



## Instant Pot Duo Plus V1 Multi-Use Pressure Cooker User Manual

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## Instant Pot Duo Plus V1 Multi-Use Pressure Cooker User Manual



**DUO™**  
**MULTI-USE PRESSURE COOKER**

Download the Instant Pot app with  
1000+ recipes at [instantpot.com/app](https://instantpot.com/app).



**IMPORTANT SAFEGUARDS**

(Yes, we have to)

At Instant Brands™ your safety always comes first. The Instant Pot® Duo™ was designed with your safety in mind, and we mean business. Check out this Instant Pot's long list of safety mechanisms to see what we mean. As always, be careful when using electrical appliances and follow basic safety precautions.

01. READ ALL INSTRUCTIONS, SAFEGUARDS AND WARNINGS BEFORE USE. FAILURE TO FOLLOW THESE SAFEGUARDS AND INSTRUCTIONS MAY RESULT IN INJURY AND/OR PROPERTY DAMAGE.
02. Use only the Instant Pot Duo lid with the Instant Pot Duo multicooker base. Using any other pressure cooker lids may cause injury and/or damage.
03. For household use only. Not for commercial use. DO NOT use the appliance for anything other than its intended use.
04. For countertop use only. Always operate the appliance on a stable, non-combustible, level surface.

- DO NOT place on anything that may block the vents on the bottom of the appliance.
- DO NOT place on a hot stove.

05 Heat from an external source will damage the appliance.

- DO NOT place the appliance on or close to a hot gas or electric burner, or a heated oven.
- DO NOT use the appliance near water or flame.
- DO NOT use outdoors. Keep out of direct sunlight.

06. DO NOT touch the appliance's hot surfaces. Only use the side handles for carrying or moving.

- DO NOT move the appliance when it is under pressure.
- DO NOT touch accessories during or immediately after cooking.
- DO NOT touch the metal portion of the lid when the appliance is in operation; this could result in injury.
- Always use oven mitts when removing accessories, and to handle the inner pot.
- Always place hot accessories on a heat-resistant surface or cooking plate.

07. The removable inner pot can be extremely heavy when full of ingredients. Care should be taken when lifting the inner pot from the multicooker base to avoid burn injury.

- Extreme caution must be used when the inner pot contains hot food, hot oil or other hot liquids.
- DO NOT move the appliance while it is in use and use extreme caution when disposing of hot grease.

08. Overfilling may cause a risk of clogging the steam release pipe and developing excess pressure, which may result in burns, injury, and/or property damage.

- DO NOT fill over PC MAX — 2/3 as indicated on the inner pot.
- DO NOT fill the inner pot over — 1/2 line when cooking foods that expand during cooking such as rice or dried vegetables.

09. This appliance cooks under pressure. Any pressure in the appliance can be hazardous. Allow the appliance to depressurize naturally or release all excess pressure before opening. Inappropriate use may result in burns, injury and/or property damage.

- Make sure the appliance is properly closed before operating.  
Refer to Pressure control features: pressure cooking lid.
- DO NOT cover or obstruct the steam release handle and/or float valve with cloth or other objects.
- DO NOT attempt to open the appliance until it has depressurized, and all internal pressure has been released. Attempting to open the appliance while it is still pressurized may lead to sudden release of hot contents and may cause burns or other injuries.
- DO NOT place your face, hands or exposed skin over the steam release handle or float valve when the appliance is in operation or has residual pressure, and do not lean over the appliance when removing the lid.
- Turn the appliance off if steam escapes from the steam release handle and/or float valve in a steady stream for longer than 3 minutes.

- If steam escapes from the sides of the lid, turn the appliance off and make sure the sealing ring is properly installed. Refer to Pressure control features: sealing ring.
- DO NOT attempt to force the lid off the Instant Pot multicooker base.  
Refer to Releasing pressure.

10. When cooking meat with skin (e.g. sausage with casing), the skin can swell when heated. Do not pierce the skin while it is swollen; this could result in scalding injury.

