



Instant Vortex Air Fryer Manual: User Guide for 5.7 Quart and Plus Models

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The Instant Vortex Plus 5.7 Quart Air Fryer User Manual is a comprehensive guide to using the Instant Vortex air fryer. This manual includes everything you need to know about using your new air fryer, from initial setup to cooking and cleaning. The Instant Vortex air fryer is designed to help you cook delicious meals with less oil and hassle, compared to traditional deep frying. The manual includes warnings and safety instructions to ensure that you use the product safely and avoid injury or property damage. The control panel is designed to be simple to use and easy to read, with four Smart Programs that allow you to air fry, roast, bake, and reheat food. The manual also includes instructions on how to adjust the temperature and cooking time, save custom settings, and reset Smart Programs to their original settings. Whether you're a beginner or an experienced cook, the Instant Vortex Plus 5.7 Quart Air Fryer User Manual is an essential resource for getting the most out of your new air fryer.

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Instant Vortex Plus 5.7 Quart Air Fryer

User Manual

Welcome

Welcome to your new Instant® Vortex™!

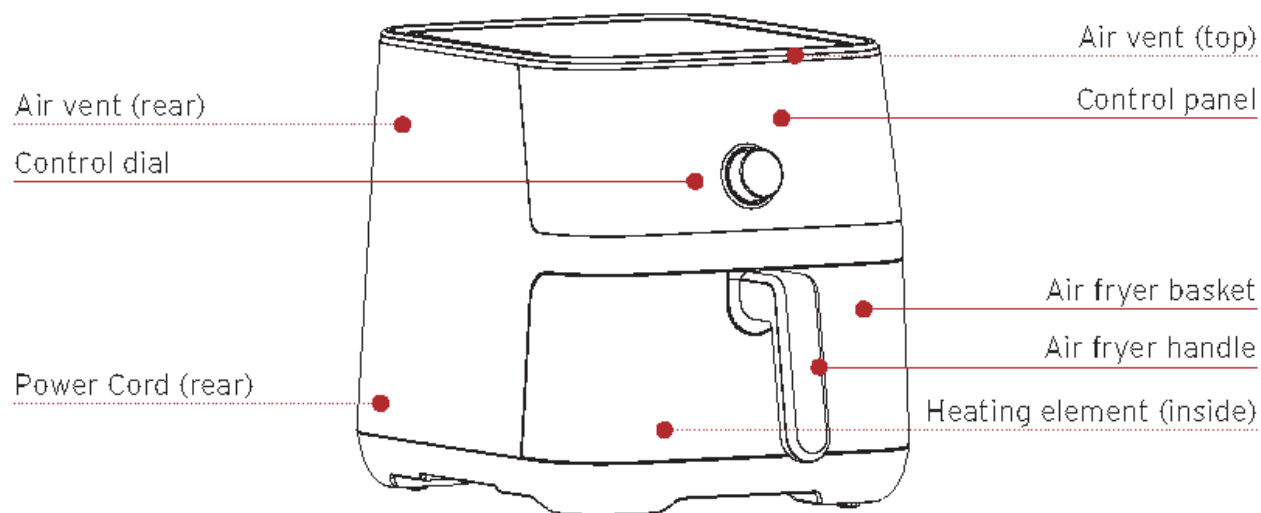
This Instant Vortex air fryer can help you cook delicious meals with less oil and hassle, compared to traditional deep frying. We hope you fall in love with Instant air frying and enjoy it in your kitchen for years to come!

WARNING

Before using your new Vortex, read all instructions, including the Safety and Warranty document. Failure to follow the safeguards and instructions may result in injury and/or property damage.

WHAT'S IN THE BOX

Air Fryer



Parts + Accessories



Illustrations are for reference only and may differ from the actual product.

