Please read the User Guide

it will help you get the best out of your product.

Still have questions?
Call After Sales Support
1300 002 534
Or visit tempo.org/support

Warranty returns

Should you for any reason need to return this product for a warranty claim, make sure to include all accessories with the product.

Product does not work?

If you encounter problems with this product, or if it fails to perform to your expectations, make sure to contact our After Sales Support Centre on 1300 002 534.

Settings

On the main menu, tap on the ⚙ icon to enter the settings menu to change the below:

- Menu style
- Display
- Battery
- Vibration intensity
- Language
- App QR Code
- System (Information, Shutdown, Reboot and Reset)

Watch Face Screen

You can change the style of the watch interface. On the main screen, press for the watch face selection page. Swipe left/right for different options, then tap the touch screen again to confirm selection.

Shortcut menu

Swipe down to access the shortcut Menu where you can adjust the brightness, enter settings, find phone, view system version, torch, Bluetooth call/audio hands-free mode, and power saving.

Find phone

After your smart phone is connected to the watch, tap the 🔵 icon and your smart phone will ring or vibrate.
NOTE: To use this function you will need to turn off the Call audio and Media audio hands-free mode via the shortcut menu of the watch.
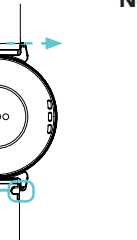
Cycle Tracking for Women

On the main menu, tap the 🌙 icon to display the reminder for cycle tracking. To use this function you need open the FitCloudPro app and follow: Me> Women's Health, and then enter your information and turn on the reminder. You will see a corresponding number of days remaining in the cycle.

Change The Strap

Your watch comes with:
1 x Metal Interchangeable Strap
2 x Spring bars
To change the strap, turn the watch over and push the pins as illustrated overleaf to take off the original strap, then fit the new strap.

⚠️ **Warning**

The chain strap consists of a magnet which in close proximity to other metallic objects, may become attached and/or loosen the strap.

Notes

Specifications

Display	1.28"
Ingress protection	IP67
Charging time	2 hrs (approx.)
Charging base input	5V ⎓ 140mA
Bluetooth Range	< 10m
Built-In Battery	Li-ion 3.7V, 200mAh
Weight	36g (approx.)
Dimensions with silicone strap (mm)	43 (W) x 49(H) x 10.6 (D)

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The RCM is a visible indication of a product's compliance with all applicable ACMA regulatory arrangements, including all technical and record-keeping requirements.

ALDI

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Warranty Information

The product is guaranteed to be free from defects in workmanship and parts for a period of 12 months from the date of purchase. Defects that occur within this warranty period, under normal use and care, will be repaired, replaced or refunded at our discretion, solely at our option with no charge for parts and labour. The benefits conferred by this warranty are in addition to all rights and remedies in respect of the product that the consumer has under the Competition and Consumer Act 2010 and similar state and territory laws.

Our goods come with guarantees that cannot be excluded under the Australian Consumer Law. You are entitled to a replacement or refund for a major failure and to compensation for any other reasonably foreseeable loss or damage. You are also entitled to have the goods repaired or replaced if the goods fail to be of acceptable quality and the failure does not amount to a major failure.

Repair and Refurbished Goods or Parts Notice

Unfortunately, sometimes faulty products are manufactured, which need to be returned to the supplier for repair.

Please be aware that if your product is capable of retaining user-generated data (such as files stored on a computer hard drive, telephone numbers stored on a mobile telephone, songs stored on a portable media player, games saved on a games console or files stored on a USB memory stick) during the process of repair, some or all of your stored data may be lost. We recommend you save this data elsewhere prior to sending the product for repair.

You should also be aware that rather than repairing goods, we may replace them with refurbished goods of the same type or use refurbished parts in the repair process.

Please be assured though, refurbished parts or replacements are only used where they meet ALDI's stringent quality specifications.

