





COROS is a global sports technology company on a mission to innovate, develop and deliver the best training solutions to help athletes at every ability level to achieve their goals. Our award-winning hardware devices and proprietary software are developed to the highest standards and used by the world's best athletes.

Trusted by elite athletes, COROS watches help you transform data into actionable insights with advanced training solutions like training load trend, recovery timer, training status, workout builder, and a lot more.

Whether you are exploring the streets of a new city or finding your way back to the parking lot, our navigation tools will help you create new routes and stay on the right path.

COROS comes with various activity tracking including run, treadmill run, bike, swim, paddling, rower, triathlon, cardio, jump rope, and more. Our activity modes are specifically built to provide the most accurate metrics for your sport.

COROS offers a detailed breakdown of your sleep stages so that you can easily understand if you are getting a good night of rest.

TRAINING SOLUTIONS



COROS TRAINING HUB

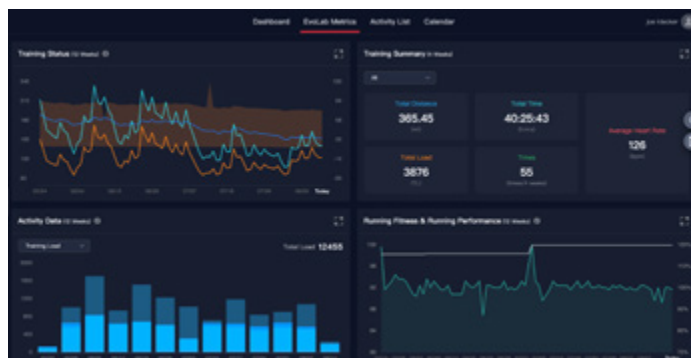
UNDERSTAND YOUR PAST,
ANALYZE YOUR PRESENT, CREATE YOUR FUTURE.

The Training Hub gives you instant access to your data to analyze past and present metrics through intuitive graphs.



DASHBOARD

A detailed representation of your COROS app in an visually appealing desktop view



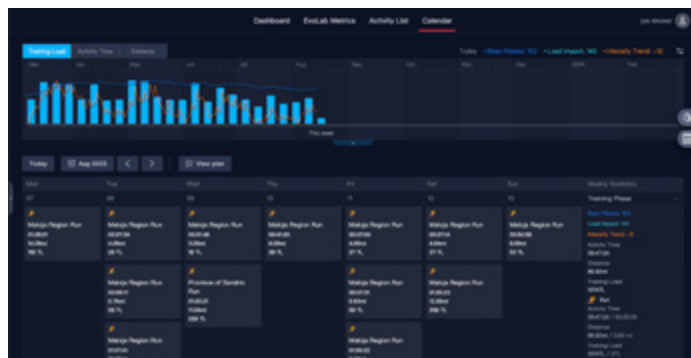
EVOLAB

In-depth data analysis through a wide variety of performance metrics to guide you in your training journey.

Date	Activity Name	Activity Time	Pace	Avg. HR	Distance
Tuesday	Morongo Region Run	08:07:08	8:00	158bpm	4.0km
Tuesday	Morongo Region Run	08:07:16	8:00	158bpm	4.0km
Tuesday	Morongo Region Run	08:07:08	8:00	158bpm	4.0km
Mon	Morongo Region Run	07:08:40	8:00	158bpm	4.0km
Sat	Morongo Region Run	08:08:08	8:00	158bpm	4.0km
Sat	Morongo Region Run	08:07:16	8:00	158bpm	4.0km

ACTIVITY LIST

A detailed view of each workout so you don't miss out on any data while you were out training.



CALENDAR

An easy-to-understand calendar to create and manage your training plans in a fully personalized way.

Name	Threshold Pace	Race/Pace	Intensity
John's Plan	08:00	8:00	158bpm
John's Plan	08:00	8:00	158bpm
John's Plan	08:00	8:00	158bpm
John's Plan	08:00	8:00	158bpm
John's Plan	08:00	8:00	158bpm
John's Plan	08:00	8:00	158bpm
John's Plan	08:00	8:00	158bpm
John's Plan	08:00	8:00	158bpm
John's Plan	08:00	8:00	158bpm
John's Plan	08:00	8:00	158bpm

COROS TRAINING HUB

Your coach can also have access to the Training Hub to have a full view of your current data as well as manage your training plan for the objectives to come.

