Therabody

JetBoots PRO Plus

User Manual

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Therabody

Born in Los Angeles, CA.
Designed for every**body**.

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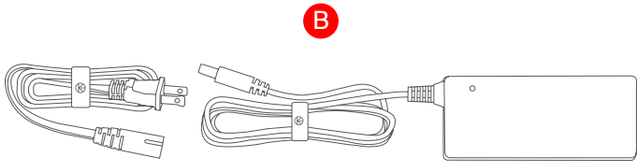
JetBoots PRO Plus

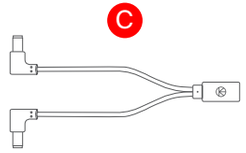
1. Intended Use

JetBoots PRO Plus is an air compression therapy device intended to provide graduated pressure to the legs. JetBoots PRO Plus is indicated for the temporary relief of minor muscle aches and pains, and for a temporary increase in blood circulation to the treated area in people who are in good health. JetBoots PRO Plus simulates kneading and stroking of tissues by using an inflatable garment.

2. What's in the box

- A Two compression boots (Lead and Support boot)
- B Power adapter
- C Splitter cable
- D Carrying pouch





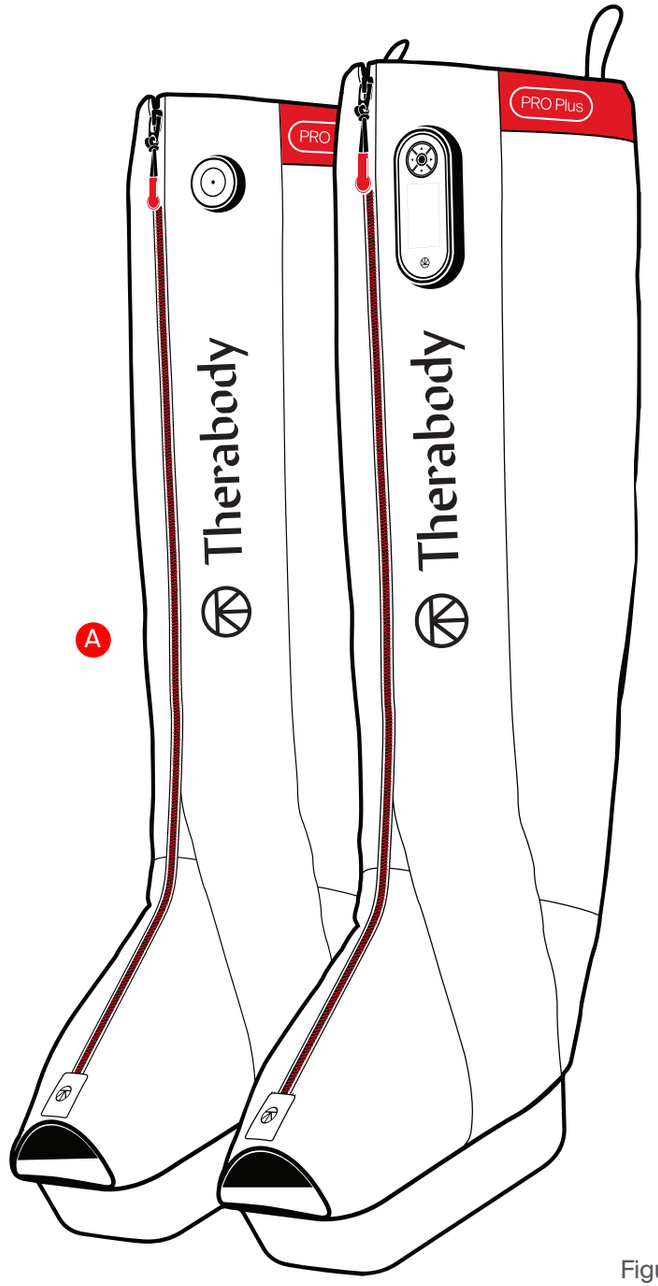


Figure 1. What's in the box

3. Getting To Know the Device

1. Lead compression boot
2. Support compression boot
3. Lead boot control panel
   - a. High resolution display LCD screen
   - b. Center button
   - c. 4 Navigation buttons (up, down, right, left)
4. Support boot power button
5. Charging ports
6. Hanging loops