If at any time you feel your repair is being handled unsatisfactorily, you may escalate your complaint. Please telephone us on 1300 002 534 or write to us at:

Tempo (Aust) Pty Ltd ABN 70 106 100 252
PO BOX 6097, North Sydney, NSW,2059, Australia
Telephone: 1300 002 534 (Aust) - Fax: (02) 8977 3765
Tempo Help Desk: 1300 002 534 (Aust)
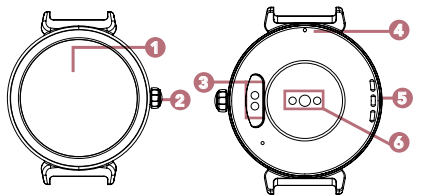(Operating Hours: Mon-Fri 8:30am-6pm; Sat 9am-6pm EST) Email: tempo.org/support

BAUHN®

Smart Watch
with Interchangeable Strap

User Guide

Parts of the watch

Front | Back

1. Touch screen
2. Side button
3. Charging pins
4. Microphone
5. Speaker
6. Heart rate sensor

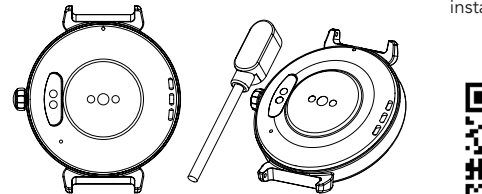**NOTE**: The images in this guide are for reference only. Your watch may be a different colour.

First Time Use

Charge your watch before using for the first time, you will need to charge it for about 2 hours.

Charging steps:

1. Align the charging pins on the back of the watch to the charging pins on the charging cable. It will snap into position once correctly aligned.
2. Connect the charging cable to a USB charging adaptor (not included) or a USB port on your computer.

3. Once fully charged, unplug the charging cable from the charger.

To keep the charging pins clean, please use a soft cloth and gently clean the charging pins weekly.

Note: If the Smart watch is extremely low on power when you begin charging it, the screen display may be blank for up to 2 minutes before the charging image appears.

FitCloud Pro App

Search for the FitCloudPro app in the app store to download, or scan the QR code below for installation.

For Android | For iOS

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Apple, the Apple logo, iPhone, and iPad are trademarks of Apple Inc., registered in the U.S. and other countries and regions. App Store is a service mark of Apple Inc.

Turn on the Watch

Once the watch is fully charged, press and hold the side button for 3 seconds to turn on the watch. To turn off the watch, press and hold the side button for 3 seconds.

Connect to the App

Open the FitCloudPro app. On the main page, tap "Profile" and set up your account. Select "Device" > "Bind Device (for Android)", "Add Peripheral Now (for iOS)" > "Search" and it will automatically start to search for nearby devices. On the devices list, select "AFTWS-0425-R" to connect to the watch. On iOS devices, you may need to tap on "Pair" on a pop up window.

NOTE: If the connected watch has been reset, please unbind the watch in the app before reconnecting or tap "Rebind" in the app to directly reconnect.

To ensure the stability of the watch connection, tap "Me", select "Settings" on the FitCloudPro app, and then select "Run in background" to allow the app to run in background. This setting may not apply to your phone

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model or version, please find out the phone's settings by yourself.

Disconnect from the App

Open the FitCloudPro app. Select "Device", tap the connected device then tap "Unbind" to disconnect the watch. On iOS devices, you will also need to open the settings menu on your iPhone. Go to Bluetooth settings, tap on the "i" icon on the right side of "AFTWS-0425-R" and then tap "Forget This Device' to finish disconnecting.

Turn On the Screen

To turn on the screen, press the side button or raise your arm if you're wearing the watch. Raising your arm too quickly or slowly may not turn the screen on. The screen will turn off after the preset screen off time.

NOTE: you will need to turn on the "Raise to Wake" function on the FitCloudPro app for the function to work.

Functions On the Home Screen

- Swipe right to access the menu.
- Swipe left to access sports data, heart rate, sleep monitor, weather, music, sports.
- Swipe up for the notifications screen.
- Swipe down for the shortcut menu.
- Press the side button to access main menu.
- Press and hold the watch face for 5 seconds to

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change the interface, swipe left/right to switch and tap to confirm.