COROS EVOLAB

THE EVOLUTION OF PERSONAL FITNESS EVALUATION
PACKED INTO A WRIST-BASED WEARABLE.



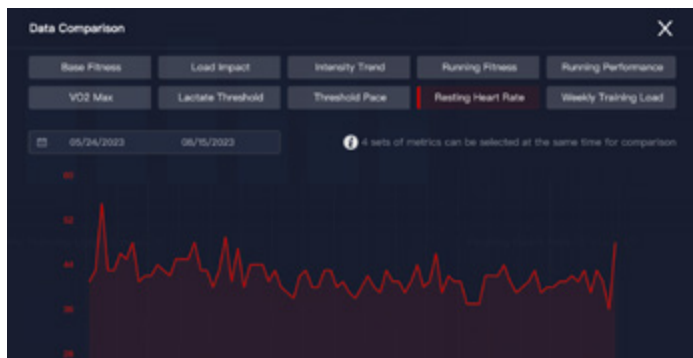
SHORT TERM CHART

Some metrics are short-term based, such as Load Impact, Intensity Trend, and Running Performance.



LONG TERM CHART

Other metrics are long-term based, such as Base Fitness, Running Fitness, and VO2max.



RESTING HEART RATE

You can measure your resting heart rate to monitor illness or fatigue.

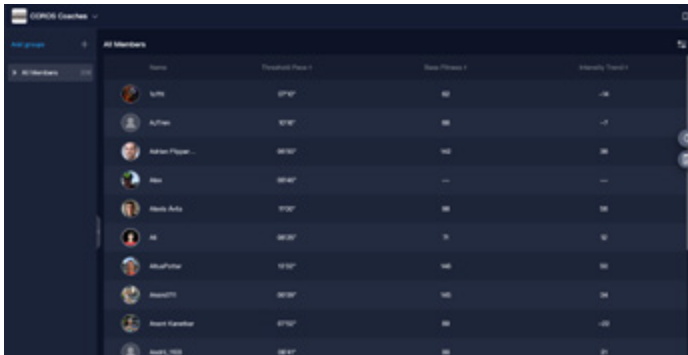


PACE ZONE DISTRIBUTION

Monitor your intensity to ensure proper training for your goals.

COROS COACHES

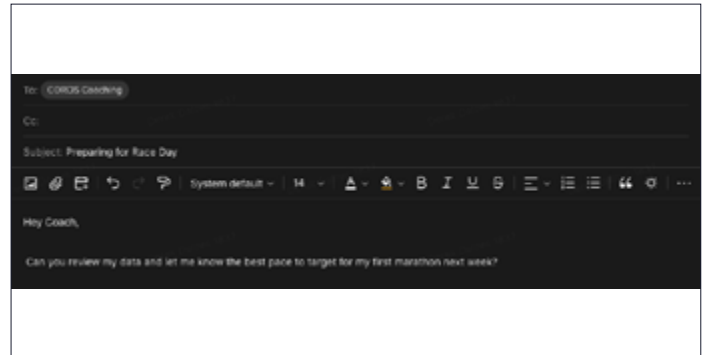
CERTIFIED COACHES READY AND ABLE TO REVIEW YOUR DATA
FOR PERSONALIZED QUESTIONS/ANSWERS



Name	Threshold Pace	Base Pace	Intensity Pace
John	6:45"	6:00"	5:45"
Ashley	6:15"	5:30"	5:15"
Robert Pappas	6:00"	5:15"	5:00"
Ben	5:45"	5:00"	4:45"
Heidi Aho	5:30"	4:45"	4:30"
JD	5:15"	4:30"	4:15"
Adam Peltier	5:00"	4:15"	4:00"
Benjamin	4:45"	4:00"	3:45"
David Hamilton	4:30"	3:45"	3:30"
David Hill	4:15"	3:30"	3:15"

PERSONALIZED

With access to your data, coaches analyze and get back to you with detailed training insights to help you reach your training goals.



