LEARN & CLIMB TODDLER SLEEP TRAINING CLOCK



# Learn & Climb Toddler Sleep Training Clock Operating Manual

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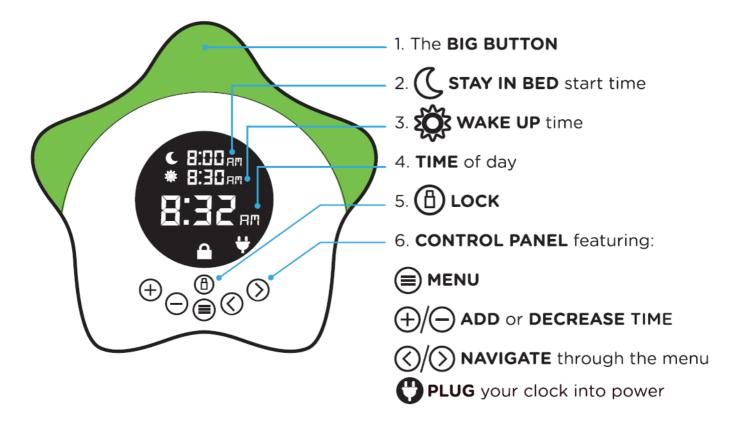
**Learn & Climb Toddler Sleep Training Clock** 



Welcome to your Good Morning Buddy Sleep Training Clock! A big congratulations to you for taking the first step on your way to getting your family a good night's rest! Let's get acquainted!

# **PRODUCT KEYS**

- 1. The BIG BUTTON
- 2. STAY IN BED start time
- 3. WAKE UP time
- 4. TIME of day
- 5. LoCK
- 6. CONTROL PANEL featuring:
- 7. MENU
- 8. ADD or DECREASE TIME
- 9. NAVIGATE through the menu
- 10. PLUG your clock into the power



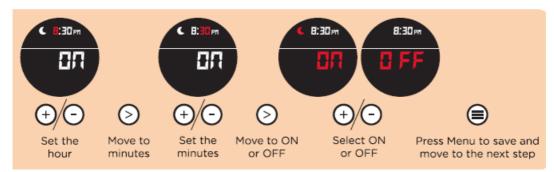
- 1. The BIG BUTTON This multi-purpose button is both a soft glowing light and a useful button. This area lights up red while in stay-in-bed mode, green when it's time to get up, it will illuminate yellow for soon, and white while functioning as a soft, glowing nightlight. Your child will simply press this to turn off the alarm and green light, plus it turns on and off the nightlight.
- 2. The STAY IN BED display is the first set of numbers at the top of your screen. When the stay-in-bed function is activated, there will be a little moon icon letting you know it is properly set.
- 3. The WAKE-UP display time is the second set of numbers on your screen. When the wake-up function is activated, there will be a little sun icon right next to the time to let you know it is properly set.
- 4. The TIME of day is represented by the large numbers on the clock.
- 5. The LOCK button will lock your settings with a simple press and hold for 7 seconds.
- 6. The CONTROL PANEL features readily recognizable icons to make setting a breezel

## **QUICK START**

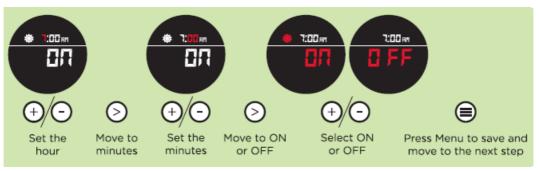
1. Set the time, brightness, and volume



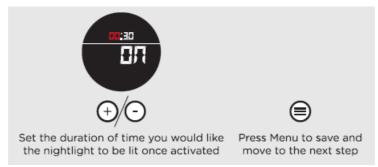
2. Set the stay-bedtime for the red light to come on



3. Set the wake-up time for the green light to come on and the alarm to sound if the sound has been enabled in step 1.



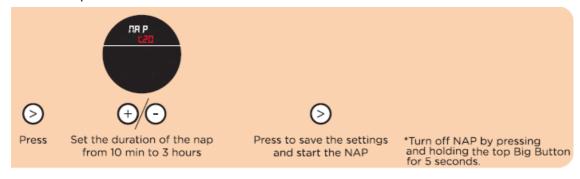
4. Set the nightlight duration



5. Set the soon yellow light to come on 20 minutes before the green wake-up light



6. Fast track to the \*nap mode from the default screen:



# **INCLUDED IN THIS PACKAGE**

- 1. The Good Morning Buddy sleep training clock
- 2. 6-foot DC cord

- 3. UL listed 1 amp adapter
- 4. Bedtime with Buddy Storybook
- 5. Tip Sheet
- 6. 1-8 week Reward Chart
- 7. Quick Start Instruction Manual
- 8. Detailed Manual

