

How to Use

Use the PMD Clean Pro daily to deeply cleanse your skin

Steps



01

Rinse & Apply Cleanser

Rinse face with warm water and gently rub in cleanser



02

Wet & Power On Device

Rinse PMD Clean Pro under water and power on device, we recommend modes 1 and 2 for optimum cleansing results



03

Smart Cleansing

Move brush head in circular motions, cleansing entire face, it is safe to spend more time in areas that may be of personal concern



04

Rinse & Pat Dry

Rinse face and PMD Clean Pro of any excess cleanser then pat dry



05

Massage in Serums

Apply skincare products and use back side of the PMD Clean Pro on mode 3 or 4 to gently massage, by powering on ActiveWarmth™ on the PMD Clean Pro, serums will be more effective and absorb deeper into the skin



06

Lift, Firm & Tone

We recommend using mode 3 or 4 for massaging. By operating at a perfect frequency, the PMD Clean Pro lifts, firms and tones the skin, through the pulsations of the device, blood flow is stimulated and collagen production is increased

How To Charge



01

Charging Port

The charging port can be found in the center of the device's base.



02

Insert Charger

Insert long, thin end of cord into bottom of device. Charging hole is tight to ensure it is waterproof, may require stronger push than expected.

Plug opposite end of charging cord into USB outlet adapter.



03

Charging Time

If power button light turns on, device is charging. Light will turn off when fully charged (~3 hours).