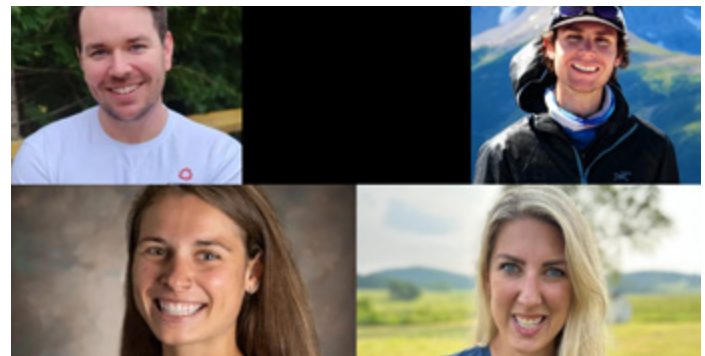
FREE

All COROS customers have free access to this service by simply sending over questions to coach@coros.com



PROACTIVE

Once your questions are sent, coaches analyze and respond within a 48-hour timeframe so you don't miss out on any training opportunity.



CERTIFIED COACHES

All COROS Coaches are certified and specialize in a certain training area to allow each question to be addressed from the best angle possible so you can receive thoughtful and relevant feedback to your training.

WATCHES



COROS WATCH SPECIFICATIONS



CATEGORIES	PACE 3	APEX 2	APEX 2 Pro	VERTIX 2
Display Size	1.2 inch	1.2 inch	1.3 inch	1.4 inch
Display Resolution	240 x 240	240 x 240	260 x 260	280 x 280
Display Type	Touch Screen Memory LCD			
Screen Material	Corning® Glass	Sapphire Glass		
Bezel Material	Fiber Reinforced Polymer	Grade 6 Titanium Alloy w/ PVD Coating		
Cover Material	Fiber Reinforced Polymer	Titanium Alloy w/ PVD Coating		
Watch Band	22mm Quick Release	20mm Quick Release	22mm Quick Release	26mm Quick Release
Physical Size	41.9 x 41.9 x 11.7 mm	43.0 x 42.8 x 12.8mm	46.1 x 46.5 x 14mm	50.3 x 50.3 x 15.7mm
Weight with Nylon Band	30g	42g	53g	72g
Accessory Connection	Bluetooth®			
Memory	4 GB	8 GB	32 GB	
Water Resistance	50 Meters	50 Meters	50 Meters	100 Meters
Daily Use	24 days	17 days	30 days	60 days
Standard Full GPS (GPS, QZSS)	38 hours	45 hours 8 hours with music	75 hours 17 hours with music	140 hours 30 hours with music
All Systems On GPS, GLONASS, Galileo, BeiDou, QZSS	25 hours	30 hours 7 hours with music	45 hours 14 hours with music	90 hours 25 hours with music
Dual Frequency GPS, GLONASS, Galileo, BeiDou, QZSS	15 hours		26 hours 11 hours with music	50 hours 20 hours with music
Navigation Support	Breadcrumb Navigation Checkpoint Back to Start Elevation Profile Distance to Destination GPS Coordinates Storm Alert	Full Offline Mapping Checkpoint Back to Start Elevation Profile Distance to Destination GPS Coordinates Storm Alert		
Optical Heart Rate Monitor	✔			
Accelerometer, Barometer, Compass	✔			
Optical Pulse Oximeter	✔			
Electrocardiogram Sensor	—	✔		
Activity Modes - Run, Bike, Water, Strength, Cardio, Triathlon, Winter, Multisport	✔			
Activity Modes - Whitewater, Speedsurfing, Windsurfing, Ski Touring, Climbing	—	✔		

COROS PACE 3

THE UNDISPUTED
LIGHTWEIGHT CHAMP



EXTENDED BATTERY LIFE

Super-light with a sleek body, PACE 3 is made to be worn all day and night in completely distraction-free comfort.

- + **38 Hours** Continuous GPS
- + **24 Days** Daily Use



24/7 COMFORT

Super-light with a sleek body, PACE 3 is made to be worn all day and night in completely distraction-free comfort.

- + **30 grams** w/ Nylon Band
- + **11mm** Thin



ADVANCED SENSORS

The PACE 3 hardware packs a punch with our Next-Gen optical heart rate sensor, Dual-Frequency GPS, blood oxygen measurement sensor, and a barometric altimeter.



NAVIGATION + ROUTE PLANNER

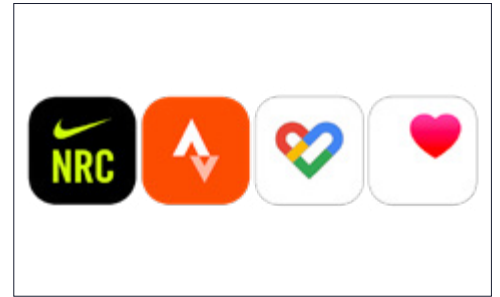
Go beyond your neighborhood run in confidence with a suite of powerful navigation tools including on-watch Breadcrumb Navigation and a Route Planner directly in the COROS app.



