

Klikkit Smart Reminder Buttons User Guide

Home » Klikkit » Klikkit Smart Reminder Buttons User Guide 12



Thank you for buying the Klikkit Buttons.

The Klikkit Buttons can help you make any habit or activity stick in your daily routines. You simply need to follow the instructions below to get started. The Klikkit Buttons and app is designed to help and motivate you to get rid of your bad habits and strengthen your positive habits.

In the app, you can configure schedules and goals to fit your habit and you can set alarms and reminders. The button itself can notify you if you have forgotten, or are about to forget an important task.

Contents

- 1 What's in the box
- 2 System requirements
- 3 How to set up your Klikkit

Buttons

- 4 How to use Klikkit
- 5 Troubleshooting
- **6 Safety Warning**
- 7 Disclaimer
- **8 FCC Caution**
- 9 IC Caution
- 10 CE Caution
- 11 Warranty
- 12 Documents / Resources
 - 12.1 References
- 13 Related Posts

What's in the box

Inside this box you will find:

- Klickitat Button(s)
- Extra double adhesive

System requirements

To set up your Klikkit Buttons you will need an Android or iPhone device with at least Android 5.0 or iOS 9.1. The device also needs to support Bluetooth.

How to set up your Klikkit Buttons

1. Install the Klikkit app

Visit the App Store or Google Play, and download the Klikkit app onto your iPhone or Android device. Open the app and follow the instructions.

2. Pair your button(s)

If it is your first button, press 'Get Started' and follow the instructions to pair your first button. The button will light up green once the pairing is success-ful. All other buttons can be paired to a new activity or to an existing activity in the 'Activities' menu.

How to use Klikkit

The Klickitat is designed to help you track a habit and make it stick. You simply need to click the button every time you do the activity. Follow these steps:

- Create an activity in the Klikkit app
- Associate the button with the habit or activity e.g.your dental floss box or your box of vitamins
- Make a schedule in the Klikkit app
- Click the button every time you do the activity

How to create an activity

- In the app, go to the 'Activities' menu and press 'Add New Activity
- Connect the button that you wish to use by following the instructions on the screen

How to make a schedule

- Click on the activity in the 'Activities' menu that you wish to make a schedule for
- · Press 'Add Schedule'
- · Define the frequency and the goals of your activity
- · Define the reminders and alarms

Attach the button on a product associated with an activity

Use the double-adhesive stickers to attach the button to the product you use. If the activity you want to track and improve does not require a product, it is recommended to place the button in a place you are familiar with.

Troubleshooting

If you are having trouble connecting or setting up the system, please find the frequently asked questions below. If your issue is not described, then find the full FAQ on www.justklikkit.com.

How do I change the battery?

The Klikkit Button comes with a pre-installed battery – and it is ready to use.

If you need to change the battery, remove the silicone ring. Turn the battery door counterclockwise and separate the battery door from the button. Place the battery on the button on the positive side facing up toward you. Place the battery door on the button and turn clockwise to close it again. Put the silicone ring back on. It is not needed to pair the button again.

The Klikkit app and Klikkit Button(s) will not connect. What should I do?

Make sure that the Klikkit button has a fully charged battery and that it is installed correctly. To test this, click the Klikkit Button. If it does not light up, then install a fully charged battery as described in 5.1. Also, make sure that your device has Bluetooth turned on. Try to click again. If the button still does not work, then try to turn Bluetooth off

and then on. If it still does not work, try a hard reset, see 5.3, or contact customer support at support@justklikkit.com

I would like to reset my button(s) completely. How do I do that?

Press and hold the button for at least 10 seconds. When the Klikkit button is reset it will flash red twice. Be aware that a button reset deletes all stored clicks.

How do I use my Klikkit Buttons with the Klikkit Hub?

The Klikkit Hub (sold separately) and the app will au-automatically collect clicks from your Klikkit Buttons assigned to an activity. If you experience problems, make sure that the Klikkit Hub is installed correctly and has access to your Wi-Fi network.

The Klikkit Button flashes and sounds.

What does that mean?

The Klikkit Button uses specific lights and sounds patterns to indicate actions:

- A click followed by a short beep and a green light indicates that the click has been registered.
- If you set up the button to schedule reminders in the app, it will beep and light up every 10-20 seconds for 1,5
 minutes.
- If the button keeps flashing red, it indicates that an error has occured. Go into the Klikkit app and navigate to the 'Settings' menu and find the 'Paired Buttons' screen. Drag down on the screen to synchronize your buttons with your device. The app will tell which error has occurred and how to handle it.

Safety Warning

- If the Klikkit Buttons or any accessories are damaged upon receipt, they should not be used. Please contact customer service.
- Do not submerge in water or use it in damp environments.
- The Klikkit Buttons should under no circumstances be disassembled, modified, or altered in any way other than to change the battery.
- Keep the Klikkit Buttons and their batteries out of reach of children under the age of 5 years old.
- Do not dispose of in fire or heat above 60°C.
- The Klikkit Buttons should only be handled by individuals over the age of 18 years old.

