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LUCORB
RC15BR 15in
Digital Wall Clock

LUCORB RC15BR 15in Digital Wall Clock User Manual

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LUCORB RC15BR 15in Digital Wall Clock

INTRODUCTION

For athletes and fitness lovers, the LUCORB RC15BR 15-inch Digital Wall Clock is the ideal partner. With its huge 2.9-inch numbers and customizable brightness settings, this LED digital timer—which was created especially for home gyms, garages, and exercise studios—ensures excellent visibility. The timer is perfect for a variety of exercise regimens, including HIIT, Tabata, and boxing, because it has several features, including a countdown timer, stopwatch, interval timer, and alarm clock. With four preset programs and nine adjustable interval plans, including the EMOM (Every Minute on the Minute) countdown feature for up to 99 rounds, this multipurpose timer costs **$79.99 USD**. Setting and controlling the timer remotely is made simple by the remote control. This timer, which was introduced by LUCORB, is ideal for anyone wishing to increase the effectiveness and performance of their workouts. The timer adds versatility to any workout area by being wall-mountable and having a stand for table use.

SPECIFICATIONS

|	
Product Name	LUCORB RC15BR 15″ Digital Wall Clock
Brand	LUCORB
Color	Black + Red
Material	ABS Plastic
Product Dimensions	15″W x 4″H x 1.18″D
Item Weight	11.52 ounces
Display Type	LED
Digital Display Size	2.9 inches
Brightness	6 levels dimmer, automatic light sensor
Power Source	Corded Electric (Adapter included) / Power Bank (Type-C port)
Adapter Input	5V/1A (Included)
Batteries	1 C battery (Included)
Mounting Type	Wall Mount
Functions	Clock, Countdown, Stopwatch, Interval Timer, Alarm
Preset Programs	TABATA, HIIT, FGB1, FGB2
Customizable Interval	9 programmable plans (P0 – P9)
Loop Countdown (EMOM)	Supports up to 99 rounds
Remote Control	Yes, for easy setup and control
Stand or Mount	Wall-mountable with keyholes or table stand
Volume Options	4 levels adjustable, 3 prompt sounds, mute option
Built-In Speaker	Yes
Country of Origin	China
Item Model Number	RC15BR

15 inch

4 inch

2.9 inch

6-Level Custom Brightness / Auto-Brightness

WHAT'S IN THE BOX

- Clock
- 1 C batteries required
- User Manual

FEATURES

- **Large LED Display**: The 2.9-inch numbers on the 15x4x1.18-inch display make it simple to read from a distance.
- **Six Brightness Dimming Levels**: Available and automatically adjusted according to the ambient light.
- **Workout Time Progress Bar**: For effective workouts, this bar displays the current rounds on the left and a visual time progress bar on the right.
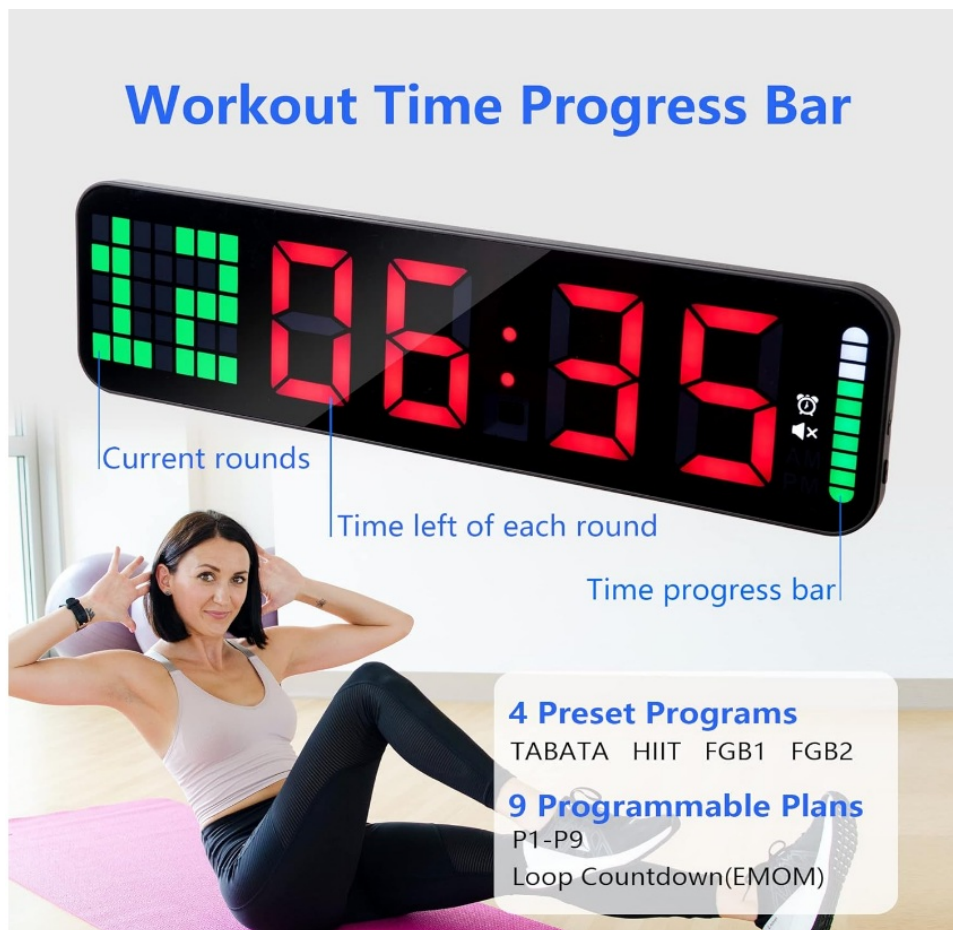
- **Multi-Functional Timer**: Comprises an alarm clock, interval timer, stopwatch, countdown timer, and clock.

