



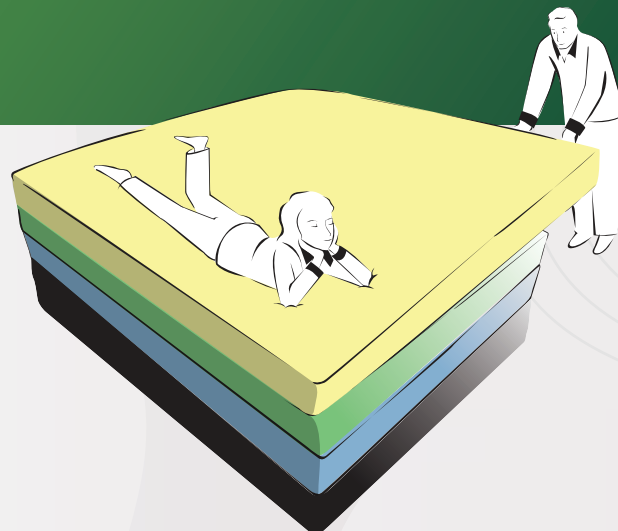
## ASSEMBLY GUIDELINE FOR HEALTHY REST MATTRESS

### COMPONENTS:

1. **Box 1: Firm Layer**
2. **Box 2: Medium Layer**
3. **Box 3: Soft Layer**
4. **Box 4: Mattress Cover**

### TOOLS NEEDED:

- Utility knife or scissors
- A clean, flat surface (Bed) for assembly



## STEP-BY-STEP ASSEMBLY INSTRUCTIONS:

### 01 STEP

### UNBOX THE COMPONENTS

#### 1. Mattress Cover (Box 1):

- Unbox the mattress cover.
- Open the cover fully, preparing it to encapsulate the latex layers.

#### 2. Firm Layer (Box 2):

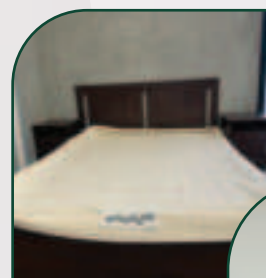
- Carefully cut open the box.
- Remove the firm latex layer from the box.
- Lay it flat on the ground.

#### 3. Medium Layer (Box 3):

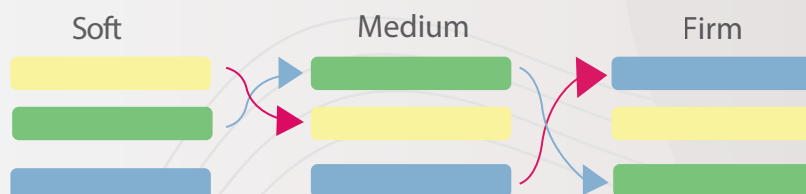
- Open the second box with care.
- Take out the medium latex layer.
- Lay it on top of the firm layer, aligning the edges and corners.

#### 4. Soft Layer (Box 4):

- Open the third box.
- Remove the soft latex layer.
- Place it on top of the medium layer, ensuring proper alignment.



Layers can be change as  
per desired firmness (Refer below chart)



## 02 STEP

### ENCAPSULATE WITH MATTRESS COVER

#### 1. Secure the Cover:

- Once the layers are inside the cover, zip it up or secure it with the provided mechanism.
- Ensure the cover fits snugly without any wrinkles or gaps.

## 03 STEP

### FINAL ADJUSTMENTS

#### 1. Smooth the Mattress:

- Smooth out the mattress cover to remove any wrinkles.
- Check that all layers are still aligned inside the cover.

#### 2. Allow Expansion:

- Allow the mattress to expand fully.
- This process can take several hours to a few days.

## 04 STEP

### TEST THE MATTRESS

#### 1. Check Comfort and Support:

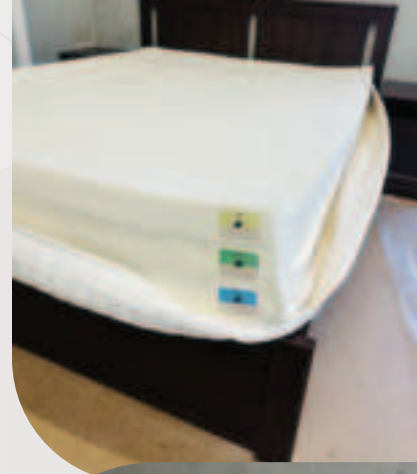
- Lie on the mattress to ensure it provides the desired comfort and support.
- Make any minor adjustments as necessary.

## 05 STEP

### ENJOY YOUR MATTRESS

#### 1. Ready for Use:

- Your Healthy Rest Mattress is now ready for use.
- Enjoy the comfort and support provided by your new mattress.



**BY FOLLOWING THESE DETAILED STEPS, CUSTOMERS CAN ENSURE PROPER ASSEMBLY OF YOUR HEALTHY REST MATTRESS, LEADING TO A COMFORTABLE AND SUPPORTIVE SLEEP EXPERIENCE.**

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