



# LC-dolida Sleep Mask with Bluetooth Headphones-Complete Features\Instruction Guide

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LC-dolida

**LC-dolida Sleep Mask with Bluetooth Headphones**



## Specifications

- **DIMENSIONS:** 7.91 x 3.94 x 0.91 inches,
- **WEIGHT:** 3.2 ounces,
- **BLUETOOTH:** Version 5.2,
- **BATTERY LIFE:** 8 hrs.,
- **CHARGING TME:** 2 hours,
- **MANUFACTURER:** LC-DOLIDA

LC-Dolida produces products that are mostly made to the best sellers list of Amazon. They are famous for the flexible headbands that have speakers in them and are used to listen to music while sleeping. The LC-Dolida headphones are a three in one headphones. They work as sleeping headphones, Bluetooth sleep masks and Bluetooth sports headbands. They have multiple features like they work as a sleeping mask with music while sleeping and also can be used while exercising. These headphones assist you to have a sound sleep. They come in a very comfortable and elastic headband that can easily fit different head sizes.

## DESIGN

The headbands come in beautiful prints. They are lightweight and thin. The material of these headbands is soft and breathable which means they can be worn for long periods while sleeping and exercising without the hustle of wearing headphones, which keep falling out. It is made of breathable cotton. The speakers are placed on each side of the headphones that are super-thin which means they are perfect for side sleepers.

## SPEAKER QUALITY

The speakers of these headphones won't be the best one in the market but they surely provide good quality music for low and soft tones. They produce high-quality stereo sounds. These speakers are super-thin which means you can't feel them around your ears.

## EASY TO MOVE SPEAKERS

Unlike conventional headphones, the speakers of these headphones aren't fixed which means you can easily move the speakers around the headband according to your comfort.

## BATTERY




These headphones offer a playing time of 8 hours when fully charged. They are claimed to take 2 hours to be

completely charged.

## Lc-Dolida Sleep Headphones Controls

The headphones come with a control panel that is placed at the center on the top side of the headband making them super easy to control.



- **To Increase the Volume:** Press the  button.
- **To Decrease the Volume:** Press the  button.
- **To Turn ON/OFF the headphones:** Press the  button

## How to Connect Lc-Dolida Sleep Headphones with your Device

To connect the wireless sleep headphones to your device, use the following steps:

1. Press the Power Button for three seconds. The LED will start flashing red/blue light. The headphones will go to pairing mode.
2. Turn on the Bluetooth of your device.
3. Go to the Bluetooth devices list on your device, and connect to these headphones.

In order to connect to two devices simultaneously, you are required to disconnect from the previous one as they support connection to multiple devices.

## How to Charge Lc-Dolida Sleep Headphones

The wireless sleep headphones come with a charging cable. The charging port is present at the top of the controls which are placed in the middle of the headband. You can simply connect the charging wire's one end to USB wall charger or your laptop and other to the headphones.



## How to Wash the Headband

The headband is washable.

1. Take out the speakers and Bluetooth module from the opening in the headband.



2. Separate the module and speakers.
3. You can simply wash them by your hands preferably with warm water.



## PROS

- Quick Charging
- Adjustable Headband
- Breathable Material
- Thin speakers perfect for side sleepers

## CONS

- Battery Life should be increased

## VERDICT

These headphones are a good choice for gifts; however, they are not the best sleep headphones. There are some that come with 3D eye contour design. The sound quality of these headphones is also moderate; however, the Bluetooth connectivity is over the version 5.1 which results in uninterrupted sound transmission.

## FREQUENTLY ASKED QUESTIONS

### • Are these comfortable for side sleepers?

Yes, they are comfortable for side sleepers. I am a side sleep and the speakers are so thin that I can't even feel them against my ears and if sometimes they bother me, I can simply move them to the side.

### • Can this be washed in a washing machine?

Yes, they can be washed in a washing machine after taking out the Bluetooth module, wires and speakers. However, it is preferred to wash them with hands.

### • Can these headband headphones be paired with a Bluetooth smart tv?

Yes, they can connect to any Bluetooth-enabled device with a version 5.1+.

### • Does the actual earpiece go in the ear or just sit on the ear?

They don't go in to the ear. They sit on the ear inside the headband.

### • How to pair the headband to your phone?

Turn on the headphones by long pressing the power button. Turn on the Bluetooth of your device and connect to the headphones.

