

POWER PERCUSSION PRO+ HOT + COLD PERCUSSION MASSAGER



Please read all instructions and warnings prior to use.
Keep this manual as it contains important information for future reference.

THE FUTURE OF RECOVERY

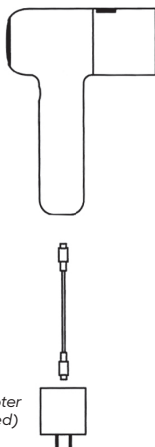
01

Plug the included USB-C charging cable into the input port on the bottom of the massager handle and then plug the other end of the cable into a standard USB-C power adapter (not included). Plug the power adapter into a wall outlet to begin charging. The lightning bolt on the display will flash while the massager is charging and will change to solid white when charging is complete.

Charging speeds may vary between power adapters. When plugged into a compatible fast charger, Suggested USB-C power adapter specifications: 5V/3A, QC 3.0, or PD 9V/2A.

IMPORTANT: If you plug in the massager and the display does not light up, the power adapter may operate at an incompatible voltage. Unplug the massager immediately and use a different power adapter. Only charge the massager with compatible power adapters.

Power adapter
(Not supplied)

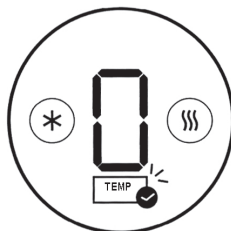


02

Select and plug the desired attachment into the front of the massager. Make sure the attachment is securely pressed in before beginning your massage. Power off the massager before changing attachments. Twist and pull to remove attachments.

IMPORTANT: To use the Hot + Cold attachment, power off the massager and insert the Hot + Cold attachment into the front of the massager. Firmly press the attachment into place and then power on the massager. If the attachment is properly connected, the TEMP icon will light up. If the TEMP icon does not light up, turn off the massager and reconnect the attachment.

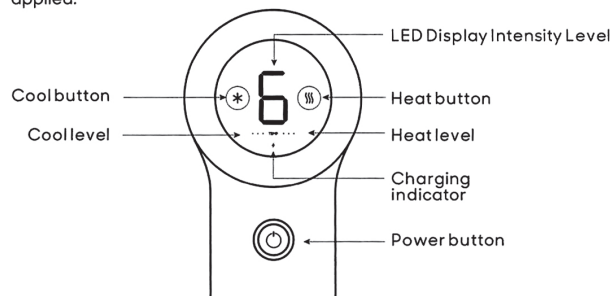
Press the hot or cold button to switch between heating and cooling modes. Press the same button repeatedly to cycle through the 3 levels for each mode (level 3 provides max intensity). The ring on the front of the massager will light up red for hot or blue for cold.



03

To power on the massager, press and hold the power button until the display turns on. Press the power button again to toggle through the 6 massage intensity levels. Press and hold the power button to turn off the massager.

Note: The Power Percussion Pro+ is equipped with advanced anti-stall technology. To avoid motor stalling, massage speed will automatically increase when extra pressure is applied.



The images shown in this manual are for illustrative purposes only and may be subject to change.

04

To use heat or cool mode, make sure the Hot + Cold attachment is installed (see step 02).

For heat mode, press the heat button. Continue pressing the button again to cycle through the 3 heat levels or turn off heat mode.

For cool mode, press the cool button. Continue pressing the button again to cycle through the 3 cool levels or turn off cool mode.

The number of red LEDs indicates heat level. The number of blue LEDs indicates cool level.

Note: Wait a few seconds at each heat or cool level for the attachment to reach temperature.

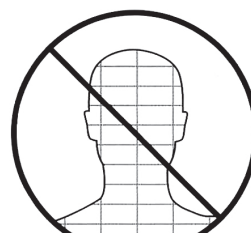
CAUTION: Never continue cold or heat therapy for more than 20 minutes at a time. If skin becomes bright pink or red, stop use immediately.

05

Use the massager for up to 60 seconds per body area.

Enjoy your massage for up to 10 minutes.

Do not use on neck, head or any hard or bony areas of the body.



SAFETY WARNINGS: PLEASE READ BEFORE USE

- Not a children's item. Keep out of the reach of children.
- Always wear a shirt/clothing when using. Do not use on bare skin to avoid possible irritation.
- As with any massage, bruising may occur. Test your comfort level and check targeted areas often. Stop massage immediately if you feel any increase in physical discomfort or pain.
- Do not use attachments of any kind other than those that may be included.
- Do not fall asleep while using.
- Do not leave this item unattended when it is plugged in.
- Always allow item to cool if it becomes too hot.
- Do not expose to extreme temperatures or moisture.
- Keep away from sources of water and heated surfaces.
- Never touch the charging cable or ports with wet hands.
- Do not carry this item by the charging cable or attachments.
- For indoor use only.
- Thoroughly inspect products before every use. If the product appears worn, frayed/splintered, cracked, or broken in any manner, discontinue use and discard immediately.
- This product is not intended to treat, cure, or prevent medical conditions.
- Do not use this item if you are pregnant or have an injury or illness. Consult your physician if you have a medical condition that may prevent safe use of this item.

NOTES:

- The actual descriptions of control panel and their locations may vary depending on the model.