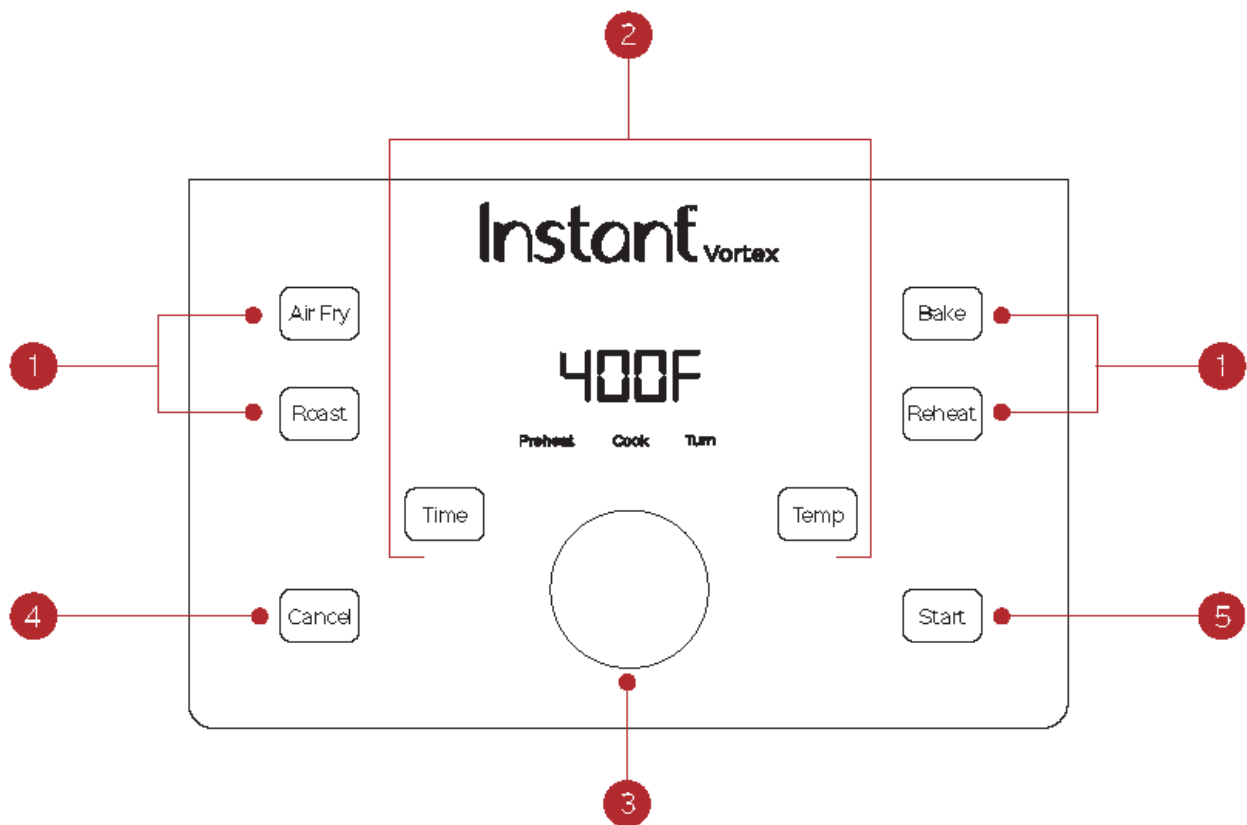
Remember to recycle!

We designed this packaging with sustainability in mind. Please recycle everything that can be recycled where you live. Be sure to keep this Guide, along with the Safety and Warranty insert for reference.

USING YOUR VORTEX

Control panel

We've designed the control panel to be simple to use and easy to read.



1. Smart Programs

- Air Fry
- Roast
- Bake
- Reheat

2. Message bar

- Cooking time
- Cooking temperature
- Preheat
- Cook
- Turn
- Messages

3. Control dial

- Used to select time and temperature

4. Cancel

5. Start

Turning sound On/Off

- While in Standby mode, press and hold Time and Temp for 5 seconds. Display shows S OFF or S ON.

Audible safety alerts (beeps) cannot be turned off.

Choosing temperature unit

Choose which cooking temperature unit you would like to use, Fahrenheit or Celsius.

- While in Standby mode, press and hold Temp for 5 seconds, until display shows either F or C.

