



Welcome to use our high-performance wrist-band smart bracelet which creates thoughtful and health experience for you.



Magnetic line to charge the smart bracelet.

Please remember the following tips when you maintain your smart bracelet:

•Clean the smart bracelet regularly, especially its inner side,



Schematic diagram of main body of the smart Long press the side button for 3 seconds or plug in the

Adjust the smart bracelet tightness to ensure air circulation.

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Excessive skincare product should not be used for the wrist wearing the smart bracelet.

Please cease wearing the smart bracelet in case of skin allergy or any discomfort.

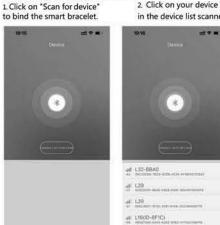




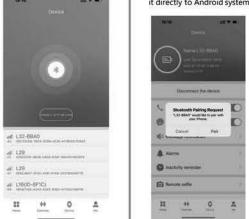


Note; your mobile phone must support Android 5.1 or IOS 8.0 or above, and Bluetooth 4.0 or above.

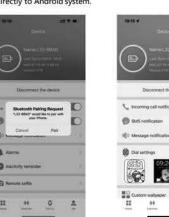
Downloading and binding of smart bracelet APP Download and install APP Scan QR code with mobile phone to download APP. For IOS system, select App Store; and for Android system, select Google Play Store to download and install JYouPro



Bind smart bracelet with APP 2. Click on your device in the device list scanned.



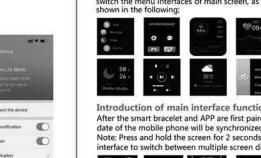
Bluetooth pairing request and you can click on Bluetooth



3. The IOS system will show a 4. The binding is successful.



Introduction of smart bracelet functions



interface to switch between multiple screen dials.



After the smart bracelet and APP are first paired, the time and date of the mobile phone will be synchronized.

Note: Press and hold the screen for 2 seconds on the main

The step-counting interface shows steps. Wear the smart bracelet on wrist, and the smart bracelet can automatically count steps, distance and calories. Message
You can view the content pushed by the message in the

information interface. At most Seven messages can be saved. After Seven messages are saved, the messages displayed before will be replaced by new messages one by one. Note: In the information interface, press and hold for 2 seconds to delete the content.

Wearing the smart bracelet at night to automatically judge whether you are in the sleep state, to record deep sleep and light sleep respectively, and to summarize the total sleep time

to help you monitor your sleep quality. The sensor can measure your sleep quality according to the range and frequency of wrist movements when you sleep. Heart rate measurement The heart rate measurement interface supports real-time

dynamic heart rate and understands your own health data. Be sure that there is no dirt at the bottom of the heart rate sensor when conduct measurement. Skin color, hair density, tattoo and scar may affect the accuracy of the measuring results, in which cases please re-measure the heart rate. Note: The heart rate sensor shall be closely attached to skin and well contacted with skin in measurement of heart rate. The sensor light exposure in case of wearing bracelet too loosely can result in inaccurate measured figures. Don't look steadily at the green light of sensor which may cause eye instation.

The blood pressure shall be measured in a quiet environment and at proper temperature. Have a rest for at least 5 minutes before measurement. Avoid nervous, anxious and exciting feelings; measure three times repeatedly at an interval of 2 minutes. Record the average value of readings measured three

> Blood oxygen Blood oxygen saturation (Sp2) is the percentage of the amount of Oxy hemoglobin (Hb2) which has been oxygenated in the blood and the total amount of hemoglobin (H b, hemoglobin) which can be oxygenated. It means the concentration of

oxygen in blood. Note: The blood pressure and blood oxygen data are for

reference only and should not be used as a basis in medical **Sport**There are 7 kinds of sports in the sports interface, including walking, running, cycling, rope skipping, badminton,

The weather page will display the current weather today and tomorrow. Click on the weather interface to display the weather forecast for the next 3 days.

For weather information, it needs to connect with the client end before data can be obtained. If the disconnection time is long, the weather information cannot be updated.

Click the icon to select screen brightness, slide to the right to

exit and save the record. Enter the stopwatch page, click on the icon "Start" below to start timing, then singly click on the icon "Pause" to pause timing, and the icon in the left is for one-key resetting.

Switch to the Find Mobile Phone interface; shake the bracelet, and the mobile phone can make a ringtone synchronically. After connecting with the mobile phone, the smart bracelet

can control the music player of the mobile phone. When the mobile phone plays music, you can use the smart bracelet to control the mobile phone for playing/pausing, the previous song and the next song. Click the "More" icon to enter the function interface.

POWER OFFClick on "Confirm" to turn off the smart bracelet and the smart bracelet is in a sleep state.

Click on "Confirm" to clear all data in the smart bracelet, and

Remove device For the Android mobile phone, the device can be disconnected from your mobile phone by simply clicking on Remove device. For Apple mobile phone after binding removal, you need to click on the symbol on the right in Setting- Bluetooth, and

choose to ignore the device. As shown below:

Frequently Asked Questions (FAQs) 1. Why does the smart bracelet automatically disconnect Bluetooth when the Android screen goes out?

1> Lock background APP. When the JYouPro process is cleared,

Answer: the bath water has a relatively high temperature, and generates a lot of vapor which is in the gas phase with small molecular radius and can easily infiltrate into the smart bracelet from the shell gap. When the temperature drops down, the vapor will condensate into liquid-phase droplets which will easily cause the short circuit inside the smart bracelet and the smart bracelet will be disconnected from the mobile phone. 2 > Set APP self-startup

3 > Unrestricted background operation. The Android mobile phone installed with APP intelligently restricts the background operation by default, and App should be set manually without damage the circuit board and then damage the smart bracelet. A. Why is the Bluetooth connecting icon blinking all the time?

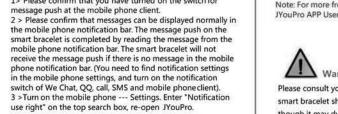
Answer: User may encounter this problem. It mainly can prompt the users that the pushed message is not received if APP is not connected with bracelet. Launch APP to connect to bracelet, and the Bluetooth icon can be displayed normally.

Note: For more frequently asked questions, please refer to the IVouPro APP User Manual

1> Please confirm that you have turned on the switch for

in the mobile phone settings, and turn on the notification switch of We Chat, QQ, call, SMS and mobile phone client).

3. Why can't take a hot bath with the smart bracelet?



Warning: Please consult your doctor before you take a new sport. The smart bracelet should not be used for any medical purpose though it may dynamically monitor the heart rate at real time.

FCC WARNING This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation. Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment. NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference

and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following

measures:

in a residential installation. This equipment generates, uses

- Reorient or relocate the receiving antenna. - Increase the separation between the equipment and -- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected. -- Consult the dealer or an experienced radio/TV technician for help. The device has been evaluated to meet general RF

exposure condition without restriction

exposure requirement. The device can be used in portable