- **Preset Workout Modes**: Four preset workout modes: Tabata, HIIT, FGB1, and FGB2.
- **Customizable Interval Training Plans**: Nine interval training plans (P0-P9) are available for customization to meet your unique training requirements.
- **Loop Countdown Feature (EMOM)**: Perfect for boxing, mixed martial arts, or UFC-style training, this feature allows for up to 99 rounds of loop countdown.
- **Operation of the Remote Control**: The big, user-friendly remote control makes setup and adjustments from a distance simple.

Easy to Operate by Remote

4-Level Volume Adjustable

- **Wall Mountable**: This device has two keyholes for safe wall mounting in your exercise area or gym.
- **Table Stand Option**: The timer can stand firmly on a table or desk thanks to its expanded bottom design.
- **USB Power Support**: For on-the-go workouts, a Type-C port can receive power from a power bank.
- **Built-in Speaker**: A built-in speaker with three customizable prompt sounds for workout alerts is included.
- **Convenient Sound Management**: Provided by the four volume levels and mute feature.
- **Sturdy ABS Construction**: Premium ABS material is used to provide long-lasting durability.
- **Lightweight Design**: It weighs only 0.72 pounds, making it simple to move and place.

SETUP GUIDE

- **Unpack the Timer**: Take out the clock and make sure all the parts are there, including the power adapter and remote.
- **Verify the Power Supply**: Connect the 5V/1A power adapter that comes with the clock to the power input.
- **Select the Mounting Method**: Choose if you want to put the clock on a table or install it on the wall.

- **Mount on Wall (Optional)**: The clock can be firmly mounted on a wall using the two keyholes on the back.
- **Position on Table (Optional)**: For stability, place the clock on a table utilizing the expanded bottom design.
- **Battery Insertion**: Place the provided C battery into the appropriate container for extra backup power.
- **Turn On the Timer**: To turn on the timer, press the power button.
- **Configure the Time Format**: To alternate between 12- and 24-hour forms, use the remote control.
- **Adjust Brightness**: You can use the remote to switch between the six brightness settings or turn on auto-dimming.
- **Choose Workout Mode**: Depending on your training schedule, select one of the four preset modes (HIIT, FGB1, FGB2, Tabata).
- **Create Custom Intervals**: Using the remote, create up to nine personalized interval training programs (P0-P9).
- **Create Loop Countdown (EMOM)**: This feature allows you to create a countdown for up to 99 rounds of your workout by clicking the "Loop" button.
- **Sound Adjustment**: You can mute the timer or select one of three prompt noises using the remote control.
- **Set Timer Alerts**: You may program the timer to send you alerts at predetermined points throughout your workout.
- **Verify Setup**: Before beginning your workout, ensure sure the clock is functioning properly and double-check all the settings.