Save custom settings

You can set and save custom time and temperature settings for any of the four Smart Programs.

Time

1. Select the Smart Program you want to change.
2. Press Time button and use the Control Dial to change the temperature.
3. Press Start to save your changes.

Temperature

1. Select the Smart Program you want to change.
2. Press Temperature button and use the Control Dial to change the temperature
3. Press Start to save your changes.

The next time you use that Smart Programs the new temperature or time is used. Adjustments made after cooking begins are not saved.

Reset Smart Programs to original settings

Reset individual Smart Programs

1. With the cooker in Standby mode, press and hold one of the Smart Program buttons you would like to reset until the cooker returns to Standby.
- The Smart Program's cooking time and temperature are restored to the factory default setting.

Reset all Smart Programs

2. With the cooker in Standby mode, press and hold the Control Dial until the cooker beeps.
- All Smart Program cooking times and temperatures are restored to the factory default setting.

Cancel active cooking program

You can cancel any cooking program at any time.

- While in Standby, Preheating or active cooking program, press Cancel. Depending on the temperature of the unit, the internal fan may keep running to cool the unit.

INITIAL SET UP

Unpack

1. Remove your new Vortex from the box.
2. Remove all the packaging material from in and around the air fryer.
3. Make sure to remove all the accessories from inside the cooking chamber.
4. Don't remove the safety warning stickers or the rating label from the air fryer.

Clean before use

1. While the appliance is unplugged, wipe the interior with a damp cloth. Use a clean, soft cloth to dry.
2. Wash the accessories with hot water and dish soap. Rinse with warm, clear water and use a soft cloth to dry.

Placement

1. Place your Vortex on a stable, level surface, away from combustible material and external heat sources. Do not place your Vortex on top of another appliance.
2. Make sure to leave at least 5 inches (13 cm) of space above and around all sides of the appliance to allow for sufficient air flow.

Test run

Before using your new Instant Vortex for the first time, you must perform a test run to ensure everything is working correctly.

To perform a test run:

1. Ensure the Vortex is plugged into an electrical outlet.
2. Insert the cooking basket, but do not add food.
When the air frying basket is inserted securely, the front of the basket is flush with the front of the cooker.
3. Select the Air Fry program.
4. Select the default cooking temperature (400°F / 205°C).
5. Select the default cooking time (15 minutes).
6. When the display shows Add Food, just remove and reinsert the cooking basket (do not add any food).
7. When the display shows Turn Food, just remove and wait 10 seconds for the program to resume.
8. The air fryer will beep, letting you know the cooking program is done.
9. Let the unit cool

Now you're ready to cook a meal in your Instant Vortex!

COOKING

The Vortex uses rapid air circulation to crisp or cook food, giving your meals all the rich, crispy flavor of deep frying, with little to no oil.

WARNING

HOT SURFACES

The air fryer chamber will be hot during and after cooking.

Always exercise extreme caution when removing food from the hot air frying basket and cooking chamber.

Touching hot surfaces may result in personal injury, and/or property damage.

MUST ALLOW AIR FLOW

To prevent personal injury, do not block air intake or air vents.

What to cook in

- The cooking basket with cooking tray is perforated to allow air to flow under and around your food, and should be used for most foods, like wings and cauliflower bites.
You can place food right on the cooking tray, without using foil or other coverings.
- For the Baking program only, you can use a metal or Pyrex® baking dish to hold things like batter for cakes and dough for breads.
Place the baking dish inside the cooking basket for baking.

Prep

Cut, chop, season, marinate or batter your ingredients according to your recipe.

Cook

1. Place your food into the air frying basket, according to your recipe.
2. Insert the air frying basket into the cooker.
When the air frying basket is inserted securely, the front of the basket is flush with the front of the cooker.
3. Press one of the Smart Program (Air Fry, Roast, etc.) buttons on the control panel.
4. Press Temp and Time to adjust the temperature and cooking time.
5. Press Start to begin. The display shows Preheating to indicate that the cooking program has started.

See page 10 to adjust Smart Program settings.