SLEEP TRACKING

With 24/7 comfort, accurate sensors and epic battery life, PACE 3 provides detailed data on your sleep recovery night after night.

- + Measures each of your four sleep stages
- + Calculates your Resting Heart Rate to monitor fitness trends

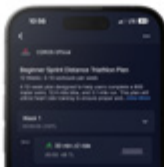


THIRD PARTY INTEGRATIONS + MORE

Sync directly to your favorite health and fitness apps like Strava, Nike Run Club, Apple Health, and Google Healthkit. Stay connected by viewing incoming texts and phone calls, or use Find my Phone to locate your misplaced device.

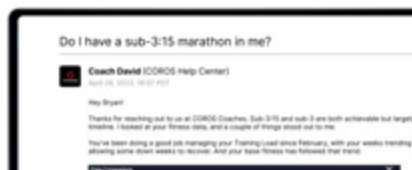
TRAINING PLANS & WORKOUTS

From 5k to Ultra.
Download free Training Plans and
Workouts to help you reach your goals.



COROS COACHES

Real advice. Real coaches.



TRAINING HUB

Advanced training analysis tool
and direct communication
with your coach.



COROS

PACE 3

THE UNDISPUTED
LIGHTWEIGHT CHAMP

	USD	CAD	EUR	GBP	AUD	CNY	JPY	UPC	EAN
White Nylon	229	329	249	219	399	1699	33,000	810005782609	0810005782609
White Silicone								810005782616	0810005782616
Black Nylon								810005782623	0810005782623
Black Silicone								810005782630	0810005782630

	COROS PACE 3	Garmin Forerunner 255	Garmin Forerunner 265	Garmin Forerunner 55	Garmin Vivoactive 4	Garmin Forerunner 745	Apple Watch Series 8 (42mm)
Price	\$229	\$349	\$449	\$200	\$329	\$449	\$399
GPS Battery Life	38 hours	Up to 30 hours	Up to 24 hours	Up to 20 hours	Up to 18 hours	Up to 16 hours	7 hours
Daily Battery Life	24 days	15 days	Up to 15 days	Up to 14 days	Up to 8 days	Up to 7 days	18 hours
Weight	30g (w/ nylon)	49g	39g	37g	51g	47g	32g
Satellite Systems	Dual-Frequency	Dual-Frequency	Dual-Frequency	Standard GPS	Standard GPS	Standard GPS	Standard GPS
Display Size	1.2 inch	1.2 inch	1.1 inch	1.04 inch	1.3 inch	1.2 inch	1.6 inch
Display Type	Always-On Memory-in-Pixel LCD	Memory-in-Pixel LCD	Optional Always-On Mode AMOLED	Memory-in-Pixel LCD	Memory-in-Pixel LCD	Memory-in-Pixel LCD	Retina LTPO OLED
Water Resistance	5 ATM	5 ATM	5 ATM	5 ATM	5 ATM	5 ATM	5 ATM
Navigation Support	Breadcrumb Navigation In-App Route Builder Checkpoint Back to Start Elevation Profile Distance to Destination GPS Coordinates Storm Alert	Breadcrumb Navigation Point-to-Point Navigation Back to Start Elevation Profile Distance to Destination	Breadcrumb Navigation Point-to-Point Navigation Back to Start Elevation Profile Distance to Destination			Breadcrumb Navigation Point-to-Point Navigation Back to Start Elevation Profile Distance to Destination	Full Map and Navigation Support
Touchscreen	✓	✗	✓	✗	✓	✗	✓
Offline Music Support	✓	✗	✓	✗	✓	✓	✓
Key Sensors	Heart Rate, SpO2, Barometric Altimeter	Heart Rate	Heart Rate, SpO2, Barometric Altimeter	Heart Rate	Heart Rate, SpO2, Barometric Altimeter	Heart Rate, SpO2, Barometric Altimeter	Heart Rate, SpO2, Barometric Altimeter
Connectivity	Bluetooth/WiFi	Bluetooth/ANT+	Bluetooth/ANT+/WiFi	Bluetooth/ANT+	Bluetooth/ANT+/WiFi	Bluetooth/ANT+/WiFi	Bluetooth/WiFi
Free Desktop Training Platform	✓	✓	✓	✓	✓	✓	✗
Free Coaching Support	✓	✗	✗	✗	✗	✗	✗

COROS APEX 2

FOR TRAINING & TRAILBLAZING



IMPROVED BATTERY LIFE

Leave the charger at home, worry-free.