Functions in any Screen

- Swipe right or press the side button to return to the previous screen or main screen.
- Tap on any icon to get into the sub screen.

Applications

Please allow permission and enable the notification settings on the respective smart phone application.

Activity (Pedometer)

On the main menu, tap on the 🔵 icon to measure view data on your steps taken, distance traveled and calories burnt. The watch will record your data automatically. Swipe up on the screen to view more detailed data.

Workout

On the main menu, tap on the 🟠 icon to enter the multi-sport screen. There are 20 sport modes for you to choose from.
When you want to pause/stop the activity, swipe right and select "Return" to resume or "End" to end the activity. Tap on the 📖 icon from the home screen to view the workout records.

Heart rate

On the main menu, tap on the 🔴 icon to measure your heart rate. You can also swipe up to view the heart rate range. Set measurement intervals and view more detailed data on the FitCloudPro app.

NOTE: The results and measurements of heart rate data strictly cannot be used for medical reference and should be used as a reference only.

Bluetooth Call

On the main menu, tap on the 🟢 Dial and Call Records 🟠 icons to launch the phone call function of the connected smart phone. Tap on the 🔵 icon to access your contact information. You can activate Bluetooth handsfree mode under the shortcut menu Call audio and Media audio settings.

Voice assistant

On the main menu, tap on the 🔵 icon to launch the voice assistant function of the connected smart phone.

Sleep

On the main menu, tap on the 🟠 icon to view sleep data (you must be wearing the watch during the sleep duration for the function to work). You can also swipe down to view the data. View more detailed records on

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the FitCloudPro app as the data on the watch will be synchronised to the app.
NOTE: If the sleep duration is less than 3 hours, the data will not be recorded.

Message (Notifications)

After your smart phone is connected to the watch, you can view new messages and other app notifications on the watch. The latest 15 notifications will be displayed on the watch. Your smart phone's "SMS reminder" must be set to on. You can set which app notifications to receive under "Push Notifications" on the FitCloudPro app.

Weather

On the main menu, tap on the 🟠 icon to view live weather. You must be connected to the FitCloudPro app.
NOTE: You must have Internet/mobile connection for this function to work. The weather displayed may not be the same as your phone's default weather app.

Bluetooth Music Playback

- On the main menu, tap the 🎵 icon to enter the Bluetooth music playback menu.
- Open the music app on your smart phone.
- Tap play/pause icon to play/pause music.
- Tap previous/next icon to play the previous/next song.

- Tap the Volume Up/Down icon to increase or decrease volume level.

NOTE: Your smart watch must be connected to the FitCloudPro app to use the function.

Breath training

On the main menu, tap on the 🔵 icon. Select the training time, then you can inhale/exhale according to the rhythm displayed on the watch.

Stopwatch

On the main menu, tap on the 🟠 icon to enter stopwatch interface. Tap the play icon to start the stopwatch, tap the pause icon to pause and the reset icon to reset the time.

Timer

On the main menu, tap on the 🟠 icon to enter timer interface. Select from 1/3/5/10 minutes and longer, the watch will alert you when the selected time is up.

Alarm

On the main menu, tap on the 🟠 icon to view your alarms. Set your alarms on the FitCloudPro app. When the set time is up, the watch will alert. You can set up to 5 alarms.

Calculator

On the main menu, tap on the 🔵 icon to enter the calculator interface.

Calendar

On the main menu, tap on the 📅 icon to enter the calendar interface. swipe up to view the calendar of the current month, swipe left or right to select month.

Sedentary Reminder

Set reminders to notify you to be active. Set the reminder times on the FitCloudPro app and the watch will alert you on the set time.

Drink Reminder

Set reminders to notify you to be hydrated. Set the reminder times on the FitCloudPro app and the watch will alert you on the set time.

Remote Camera

After your smart phone is connected to the FitCloudPro app, tap "Device" on the app and select "Shake photograph." Your watch will display a camera icon, tap the icon or shake the watch to use as a camera remote for your smart phone.