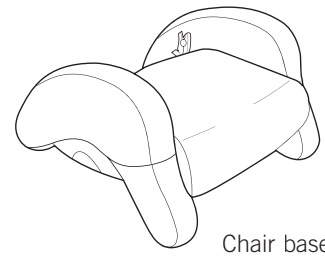
# get ready



## 1. Align the backrest

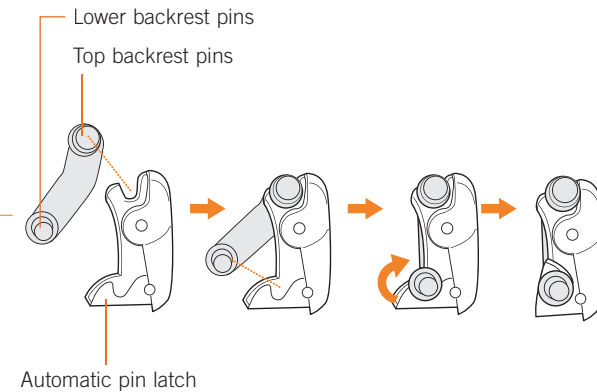
Bend your knees to protect your back (you may want to get someone to help you).

## Unpack the box



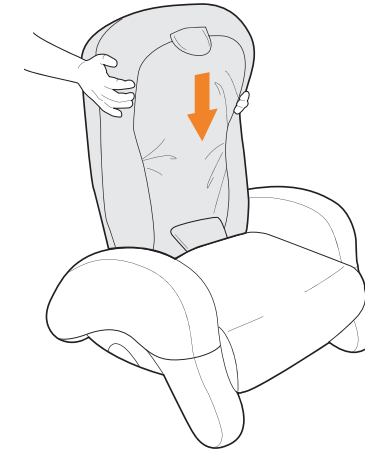
## 2. Align the backrest pins

Align the top backrest pin on each side of the backrest with the pin cradle on each side of the chair base.



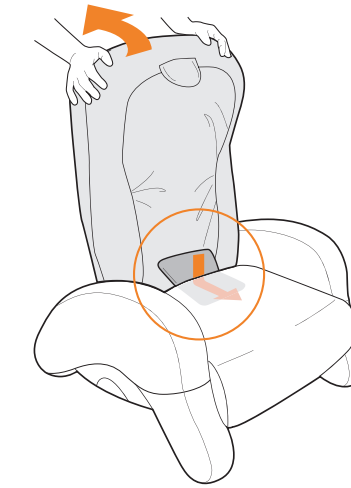
## 3. Secure the backrest

Push the lower backrest pins into the pin latches on each side of the backrest until the pin latches snap automatically into place.



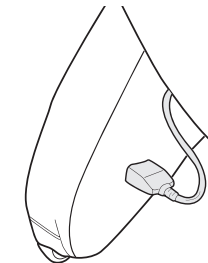
## 4. Check the alignment

Push the backrest forward to an upright position to ensure that the backrest pins are properly aligned with the pin cradles and pin latches.



## 5. Lock the backrest in place

Pull the backrest backward until it locks into place. Tuck the flap on the front of the backrest down behind the seat bottom. From behind the chair, smooth the flap against the seat bottom. The flap attaches to the seat bottom using the hook and loop fastener.