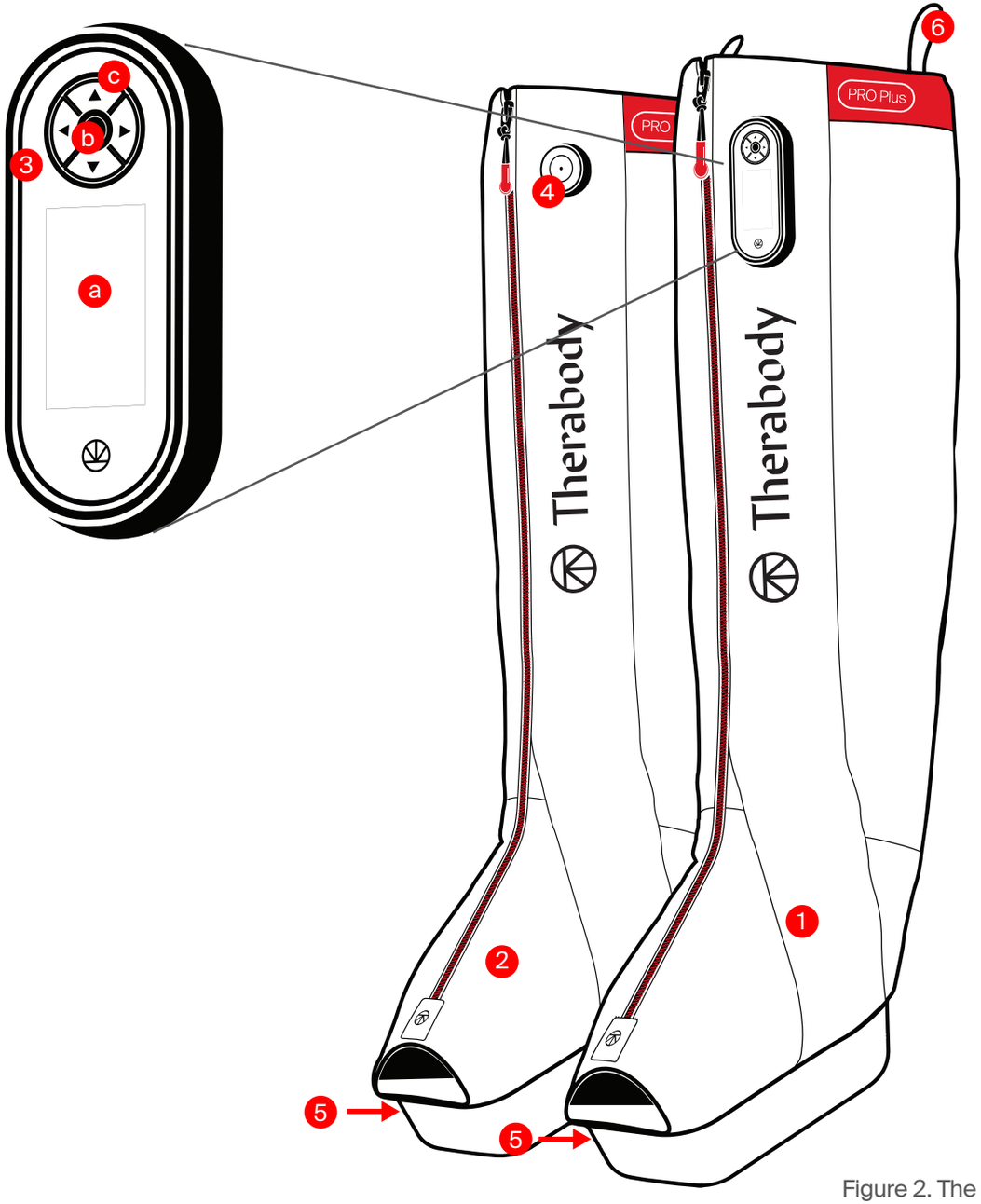


Figure 2. The device and control panel

4. Use the Device

1. **Put on your boots.** It is recommended that you wear shorts while using the device to allow the device to contact your skin directly. Reach a comfortable position, either sitting upright or lying down with your legs straight and feet elevated. Unzip the boots completely and place each leg and foot inside each boot. Your legs should be in the center of each boot; keep them in between the infrared LED lights as a reference point. Your feet should be as close to the bottom console as possible.
2. **Zip up the boots and keep them flat.** Keep your legs straight and flat to prevent kinks and folds. Only hold the boots' edges when handling them. Avoid holding the device from the internal layer. Zip both boots up.

***Do not use the device while standing or walking. Only use the device while the zippers are fully zipped closed. Do not unzip the device while in use.**

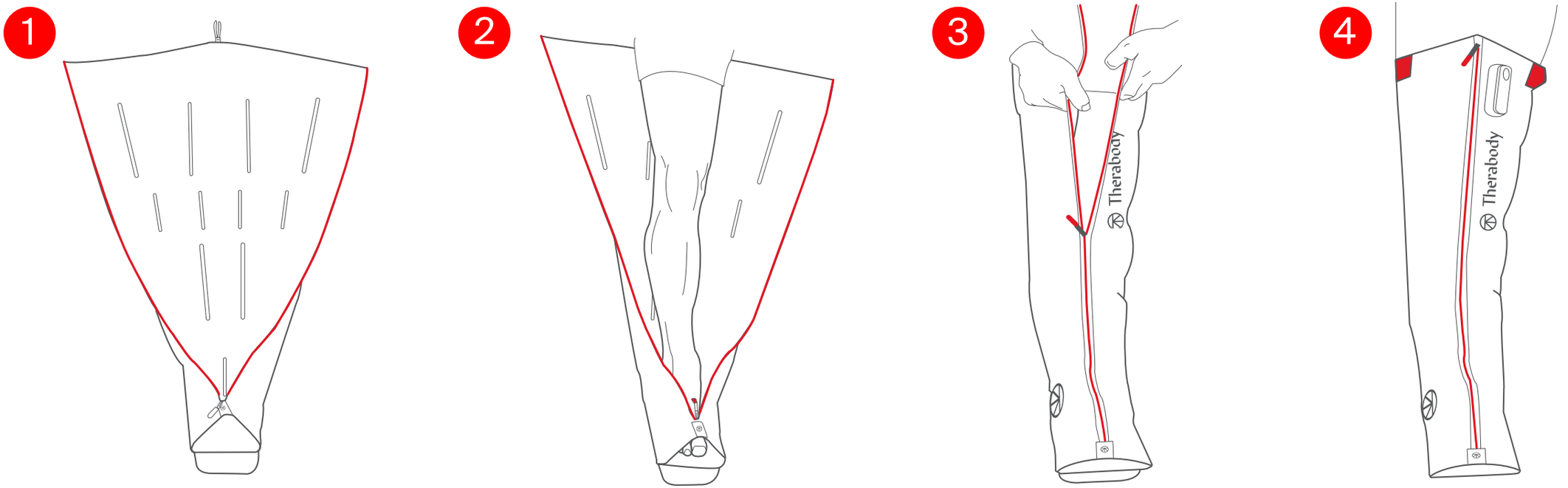


Figure 3. How to position oneself in the boots

3. **Turn on the device.** To turn on your device, press and hold the center button on the control panel of the lead boot. The LCD screen on the control panel will light up when the lead boot is on. Press and hold the button on the support boot to power it on. The button will illuminate when the support boot is powered on. Each boot will vibrate as it powers on. The boots will connect to each other via low power Bluetooth once they are both powered on.. Once connected, a two-boot and battery icon will display on the LCD screen.
4. **Select your treatment.** Toggle through several preset treatment options using the up and down buttons: Quick Start, Warm-up, Recovery, Lower Leg, Upper Leg, Knee, Joint Therapy, Pain Relief, and Sleep Prep. Press the center button on the control panel to select your desired treatment. The treatment will automatically start when a preset is selected. In Quick Start, you will be asked to select the pressure settings to start the treatment.
5. **Pneumatic compression.** Pressure options are offered in 5 mmHg increments from 20-100 mmHg in Quick Start mode. Toggle to your desired pressure settings and select by pressing the center button on the control panel. The pressure setting used in your last treatment will become the default setting for your next treatment only in Quick Start. You can also add or subtract pressure during your treatment if desired, but the pressure range may be limited depending on your selected preset treatment. The preset treatments have purpose-designed pressure settings for an optimal treatment experience.
6. **Start, pause, and exit treatment.** Start your treatment by either selecting a preset treatment or entering Quick Start mode and selecting a pressure setting. Pressing the center button at any point during your treatment will pause the treatment. Press the center button again to resume the treatment. To exit the treatment, first pause and toggle up to the left arrow icon and press the center button to select.
7. **Treatment time.** Each preset treatment has a purpose-designed treatment time for an optimal experience. You can modify the session time once the treatment has started by toggling to the time icon and using the up and down arrows. Treatment durations are offered in five-minute increments from 10-60 minutes or fixed depending on the preset. You can also add or subtract time during your treatment. Your last time setting will become your default setting in Quick Start.
8. **Infrared LED light therapy.** Toggle to the Infrared LED light therapy icon using the left and right buttons to add it to your treatment (though it is included in many preset treatments). You can turn off Infrared LED light therapy at any point during your selected treatment by toggling down to OFF. Infrared LED light therapy will automatically shut off after receiving the appropriate dosage (45 minutes maximum) during all treatments. The preset treatments have a purpose-designed recommended LED light therapy for an optimal experience.
9. **Vibration therapy.** You can add vibration therapy to Quick Start and preset treatments. Toggle to the vibration icon to add it to your treatment. To select your desired settings, toggle between the three vibration intensities: low, medium, and high, or turn it off if desired. The preset treatments have a purpose-designed recommended vibration therapy for an optimal experience.
10. **Turn off the device.** Press and hold the center button on the control panel to turn off the device. Turning off the lead boot will also turn off the support boot. The device will automatically shut off after 10 minutes of inactivity when the treatment is paused, or 3 minutes after the treatment is completed.