- + **45 Hours** of Continuous GPS
- + **17 Days** Daily Use



NAVIGATION + ROUTE PLANNER

- + Global Topographic & Landscape maps
- + Waypoints
- + Elevation Profile
- + Back to Start
- + In-App Route Planner
- + Save Location



HARDWARE

- + Titanium Alloy Bezel
- + Stainless Steel Casing
- + Touch Screen
- + All Systems GPS
- + SpO2 (Blood Oxygen)
- + Electrocardiogram (HRV)



FEATURES

- + Nutrition Alerts
- + Night Mode
- + Storm Alert
- + Find My Phone
- + Incoming Text/Call Notifications
- + 3rd Party App Sync (Strava, Nike Run Club, Apple Health, and more)

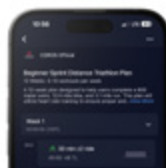
TRAIN TO YOUR POTENTIAL

Elevate your performance with personalized training solutions from EvoLab.



TRAINING PLANS & WORKOUTS

From 5k to Ultra. Download free Training Plans and Workouts.



COROS COACHES

Real advice. Real coaches. Free.



COROS APEX 2

FOR TRAINING & TRAILBLAZING



	USD	CAD	EUR	GBP	AUD	CNY	JPY	UPC	EAN
Black (WAPX2-BLK)	349	499	399	349	579	2,499	49,610	810005782135	0810005782135
Gray (WAPX2-GRY)								810005782142	0810005782142
Coral (WAPX2-COR)								810005782159	0810005782159

	COROS APEX 2	Garmin Forerunner 265	Garmin Vivoactive 4	Garmin Forerunner 745	Suunto 9 Peak Pro	Apple Watch Series 8 (42mm)
Price	\$349	\$449	\$329	\$449	\$409	\$399
GPS Battery Life	45 hours	Up to 24 hours	Up to 18 hours	Up to 16 hours	Up to 40 hours	7 hours
Daily Battery Life	17 days	Up to 15 days	Up to 8 days	Up to 7 days	Up to 21 days	18 hours
Weight	42g	39g	51g	47g	64g	42g
Satellite Systems	All Systems	Dual-Frequency	Standard GPS	Standard GPS	Standard GPS	Standard GPS
Display Size	1.2 inch	1.1 inch	1.3 inch	1.2 inch	1.2 inch	1.6 inch
Display Type	Touch Screen Always-On Memory-in-Pixel LCD	Optional Always-On Mode AMOLED	Memory-in-Pixel LCD	Memory-in-Pixel LCD	Matrix	Retina LTPO OLED
Water Resistance	5 ATM	5 ATM	5 ATM	5 ATM	10 ATM	5 ATM
Navigation Support	Full Maps and Navigation In-App Route Builder Checkpoint Back to Start Elevation Profile Distance to Destination GPS Coordinates Storm Alert	Breadcrumb Navigation Point-to-Point Navigation Back to Start Elevation Profile Distance to Destination	×	Breadcrumb Navigation Point-to-Point Navigation Back to Start Elevation Profile Distance to Destination	Full Maps and Navigation In-App Route Builder Checkpoint Back to Start Elevation Profile Distance to Destination GPS Coordinates Storm Alert	Full Maps and Navigation Support
Touchscreen	✓	✓	✓	×	✓	✓
Offline Music Support	✓	✓	✓	✓	×	✓
Key Sensors	Heart Rate, HRV, SpO2, Barometric Altimeter	Heart Rate, SpO2, Barometric Altimeter	Heart Rate, SpO2, Barometric Altimeter	Heart Rate, SpO2, Barometric Altimeter	Heart Rate, SpO2, Barometric Altimeter	Heart Rate, SpO2, Barometric Altimeter
Connectivity	Bluetooth/WiFi	Bluetooth / ANT+ / WiFi	Bluetooth / ANT+ / WiFi	Bluetooth/WiFi	Bluetooth	Bluetooth/WiFi
Free Desktop Training Platform	✓	✓	✓	✓	×	×
Free Coaching Support	✓	×	×	×	×	×

COROS APEX 2 PRO

FOR OUTDOOR ATHLETES WHO TRAIN HARD
AND MOVE FAST



WEEKS OF BATTERY LIFE

Leave the charger at home, worry-free.

