How do you use a female urinal?

Female urinals can be used in a number of different ways – all of them simple! The most common positions for using a urinal are standing or seated; some urinals are designed to also be used laying down. Regardless of the position you opt for, all you have to do is hold the mouth of the urinal securely against your body and pee. It's as easy as that.

Although it's almost impossible to do incorrectly, there are several things to keep in mind to help prevent spills and accidents. Be sure to grasp the handle of the urinal securely to avoid dropping it. Also, use gentle pressure to hold the urinal against your body and ensure a good seal. This will help keep urine going where it is supposed to – inside the urinal. And, finally, wait until you're completely done urinating before pulling the urinal away from your body. Because many people's urinary stream starts and stops, removing the urinal prematurely, before the bladder is completely empty, can cause a bit of a mess.

After using a urinal, you have two options. You can either dispose of the contents in a toilet or down a sink immediately or find a place to put the urinal where it can sit securely and can't be knocked over and then empty it later on.