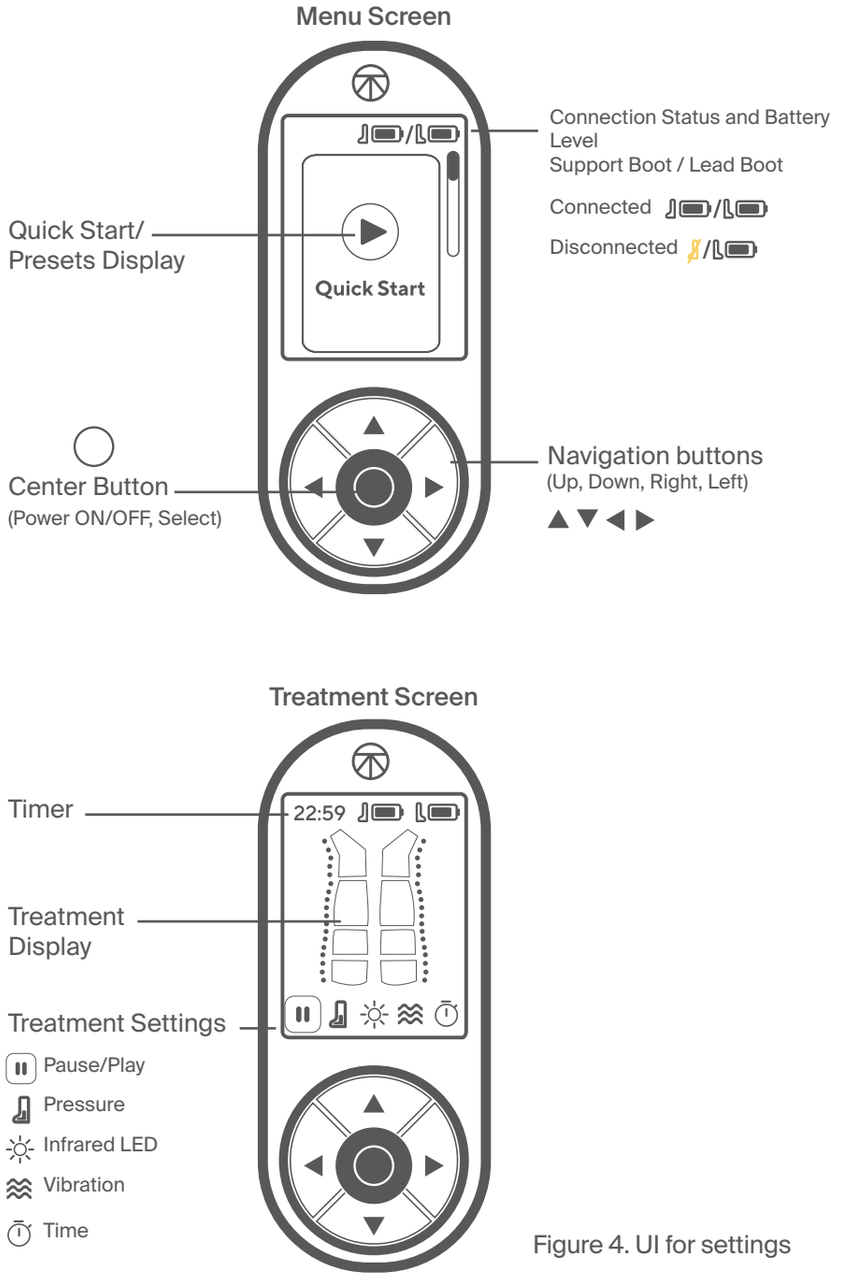


Figure 4. UI for settings

5. How does it work?

Using negative gradient technology, the device safely delivers pressure sequentially up the legs, starting from the feet and moving up toward the hips. Each of the device's four air chambers overlaps, so the pressure is delivered up the leg consecutively without the risk of harmful pressure gaps.

6. Preset Treatments

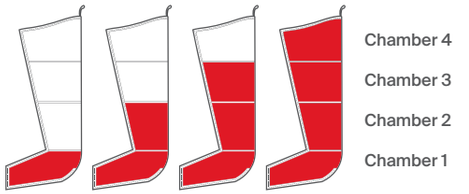
Presets included in the device

PRESET	DESCRIPTION	CYCLE TYPE	TIME (MINUTES)	PRESSURE (mmHg)	VIBRATION	LED
Quick Start	Default settings customizable to your needs	Sequential	30	50	Yes	Yes
Recovery	Prime your muscles for peak performance	Sequential	45	60	Yes	Yes
Warm-up	Help your legs bounce back faster	Sequential	10	80	Yes	Yes
Lower Leg	Isolated treatment of your calves and feet	Sequential (Isolation)	20	50	Yes	Yes
Upper Leg	Isolated treatment of your quads and hamstrings	Sequential (Isolation)	20	50	Yes	Yes
Knee	Isolated treatment of your knees	Sequential (Isolation)	20	50	Yes	Yes
Joint Therapy	Relieve joint pain, soreness and stiffness	Static	15	20	No	Yes
Pain Relief	Relieve muscle pain	Static	10	20	Yes	Yes
Sleep Prep	Relax your legs for a good night's sleep	Flow	10	40	Yes	No

7. Cycle Types

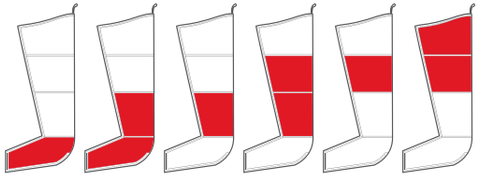
Sequential Cycle

During a sequential cycle, pressure is applied directionally, starting at the base (feet) and progressing upwards (torso). Once Chamber 1 inflates and reaches its preset pressure level, it holds the pressure and begins inflating Chamber 2. The device continues to hold pressure in each subsequent chamber until all four chambers are inflated. Once all four chambers are inflated, the device releases pressure. The sequential cycle is used in several preset treatments, including Quick Start, Recovery, and Warm-Up.



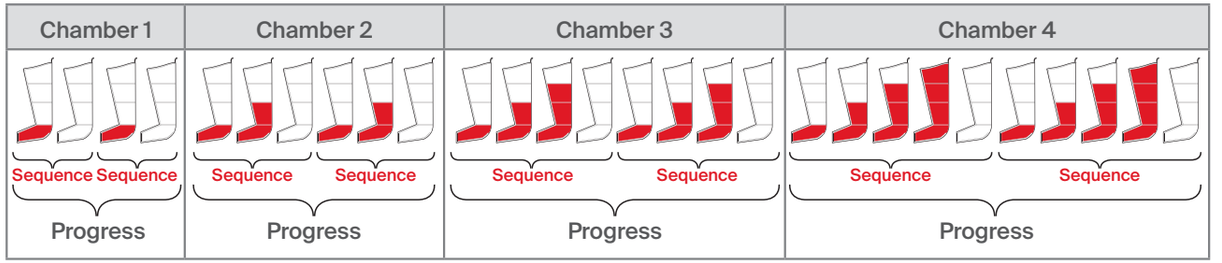
Sequential Cycle (Isolation)

During a sequential cycle with isolation, pressure is still applied directionally, starting at the base of the furthest active chamber depending on your preset and progressing upwards, but only within specific chambers. Here, the pressure is either isolated to treat a particular area of the leg or isolated to avoid treatment to a specific part of the leg. Isolation is included in sequential cycles, including Upper Leg, Lower Leg, and Knee.