- Accessory type and quantity may vary depending on the model.

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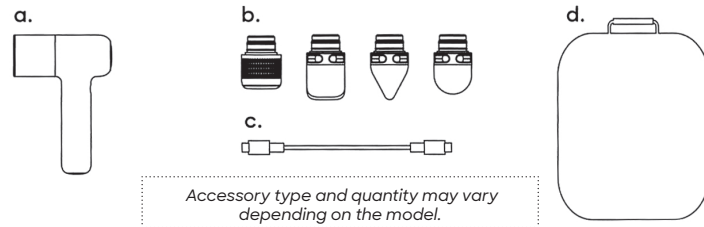
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CHOOSE YOUR ATTACHMENT

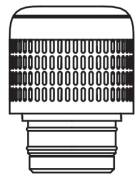
WHAT YOU GET

- a. Power Percussion Pro+
b. Interchangeable attachments
c. USB-C charging cable
d. Carrying case



HOT + COLD

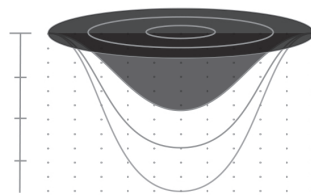
Heat or cool therapy for advanced relief.



GOOD FOR
All Body Areas

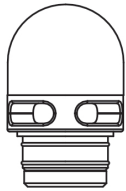


MUSCLE IMPACT
Low



ROUND

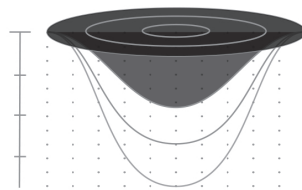
Impact for larger areas and overall comfort.



GOOD FOR
Back, Glutes, Arms, Thighs

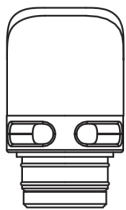


MUSCLE IMPACT
Low

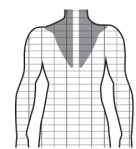


BAR

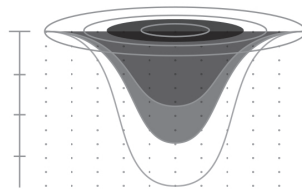
Hammer-like impact for deeper recovery.



GOOD FOR
Chest, Shoulders, Back

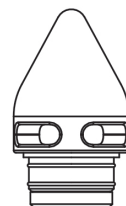


MUSCLE IMPACT
Medium

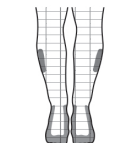


CONE

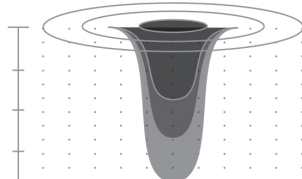
Pinpoint impact for intense muscle penetration.



GOOD FOR
Feet, Calves, Trigger Spots



MUSCLE IMPACT
High



IMPORTANT: MAINTAINING BATTERY HEALTH

- Your massager is designed with a lithium-ion battery pack for cordless convenience, increased massage duration per charge, and frequent use and recharging.
- To maintain charge capacity and prevent battery damage, all lithium-ion batteries must be regularly used and recharged.
- For optimal battery health, keep the battery at approximately 50% state of charge when not in use.
- All batteries naturally lose charge when not in use. If you will not be using the massager for an extended period, check the massager at least every 30 days to ensure the battery is at approximately 50% state of charge. Recharge as needed to maintain a 50% state of charge but do not overcharge.
- IMPORTANT:** Do NOT store the battery for an extended period with above 60% or below 40% state of charge. An incorrect state of charge during storage could irreparably damage the battery and may result in reduced charge capacity, inability to maintain charge, failure to recharge, or complete inoperability of the massager.
- For the health of the battery, always store the massager in a cool, dry place. The storage location should have a consistent temperature between 40°F and 70°F (5°C and 20°C) as well as a relative humidity at 70% or lower.

RECHARGEABLE BATTERY WARNINGS

- This product contains batteries that are non-replaceable.
- There is a risk of fire and personal injury if battery is punctured, damaged, or misused.
- Do not dismantle, crush, incinerate or short-circuit battery.
- Never expose battery to extreme temperatures or moisture.
- Keep away from flammable materials and direct sunlight.
- Only charge using the provided charger, cable, and/or adapters.
- Rechargeable battery is only to be charged by an adult.
- Adult supervision is required while charging the battery.
- Allow battery to cool to room temperature before charging.
- Charge on a non-flammable surface and keep away from flammable products.
- Discontinue charging if battery becomes hot, swells, smokes, or gives off a strong odor.
- Battery chargers used with the product are to be regularly examined for damage to the cord, plug, enclosure, and other parts. In the event of such damage, chargers must not be used until the damage has been repaired.
- Recycle or dispose of battery according to federal, state, and local laws.

FCC STATEMENT

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: 1. This device may not cause harmful interference, and 2. this device must accept any interference received, including interference that may cause undesired operation.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

WARNING: Changes or modifications to this unit not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

CARE INSTRUCTIONS

- Spot clean only. Unplug and wipe with a damp cloth.
- Air-dry only. Never place in a dryer.
- Allow to dry fully before charging.
- Do not submerge in water.
- Do not use detergent or soap when cleaning.

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