

At FitPaws, we believe dogs are built to move—freely, powerfully, and without compromise. That’s why we designed the FitPaws Made-to-Move Harness to support their natural motion and proper alignment while giving you confident, strategic control.

Engineered for full-range movement and whole-body engagement, this harness empowers your dog to leap, stretch, sprint, and explore—whether they’re training, recovering, or simply out enjoying the world.

**FROM CANINE
ATHLETES TO SENIORS
ON THE MOVE, THE
RIGHT FIT MAKES ALL
THE DIFFERENCE.**



MADE TO MOVE HARNESS

FITTING GUIDE

MADE FOR MOTION

KNOW YOUR HARNESS

**1 THREE LEASH
ATTACHMENT POINTS:**
Two around the handle and
one on the chest—ideal for
training setups and
dual-leash use.

2 SUPPORT HANDLE:
Gives you hands-on control
during balance work, obstacle
navigation, or active rehab.

3 LIGHTWEIGHT & DURABLE:
Built to ensure
unrestricted movement.

4 Y-CHEST DESIGN:
Promotes shoulder freedom
and natural gait alignment.

**7 ADJUSTMENT
POINTS FOR A
PRECISION FIT**

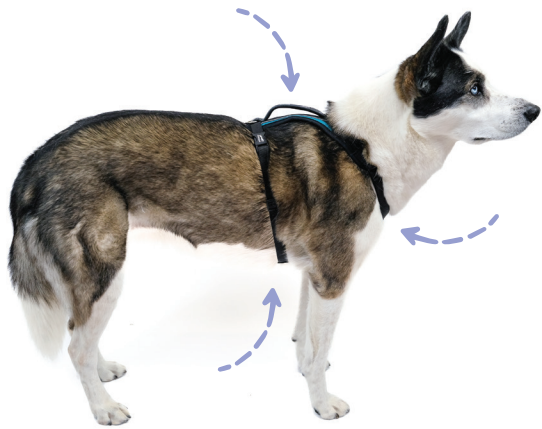
Neck:
1 clip + 3 sliders

Chest:
1 center slider under
the Y-pad

Ribcage:
2 side sliders (one on
each side)

*Delivered in a storage
bag that doubles as a
wash bag—because good
tools should stay
clean and ready to go.*

STEP-BY-STEP FITTING GUIDE!



STEP 1

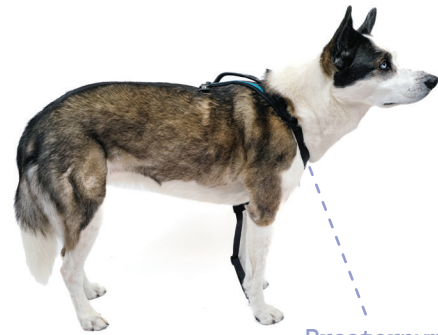
Fully loosen all straps and unclip the 2 ribcage clips. This helps position the harness correctly without pressure on your dog.



STEP 2

Slip the neck section of the harness over your dog's head with the top handle resting on their back.¹

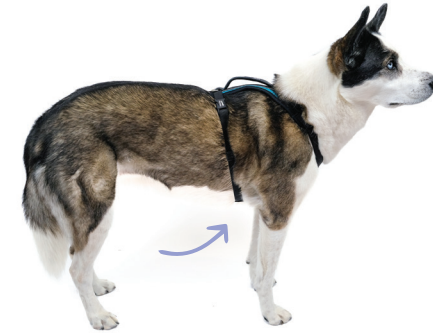
- Tighten the straps around the neck evenly and snugly to prevent the harness from sliding to one side. Leave room for two fingers between the straps and the neck for the perfect fit.
- The neck straps need to fit around the base of the neck without choking or gaping.



STEP 3

Make sure the Y-pad sits directly on or slightly below the prosternum (also known as the breastbone)—the bony point between your dog's front legs.

- Never let the Y-pad ride up onto the throat. If it sits too high, it can restrict airflow, especially when the dog pulls or moves with intensity.
- If the Y-pad rests too low, tighten the neck straps; if it rests too high, loosen them.



STEP 4

Pull the bottom straps under the chest and clip the ribcage buckles on both sides.

- Straps should rest behind the front legs and ahead of the floating ribs, right at the deepest part of your dog's chest. Never position the ribcage straps right next to the armpits.
- Tighten the straps around the ribcage evenly and snugly to prevent the harness from sliding to one side. Leave room for two fingers between the straps and the chest for the perfect fit.



STEP 5

Adjust the chest slider under the Y-pad to ensure the correct position of the ribcage straps.

- Once the ribcage straps are positioned at the deepest part of your dog's chest, adjust the chest slider (beneath the Y-pad) to keep the straps secure and prevent the harness from sliding forward.²

FINAL FIT CHECKLIST

- The Y-chest design forms a clean Y across the chest with the Y-pad resting on the prosternum.
- No part of the harness interferes with shoulder movement.
- The top handle lies centered and stable on the dog's back.
- Straps should be snug but not tight—no pinching, sagging, or excessive shifting during movement.
- Fitting may take a few tries the first time. Adjust, observe your dog in motion, and readjust as needed.
- Your dog can trot, sit, and turn freely—without restriction.

CARE & STORAGE

- Clip all clips before washing the harness.
- Use the included wash/storage bag to machine wash on a gentle cycle with mild detergent.
- Always air dry to maintain structural integrity and longevity.
- Store flat or in the bag between uses.

¹ Dog sensitive around the neck? Unclip the neck clip and place the harness on the back with the handle up. Bring the strap around the neck, and clip the neck clip back into place.

² You might need to readjust the neck and ribcage straps after this step.