Flow Cycle

The flow cycle follows a different fill pattern than a sequential cycle. During the flow cycle, Chamber 1 inflates, reaches its preset pressure level, and deflates. Then, Chambers 1 and 2 inflate, reach their preset pressure level, and deflate. Next, Chambers 1, 2, and 3 inflate, reach their preset pressure level, and deflate. Finally, Chambers 1, 2, 3, and 4 inflate, reach their preset pressure level, and deflate. Flow cycles deliver a more gradual increase in compression, suited for Sleep Prep.



Static Cycle

During the static cycle, the chambers inflate to create a negative gradient of compression along the leg and do not deflate during the treatment. While the garment is inflated, it comes in contact with the legs to optimize the treatment of vibration and infrared LED light by ensuring optimal contact with the leg. The static cycle is included in the presets Joint Recovery and Pain Relief.

8. Store and Transport the Device

Allow all air chambers to completely deflate before storing. Zip the boots up fully and hang them up. To roll the boots, lay each boot on its side with the control panel facing up. Roll the boots, starting with the foot console and moving up. Fold to fit the boots into their carrying case to compactly store the device. **Avoid tightly rolling the device, as this may damage the device's internal components.**

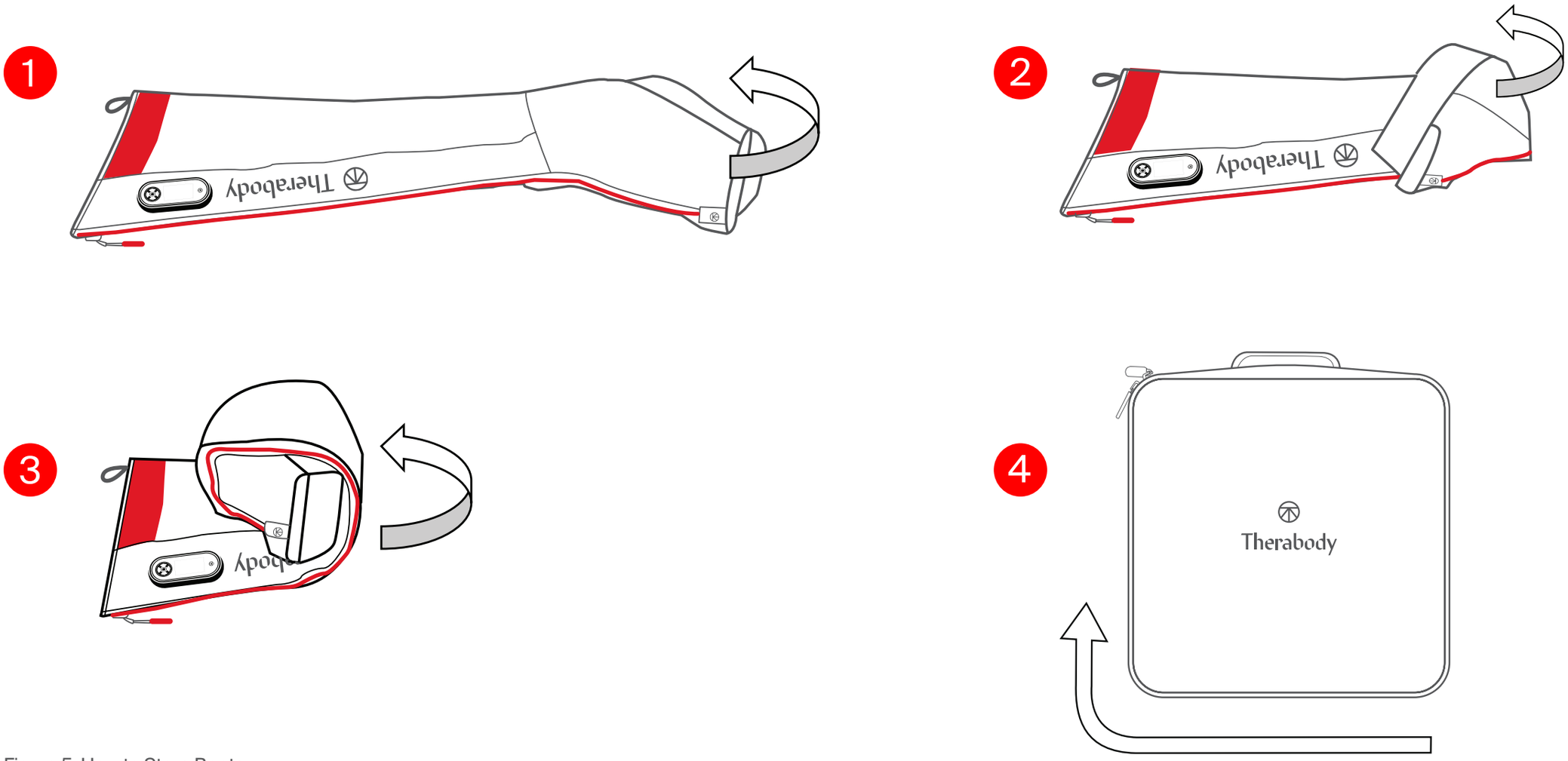


Figure 5. How to Store Boots

9. Device After Care & Cleaning

Device Maintenance

The following maintenance instructions are important to ensure that your device continues to work as it was designed. Failure to follow these instructions may cause your device to stop working.

Super, hygienic design

The boots have non-porous medical grade material that helps prevent bacteria buildup and provides a resistant surface. The internal overlapping chambers provide a smooth surface to clean, meaning no chamber flaps where bacteria and odors can build up.

Care and Cleaning

1. Unzip the boots completely and lay them on a flat surface.
2. Use a 70% isopropyl alcohol (IPA) cleaning solution to gently clean the inside of the boots. Never use oil-based cleaning products. Avoid applying pressure when cleaning the internal surface of the boot.
3. Wipe down the device's exterior using a soft cloth that is free of debris to reduce surface contaminants.
4. Ensure there is no remaining debris after fully cleaning the device.
5. Once you have fully cleaned the device, fully pat dry the surface and hang to dry completely before continuing use.

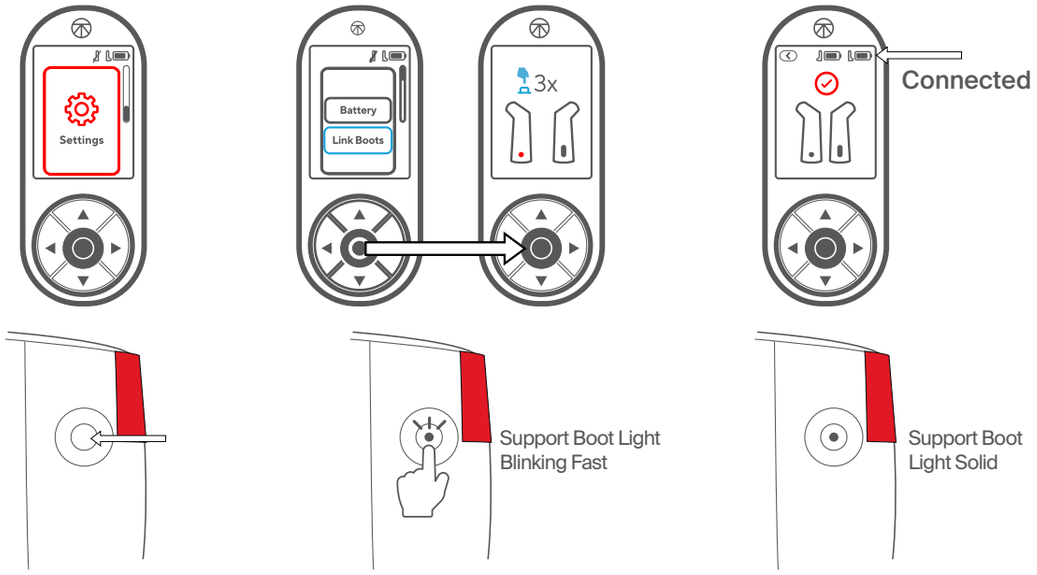
The device contains medical-grade material covering the internal chamber to help reduce the potential for microbial growth and moisture retention and limit the potential for bacterial transmission.

