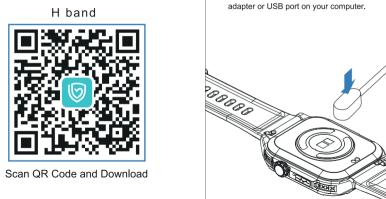
# USER MANUAL SMART WATCH



Open the App and set up your profile











ECG 09:30

Lost 086 hpm







ECG

ECG measurement, electrocardiogram monitoring, assessment of heart health Raise your hand to measure your heart health status at any time.

More detailed information analysis and

I raining

Tap the training icon on the menu to start a new training measure recording, Multiple sports modes to be chosen.

The last training recording will be

Sleep
If you keep wearing Smart Watch
When Sleeping , it can provide the
hours slept and quality of sleep stats
on both the screen and the APP.
NOTE: Sleep stats reset to zero at

Other Features
Other features include stopwatch,
alarm, timer, brightness, mute on/off,
theater mode, factory reset, power off
and about.



weather page.
Weather info is synced after con-

Player Shutter

After connecting the device, you can remote contral the music player on your phone.



Remind to Move
The device will vibrate to remind

Steps taken on the screen.