- + **75 Hours** of Continuous GPS
- + **30 Days** Daily Use



NAVIGATION + ROUTE PLANNER

- + Global Topographic & Landscape maps
- + Waypoints
- + Elevation Profile
- + Back to Start
- + In-App Route Planner
- + Save Location



HARDWARE

- + Titanium Alloy Bezel
- + Sapphire Glass Screen
- + Touch Screen
- + Dual-Frequency GPS
- + SpO2 (Blood Oxygen)
- + Electrocardiogram (HRV)



FEATURES

- + Nutrition Alerts
- + Night Mode
- + Storm Alert
- + Find My Phone
- + Incoming Text/Call Notifications
- + 3rd Party App Sync (Strava, Nike Run Club, Apple Health, and more)

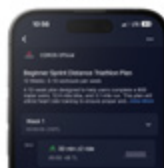
TRAIN TO YOUR POTENTIAL

Elevate your performance with
personalized training solutions
from EvoLab.



TRAINING PLANS & WORKOUTS

From 5k to Ultra.
Download free Training Plans
and Workouts.



COROS COACHES

Real advice. Real coaches. Free.



COROS APEX 2 PRO

FOR OUTDOOR ATHLETES WHO TRAIN HARD
AND MOVE FAST



	USD	CAD	EUR	GBP	UPC	EAN
Black (WAPX2P-BLK)	449	599	499	449	810005782166	0810005782166
Gray (WAPX2P-GRY)					810005782173	0810005782173
Green (WAPX2P-GRN)					810005782180	0810005782180

	COROS APEX 2 Pro	Garmin Forerunner 955	Garmin Forerunner 265	Suunto Vertical	Suunto Race	Apple Watch Ultra 1
Price	\$449	\$500	\$449	\$629	\$449	\$449
GPS Battery Life	75 hours	Up to 42 hours	Up to 24 hours	85 hours	70 hours	Up to 36 hours
Daily Battery Life	30 days	Up to 15 days	Up to 15 days	Up to 60 days	26 days	2.5 days
Weight	53g	52g	39g	74g	83g	61g
Satellite Systems	Dual-Frequency	Dual-Frequency	Dual-Frequency	Dual-Frequency	Dual-Frequency	Dual-Frequency
Display Size	1.3 inch	1.3 inch	1.1 inch	1.9 inch	1.4 inch	1.9 inch
Display Type	Touch Screen Always-On Memory-in-Pixel LCD	Touch Screen Always-On Memory-in-Pixel	Optional Always-On Mode AMOLED	Matrix	AMOLED	Always-On Retina LTPO OLED
Water Resistance	5 ATM	5 ATM	5 ATM	10 ATM	10 ATM	10 ATM
Navigation Support	Full Maps and Navigation In-App Route Builder Checkpoint Back to Start Elevation Profile Distance to Destination GPS Coordinates Storm Alert	Full Maps and Navigation Checkpoint Back to Start Elevation Profile Distance to Destination GPS Coordinates	Breadcrumb Navigation Point-to-Point Navigation Back to Start Elevation Profile Distance to Destination	Full Maps and Navigation In-App Route Builder Checkpoint Back to Start Elevation Profile Distance to Destination GPS Coordinates Storm Alert	Full Maps and Navigation Point-to-point Navigation Back to Start Elevation Profile Distance to Destination	Full Maps and Navigation Checkpoint Back to Start Elevation Profile Distance to Destination
Touchscreen	✓	✓	✓	✓	✓	✓
Offline Music Support	✓	✓	✓	✗	✗	✓
Key Sensors	Heart Rate, HRV, SpO2, Barometric Altimeter	Heart Rate, HRV, SpO2, Barometric Altimeter	Heart Rate, HRV, SpO2, Barometric Altimeter	Heart Rate, SpO2, Barometric Altimeter	Heart Rate, HRV, SpO2, Barometric Altimeter	Heart Rate, HRV, SpO2, Barometric Altimeter
Connectivity	Bluetooth/WiFi	Bluetooth / ANT+ / WiFi	Bluetooth / ANT+ / WiFi	Bluetooth/WiFi	Bluetooth	Bluetooth/WiFi
Free Desktop Training Platform	✓	✓	✓	✗	✗	✗
Free Coaching Support	✓	✗	✗	✗	✗	✗

COROS VERTIX 2

FOR ADVENTURERS WHO GO TO THE EXTREME



INDUSTRY LEADING BATTERY LIFE

Leave the charger at home, worry-free.