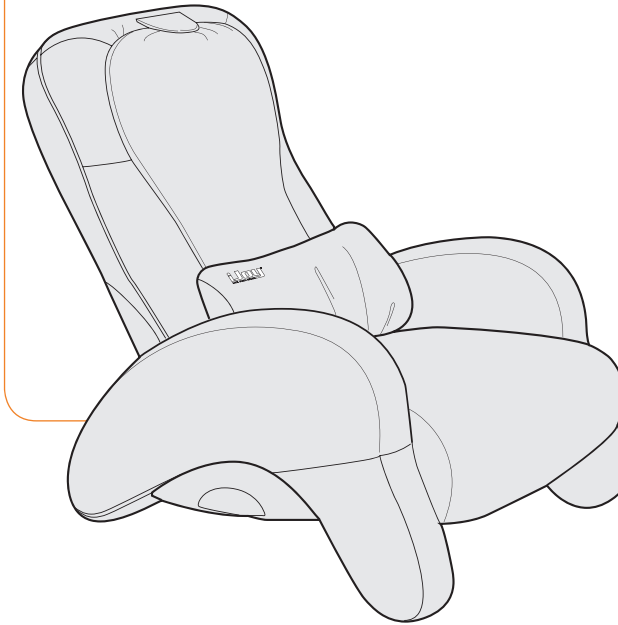


## 6. Connect the cable

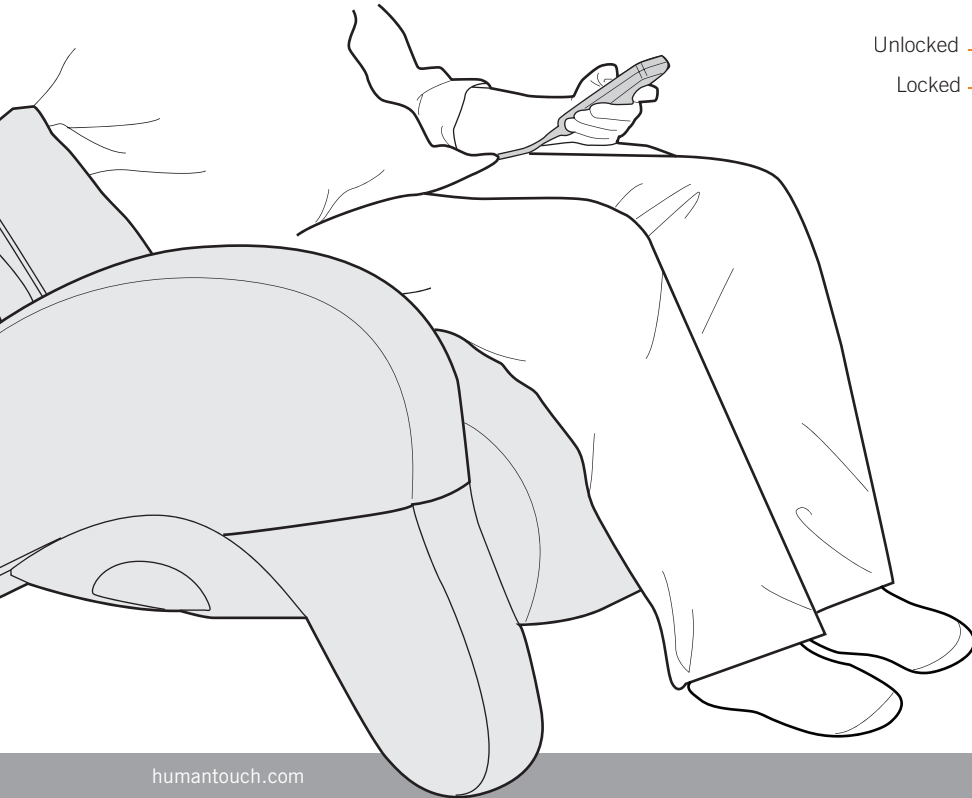
Connect the cable located on the bottom back of the backrest to the connector on the rear left-hand leg of the chair base.

 To remove the backrest, lean the backrest forward. Pull the backrest release cord located on the bottom right of the chair base. Push down on each pin latch to release the backrest pins from the cradle. Lift the backrest off of the chair base.

**Your Human Touch iJoy massage chair** requires some simple assembly (no tools required). Just attach the backrest to the chair base, lock it into position, and you're done!

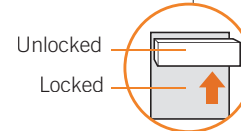


# take a seat



## 1. Plug it in

Plug the power cord into a power source.



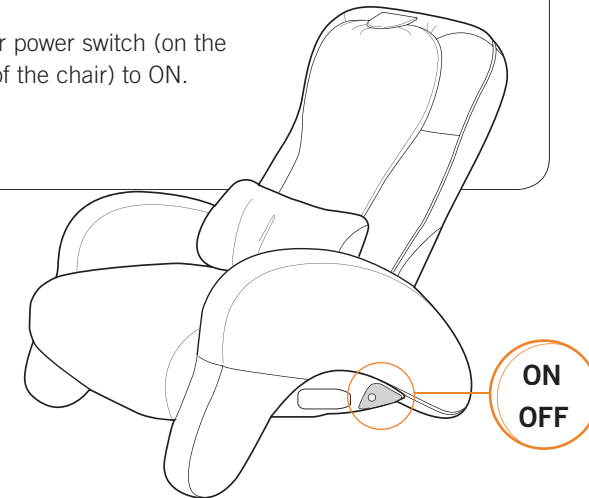
## 2. Child safety lock

**Make sure child safety lock is set to Unlock.**

Setting the **Child Safety Lock** to the Lock position prevents the power switch from being turned on. Keep the child safety lock in the Locked position when unattended, to prohibit children from using the chair.