CARE & MAINTENANCE

- **Keep Clean**: To get rid of dust and grime, wipe the clock frequently with a gentle, moist cloth.
- **Avoid Water Contact**: To avoid damaging internal parts, do not submerge the clock in water.
- **Change the Battery**: For continuous operation, change the C battery when the backup power drops.
- **Use the Correct Power Adaptor**: For optimal performance, always use the 5V/1A adaptor that comes with the device.
- **Store in a Dry Location**: To prevent moisture damage, keep the clock in a dry location.
- **Verify Connections**: To make sure the connections are secure, check the power cable and C batteries on a regular basis.
- **Clean the Remote**: To keep the remote control responsive, wipe it down with a dry cloth.
- **Avoid Direct Sunlight**: To avoid display fading and overheating, keep the clock away from direct sunlight.
- **Do Not Overload**: Refrain from using too many modes or too many settings on the timer at once.
- **Verify Secure Mounting**: If the clock is wall-mounted, make sure it is firmly in place by routinely inspecting the hooks and keyholes.
- **Reset the Timer**: If necessary, reset the timer by briefly cutting off the power and battery. This will fix any issues with the clock.
- **Protect from Impact**: Keep the clock out of places where it could be knocked or dropped.
- **Modify Level as Needed**: Depending on your surroundings, mute the timer or change the level on a regular basis.
- **Store the Clock Properly**: When not in use, store the clock properly by taking the battery out and keeping it in a secure location.
- **Test Functionality Frequently**: To make sure all features are operating, conduct a brief functionality test every few weeks.

TROUBLESHOOTING

Issue	Possible Cause	Solution
Clock display not turning on	Power source issue or disconnected adapter	Ensure the adapter is properly connected and powered.
Timer not counting down	Incorrect mode selected	Double-check the preset mode or interval settings.
Display too dim or too bright	The brightness sensor malfunction	Check if auto-dimming is activated or adjust manually.
Remote not working	Batteries in remote are dead	Replace remote batteries or ensure there is a clear line of sight to the clock.
The countdown resets unexpectedly	Timer or preset malfunction	Restart the timer or set to default settings.
The timer does not sync with the workout	Incorrect interval settings	Verify all interval settings and program modes are correct.
Sound not working	Volume settings too low or mute activated	Adjust the volume using the remote control or check the settings.
The clock makes strange noises	Speaker or electrical interference	Turn off the timer and restart to reset functions.
Timer displays wrong time	Incorrect time settings	Set the time manually or check your time format (12/24H).
The power bank is not recognized	Incompatible connection	Use a USB-C power bank that meets the required voltage.

PROS & CONS

Pros:

1. Large LED display with easy-to-read 2.9-inch digits.
2. Adjustable brightness with an automatic dimming sensor.
3. Multiple functions for different workout modes (HIIT, Tabata, etc.).
4. Remote control for convenient operation.
5. Power bank support for outdoor workouts.

Cons:

1. Corded power (requires an adapter for use).
2. Requires an external power source (does not run on batteries alone).
3. Cumbersome setup for first-time users.
4. Limited portability due to its size.
5. It may require wall mounting for optimal use in some spaces.

WARRANTY

The LUCORB RC15BR 15-inch Digital Wall Clock comes with a **1-year limited warranty**. This warranty covers manufacturing defects and allows you to contact LUCORB's customer support team for troubleshooting and returns. Please keep your proof of purchase when claiming the warranty.

FREQUENTLY ASKED QUESTIONS

What are the primary functions of the LUCORB RC15BR Digital Wall Clock?

The LUCORB RC15BR is a multifunctional gym timer that acts as a countdown timer, interval timer, stopwatch, and alarm clock. It also includes preset programs for Tabata, HIIT, FGB1, FGB2, and a customizable EMOM loop countdown mode for up to 99 rounds.

What is the display size and brightness adjustment feature of the LUCORB RC15BR?

The timer features a 15×4 digital display with large 2.9-inch LED digits. It offers 6 brightness dimmer levels plus an automatic dimming sensor that adjusts brightness based on ambient light, making it easy to view in different gym or workout environments.

How does the workout training time progress bar work on the LUCORB RC15BR?

In interval timer mode, the left side of the display shows the current round number while a progress bar on the right indicates the workouts progress, helping users track and improve their training efficiency.

What preset workout programs are available on the LUCORB RC15BR?

The clock includes four preset programs: Tabata, HIIT, FGB1, and FGB2. Additionally, there are nine programmable interval training plans (labeled P0–P9) and a dedicated EMOM loop countdown mode.

How is the LUCORB RC15BR powered?

The timer is corded electric with an included 5V/1A adapter. It also has a Type-C port that supports connection to a power bank, making it suitable for both home gyms and outdoor use.

How can the LUCORB RC15BR be installed in a gym or home setting?

The clock offers dual mounting options: it has two keyholes in the back for easy wall mounting and a widened bottom design that allows the timer to stand steadily on a table if wall mounting isnt preferred.

What should I do if the LUCORB RC15BR timer does not power on after plugging it in?

First, check that the adapter (5V/1A) is connected securely and that your power outlet is working. If using a power bank via the Type-C port, ensure the power bank is charged and set to supply power.

References

- **User Manual**

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