- + **140 Hours** of Continuous GPS
- + **60 Days** Daily Use



NAVIGATION + ROUTE PLANNER

- + Global Topographic & Landscape maps
- + Waypoints
- + Elevation Profile
- + Back to Start
- + In-App Route Planner
- + Save Location



BUILT FOR THE ELEMENTS

- + Titanium Alloy Bezel
- + Stainless Steel Casing
- + Touch Screen
- + All Systems GPS
- + SpO2 (Blood Oxygen)
- + Electrocardiogram (HRV)



FEATURES

- + Nutrition Alerts
- + Night Mode
- + Storm Alert
- + Find My Phone
- + Incoming Text/Call Notifications
- + 3rd Party App Sync (Strava, Nike Run Club, Apple Health, and more)

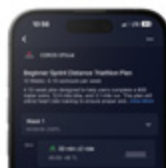
TRAIN TO YOUR POTENTIAL

Elevate your performance with personalized training solutions from EvoLab.



TRAINING PLANS & WORKOUTS

From 5k to Ultra. Download free Training Plans and Workouts.



COROS COACHES

Real advice. Real coaches. Free.



COROS VERTIX 2

FOR ADVENTURERS WHO GO TO THE EXTREME



	USD	CAD	EUR	GBP	AUD	CNY	JPY	UPC	EAN
WVTX2-BLK	699	949	699	599	1,149	4999	89,100	810005781824	0810005781824
WVTX2-SVR									

	COROS VERTIX 2	Garmin Fenix 7X Pro (51mm, Solar)	Apple Watch Ultra 2	Garmin Enduro 2	Garmin Epix Pro (51mm, standard)	Suunto Vertical
Price	\$699	\$899	\$799	\$999	\$999	\$629
GPS Battery Life	140 hours	89 hours (122 with solar)	12 hours	110 hours (150 with solar)	82 hours	60 hours
Daily Battery Life	60 days	28 days (37 with solar)	36 hours	34 days (46 with solar)	31 days	60 days
Weight	89g / 72g	96g	61g	70g	98g	86g
Satellite Systems	Dual-Frequency	All Systems Multi-Band	Dual-Frequency	All Systems Multi-Band	All Systems Multi-Band	Dual-Frequency
Display Size	1.4 inch	1.4 inch	49mm	1.4 inch	1.4 inch	1.4 inch
Display Type	Touch Screen Always-On Memory-in-Pixel LCD	Memory-in-Pixel	Always-on-Retina display	Memory-in-Pixel	AMOLED	Memory-in-Pixel
Water Resistance	10 ATM	10 ATM	10 ATM	10 ATM	10 ATM	10 ATM
Navigation Support	Full Maps and Navigation In-App Route Builder Checkpoint Back to Start Elevation Profile Distance to Destination GPS Coordinates Storm Alert	Full Maps and Navigation Checkpoint Back to Start Elevation Profile Distance to Destination GPS Coordinates	Full Maps and Navigation Checkpoint Back to Start Elevation Profile Distance to Destination GPS Coordinates	Full Maps and Navigation Checkpoint Back to Start Elevation Profile Distance to Destination GPS Coordinates	Full Maps and Navigation Checkpoint Back to Start Elevation Profile Distance to Destination GPS Coordinates	Full Maps and Navigation Checkpoint Back to Start Elevation Profile Distance to Destination GPS Coordinates
Touchscreen	✓	✓	✓	✓	✓	✓
Offline Music Support	✓	✓	✓	✓	✓	✓
Key Sensors	Heart Rate, HRV, SpO2, Barometric Altimeter	Heart Rate, HRV, SpO2, Barometric Altimeter	Heart Rate, HRV, SpO2, Barometric Altimeter	Heart Rate, HRV, SpO2, Barometric Altimeter	Heart Rate, HRV, SpO2, Barometric Altimeter	Heart Rate, HRV, SpO2, Barometric Altimeter
Connectivity	Bluetooth/WiFi	Bluetooth / ANT+ / WiFi	Bluetooth/WiFi	Bluetooth / ANT+ / WiFi	Bluetooth / ANT+ / WiFi	Bluetooth
Free Desktop Training Platform	✓	✓	✗	✓	✓	✓
Free Coaching Support	✓	✗	✗	✗	✗	✗



ACCESSORIES

COROS POD 2

RUN BEYOND THE LIMITS OF GPS



HARDWARE

The POD 2 provides advanced metrics for your runs, while its lightweight design makes you forget it's even there.