## 3. Power on

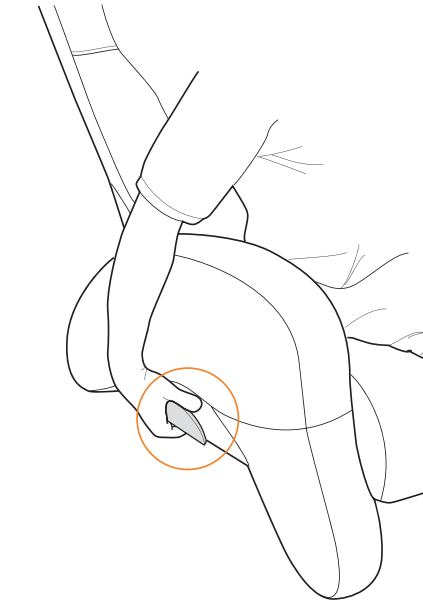
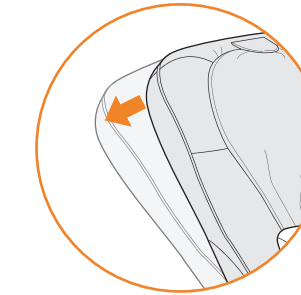
Turn the master power switch (on the left-hand side of the chair) to ON.



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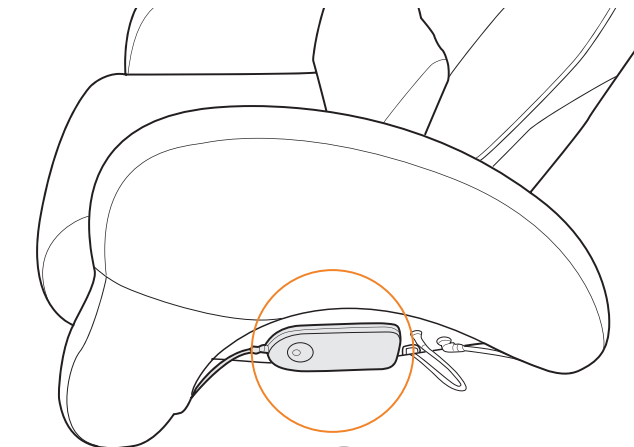
## 4. Get comfortable

While sitting in the chair, adjust the backrest by pulling the backrest handle up. Lean backward or forward until you find a comfortable position. Release the handle.



## 5. Locate the remote control

Remove the remote control from the magnetic panel on the left-hand side of the chair.



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Using your Human Touch iJoy massage chair is easy! Just plug it in, power it on, then use the backrest handle to adjust the backrest angle for maximum comfort.

take control

When changing backrest direction, there is a slight pause while the chair gears shift. This is perfectly normal.



**Power** – lights to indicate that master power switch is on.

**Message Programs** massage the specified area of your back for 15 minutes, using a variety of massage techniques. The corresponding LED lights on the remote to indicate which massage mode is currently in use.

**Full** – massages your entire back.  
**Upper** – massages your upper back.  
**Lower** – massages your lower back.

**Zone** — Targets your massage to a six-inch zone. Use the Position buttons to focus your massage on the desired area.

**Position** — Use these buttons along with any massage technique, to target the massage to the desired area of your back. You can press these buttons before or after selecting the massage technique.