#### SIMPLE SET UP

- Your Good Morning Buddy Clock has a battery compartment found on the back which holds 3 AAA batteries.
- The batteries are used to save your settings in case of a power outage.
- Please do not try to operate the clock on batteries alone as the batteries are for backup only.
- Using a small screwdriver, remove the screw securing the battery compartment cover.
- Open the cover and insert 3 AAA batteries as shown inside.
- Secure the battery cover in place, replace the screw, and tighten the screw securely.
- Find a nearby outlet for your power adapter and plug it in.
- Attach the convenient 6-foot DC cord to the adapter and to the clock.
- Push the cord into the clock until it is flush.
- If your clock is not properly attached to power the plug icon will flash on the screen until it is properly plugged in.

Now your clock is ready to go!

#### **SETUP**

#### Set the TIME, BRIGHTNESS, and VOLUME

(Note: Your Buddy is smart! These settings will be remembered until you change them) When you first plug in your clock, the screen will default to 12:00am for STAY IN BED time, 8:00 am for WAKE UP time, and 12:00am for TIME of day.

## Set 12/24 hour mode:

**Note:** If you are using a 12-hour format, move to step 1 below. (If you are using the 24-hour format, press the + button while in the default screen and 24-hour mode will be activated. Simply press + again to return to the 12-hour format.)

- Press the menu button time to enter the TIME set mode
- Use the +/ buttons to set the am or pm hour
- Press the button to move to the minutes
- Use the +/ to set the minutes
- Press the button to move to the BRIGHTNESS mode
- Use the⊕/⊖ buttons to increase or decrease the brightness from low to medium to high

- Press the button to move to the VOLUME mode
- Use the ⊕/⊖ buttons to increase or decrease the volume from off to low to high
- Press the menu button 1 time to save your settings and move on to setting the STAY IN BED light. Or, to save and exit settings altogether, simply continue pressing the menu button until 2 beeps are heard.

## Set the STAY IN BED light:



Now you are in the STAY IN BED mode (or from the default screen, press the menu button two (2) times to enter the stay in bed mode). The Big Button light will turn red and the Stay in bed hour will flash to let youknow what you are setting.

- Press the ①/〇 to select the hour for the stay in bed light to turn on.
- Press the button to move to the minutes, then use the +/- buttons to set the minutes.
- Press the button to enter off or on mode, then use the to select off or on (when you turn the stay in bed function on, the moon icon will appear next to the time to let you know that the stay in bedtime is set and on).

**Note**— if you are setting the red light and it is currently later than the time you have set, the clock will not illuminate red until the next day at the set time.

• Press the menu button one time to save your settings and to move on to setting the Wake-Up light. Or, to save and exit settings altogether, simply continue pressing the menu button until 2 beeps are heard.

# Set the WAKE-UP Light:



Now you are in the WAKE-UP mode (or from the default screen, press the menu button three (3) times to enter the wake-up mode). The Big Button light will turn green and the Wake-up hour will flash to let you know what you are setting.

- Press the  $\oplus/\bigcirc$  to select the hour for the Wake-uplight to turn on.
- Press the button to move to the minutes, then use the +/- buttons to set the minutes.
- Press the button to enter off or on mode, then use the +/- to turn the Wake-up light off or on (when you turn the Wake-up function on, the SUN icon will appear next to the time to let you know that the stay in bedtime is set and on).
- If you have the sound set to low or high, the alarm will sound at the same time the wake-up light comes on.
- If the sound is set to off then the green light will illuminate at the set time without sound.

# Set the volume on page 7.

• Press the menu button one time to save your settings and to move on to setting the Nightlight mode. Or, to save and exit settings altogether, simply continue pressing the menu button until 2 beeps are heard.

## Set the nightlight duration:



The nightlight is a soft glowing white light that is easily turned on at any time by simply pushing the top Big Button one time. The nightlight can be set for a duration of time anywhere from 10-60 minutes and will automatically turn off after the length of time you have set here once turned on. The nightlight overrides the other lights only for the duration of time you set here:

- Press the menu button four (4) times to enter the nightlight duration mode ("Auto Off" will display and the big button light will illuminate white while in the Nightlight setting mode)
- Use the  $\oplus$ / $\ominus$  buttons to set the duration of time you would like the nightlight to illuminate in increments of 10 minutes from 10-60 minutes.
- Press the menu button one time to save the amount of time you would like the nightlight to stay lit (overriding the other lights) once activated and move on to setting the SOON light mode. Or, to save and exit settings altogether, simply continue pressing the menu button until 2 beeps are heard.

## **Set the SOON Light:**



The SOON light is an optional feature which allows you activate a yellow light and the soon icon to let your child know that soon it is time to wake up. The soon light is pre-set to turn on 20 minutes before the Wake-Up light and can either be turned on or off according to your wishes.