Add food

1. When the cooker reaches the target temperature, the display shows Add Food.
2. Remove the basket, and carefully insert your food into the basket.
3. Reinsert the air frying basket into the cooker and the cooking countdown timer starts.

Turn

1. Part way through the cooking cycle the display shows Turn Food.
If you do not remove the basket after Turn Food displays, cooking will proceed after 10 seconds.
2. Remove the air fryer basket from the cooker and carefully turn, flip, or rotate your food.
3. Insert the air frying basket into the cooker. Cooking continues.

Finish

- When the Smart Program completes, the lid beeps, and the display shows End.
The air fryer beeps after 5 minutes, 20 minutes, and 60 minutes to remind you that cooking has completed.

SMART PROGRAMS

Air Fry

You can air fry foods like fries, cauliflower bites, wings, nuggets and more.

Setting	Default	Minimum	Maximum
Temperature	385°F / 196°C	80°F / 82°C	400°F / 205°C
Cooking Time	15 minutes (00:15)	1 minutes (00:01)	1 hour (01:00)

To air fry

- Follow the basic instructions for Cooking.
- Select “Air Fry” as the Smart Program.

Roast

You can roast foods like beef, lamb, pork, poultry, vegetables and scalloped potatoes, for a deliciously tender inside and browned outside.

Setting	Default	Minimum	Maximum
Temperature	380°F / 193°C	180°F / 82°C	400°F / 205°C
Cooking Time	18 minutes (00:18)	1 minutes (00:01)	1 hour (01:00)

To roast

- Follow the basic instructions for Cooking.
- Select “Roast” as the Smart Program.

Bake

You can bake foods like breads, cakes, pastries and buns, with the Vortex as your own “mini oven”.

Setting	Default	Minimum	Maximum
Temperature	365°F / 185°C	180°F / 82°C	400°F / 205°C
Cooking Time	30 minutes (00:30)	1 minutes (00:01)	1 hour (01:00)

To bake

- Follow the basic instructions for Cooking.
- Select “Bake” as the Smart Program.
- There is no need to turn the food partway through cooking.

Leave approximately 1 inch (2.5 cm) of space around all sides of the baking dish to allow heat to circulate evenly.

Reheat

Bring the crisp and crunch back to leftover fries, pizza and stale bread, in just a few minutes.

Setting	Default	Minimum	Maximum
Temperature	280°F / 138°C	120°F / 49°C	360°F / 182°C
Cooking Time	10 minutes (00:10)	1 minute (00:01)	1 hour (01:00)

To reheat

- Follow the basic instructions for Cooking.
- Select “Reheat” as the Smart Program.

Once this Smart Cooking function starts, the display will show the target temperature and cooking time immediately, there's no preheating time.

CLEANING

Clean your Instant® Vortex™ after each use. Always unplug the unit and let all parts cool to room temperature before cleaning. Before use or storing, make sure all surfaces are dry.

To prevent electric shock, unplug before cleaning.

WARNING

DO NOT immerse power cord, plug or the appliance in water or other liquid, which may result in electric shock.

Part	Cleaning instructions
Cooking tray	<ul style="list-style-type: none">• Dishwasher safe.*• The cooking tray has a non-stick coating. Avoid using metal utensils when cleaning.
Removable air fryer basket	<ul style="list-style-type: none">• Clean with a damp cloth and mild dish soap.
Cooking chamber	<ul style="list-style-type: none">• Clean with a damp cloth and mild dish soap.• Always check the heating coil and cooking chamber walls for oil spatter and food debris, and clean as needed.• Ensure the heating coil is dry before turning on the air fryer.• To remove baked-on grease and food residue from the cooking chamber, spray with a mixture of baking soda and vinegar and wipe clean with damp cloth. For stubborn stains, allow the mixture to sit on the affected area for several minutes before scrubbing clean.
Exterior of cooker	<ul style="list-style-type: none">• Clean with a soft, damp cloth or sponge. Wipe dry.
Power cord	<ul style="list-style-type: none">• While the cooker is unplugged, use a barely damp cloth to wipe any particles off cord

*Some discoloration may occur after machine washing, but this will not affect the cooker's safety or performance.

