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iTECH duo Analog Smartwatch User Manual

Contents

Analog Smartwatch

User Manual for the iTECH Duo Analog Smartwatch

PLEASE BE SURE TO READ THIS INSTRUCTION MANUAL CAREFULLY AND COMPLETELY BEFORE OPERATING YOUR ITECH DUO ANALOG SMARTWATCH.

Thank you for choosing the iTECH Duo Analog Smartwatch. This manual will help you to understand the functionality and simple operation of your device. The main function of this Analog Smartwatch is to be a notifier for your email, text messages, and social media apps. It also offers a variety of practical services to make work and leisure activities that much more enjoyable.

iTECH Duo Analog Smartwatch Configuration:

SIMPLE 'TAP' SCREEN NAVIGATION
Tap anywhere around 3-4 o'clock to wake up your smartwatch. Continue to 'Tap' in the same area to view digital time, notifications, steps taken, calories burned, distance traveled, and find phone feature. Some screens on your device can be interacted with further by tapping and holding down near the 3-4 o'clock area.

Getting Started:

- Charge your iTECH Duo Analog Smartwatch using the enclosed USB charger.
- Once fully charged, tap around 3-4 o'clock to wake up your analog smartwatch.
- Connect your iTECH Duo Analog Smartwatch to your smartphone via Bluetooth by carefully following these instructions:

Begin by downloading and installing the iTECH Duo app from the Apple App Store or Google Play Store.

FIND OUR APP IN YOUR APP STORE

YOUR ITECH DUO ANALOG SMARTWATCH WILL ONLY WORK WITH THE ITECH DUO APP SHOWN ABOVE..

- Open up the iTECH Duo app on your smartphone. Tap sign up to set up your profile and account.
- Once your profile is complete, we recommend first time users follow the tutorial on how to connect their iTECH Duo Analog Smartwatch to their smartphones. (You may skip the tutorial to jump start to goals setting.)
- Select "iTECH Duo" as your device to connect. Tap "pair" to pair your iTECH Duo with your smartphone (Android users may not see this 'Pair' option).
- Once fully connected, you'll be directed back to your dashboard.

To access your smartwatch functions, tap the interactable area on your watch to shuffle through the features.

- **Notifications:** Receive notifications on your iTECH Duo Analog Smartwatch when you get texts, calls and other notifications on your phone.
- **Pedometer:** While wearing your iTECH Duo Analog Smartwatch you will be able to keep track of the number of steps you've taken, the distance you traveled and the approximate number of calories burned.
- **Calories Tracker:** Track and summarize calories burned. View daily, weekly and monthly calorie burned via the iTECH Duo app.
- **Sedentary Reminder:** Remain active by setting a reminder on your iTECH Duo to move around after a time period of your choosing.
- **Sleep Monitor:** Wear your iTECH Duo Analog Smartwatch to sleep and it will be able to track your sleep patterns by being able to see when you are having deep sleep, light sleep and how often you are awake during the night. Track this daily, weekly and monthly to determine if you need to improve your sleeping habits.
- **Lost Alert:** Your iTECH Duo will vibrate and display a "Watch Disconnected" screen if you have moved too far from your smartphone.
- **Camera Remote:** Take photos with your phone's camera using your iTECH Duo as a remote.
- **Connected GPS:** Connect to your smartphone's GPS to track your running route.
- **Find Phone:** Use your iTECH Duo Analog Smartwatch to activate your smartphone alarm or to have it vibrate.
- **Alarm:** Set up to 3 different alarms on your iTECH Duo app. The alarm is silent and the iTECH Duo will vibrate when it goes off.
- **Motion Gesture:** Wrist Motion prompts screen to turn on.
- **Water Resistant:** IP67 Water Resistant

For any further questions please contact us at: **customerservice@itechwearables.com**
or visit our website at **www.iTechWearables.com**.
This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

CAUTION: IF YOUR WATCH BATTERY NEEDS TO BE REPLACED, PLEASE USE SAME BATTERY MODEL NO. AND MANUFACTURER. BATTERY MUST BE RECYCLED OR DISPOSED OF PROPERLY.

SAFETY & SKIN CARE

We want to make sure that you're comfortable in your new iTECH Duo Analog Smartwatch. Here are a few tips that should help:

- Regularly clean your Analog Smartwatch with a moist paper towel (please pat dry your watch once complete)
- Keep your wrist free of any dirt and oils
- Keep your watch loose enough so that three of your fingers can fit underneath your watch while it's being worn

(wearing a watch too tight can cause skin irritation due to sweat or other types of moisture)

- After a workout, it's advised to remove your watch to allow your wrist, watch, and yourself to take a breather
- Adults with eczema or a skin condition should consult a physician before wearing the watch
- **Please wear with care!**

WATCH CARE

- Clean your band regularly, especially after strenuous exercise. It is recommended to rinse your band with water or wipe it with an alcohol wipe.
- **Do NOT** use any kind of soap, hand sanitizers, or household cleaners, which could get trapped beneath the band and irritate your skin.
- It's a good idea to set your watch aside for 10-15 minutes after cleaning to ensure that the device is fully free of any potential irritants and completely dry.
- For stains or buildup on your band, watch screen or casing, wipe the affected area with an alcohol wipe. Be sure to use a little force while wiping. If affected area is on the band, you can use warm water and a soft bristle brush to remove the dirt, stain or build up.
- To keep your device looking new, its recommended to use a microfiber cloth to wipe off any smudges or fingerprints from the casing, screen and band.
- Your watch should always help you feel great but if you experience any irritation or skin abrasion, please remove the watch and consult a doctor.

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