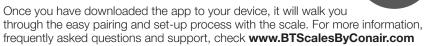




Congratulations on purchasing this Bluetooth®-connected WW Scales by Conair® Body Weight Scale!

It is designed to work with the free WW Scales by Conair® app to give you an easy-to-use way of tracking your weight. To download the app, go to the Apple® App Store or Google® store and type "WW Scales by Conair" into the search box. Or, you can go to www.BTScalesByConair.com and download the app there.



Did you know?

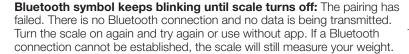
- Your scale works even without the app you do not need a smart device to check your weight.
- But you will need a smart device to set goals, track your progress, earn badges, and participate in other fun activities that are only available on the app.
- If you are a WW subscriber, your weight data will automatically sync with your account on the WW app; no more need for manual data entries!
- If you use other health and fitness apps, and would like them to receive data from your scale, the app will sync data to the Health app (Apple) and to the Google Fit app (Android) and allow your favorite apps to pull your data from there.

Syncing Bluetooth

Simply step on the scale to begin syncing with the WW app. Generally, you will see the following in the scale display:

Bluetooth symbol blinking: Scale is trying to communicate with your smart device

Bluetooth symbol stable: Bluetooth connection has been established





- 1. Remove all packaging materials.
- 2. Remove the isolator tab from the battery compartment without opening the battery cover at the bottom of the scale, gently pull out the isolator tab. (If the tab cannot be pulled out, or if the scale display does not work after you have pulled the isolator tab, remove the cover. Gently pull out the isolator tab or any pieces of it that may be blocking the battery contacts. Ensure the batteries are installed correctly. Replace the battery cover.)
- 3. For best accuracy, place scale on tile or hardwood floor, rather than uneven, flexible or soft flooring (such as carpet).

NOTE:

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Your scale will read error if your weight is above 400 lbs.



Low battery warning: When the batteries are critically low, the scale display will show "Lo" and it is time to replace the batteries (see battery replacement instructions).



Weigh

Scales are the best tool for monitoring weight and weight loss. A scale measures your total body weight, which includes bone, muscle, fat, and water. While your weight is important, it is only one indicator of overall health. For example, two women with the same height and weight can have very different levels of fat and muscle and different health profiles.

When your goal is to lose or maintain weight, it is best to review and learn from the trends you see over time, rather than draw conclusions from what the scale says on any one day. This is because body weight can fluctuate from hour to hour and from day to day due to a variety of factors such as:

- How much sodium (salt) you have eaten
- How large or small your most recent meals were
- How hydrated you are which can be influenced by exercise, illness, and fluid intake
- Hormone levels and menstrual cycles

A healthy rate of weight loss is 1–2 pounds a week. But this is an average: It's important to know that weight loss does not occur in a straight line. Small weight gains and losses, as well as plateaus, are common along the way as your body adjusts to your new eating, activity, and other self-care habits. Therefore, weight trends over time (e.g., weeks and months) are a more reliable predictor of progress than what the scale says on any given day.

It's also important to know that different scales often give slightly different results. For example, the scale at your doctor's office may show one weight, while your scale at home shows another. If you use different scales in different circumstances, we recommend tracking your weight trends based on one scale only.

Recommendations for weighing yourself

WW recommends tracking your weight at least once a week and no more than once a day. Research shows that people who track their weight consistently are more likely to lose weight and keep it off; so aim to develop a habit around weight tracking by doing it at the same time, in the same situation each day you do it. Here are a few other tips:

- Keep your scale somewhere that you'll see it each morning
- Weigh yourself first thing after you wake up. Do it after you have used the bathroom and before you have had anything to eat or drink
- Weigh yourself without clothes (ideally) or with light clothing and no shoes.
- Use the same scale each time you weigh yourself to track your progress consistently
- Pay attention to your non-scale victories! Even when the scale doesn't move the way you'd like it to, the behavior changes you are making add up to move you forward
- Track your weight even if you think you've gained. Research suggests that the more consistently you maintain the habit of tracking your weight, the more likely it is that you will make progress over time. Consistency is key!

Facts You Should Know

Your WW scale is a precise measuring instrument that is most accurate when weighing a stationary object. To ensure accurate readings, always try to stand on the same area of the scale platform and DO NOT MOVE. Should the weight on the scale exceed the scale's capacity, you may see the error message "Err."

Electronic sensors are sensitive. Be careful not to drop or jar the scale. Place it gently onto floor surface, and store where it will be protected from impact. The scale is an electronic instrument and should never be submerged in water. Clean with damp cloth and/or glass cleaner.

When the scale batteries need to be replaced (display shows "Lo"), remove the battery cover on the bottom of the scale. Replace the old batteries with 2 new AAA batteries. Replace the battery cover. Remove used batteries promptly.

NOTE: After battery replacement, the app and scale must be paired again.

Instructions for using Batteries

Always purchase the correct size and grade of battery most suited for the intended use.