- + **25 Hours** total running on a single charge
- + **40 hours** battery life in standby mode, or longer with its rechargeable battery dock
- + Weighs in at only **5.6 grams**



WEAR IT TWO WAYS

With Auto-Wear Detection, the POD 2 knows whether it's being worn on the shoe or waist for next level running data accuracy.

- + **On your shoe:** Pace, distance, cadence, outdoor temperature, and more
- + **On your waistband:** Stride height, L/R balance, ground contact time, and more



TRAINING OUTDOORS: MORE CONSISTENT DATA

Say goodbye to those common issues with GPS watch technology such as data lag, weak signal, and satellite disruption.

- + Up to 10-second pace delay -> **Stable pace data**
- + Weak or lost GPS signal -> **Improved GPS track**
- + More accurate effort measurement from **Effort Pace**



TRAINING INDOORS: REMOVE THE GUESSWORK

No GPS needed. The POD 2 measures the motion of your foot through space to provide reliable data.

- + **Accurate distance on the treadmill:** whether you're running a workout or steady run
- + **Distance auto-calibration** based on our pace-cadence model

Battery life	25 hours continuous running 150 hours with charging dock	Advanced Running Metrics (Foot)	Distance, pace, cadence, GPS track optimization, temperature	USD	99
		Advanced Running Metrics (Waist)	L/R balance, ground contact time, stride height, stride ratio	CAD	139
Unit Weight	5.6g	Waterproof Grade	3 ATM	EUR	119
Dimensions	27.1 x 33.9 x 8.6mm	Working Temperature	14°F to 140°F -10°C to 60°C	GBP	99
Sensors	Barometric altimeter, thermometer, accelerometer, gyroscope	Connectivity	Bluetooth pairing to COROS watches	UPC	810005781039
				EAN	0810005781039

COROS

HEART RATE MONITOR

PRECISE DATA. PURE COMFORT.



Compatible with any Bluetooth product that accepts Heart Rate data.



DESIGNED FOR ACCURACY

Our latest generation optical heart rate sensor provides you with a new level of accuracy, comparable to that of a chest strap. For cycling, running, climbing, HIIT workouts, and more, the COROS Heart Rate Monitor will help you overcome the limitations of wrist-based heart rate, guaranteeing accurate data during any activity for over 38 hours.



WHY THE ARM?

Placing a heart rate sensor on the arm ensures optimal blood flow beneath the sensor, giving you confidence in the data you're seeing. While wrist-based heart rate sensors are convenient, they typically have limitations that make accuracy a challenge, no matter the brand or product.



LASTING COMFORT

While chest monitors may provide accuracy, they typically are uncomfortable to wear. The soft fabric band of the COROS Heart Rate Monitor securely and comfortably wraps around the arm, with a low-profile design that prevents snagging. The adjustable buckle allows for a perfect fit, and the strong Velcro enclosure enables easy removal for washing.



NO BUTTONS. NO FUSS.

The COROS Heart Rate monitor features automatic wear detection, powering on and off based on when it's worn. It connects to multiple Bluetooth devices simultaneously, including non-COROS watches and other Bluetooth-compatible devices such as Indoor Trainers, Bike Computers, and more.

Battery life	Recording Activities: 38 h Standby: 80 days	Armband material	Polyester fiber, nylon, spandex	USD	79
Total Weight	19g	Optical Heart Rate Hardware	5 LED lights with 4 photodetectors	CAD	109
Unit Weight	9.7g	Battery capacity	55mAh	EUR	79
Dimensions	42.5 x 28.4 x 9.9mm	Waterproof grade	3 ATM	UPC	810,005,782,548
Band Circumference	7.09-12.6 inches	Temperature Ratings	Working temperature: -20°C ~ 50°C (-4°F ~ 122°F)	EAN	0810005782548
Wearing Position	Arm	Charging	Standard magnetic USB charging cable Estimated charging time: 2 hours	Connects with	COROS / Peloton / Hammerhead Garmin / Wahoo + more
				Connectivity	Bluetooth