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## Evidence essentials.

## Kenevo/Microprocessor Knees for K2.

	Mobility need or deficit of the patient	
		Evidence for benefits of Kenevo/MPK vs. NMPK in K2 patients
Safety	Patient stumbles and/or falls repeatedly  Patient avoids activities due to fear of falling  Patient sustained fall-related injuries	<ul> <li>Significant reduction in falls of up to 80% (Wurdeman et al., 2025; Hahn et al., 2021; Davie-Smith et al., 2021; Kaufman et al., 2018; Mileusnic et al., 2017; Wong et al., 2015; Hahn et al., 2015; Kannenberg et al., 2014; Hafner et al., 2009; Kahle et al., 2008)</li> <li>Significant reduction in fear of falling (Wurdeman et al., 2025; Hahn et al., 2021; Jayaraman et al., 2021; Mileusnic et al., 2017; Wong et al., 2015; Hahn et al., 2015)</li> <li>Significant reduction in the frequency of stumbles (Wurdeman et al., 2025; Mileusnic et al., 2017; Kannenberg et al., 2014; Hafner et al., 2009)</li> </ul>
		<ul> <li>Significant improvements in balance and indicators for the risk of falling, such as Timed-up-and-go-test, ABC scale, PEQ Addendum; Modified Falls Efficacy Scale, etc. (Wurdeman et al., 2025; Hahn et al., 2021; Davie-Smith et al., 2021; Jayaraman et al., 2021; Lansade et al., 2018; Hahn et al., 2016; Wong et al., 2015; Kannenberg et al., 2014; Burnfield et al., 2012; Hafner et al., 2007 and 2009)</li> </ul>
Mobility	Patient has difficulty negotiating slopes/hills	<ul> <li>Significant improvement in quality of slope descent towards more natural gait pattern         (Kannenberg et al., 2014; Burnfield et al., 2012; Hafner et al., 2009)</li> <li>Significant increase in downhill walking speed of up to 36%         (Kannenberg et al., 2014; Burnfield et al., 2012; Hafner et al., 2009)</li> <li>Significant improvement in patient-reported slope ambulation         (Hahn et al., 2016)</li> </ul>
Mobility	Patient has difficulty negotiating uneven terrain and obstacles	<ul> <li>Significant increase in walking speed on uneven terrain and obstacle courses of up to 20%     (Kannenberg et al., 2014; Hafner et al., 2009; Kahle et al., 2008)</li> <li>Significant improvement in patient-reported uneven terrain and obstacle negotiation (Hahn et al., 2016)</li> </ul>

Mobility	Patient has difficulty descending stairs with reciprocal (step-over-step) gait	<ul> <li>Significant improvement in quality of stair descent towards more natural gait pattern     (Kannenberg et al., 2014; Hafner et al., 2009; Kahle et al., 2008;)</li> <li>Significant improvement in patient-reported stair ambulation (Hahn et al., 2016)</li> </ul>
Mobility	Patient has difficulty with dual tasking while walking with the prosthesis	- Significantly improved capacity and performance in executing a concurrent task while walking with the prosthesis (Mileusnic et al., 2017; Hahn et al., 2016; Hahn et al., 2015; Kannenberg et al., 2014; Hafner et al., 2009)
Mobility	Patient has difficulty with performing activities of daily living	<ul> <li>Significantly improved performance in the execution of various activities of daily living (Wurdeman et al., 2025)</li> <li>Significantly improved performance in the execution of various activities of daily living (Kannenberg et al., 2014; Theeven et al., 2011 and 2012)</li> <li>Significant improvement in PRQ Ambulation and PEQ Utility (Hahn et al., 2021)</li> <li>Almost significant (p=0.056) but clinically meaningful improvement in patient-reported mobility (PLUS-M) (Davie-Smith et al., 2021)</li> </ul>
Mobility	Patient is limited in his/her mobility Patient uses a wheelchair and a prosthesis	<ul> <li>Significant increase in over-ground walking speed of up to 25% (Wurdeman et al., 2025; Hahn et al., 2021; Davie-Smith et al., 2021; Jayaraman et al., 2021; Eberly et al., 2014; Kannenberg et al., 2014; Kahle et al., 2008)</li> <li>Significant improvement in distance walked in the 2-minute walk test (Wurdeman et al., 2025; Davie-Smith et al., 2021)</li> <li>Significant reduction in additional use of a wheelchair from 87% to 37% of subjects (Mileusnic et al., 2017)</li> </ul>
		<ul> <li>Patients spent significantly more time active and significantly less time sitting     (Kaufman et al., 2018)</li> <li>About 50% of K2 patients are able to improve their overall mobility level to K3     (Hahn et al., 2021; Hahn et al., 2016; Hahn et al., 2015; Kannenberg et</li> </ul>
Quality of life	Patient has reduced quality of life	<ul> <li>al., 2014; Hafner et al. 2009; Kahle et al., 2008)</li> <li>Significant improvement in health-related quality of life (Davie-Smith et al., 2021)</li> <li>Preservation of quality of life of older TF amputees (avg. age 73 yrs) in a 12-month study while quality of life in the NMPK group declined significantly (Wurdeman et al., 2025)</li> </ul>

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