



## LAVA Pulse User Manual

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# LAVA Pulse

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### USER MANUAL

Simple steps to measure your Heart Rate/BP:



Press the \* key on dial pad and unlock your phone.



Long press the centre navigation key to open Lava Pulse app.



Once the app opens choose option 1 and place your finger on camera.



Keep your finger on the camera till the phone screen shows 100%.



Now remove your finger from camera and see the result on phone screen.

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**Disclaimer:**

1. This mobile phone has a health feature that calculates heart rate and blood pressure rate.
2. The health feature incorporated in the mobile phone is only for assistance in measuring the well-being of the user and not a substitute of medical equipment (such as heart rate calculator and sphygmomanometer). Before acting upon the result based on the mobile phone, user may resort to medical practitioner for professional check-up. While all efforts are made to provide accuracy in the results, it is subject to technical configurations of the sensor.
3. The recommendation is as per ACC/AHA.

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**Documents / Resources**

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