10. Device Settings

Toggle to the device settings and press the center button.

1. **Battery level.** To check the battery percentage level of both boots, toggle to the battery tab in settings and press the center button. When the boots are connected, the battery percentage will display for both boots. If the boots are not connected, only the lead boot's battery level will display.
2. **Connect both boots.** The boots are linked and will automatically connect each time they are powered on. If the boots become disconnected or you need to replace one boot, toggle to the linking option in the settings menu to start the linking process. The control panel screen will display an animation indicating to quick-press the **support button in the support boot** three times to start the linking process. Once completed, a check icon and animation will display. The boots will connect automatically, and an icon containing both boots and their battery levels will appear at the top right corner of the screen. When the boots are disconnected, there will be a line strike through one boot and only one boot's battery will display.
3. **Reset.** To reset the device to its original state, toggle to settings, select the reset icon, and press the center button.

Figure 6. How to Link the Boots



Turn ON both boots. In Lead boot, toggle down and select settings.

In Lead Boot, toggle down and select Link Boots. Follow the instructions and press the Support Boot Button 3 times quickly.

Lead and Support Boots will link and connect automatically. Repeat if unsuccessful.

Boot Status	Description	Lead JetBoot PRO Plus Screen	Support JetBoot PRO Plus Power Light
Unlinked	Both boots are powered ON but do not connect with each other.		Blinking Fast
Disconnected	One of the boots is OFF or outside the connection range.		Blinking Slow
Connected	**Both boots have connected and ready to use.**		Solid White/ Orange

11. Charging the Device

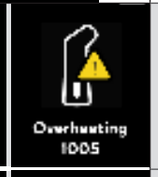
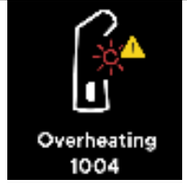
1. The battery status of both boots is displayed on the top right corner of the control panel on the lead boot.
2. Plug one end of the power adapter into a wall outlet and connect the other end to the splitter.
3. Connect both cables on the splitter to the charging port on each boot. Lift the rubber cover located on the right side of each foot to access the charging ports.
4. The device can be used while charging, but the battery level may not increase while the device is in use. Turn off the device to expedite the charging process.
5. The control panel will display the battery icons with a bolt to indicate that the lead and/or support boot are charging. Note that the support boot also indicates its battery status using the color of the center light:
   a. While not charging: >30% battery (white) and <30% battery (orange)
   b. While charging: >90% battery (solid green if charging only, solid white if in use and charging) and <90% battery (flashing orange)
6. Battery life of the device:
   a. Battery life on high use: 140 minutes
   b. Battery life on low use: 270 minutes

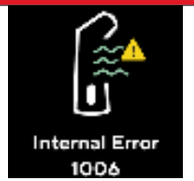
**Note: If using an alternative power adapter or splitter cable, ensure that it is from a trusted source and has not suffered any structural damage. Previous RecoveryAir model's power adapter and splitter are not compatible with the device.

12. Troubleshooting

SCENARIO	LEAD BOOT SCREEN	SUPPORT BOOT LIGHT	POTENTIAL CAUSES	POTENTIAL SOLUTIONS
Lead and/or support boot does not power on	None	None	No electric power and no battery power in the device	1. Use the power adapter and the splitter cable to connect the device to a power outlet. Verify that the device is charging. Try to power them on. 2. Check that there is a proper connection between the power adapter, the splitter cable, and the console of each boot. 3. Remove the splitter and connect the power adapter directly to each boot. 4. Ensure the electrical wall outlet is connected to a 100–240 Volt wall outlet. 5. If the device is not charging after verifying all of the above, the power adapter or device may be damaged. Contact Therabody for further assistance.
			Power adapter or splitter cable is damaged	
			Internal malfunction	
Lead boot is inflating but the support boot is not inflating	None	None	The support boot is either off, does not have power or battery, or is outside the connection range	1. Power on the lead and support boots and ensure they are close to each other. 2. Check the battery level of each boot. Use the power adapter to power or charge the device. 3. Ensure the boots are connected. Two small boot icons with battery levels will display in the top right corner of the screen when connected. 4. If not connected, follow the linking process in the care section. If the boots are connected and the issue persists, contact Therabody for further assistance.
			The lead and support boots may not be linked or connected with each other The boot is defective or has an internal malfunction	
Lead or support boot is not fully inflating and a warning message displayed in the screen		None	Lead boot: There may be an air leakage at the air hose connection or bladders	1. Open the black zipper in the external pocket located on the side of the control panel or the support boot button. 2. Check that there is no damage to the black air hoses (broken) and that no air is leaking. Do not pull/disconnect/play with the electric connection cables. 3. Check that the air hoses are well connected to the air bladder nozzles. If loose, push and connect the air hose to the nozzle and check if the issue is resolved. 4. If the issue persists, the air bladders may be damaged. Contact Therabody for further assistance.
		Yellow light is flashing	Support boot: There may be an air leakage at the air hose connections or bladders	

Troubleshooting (continued)

SCENARIO	LEAD BOOT SCREEN	SUPPORT BOOT LIGHT	POTENTIAL CAUSES	POTENTIAL SOLUTIONS
The treatment stops shortly after it starts, and a warning message displays on the screen		None	Lead boot: Air cannot move through the air hoses or air bladders	1. Ensure that the boots are not kinked, folded, or twisted. This may happen in areas where the garment is folded while wearing. 2. Ensure the garment is being worn properly and the correct boot size is being used. A longer boot size may lead to kinks and folds. 3. Contact Therabody for further assistance if the issue persists.
		Yellow light flashing	Support boot: Air cannot move through the air hoses or air bladders	
The treatment stops, and a warning with or without the battery icon is displayed on the screen before the lead or support boot powers off	   	None	Lead boot: Battery or internal components are overheating	1. Ensure that the operating environmental conditions are within the specified range in the Unit Warnings. 2. Stop using the device and allow it to cool down for 15 to 20 mins. 3. Contact Therabody for further assistance if the issue persists.
		Yellow light flashing	Support boot: Battery or internal components are overheating	
A warning and Infrared LED light therapy icons are displayed on the screen. Infrared LED light therapy turns off while the treatment continues		None	Lead boot: Infrared LED lights are overheating	1. Ensure that the operating environmental conditions are within the specified range in the Unit Warnings. 2. **Wait 15-20 minutes before turning on the Infrared LED lights again.** 3. Contact Therabody for further assistance if the issue repeats frequently.
		Yellow light is flashing	Support boot: Infrared LED lights are overheating	