- Replace all batteries at the same time.
- Do not mix old and new batteries. Do not mix alkaline, standard (carbon-zinc), or rechargeable (nickel cadmium) batteries.
- Clean the battery contacts and also those of the device prior to battery installation.
- Ensure the batteries are installed correctly with regard to polarity (+ and -).
- Remove batteries from product if it is not to be used for an extended period of time.
- Remove used batteries promptly.

Dispose of the old batteries properly

Do not attempt to open the scale or to remove any components. Servicing should be done by qualified technicians only. See warranty information.

When batteries of different brand or type are used together, or new and old batteries are used together, some batteries may be over-discharged due to a difference of voltage or capacity. This can result in venting, leakage, and rupture and may cause personal injury.

Battery Safety Information

- 1) This product contains AAA alkaline batteries.
- 2) Since batteries are sensitive to high temperatures, when storing them, keep in a cool, dry place.
- 3) Battery contacts need to be clean, both on the battery and in the appliance, before installation.
- 4) Batteries should be removed from the appliance when not being used for long periods of time (such as months).
- 5) Never recharge non-rechargeable batteries.
- 6) Be careful and install (+) and (-) on batteries to the correct plus and minus on device.
- 7) Replace all old batteries at one time. Do not mix old and new.
- 8) Do not mix alkaline with standard or rechargeable batteries.
- 9) Remove discharged batteries immediately to avoid leakage.
- 10) Never put batteries into a fire.
- 11) When applicable, switch off devices after use.
- 12) Keep batteries away from children, especially the batteries that are small enough to ingest.
- 13) If a battery is ingested, seek immediate medical attention. Call the National Battery Ingestion Hotline at (800) 498-8666 or call your poison center at (800) 222-1222.
- 14) Never open, crush, puncture or disassemble batteries.
- 15) Dispose of batteries according to any state and local regulations.

Battery Recycling Information

Alkaline batteries contain various materials that must be recycled and disposed of properly. Do not dispose of in the municipal waste system.

Under various state and local laws, it is illegal to dispose of this battery in the municipal waste stream. The EPA-certified RBRC™ battery recycling seal on the alkaline batteries indicate Conair is voluntarily participating in an industry program to collect and recycle these batteries at the end of their useful life, when taken out of service in the United States or Canada. The RBRC™ program provides a convenient alternative to placing the used alkaline batteries in the trash or the municipal waste stream, which may be illegal in your area. Please call 1-800-8-BATTERY™ for information on alkaline battery recycling and disposal bans/restrictions in your area. Conair's involvement in this program is part of our commitment to preserving our environment and conserving our natural resources.

Or refer to the Call to Recycle link below for the nearest drop-off location. **www.call2recycle.org/locator/**

Federal Communications Commission Notice

WARNING: Changes or modifications to this unit not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment. This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) This device must accept any interference received, including interference that may cause undesired operation.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

CAUTION: Any changes or modifications not expressly approved by Conair LLC, the manufacturer of this product and the party responsible for compliance, could void the user's authority to operate the equipment.

Supplier's Declaration of Conformity

Brand: WW by CONAIR® Model No.: WW927Z

Description: Body Weight Scale Responsible Party: Conair LLC.

1 Cummings Point Road, Stamford, CT 06902 (203) 351-9000

Standards: FCC Part 15 Subpart B. ANSI C63.4-2014

Date of Issue: 06/01/2023 This scale is not a tov.

LIMITED TEN-YEAR WARRANTY (U.S. & CANADA ONLY)

Conair will repair or replace, at our option, your appliance free of charge for 120 months from the date of purchase if the appliance is defective in workmanship or materials.

To obtain service under this warranty, return the defective product to the service center listed, together with your sales slip. California residents need only provide proof of purchase and should call 1-800-3-CONAIR for shipping instructions. In the absence of a receipt, the warranty period shall be 120 months from the date of manufacture.

ANY IMPLIED WARRANTIES, OBLIGATIONS, OR LIABILITIES, INCLUDING BUT NOT LIMITED TO THE IMPLIED WARRANTY OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE, SHALL BE LIMITED IN **DURATION TO THE 120-MONTH DURATION OF THIS WRITTEN. LIMITED** WARRANTY. Some states do not allow limitations on how long an implied warranty lasts, so the above limitations may not apply to you.

IN NO EVENT SHALL CONAIR BE LIABLE FOR ANY SPECIAL. INCIDENTAL. OR CONSEQUENTIAL DAMAGES FOR BREACH OF THIS OR ANY OTHER WARRANTY, EXPRESS OR IMPLIED, WHATSOEVER.

Some states do not allow the exclusion or limitation of special, incidental, or consequential damages, so the above limitation may not apply to you. This warranty gives you specific legal rights, and you may also have other rights which vary from state to state.

Please register this product at: register.conair.com



Bluetooth° **BODY WEIGHT SCALE**





IB-18065

23AD088128









high-visibility blue display

safety glass

to 400 lbs.

tracking

Instructions for Use

To get the greatest benefit from your purchase, please read this entire brochure before using your scale.

WW927Z

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