In the manual

For full details about removing parts for cleaning, read the full User Manual.

LEARN MORE

There's a whole world of Instant® Vortex™ information and help just waiting for you. Here are some of the most helpful resources.

Get the full User Manual

[Instanthome.com](https://www.instanthome.com)

Register your product
[Instanthome.com/register](https://instanthome.com/register)

Contact Consumer Care
[Instanthome.com](https://instanthome.com)
support@instanthome.com
1-800-828-7280

Instant Recipe App with 1000+ recipes
[Instanthome.com](https://instanthome.com)

iOS and Android app stores Cooking charts and more recipes
instanthome.com

How-to videos, tips and more
[Instanthome.com](https://instanthome.com)

Replacement parts and accessories
[Instanthome.com](https://instanthome.com)

Join the community
Get started online with your new product!



Product specifications

Model	Volume	Wattage	Power	Weight	Dimensions
Vortex 5.7 Qt	5.7 Quart 5.3 Litres	1700 watts	120V/60Hz	12.54 lbs 5.69 kg	in: 12.01 D x 15.31 W x 12.72 H cm: 30.5 D x 38.9 W x 32.3 H

Specifications

Product Specifications	Instant Vortex Plus 5.7 Quart Air Fryer
Smart Programs	Air Fry, Roast, Bake, Reheat
Control Panel	Simple to use and easy to read with a control dial, cancel button, and start button
Temperature Range	80°F / 82°C to 400°F / 205°C
Cooking Time Range	1 minute (00:01) to 1 hour (01:00)
Custom Settings	Allows users to set and save custom time and temperature settings for any of the four Smart Programs
Reset Smart Programs	Allows users to reset individual or all Smart Programs to their original settings
Cooking Basket	Perforated to allow air to flow under and around food
Accessories	Includes cooking tray and safety warning stickers
Cleaning	Wipe interior with a damp cloth and wash accessories with hot water and dish soap

FAQ's

What is the Instant Vortex air fryer?

The Instant Vortex air fryer is a kitchen appliance designed to cook food using rapid air circulation, giving your meals all the rich, crispy flavor of deep frying, with little to no oil.

What is included in the box with the Instant Vortex air fryer?

The box includes the Instant Vortex air fryer, accessories, and a user manual.

How do I adjust the temperature and cooking time?

Use the control dial to select the time and temperature. Press Start to begin cooking.

Can I save custom settings?

Yes, you can set and save custom time and temperature settings for any of the four Smart Programs.

How do I reset Smart Programs to their original settings?

To reset individual Smart Programs, press and hold one of the Smart Program buttons you would like to reset until the cooker returns to Standby. To reset all Smart Programs, press and hold the Control Dial until the cooker beeps.

How do I cancel an active cooking program?

Press Cancel while in Standby, Preheating or active cooking program. Depending on the temperature of the unit, the internal fan may keep running to cool the unit.

How do I perform a test run before using my Instant Vortex air fryer?

Select the Air Fry program, select the default cooking temperature (400°F / 205°C), select the default cooking time (15 minutes), and insert the cooking basket without adding any food. When the display shows Add Food, remove

and reinsert the cooking basket without adding any food. When the display shows Turn Food, remove and wait 10 seconds for the program to resume. The air fryer will beep when the cooking program is done.

What should I cook in the Instant Vortex air fryer?

You can cook a variety of foods in the Instant Vortex air fryer, including fries, cauliflower bites, wings, nuggets, beef, lamb, pork, poultry, vegetables, scalloped potatoes, breads, cakes, pastries, buns, and more.

How do I clean the Instant Vortex air fryer?

While the appliance is unplugged, wipe the interior with a damp cloth. Use a clean, soft cloth to dry. Wash the accessories with hot water and dish soap. Rinse with warm, clear water and use a soft cloth to dry.

Instant Brands Inc.
495 March Road, Suite 200
Kanata, Ontario, K2K 3G1 Canada
[instanthome.com](https://www.instanthome.com)
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140-3082-01-0302

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