SCENARIO	LEAD BOOT SCREEN	SUPPORT BOOT LIGHT	POTENTIAL CAUSES	POTENTIAL SOLUTIONS
Treatment stops and a warning with the vibration icon is displayed on the screen		None	Lead boot: Vibration therapy malfunction	Contact Therabody for further assistance if the issue repeats. You can continue to use the device with the vibration therapy OFF.
		Yellow light flashing	Support boot: Vibration therapy malfunction	
A warning shows on the screen when the lead or support boot is connected to the power adapter		None	Lead boot: The wrong power adapter is used to power or charge	1. Only use the power adapter that was provided with the device. 2. If you are using the provided power adapter and the issue persists, contact Therabody for further assistance.
		Yellow light flashing	Support boot: The wrong power adapter is used to power or charge	
Treatment stops, and a warning with the Infrared LED light therapy icon is displayed on the screen		None	Lead boot: Infrared LED light therapy malfunction	Contact Therabody for further assistance. You may continue using the device with the Infrared LED light therapy OFF.
		Yellow light is flashing	Support boot: Infrared LED light therapy malfunction	

Product Warnings and Guidance (Precautions and Contraindications)

Background

Therabody products are designed to unlock the body's natural ability to achieve health and well-being. Through science and technology, the Therabody portfolio of products allows people to access the therapeutic benefits of different natural phenomena to meet both their needs and preferences. There will be times when it is advisable to modify how devices are used (precautions) or times when it is not appropriate to use certain devices (contraindications). Read the following safety information for the device in its entirety prior to use.

Important Safety Information

General Device Use

Read the full Warnings and Guidance prior to using the device.

This device is intended for use by people in good health. This device is contraindicated against and should not be used by or on anyone with a history of epilepsy, seizures or cardiopathy.

The device is not recommended for anyone with an electronic implanted device (such as a pacemaker), cardiac arrhythmia, tumors, or acute episodes of inflammatory diseases. The device is not recommended for those who have arteriosclerosis, thromboses, or implants in the body region being treated. The device should not be used if you have dark brown or black spots, such as large freckles, birthmarks, moles, or warts, on the area being treated. The device is not recommended if you have eczema, psoriasis, lesions, open wounds, or active infections other than mild to moderate acne, such as cold sores, in the area being treated. Wait for the infected area to heal before using the device. The device should not be used if you have abnormal skin conditions caused by diabetes or other systemic or metabolic diseases. If you have a history of herpes outbreaks in the area of treatment, use of the device is not recommended unless you have consulted with your physician and have received preventive treatment.

Please consult your physician prior to using the device if you are pregnant and/or nursing. **Immediately stop using the device at the first sign of discomfort.**

The device is NOT a toy. If you have any medical considerations please consult your doctor before using the device.

Safety, Precautions, and Contraindications

Specific Therapies

These recommendations are derived from consultation with medical experts and published research regarding precautions and contraindications as of the printing date. For up-to-date information, please visit us online at https://www.therabody.com/us/en-us/precautions-and-contraindictions.html.

Precautions:

Due care is required in these circumstances and device use may need to be modified. Consult with a medical professional if you currently have or suspect you may have any of the following conditions or if you have any questions.

- Hypertension (controlled)
- Osteopenia
- Osteoporosis
- Pregnancy
- Diabetes
- Varicose veins
- Bony prominences or regions
- Abnormal sensations (e.g., numbness)
- Sensitivity to pressure
- Recent injury or surgery
- Scoliosis or spinal deformity
- Medications that may alter client sensations
- Do not use in situations when body temperature is elevated

Contraindications:

The following are circumstances where the potential risks may outweigh the benefits. Consult a medical professional before use.

- Skin rash, open wounds, blisters, local tissue inflammation, bruises, or tumors
- Pulmonary embolism (blood clot) or edema
- Deep vein thrombosis, osteomyelitis
- Bone fracture or myositis ossificans
- Hypertension (uncontrolled)
- Acute or severe cardiac, liver, or kidney disease
- Neurologic conditions resulting in loss or altered sensation
- Direct application to the face, throat, or genitalia
- Bleeding disorders
- Recent surgery or injury
- Connective tissue disorders
- Peripheral vascular insufficiency or disease
- Medications that thin the blood or alter sensations
- Direct pressure over surgical site or hardware

- Direct pressure over eyes or throat
- Extreme discomfort or pain felt by client
- Severe scoliosis or spinal deformity
- Pacemaker, ICD, or history of embolism
- Allergy to device material (Nylon)
- Pregnancy/ nursing
- Abnormal sensations (ex. numbness)
- Cancer/tumors
- Epilepsy
- Cardiopathy (heart disease)
- Photo allergy or disorder (ex. Lupus, porphyria)
- Medications that cause light sensitivity
- Medications for severe acne
- Extreme sensitivity to light
- Melasma or hyperpigmentation (especially if exacerbated by mild warmth)
- Suspicious lesions or skin cancer– - please visit your physician
- If taking or using any retinol or/ sun sensitive medications or /products or benzoyl peroxide do not use infrared LED light

Limited Warranty and Customer Service
For full warranty information, please visit www.therabody.com/warranty.
Customers who are in need of product support should visit
https://www.therabody.com/us/en-us/support/support.html for the available contact methods.

FDA-Cleared
Limited Warranty Only With Authorized Retailer Purchase

Patents at www.therabody.com/patents

Manufactured and Distributed by:
Therabody, Inc.
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Los Angeles, CA 90025

UNIT WARNINGS

BEFORE USING OR CHARGING THE DEVICE READ ALL INSTRUCTIONS AND CAUTIONARY MARKINGS IN THIS MANUAL, ON THE POWER ADAPTER AND SPLITTER CABLE, AND THE DEVICE. If your device doesn't turn on or the battery indicator displays a low battery level, please charge before first use. The device is intended for over-the-counter use.

