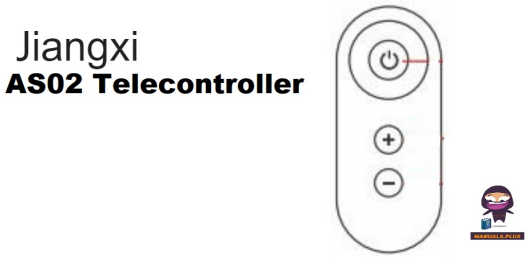

Jiangxi AS02 Telecontroller User Manual

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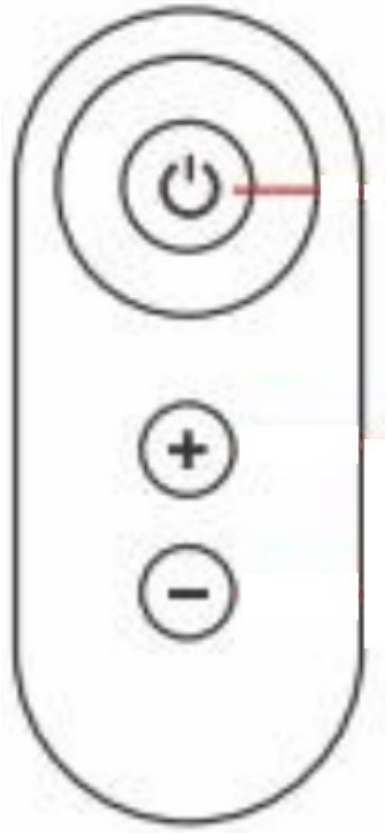
Jiangxi

Jiangxi AS02 Telecontroller



Specifications

Model	AS02
Walking Mode Speed	0.6-3.8MPH
Running Mode Speed	0.6-7.8MPH

Remote Controller Pairing Method

1. Turn on the power and check if the machine is functioning properly.
2. Unplug the safety lock on the treadmill, hold the remote control in your hand and align it with the treadmill display window within ten seconds. At the same time, press and hold the “” button on the remote control for about 3 seconds, and the system will display “Didi” 2 sounds indicate that the remote control has successfully paired with the treadmill for learning and can be used to control the treadmill normally.

Treadmill User Manual

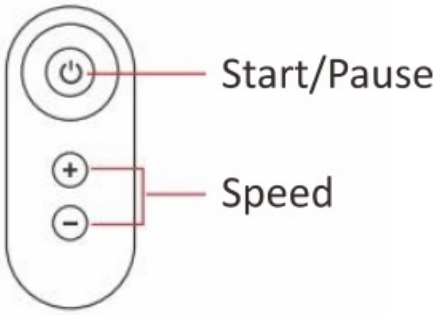
1. Connect the power supply to check if the machine is working properly.
2. The machine is set up with walking mode and running mode, when the riser is folded (the riser is parallel to the running platform), it is walking mode, and the running speed of the running belt is 0.6-3.8MPH under the walking mode, and when the riser is unfolded, it is running mode, and the running speed of the running belt is 0.6-7.8MPH under the running mode.
3. Clip the safety locking clip on the chest lapel of the exerciser.
4. Before exercise, check whether the stability and function of the treadmill are normal, it is forbidden to stand on the running belt to start the treadmill, before running, you should stand on the side bar, hold the handrail and

remote control in your hand, and then get on the machine after it starts normally. When the treadmill is switched on, hold the handrail with one hand and press the remote control button or “start/pause” with the other hand, the treadmill will start with a delay of 3 seconds, and then run at a speed of 0.6MPH. Press “t”, the motor speed rises so that it reaches 2.5-3.5MPH speed (this is a learning to run the most comfortable speed), both hands at the same time grab the handrail, feet successively across the running belt, and soon with the running belt speed.

5. After a few minutes you can increase the speed of running, press the “+” button, slowly increase the speed; you can also press the “-” button to make its speed down.
6. In the process of movement, you can always press the remote control ” “” key or the treadmill on the “stop” button, so that the motor stops running.

Remote Control Diagram

- **Start/Pause**
- **Speed**



FCC

FCC Warning Statement

Changes or modifications not expressly approved by the party responsible for compliance could void the user’s authority to operate the equipment. This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and the receiver.
- Connect the equipment to an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

1. This device may not cause harmful interference.

2. this device must accept any interference received, including interference that may cause undesired operation.

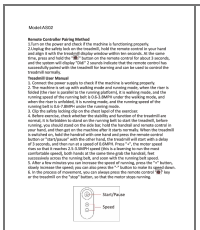
CAUTION: The device has been evaluated to meet the general RF exposure requirement

For Canada, please refer to IC-ID (ISED) related regulations.

FAQ

- **How do I pair the remote control with the treadmill?**
  - Turn on the power, unplug the safety lock, hold the remote control and align it with the treadmill display window within ten seconds. Press and hold the “?” button for about 3 seconds until you hear “Didi!” twice.
- **What are the speed ranges for walking and running modes?**
  - Walking mode speed is 0.6-3.8MPH, and running mode speed is 0.6-7.8MPH.
- **How do I start the treadmill?**
  - Stand on the side bar, hold the handrail and remote control, press the “start/pause” button, and the treadmill will start with a delay of 3 seconds at a speed of 0.6MPH.

Documents / Resources

	Jiangxi AS02 Telecontroller [pdf] User Manual A006, 2A4NH-A006, 2A4NHA006, AS02, AS02 Telecontroller, Telecontroller

References

- User Manual

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