A70 SMART WATCH USER MANUAL

PLEASE READ THE USER MANUAL BEFORE USE

Instructions for use

Watch charging and activation
Align the magnetic charging cable with the metal electric shock of the charging port until the charging indicator appears on the watch screen, when the watch prompts the low battery, please charge it in time, the device belongs to the all-in-onemachine, the back shell and the battery cannot be removed

Charging location

Mobile client download
Scan the QR code below to download and install the mobile client FitCloudPro

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Motion
Sports mode options: 8+1 kinds, (walking, running, mountaineering, cycling, basketball, badminton, football, yoga (as pushable alternative sports)), click the icon to start sports, you can support 110+ sports push on the APP side.

- Walking
- Running
- Climbing
- Cycling
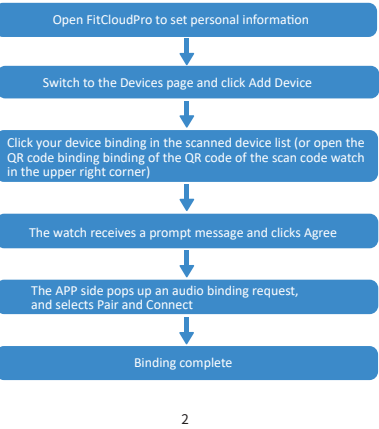
Motion recording
The interface saves your last 10 exercise history, and you can view the exercise time, heart rate, calories and other data during exercise.

Exercise record
532 Kcal
3.86 Km
4.32 Kcal

Frequently asked questions

The watch does not turn on
1. Please press and hold the power button for more than 3 seconds;
2. Charge for a longer time and then turn it on.

The watch does not charge
1. You can replace the charging head for testing, or plug in the computer USB test.
2. Check whether the charging cable is correct and whether the charging cable is damaged;

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Watch connection instructions

Open FitCloudPro to set personal information

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Switch to the Devices page and click Add Device

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Click your device binding in the scanned device list (or open the QR code binding binding of the QR code of the scan code watch in the upper right corner)

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The watch receives a prompt message and clicks Agree

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The APP side pops up an audio binding request, and selects Pair and Connect

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Binding complete

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Bluetooth is not connected or cannot be connected
1. Try restarting your watch and reconnecting it.
2. Please try restarting the Bluetooth of the phone and connecting again.
3. Do not connect other Bluetooth devices to the mobile phone at the same time.

Inaccurate measurement of heart rate/blood pressure/blood oxygen/ECG
1. Generally, when measuring, the sensor of the watch is in poor contact with the human body, and full contact is required.
2. For those with darker skin and more arm hair, please turn on enhancement measurement in the App [Device > Enhancement Measurement].

Sleep data is not accurate enough
1. Sleep monitoring is to simulate the natural state of falling asleep and getting up time, and needs to be worn normally.
2. Wear it too late or fall asleep, there may be errors.
3. Do not monitor sleep data during the day, and the default sleep monitoring is from 9:30 p.m. to 12:00 noon the next day.

For more frequently asked questions, please refer to the App [My > FAQ]

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Note: If the audio Bluetooth is not automatically connected during the binding of the watch, two methods are solved.
Mobile phone - Settings - Bluetooth - Click on watch model the phone enters the FitCloudPro APP - settings - unbind, and then rebind.

Introduction to the feature
Full touch: slide down to the control center, swipe up to view the information notification, swipe left to enter the shortcut function, swipe right to enter the split-screen menu, press and hold the main screen for 3 seconds to switch the watch face mode.
Button: short press to enter the function menu / exit the menu function; Long press to turn on and off; The function menu interface double-presses to switch the function menu display mode.

Special feature: Local music connection TWS and recording

Music
Local music copy, connect to the computer with a data cable, you can see the U disk on my computer, open the U disk and copy the music to the AUDIO folder. The icon in the lower right corner can toggle between connecting TWS and playing local music outside the watch.

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Recording
Click the red circle to start recording, save the recording after recording and view it in the menu. Select one of them and click to play the recording, X is to delete the recording, swipe right to return to the list. Below the list of recordings is to delete all recordings.

Control Center
Function overview: Do Not Disturb, Menu switch , Brightness, Settings, Find Phone, Battery Saver, System Information

Call functionality
This function needs to be connected to audio Bluetooth, when entering the dial, you can enter the phone number as needed and dial;
Keyboards 7, 9, long press 2s to enter * and #.

Frequent contacts
You need to add them in the common contact bar settings on the app, and the set common contacts will be automatically synchronized to the device, and up to 10 contacts can be added.

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Call Bluetooth
Tap the phone icon in the Control Center to turn Audio Bluetooth. The blue status is On.

Motion data
Display the steps, distance, and calorie data recorded for the day, and the step data of the last seven days (you can see it by swiping on the interface), and you can set the target steps, distance, and calories in the APP

Heart rate
When entering the heart rate measurement interface, the bottom green light lights up to start measuring, and there will be a vibration reminder when the measurement is completed in about 45 seconds, if it says "watch not worn", you need to wear the watch again. It can display the user's current heart rate zone and 24-hour heart rate curve (visible by swiping on the interface).

Sleep
Display the sleep of the day & sleep monitoring status of the last seven days (you can see it by swiping on the interface), the data is updated every day, the data can be saved synchronously when the APP is connected, and the device will recalculate the data information of the new day. Sleep monitoring period: 21:30-12:00

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