The device is not intended to diagnose, cure, or prevent diseases. Therabody strives to make its devices as safe for intended use as possible. This is an advanced mechanical tool with electric components. If the device and its accessories are not used or maintained properly, there is a risk of fire, electric shock, or injury. When using the device, the following basic precautions should always be adhered to:
1. USE ONLY AS INSTRUCTED. Use the device as described in the device User Manual only. Use only Therabody recommended accessories and replacement parts. Using third-party charging accessories can cause the device to work incorrectly. Do not carry out any maintenance other than as advised by Therabody.
2. NOT FOR CHILDREN. The device, power adapter, and splitter cable are not intended for use by anyone under the age of 18, persons with reduced physical, sensory, or reasoning capabilities, or lack of experience and knowledge. The device is not to be used as a toy. Do not play with, bend, or pull the electrical components. Advise children not to play with the device or the power adapter and splitter cable.
3. DO NOT STAND WHILE USING THE DEVICE. Do not attempt to stand up while using the device. Standing up while using the device can lead to discomfort and damage to the device's internal components, including the Infrared LED lights.
4. CHARGING. There is only one correct splitter insertion position on the device. Do not force the cable into place. The Therabody logo should be facing upright when inserted. Fully charge the device at least once every six months to prevent device and battery damage.
5. CHARGING LOCATIONS. Charge the device with a power adapter and splitter cable. The device should be charged indoors in a well-ventilated, dry location. Do not charge the device outdoors, in a bathroom, or within 10 feet (3.1 meters) of a bathtub, shower, or pool. Do not use the device or charger on wet surfaces, and do not expose the charger to moisture, rain, or snow. Do not use the device or its compatible charger in the presence of explosive atmospheres (gaseous fumes, dust, or flammable materials). Sparks may be generated, possibly causing a fire.
6. DO NOT OVERCHARGE. Do not leave the device connected to the power adapter for more than one hour after the battery has been fully charged. The battery includes a protection system to avoid the risk of overcharging. However, overcharging may reduce its life over time.
7. DO NOT CRUSH, DROP, OR DAMAGE THE DEVICE OR CHARGER. Do not use a power adapter or splitter cable that has received a sharp blow, been dropped, run over, or damaged in any way. Do not puncture or damage the device or fabric. Puncturing the device or its fabric can lead to air leaks and incorrect operation.
8. BATTERY CHEMICALS CAUSE SERIOUS BURNS. Never allow the internal battery to come into contact with the skin, eyes, or mouth. If a damaged battery leaks chemicals, use rubber or neoprene gloves to dispose of it. If skin is exposed to battery fluids, wash with soap and water and rinse with vinegar. If eyes are exposed to battery chemicals, immediately flush with water for 20 minutes and seek medical attention. Remove and dispose of contaminated clothing.
9. DO NOT SHORT CIRCUIT. A battery will short circuit if a metal object makes a connection between the positive and negative contacts on the battery or the 16V connector. Do not place a battery near anything that may cause a short circuit, such as coins, keys, or nails in your pocket. A short-circuited battery may cause fire and personal injury.
10. DEVICE DISPOSAL. This device contains a lithium-ion battery, and care must be taken upon disposal of the device. Before disposal of this device, please review your local laws and requirements surrounding Lithium-Ion Battery disposal. The preferred method of disposal is recycling the whole device.
11. SERVICE. If the device is not working properly, has received a sharp blow, or has been dropped, damaged,

left outdoors, or dropped into water, then do not use it. Do not attempt to repair or disassemble the device which may result in an electric shock or fire.
12. USAGE. Discontinue use of the device if you are feeling pain or discomfort. If at any point during the treatment you feel pain or discomfort beyond what's expected from a compression device or a massage, stop the treatment immediately and remove the device. Discontinue use of the device if it overheats or becomes uncomfortably hot. Do not place any objects between your skin and the device.
13. POWER ADAPTER AND SPLITTER CABLE CARE. Unplug the power adapter and splitter cable when not in use. Pull the plug, not the cable, to reduce the risk of damage to the electrical plug and cable. Store cable to ensure it is not stepped on, tripped over, or otherwise subjected to damage or stress. Keep the cable away from heated surfaces, oil, and sharp edges. Never operate this appliance if it has a damaged cable or plug if it is not working properly, if it has been dropped or damaged, or dropped into water. Do not stretch the charger cable or place the cable under strain. Do not handle the cable with wet hands. For long-term storage, store with a fully charged battery. Therabody is not responsible for damages that may occur due to the use of third-party chargers.
14. DO NOT OPERATE UNDER BLANKET AND PILLOW. Excessive heating can occur and cause fire, electric shock, or injury.
15. STORING THE DEVICE AND CHARGING CABLE. Store in a cool, dry place. Only charge the device when the ambient temperature is between 35°C/95°F and 0°C/32°F. Do not store the device, or splitter cable where temperatures may exceed 40°C/104°F, such as in direct sunlight, in a vehicle, or in a metal building during the summer. Avoid tightly rolling the device, as this may damage the device's internal components.
16. DEVICE CARE. The device is NOT waterproof. The device is not machine washable. Do not place or store the device where it can fall or be pulled into a tub or sink. Do not place in or drop into water or other liquid. Do not reach for an appliance that has fallen into or come into contact with water. Unplug immediately. Clean the device according to the instructions found in the "Care and Cleaning" section above. Avoid holding the device from the internal layer or the infrared LED lights, as this may damage the device's internal components.
17. DO NOT DISASSEMBLE. Disassembly or incorrect reassembly may result in the risk of electric shock, fire, or exposure to battery chemicals. The warranty will be void if the device, batteries, or charger are disassembled or if any parts have been removed.
18. Do not use while sleeping.
19. Device is not to be used on a person with diabetes, or a person with poor blood circulation.
20. Do not use in oxygen enriched environments or near equipment that stores or emits oxygen.
21. Do not use this device with liniment, salve or ointment preparations that contain heat producing ingredients. Skin burns could result.
22. Device produces heat. Caution should be exercised when using the infrared treatment.

IEC60601-1 Medical Safety Standard

Environment	
Environment for operation	Operating Temperature: Pneumatic compression and vibration therapy: 32 – 95°F (0 – 35°C); Infrared LED light therapy: 32 – 86°F (0 – 30°C) Relative Humidity: 30 - 85% RH Atmospheric Pressure: 700 –1060hPa
Environment for storage	Temperature range of 14 - 104°F (-10 - 40°C) Humidity range of 10-93% RH non-condensing Atmospheric Pressure: 190.0 - 1060hPA

DISPOSING OF BATTERIES.
The internal Lithium-ion batteries are more environmentally friendly than some other types of batteries (e.g., nickel-cadmium). Always dispose of the device according to government, regional, and local regulations. Contact a recycling agency in your area for recycling locations. Even discharged batteries contain some energy. This appliance contains batteries that are non-replaceable.

Labels

SYMBOLS	DESCRIPTION	LOCATION
IP 22	Degree of protection against ingress of water	On rating label
	Read instructions before use	On rating label
	Level of protection type BF applied part	On rating label
	Therabody, Inc. 1640 S. Sepulveda Blvd. Suite 300 Los Angeles, CA 90025	On rating label
	Unique Device Identification (UDI)	On rating label and packaging
	Separate collection for waste electrical and electronic equipment. Note: For more information about disposal of equipment, its parts and accessories, please contact your local distributor.	On rating label
Bluetooth®	Bluetooth	Outer packaging

GARMENT CARE.
Meanings of symbols

Label	Description	Location
	Do not wash	On garment tag
	Do not dry-clean	On garment tag
	Do not tumble dry	On garment tag
	Do not bleach	On garment tag
	Do not iron	On garment tag

FCC statements

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment. This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
-- Reorient or relocate the receiving antenna.
-- Increase the separation between the equipment and receiver.
-- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
-- Consult the dealer or an experienced radio/TV technician for help.

CAUTION and WARNING from Safety and EMC

CAUTION:
Do not apply the device near any devices with Electromagnetic Interference (EMI), such as cell phones, Magnetic Resonance Imaging (MRI), computerized axial tomography (CT), diathermy, Radio Frequency Identification (RFID), etc. or MR environment. EMI, RF devices or MR environment may affect the normal function of the device or would cause user injury. The patient is an intended operator. The ME EQUIPMENT shall not be serviced or maintained while in use with a patient.

1* WARNING: Use of this equipment adjacent to or stacked with other equipment should be avoided because it could result in improper operation. If such use is necessary, this equipment and the other equipment should be observed to verify that they are operating normally."

2* WARNING: Use of accessories, transducers and cables other than those specified or provided by the manufacturer of this equipment could result in increased electromagnetic emissions or decreased electromagnetic immunity of this equipment and result in improper operation."

