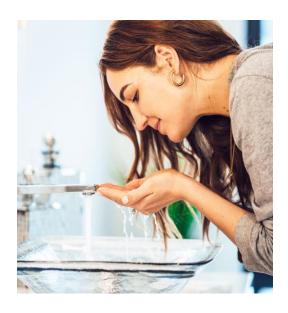
# **How to Use**

Use the PMD Clean Pro daily to deeply cleanse your skin

## **Steps**



01

Rinse & Apply Cleanser

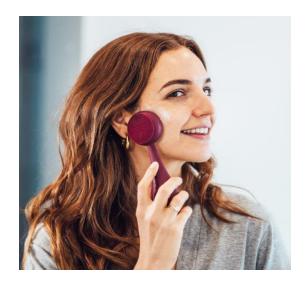
Rinse face with warm water and gently rub in cleanser



02

#### **Wet & Power On Device**

Rinse PMD Clean Pro under water and power on device, we recommend modes 1 and 2 for optimum cleansing results



03

### **Smart Cleansing**

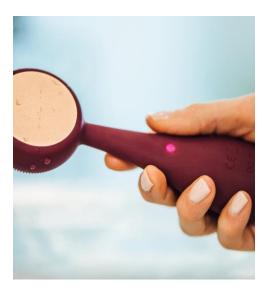
Move brush head in circular motions, cleansing entire face, it is safe to spend more time in areas that may be of personal concern



04

Rinse & Pat Dry

Rinse face and PMD Clean Pro of any excess cleanser then pat dry



#### **Massage in Serums**

Apply skincare products and use back side of the PMD Clean Pro on mode 3 or 4 to gently massage, by powering on ActiveWarmth<sup>TM</sup> on the PMD Clean Pro, serums will be more effective and absorb deeper into the skin



**06** 

#### Lift, Firm & Tone

We recommend using mode 3 or 4 for massaging. By operating at a perfect frequency, the PMD Clean Pro lifts, firms and tones the skin, through the pulsations of the device, blood flow is stimulated and collagen production is increased

## **How To Charge**



01

### **Charging Port**

The charging port can be found in the center of the device's base.



02

### **Insert Charger**

Insert long, thin end of cord into bottom of device. Charging hole is tight to ensure it is waterproof, may require stronger push than expected.

Plug opposite end of charging cord into USB outlet adapter.



03

#### **Charging Time**

If power button light turns on, device is charging. Light will turn off when fully charged (~3 hours).