Disclaimer

The HabLab APS assumes no liability:

- In case the Klikkit Button is not used or stored as described in the guide, or
- For outcome or use of any product or service for which a Klikkit Button is used for.

Please note, that any and all use of Klikkit, not-withstanding that it is used as described, does not constitute medical advice and should not be relied upon as such.

FCC Caution

§ 15.19 Labelxling requirements

This device complies with part 15 of the FCC Rules.

Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference, and
- (2) this device must accept any interference received, including interference that may cause undesired operation.
- § 15.21 Information to user

Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

§ 15.105 Information to the user Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits is designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.
- * RF warning for Portable devices:

The device has been evaluated to meet general RF exposure requirements. The device can be used in portable exposure conditions without restriction.

IC Caution

This device complies with Industry Canada licence-exempt RSS standard(s). Operation is subject to the following two conditions:

- 1. This device may not cause interference, and
- 2. This device must accept any interference, including interference that may cause undesired operation of the device.

CE Caution

BLE maximum power: -5.87dB. Frequency band:

Bluetooth BLE: 2402-2480 MHz (TX/RX)

Warranty

This Klikkit Button is warranted to be free from defects in materials or workmanship for two years from the date of purchase. Within this period, The HabLab ApS will at its sole discretion, repair or replace any components that will fail in normal use. Such repairs or replacements will be made at no charge to the customer for parts and labor provided. The customer shall be responsible for any transportation costs. This warranty does not apply to (I) cosmetic damage, such as scratches, nicks, dents; (ii) consumable parts such as batteries, un-fewer product damages have occurred due to a defect in materials or workmanship; (iii) damage caused by accident, abuse, misuse, water, flood, fire or other acts of nature or external causes; (iv) damage caused by service performed by anyone who is not the authorized service provider of Klikkit; or (v) damage to a product that has been modified or altered without the written permission of The HabLab ApS. In addition, The HabLab ApS reserves the right to refuse warranty claims against products or services that are obtained and/or used in contravention of the laws of any country. The product is intended to be used only as a Wi-Fi to Bluetooth access point and

must not be used in any other way. The HabLab ApS makes no warranty as to the connection to the internet and or access to the server.

THE WARRANTY AND REMEDIES CONTAINED HEREIN ARE EXCLUSIVE AND IN LIEU OF ALL OTHER WARRANTIES EXPRESS, IMPLIED, OR STATUTORY, INCLUDING ANY LIABILITY ARISING UNDER ANY WARRANTY OF MERCHANTABILITY OR FITNESS FOR A PARTICULAR PURPOSE, STATUTORY OR OTHERWISE THIS WARRANTY GIVES YOU SPECIFIC LEGAL RIGHTS WHICH MAY VARY FROM STATE TO STATE.

IN NO EVENT SHALL THE KLIKKIT BE LIABLE FOR ANY INCIDENTAL, SPECIAL, INDIRECT OR CONSEQUENTIAL DAMAGES INCLUDING WITHOUT LIMITATION, DAMAGES FOR ANY CITATIONS WHETHER RESULTING FROM THE USE, MISUSE, OR INABILITY TO USE THIS PRODUCT. SOME STATES DO NOT ALLOW THE EXCLUSION OF INCIDENTAL OR CONSEQUENTIAL DAMAGES, SO THE ABOVE LIMITATIONS MAY NOT APPLY TO YOU.

The HabLab ApS retains the exclusivity right to repair or replace (with a new or newly-overhauled replacement product) the device or software or offer a full refund of the purchase price at its sole discretion. SUCH REMEDY SHALL BE YOUR SOLE AND EXCLUSIVE REMEDY FOR ANY BREACH OF WARRANTY.

To obtain warranty service, contact your local Klik-kit authorized dealer from whom you have bought the device for shipping instructions and an RMA tracking number. Securely pack the device and copy of the original sales receipt which is requires as proof of purchase for the warranty repairs. Write the tracking number clearly on the outside of the package. Send the device, freight charges prepaid, to any Klikkit warranty service station.

Online Auction Purchases: Products purchased through online auctions are not eligible for warranty coverage. Online auction confirmations are not accepted for warranty verification. To obtain warranty service, an original or copy of the sales receipt from the original retailer is required. The HabLab ApS will not replace missing components from

any package purchased through an online auction.

Company: The HabLab ApS Address: Silkegade 8, 1113

Country: Denmark

Model number: Klickitat Buttons vers.2

Connectivity: Bluetooth Power: CR2032 – 3v Lithium

Dispose of as: Electronic equipment

Made in: China

Compatibility: Android 5.0 or later

iOS 9.1 or later



support@justklikkit.com

Find the extended user manual and FAQ on our website: www.justklikkit.com.

Congratulations!

You are now ready to use Klikkit to track and improve your habits. Enjoy!



The HabLab ApS
www.justklikkit.com
Silkegade 8, 1113, Denmark
support@justklikkit.com

Documents / Resources



Klikkit Smart Reminder Buttons [pdf] User Guide KLIKKIT4, 2AQ3K-KLIKKIT4, 2AQ3KKLIKKIT4, Smart Reminder Buttons

References

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Manuals+,