3* WARNING: Portable RF communications equipment (including peripherals such as antenna cables and external antennas) should be used no closer than 30 cm (12 inches) to any part of the ME EQUIPMENT, including cables specified by the manufacturer. Otherwise, degradation of the performance of this equipment could result."

Simultaneous connection of a user to a high frequency surgical ME equipment may result in burns at the site of the simulator electrodes and possible damage to the simulator.
Operation in close proximity (e.g., 1 m) to a shortwave or microwave therapy ME equipment may produce instability in the simulator output.

Safety, EMC

This device is Class II equipment with type BF applied. It complies with Medical Electrical Safety Standards (IEC 60601-1).
This device also complies with Medical EMC Standard (IEC 60601-1-2).
The has been tested and found to comply with the electromagnetic compatibility (EMC) limits for medical devices to IEC 60601-1-2: 2007. These limits are designed to provide reasonable protection against harmful interference in a typical medical installation.

Table 1

Declaration - electromagnetic emission	
Emissions test	Compliance
RF emissions CISPR 11	Group 1
RF emissions CISPR 11	Class B
Harmonic emissions IEC 61000-3-2	Not applicable
Voltage fluctuations/ flicker emissions IEC 61000-3-3	Not applicable

Table 2

Declaration - electromagnetic immunity		
Immunity test	IEC 60601 test level	Compliance level
Electrostatic discharge (ESD) IEC 61000-4-2	±8 kV contact ±2 kV, ±4 kV, ±8 kV, ±15 kV air	±8 kV contact ±2 kV, ±4 kV, ±8 kV, ±15 kV air
Electrical fast transient/burst IEC 61000-4-4	± 2 kV for power supply lines ± 1 kV for input/output lines	Not applicable
Surge IEC 61000-4-5	± 0.5kV, ± 1 kV line(s) to lines ± 0.5kV, ± 1 kV, ± 2 kV line(s) to earth	Not applicable
Voltage dips, short interruptions and voltage variations on power supply input lines IEC 61000-4- 11	0 % UT; 0.5 cycle at 0°, 45°, 90°, 135°, 180°, 225°, 270°and 315° 0 % UT; 1 cycle and 70 % UT; 25/30 cycles Single phase: at 0° 0 % UT; 250/300 cycles	Not applicable
Power frequency (50/60 Hz) magnetic field IEC 61000-4-8	30 A/m	30 A/m
NOTE: UT is the a.c. mains voltage prior to application of the test level.		

Table 3

Declaration - electromagnetic immunity		
Immunity test	IEC 60601 test level	Compliance level
Conducted RF IEC 61000-4- 6	3 V 0.15 MHz to 80 MHz 6 V in ISM bands between 0.15 MHz and 80 MHz	Not applicable
Radiated RF IEC 61000-4- 3	10V/m 80 MHz to 2.7 GHz	10V/m

Description of Wireless Technology	
Bluetooth Compliance	Version 5.3 low energy
Operating Frequency	2.402-2.480 GHz
Transmission Power	0 dBm
Operating Range	10-meter radius (line of sight)
Modulation Type	GFSK、π/4-DQPSK,Adaptive Frequency Hopping
Quality of Service	This device uses Bluetooth smart technology for wireless communication, which allows for reliable communication in electrically noisy environments. If connection is lost, the device will automatically reconnect in a few seconds.
Bluetooth Profiles Supported	L2CAP/ SDP/ GAP/ GATT/ SM
Security Requirements	Not Applicable. Bluetooth functionality only permits pairing of boots.

Recommended separation distances between portable and mobile RF communications equipment and the EQUIPMENT or SYSTEM - for EQUIPMENT and SYSTEMS

Recommended separation distances between portable and mobile RF communications equipment and the JetBoots PRO Plus

The JetBoots PRO Plus Device utilizes low power Bluetooth and is intended for use in an electromagnetic environment in which radiated RF disturbances are controlled. The customer or the user of the JetBoots PRO Plus can help prevent electromagnetic interference by maintaining a minimum distance between portable and mobile RF communications equipment (transmitters) and the JetBoots PRO Plus as recommended below, according to the maximum output power of the communications equipment

Rated maximum output of transmitter (W)	Separation distance according to frequency of transmitter (m)			
	150 kHz to 80 MHz outside ISM and amateur radio bands $d=[\frac{3.5}{V_1}]\sqrt{P}$	150 kHz to 80 MHz in ISM and amateur radio bands $d=[\frac{12}{V_2}]\sqrt{P}$	80 MHz to 800 MHz $d=[\frac{3.5}{E_1}]\sqrt{P}$	80 MHz to 800 MHz $d=[\frac{7}{E_1}]\sqrt{P}$
0.01	0.12	0.20	0.035	0.07
0.1	0.38	0.63	0.11	0.22
1	1.2	2.00	0.35	0.70
10	3.8	6.32	1.10	2.21
100	12	20.00	35	70

For transmitters rated at a maximum output power not listed above the recommended separation distance d in meters (m) can be estimated using the equation applicable to the frequency of the transmitter, where P is the maximum output power rating of the transmitter in watts (W) according to the transmitter manufacturer.

NOTE 1 At 80 MHz and 800 MHz, the separation distance for the higher frequency range applies.
NOTE 2 These guidelines may not apply in all situations. Electromagnetic propagation is affected by absorption and reflection from structures, objects and people.

Reporting adverse events to FDA

MedWatch is the Food and Drug Administration's (FDA) program for reporting serious reactions, product quality problems, therapeutic inequivalence/failure, and product use errors with human medical products, including drugs, biologic products, medical devices, dietary supplements, infant formula, and cosmetics.

If you think you or someone in your family has experienced a serious reaction to a medical product, you are encouraged to take the reporting form to your doctor. Your health care provider can provide clinical information based on your medical record that can help the FDA evaluate your report. However, we understand that for a variety of reasons, you may not wish to have the form filled out by your healthcare provider, or your health care provider may choose not to complete the form. Your health care provider is not required to report to the FDA. In these situations, you may complete the Online Reporting Form yourself.

You will receive an acknowledgement from the FDA when your report is received. Reports are reviewed by FDA staff. You will be personally contacted only if we need additional information.

Submitting adverse event reports to FDA
Use one of the methods below to submit voluntary adverse event reports to the FDA:

1. Report Online at: www.accessdata.fda.gov/scripts/medwatch/index.cfm?action=reporting.home
2. Consumer Reporting Form FDA 3500B. Follow the instructions on the form to either fax or mail it in for submission. For help filling out the form, see MedWatchLearn. The form is available at: www.fda.gov/ downloads/aboutFDA/reportsmanualsforms/forms/ucm349464.pdf
3. Call FDA at 1-800-FDA-1088 to report by telephone.
4. Reporting Form FDA 3500 commonly used by health professionals. The form is available at: www.fda.gov/ downloads/aboutFDA/reportmanualsforms/forms/ucm163919.pdf

Operating environment: Device is to be used indoors and outdoors
Operating Temperature: Pneumatic compression and vibration therapy: 32 – 95°F (0 – 35°C); Infrared LED light therapy: 32 – 86°F (0 – 30°C)
Relative Humidity: 30 - 85% rH
Air Compression: 700 -1060hPa

Storage environment: The pump can be transported or stored for short periods of time within:
Temperature range of 14 - 104°F (-10 - 40°C)
Humidity range of 10-93% RH non-condensing
Atmospheric Pressure: 190.0 - 1060 hPa