## To activate the Soon light:

- Press the menu button five (5) times to enter the Soon light settings
- Press the +/ buttons to turn the Soon light on or off
- Press the menu button one time to save your settings exit settings altogether.

#### Fast track to the NAP mode:



It was important to us that you had a fast track to the nap mode, so here it is:

- From the default screen, simply press the button to enter the nap light mode.
- Press the ⊕/⊖ buttons to set the duration of the nap in increments of 10 minutes up to 3 hours.
- Press the button to save the setting and start the NAP timer.
- While the NAP timer is activated, the red light will illuminate during the countdown, then will turn green. No alarm will sound when the NAP light turns green. You're welcome!
- When your child awakens and the light has turned green, you or your child will simply press the top Big Button to turn off the light.
- To turn off the NAP light early or to reset it, simply press and hold the top Big Button for five (5) seconds.

## **Lock Your Settings**

• By simply pressing and holding the Lock button on the face of your clock for 7 seconds, all your settings will be locked.

- When the clock is locked, the function buttons will not operate.
- The only exceptions are that the Big Button can be used to turn on/off the nightlight, and your child will be able to turn off the alarm when the Wake Up Light is green.
- You can unlock to change your settings at any time simply by pressing and holding the Lock icon again for 7 seconds.

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#### Learn & Climb LLC

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#### FREQUENTLY ASKED QUESTIONS

What brand produces the Learn & Climb Toddler Sleep Training Clock?

The Learn & Climb Toddler Sleep Training Clock is produced by Learn & Climb.

What type of display does the Learn & Climb Toddler Sleep Training Clock have?

The Learn & Climb Toddler Sleep Training Clock features a digital display.

What is the special feature of the Learn & Climb Toddler Sleep Training Clock?

The Learn & Climb Toddler Sleep Training Clock has a special white alarm feature designed for toddlers.

What are the product dimensions of the Learn & Climb Toddler Sleep Training Clock?

The Learn & Climb Toddler Sleep Training Clock measures 5 inches in width and 5 inches in height.

How is the Learn & Climb Toddler Sleep Training Clock powered?

The Learn & Climb Toddler Sleep Training Clock is powered by batteries.

What material is the frame of the Learn & Climb Toddler Sleep Training Clock made of?

The frame material of the Learn & Climb Toddler Sleep Training Clock is Acrylonitrile Butadiene Styrene (ABS).

What is the mounting type of the Learn & Climb Toddler Sleep Training Clock?

The Learn & Climb Toddler Sleep Training Clock is designed for tabletop mounting.

What type of watch movement does the Learn & Climb Toddler Sleep Training Clock use?

The Learn & Climb Toddler Sleep Training Clock uses automatic watch movement.

In what mode does the Learn & Climb Toddler Sleep Training Clock operate?

The Learn & Climb Toddler Sleep Training Clock operates in electrical mode.

What is the weight of the Learn & Climb Toddler Sleep Training Clock?

The Learn & Climb Toddler Sleep Training Clock weighs approximately 13.76 ounces or 13.8 ounces.

Can you tell me the price of the Learn & Climb Toddler Sleep Training Clock?

The price of the Learn & Climb Toddler Sleep Training Clock is \$29.99.

What should I do if the Learn & Climb Toddler Sleep Training Clock is not turning on?

Check if the batteries are inserted correctly according to the polarity indicated. Try replacing the batteries with fresh ones and ensure they are fully charged. If the clock still does not turn on, contact Learn & Climb customer support for further assistance regarding the model Toddler Sleep Training Clock.

How can I troubleshoot if the digital display of the Learn & Climb Toddler Sleep Training Clock is not functioning properly?

Ensure that the batteries are inserted correctly and that there are no signs of corrosion in the battery compartment. Try resetting the clock by removing and reinserting the batteries. If the display issue persists, consider contacting Learn & Climb for troubleshooting steps specific to the Toddler Sleep Training Clock model.

What steps should I take if the alarm feature of the Learn & Climb Toddler Sleep Training Clock is not working?

Double-check the alarm settings to ensure they are correctly configured. Test the alarm function with different settings and volume levels. If the issue persists, refer to the user manual provided with the Toddler Sleep Training Clock or contact Learn & Climb for further assistance.

How can I troubleshoot if the buttons on the Learn & Climb Toddler Sleep Training Clock are unresponsive?

Check for any dirt or debris that may be obstructing the buttons. Clean the surface of the clock and buttons gently with a soft, dry cloth. If the buttons remain unresponsive, try replacing the batteries or contacting Learn & Climb for guidance on troubleshooting the specific model Toddler Sleep Training Clock.

# References

# • User Manual

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