**Stop/park** — stops the massage and parks the massage rollers at the top of the backrest.

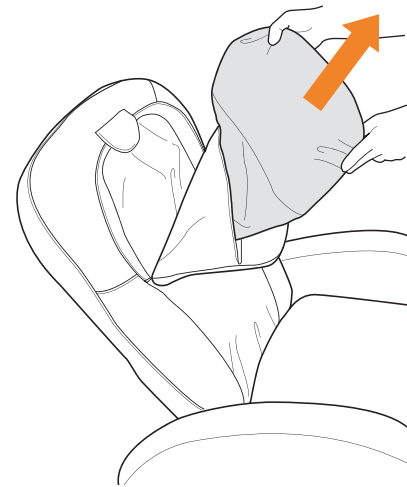
MASSAGE TECHNIQUES

| Message Techniques | KNEADING                                                                                                                                  | COMPRESSION                                                                                                                                                                                                                                                                               | PERCUSSION                                                                                                                                                                                            | ROLLING                                                                                                                                     |
|--------------------|-------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|
| What it Does       | Kneads your back in a small, circular motion on both sides of your spine simultaneously.                                                  | Presses on spinal muscles and spinal joint areas using alternating strokes and a gentle rocking motion, emulating a technique used in sports medicine and in spinal therapy by chiropractors.                                                                                             | Alternates rapid-tapping strokes along the spine to stimulate both spinal muscles and spinal joint areas, emulating the percussive massage technique used in sports medicine for deep muscle therapy. | Rolls gently up and down your back near your spine.                                                                                         |
| Benefits           | Relieves tension and soreness by lifting and stretching muscles. Improves circulation and helps bring vital nutrients to the spinal area. | Spreads and puts pressure on deep muscle tissue, forcing it to relax, while the rocking motion loosens spinal joints. Aides in muscle and joint repair due to strain from exercise, long hours bent over a desk, or just day-to-day stress, and can improve mobility and overall posture. | Flexes spinal joints and relieves pressure on the spinal column, invigorating the entire back area.                                                                                                   | Warms and loosens your muscles, preparing your back for deeper massage. Relieves muscle tension, improves circulation and relaxes the back. |

Now choose a massage mode to suit your mood. Your Human Touch iJoy massage chair lets you customize your massage using a wide variety of massage modes. Choose from three stationary massage techniques and a rolling massage, or combine them! Use the Position buttons to target your massage to a specific area, or select one of the three auto massage programs and let the chair take control. No matter how you use it, your Human Touch iJoy massage chair offers maximum massage flexibility and refreshing benefits.

# customize massage intensity

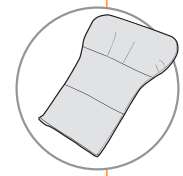
The massage-softening pad softens the massage intensity. For a stronger massage, remove the massage-softening pad.



1. Open the horizontal zipper on the front of the backrest.
2. Remove the massage-softening pad from the pocket.
3. Close the zipper.

You can re-insert the massage-softening pad in the future, following these same steps.

*Replacement massage-softening pads are available from Human Touch, for an additional charge.*



To experience the full power of **Human Touch** just remove the massage-softening pad. But keep it handy, in case you want to replace it in the future.



Your Human Touch iJoy massage chair may have zips that are closed with a plastic Security Tie. Cut the Security Tie with a nail clipper or other suitable instrument. Take care to not cut the chair upholstery.

# care and maintenance

To keep your product working and looking its best, please follow these simple care guidelines.

## Cleaning:

1. Be sure to unplug before cleaning.
2. Do not use benzene, thinner or any other solvents on your massage chair.
3. Remove dust on the backrest or armrest with a vacuum cleaner.
4. If the backrest or armrests become dirty, wipe with a damp cloth, then a dry cloth.
5. Common upholstery cleaners may be used for tough stains.
6. When cleaning the remote control or around the power switch, use a dry cloth only. Never use a damp cloth to clean the controller or power switch.

## Fabric Care:

To maintain your Human Touch product in optimum condition, dust it frequently and/or vacuum it with a soft brush vacuum extension. SöfSuede™ products can also be brushed with a suede brush. Wipe with a slightly damp cloth as necessary. For tougher stains on non-leather products, use a mild detergent mixed with water. Leather products should be wiped down occasionally with a leather furniture cleaning solution.



## WARNING:

Be sure to test any cleaning solution on a small, inconspicuous part of the product to ensure that the colour does not fade prior to using the solution on the entire product surface.

## Maintenance and Repair:

1. The mechanisms of this product are specially designed and constructed to be maintenance free. No periodic lubrication or servicing is required.
2. Your chair should only be serviced by an authorized service center.

## Storage:

1. When not in use for a long period of time, we recommend that the chair be covered, the power lead be coiled and that the unit be placed in an environment free of dust and moisture.
2. Do not store near heat or open flame. Do not leave this product exposed to direct sunlight for long periods of time. This may cause fading or damage.

## Miscellaneous:

1. Foreign objects should not be inserted between the massage nodes or the unit housing.
2. Care should be taken not to overload the unit.

# limited warranty

Please read the following warranty information for important disclosures before using your new Human Touch iJoy massage chair.

It is the Human Touch mission to design, develop, manufacture and sell innovative, high quality massage products that create a better and healthier way of life. We appreciate your commitment to our mission and our products and are pleased to let you know that the Human Touch product that you purchased comes with a limited warranty. The warranty provides peace of mind that you are covered for mechanical or structural defects in workmanship within the coverage guidelines and limitations outlined below.

Coverage Guidelines:  
The warranty begins on the original purchase date and consists of:

- Factory Service (Labor): Human Touch will supply packing materials, cover return shipping to Human Touch, repair parts covered by this warranty and labor for repair work and return shipping to purchaser when repairs are completed.
- Parts Only (Parts): Human Touch will supply repair parts that are covered by this warranty and return shipping to purchaser for repairs performed at the factory.
- Structural (Metal Frame): Human Touch will supply packing materials and repair parts covered by this warranty and return shipping to purchaser for repairs performed at the factory.

| Human Touch iJoy Chairs                | Factory Service | Parts    | Structural |
|----------------------------------------|-----------------|----------|------------|
| New Products (Original Packaging Only) | 90 days         | 1 year   | 1 year     |
| Refurbished Products                   | 30 days         | 6 months | 6 months   |
| Floor Demos (including "out of box")   | NONE            | 6 months | 6 months   |

In the unlikely event that your Human Touch product malfunctions or requires repair, please contact your retailer. For USA customers only, please contact Human Touch Customer Service at (800) 355-2762 between the hours of 6 AM and 5 PM PST or cs@humantouch.com for assistance. You can also send a fax to customer service at (800) 840-2940.

All warranty service requires approval and authorization by Human Touch. Products require a Return Merchandise Authorization Number (RMA) for any returns to the factory. For returns, the consumer is responsible for packing the product in the original box or in approved packaging that is available for sale from Human Touch. Shipping and freight coverage under this warranty requires scheduling by Human Touch and only includes "curb-side" pickup/delivery. Products received without a valid RMA number or one clearly marked on the box will be refused.

## General Limitations:

- The warranty is only valid within the United States and Canada provided the product has been operated according to the instructions accompanying it and has not been misused or damaged in any way that is beyond the control of Human Touch.
- All service covered by this warranty must be approved by Human Touch and repairs performed by authorized technicians.
- The warranty applies only to the massage chair; accessories or enhancements are not covered.
- Important exclusions apply to cosmetic items such as fabrics, woods, foams, padding, plastics covers, etc.
- Human Touch is not responsible in any way for losses, damages, or inconvenience caused by equipment failure.
- For a complete listing of warranty coverage, exclusions, and limitations, visit humantouch.com.
- Warranties do not apply to rental, business, commercial, institutional, or other non-residential users.
- Separate warranty terms apply to used/refurbished products including those received out-of-box. Proof of purchase (original receipt) is required for all warranty repairs.

## EXTENDED WARRANTIES:

Human Touch offers extended warranty programs to enhance ownership of the Human Touch product. Extended warranty purchases are available within 90 days of purchase of Human Touch product from either the retailer or direct from the Human Touch Customer Service Department.

Please visit humantouch.com for the latest terms and pricing for extended warranties.

## Specifications\*

|                             |                    |
|-----------------------------|--------------------|
| Operating Voltage:          | AC110-120V, 60 Hz  |
| Power Consumption:          | 90 Watts           |
| Chair Size (Reclined):      | 47"L x 28"W x 22"H |
| Chair Weight:               | 72 Lbs.            |
| Required Recline Clearance: | 9"                 |
| Maximum Load Weight:        | 285 Lbs.           |

\*Specifications are subject to change without prior notice.