11. When pressure cooking food with a doughy or thick texture, or a high fat/oil content, contents may splatter when opening the lid. Follow recipe instructions for pressure release method. Refer to Releasing pressure.

12. Oversized foods and/or metal utensils must not be inserted into the inner pot as they may cause risk of fire and/or personal injury.

13. Proper maintenance is recommended before and after each use:

- Check the steam release handle, steam release pipe, anti-block shield and float valve for clogging.
- Before inserting the inner pot into the multicooker base, make sure both parts are dry and free of food debris.
- Let the appliance cool to room temperature before cleaning or storage.

14. DO NOT use this appliance for deep frying or pressure frying with oil.

15. If the power cord is detachable, always attach the plug to the appliance first, then plug the cord into the wall outlet. To turn off, press Cancel, then remove the plug from power source. Always unplug when not in use, as well as before adding or removing parts or accessories, and before cleaning. To unplug, grasp the plug and pull from the outlet.

Never pull from the power cord.

16. Regularly inspect the appliance and power cord. Do not operate the appliance if the power cord or plug is damaged, or after the appliance malfunctions or is dropped or damaged in any manner. For assistance, contact Customer Care by email, chat, or by phone at 1-800-828-7280.

17. Spilled food can cause serious burns. A short power-supply cord is provided to reduce the hazards resulting from grabbing, entanglement and tripping.

- DO NOT let the power cord hang over edges of tables or counters, or touch hot surfaces or open flame, including the stovetop.
- DO NOT use below-counter power outlets, and never use with an extension cord.
- Keep the appliance and cord away from children.

18. DO NOT use any accessories or attachments not authorized by Instant Brands Inc. The use of parts, accessories or attachments not recommended by the manufacturer may cause a risk of injury, fire or electric shock.

- To reduce the risk of pressure leakage, cook only in an authorized stainless-steel Instant Pot inner pot.
- DO NOT use the appliance without the removable inner pot installed.
- To prevent personal injury and damage to the appliance, only replace the sealing ring with an authorized Instant Pot sealing ring.

19. DO NOT attempt to repair, replace or modify components of the appliance, as this may cause electric shock, fire or injury, and will void the warranty.

20. DO NOT tamper with any of the safety mechanisms, as this may result in injury or property damage.

21. The multicooker base contains electrical components. To avoid electrical shock:

- DO NOT put liquid of any kind into multicooker base.
- DO NOT immerse power cord, plug or the appliance in water or other liquid.
- DO NOT rinse the appliance under tap.

22. DO NOT use the appliance in electrical systems other than 120 V~ 60 Hz for North America. Do not use with power converters or adapters

23. This appliance is NOT to be used by children or by persons with reduced physical, sensory or mental capabilities. Close supervision is necessary when any appliance is used near children and these individuals. Children should not play with this appliance.

24. DO NOT leave the appliance unattended while in use. Never connect this appliance to an external timer switch or separate remote-control system.

25. DO NOT store any materials in the multicooker base or inner pot when not in use.

26. DO NOT place any combustible materials in the multicooker base or inner pot, such as paper, cardboard, plastic, Styrofoam or wood.

27. DO NOT use the included accessories in a microwave, toaster oven, convection or conventional oven, or on a ceramic cooktop, electric coil, gas range or outdoor grill.

## **SAVE THESE INSTRUCTIONS.**

### **WARNING**

To avoid injury, read and understand the instructions in this user manual before attempting to use this appliance.

### **WARNING**

Electrical shock hazard. Use grounded outlet only.

- DO NOT remove ground.
- DO NOT use an adapter.
- DO NOT use an extension cord.

Failure to follow these instructions may result in electric shock and/or serious injury.

### **WARNING**

THE FAILURE TO FOLLOW ANY OF THE IMPORTANT SAFEGUARDS AND/OR THE INSTRUCTIONS FOR SAFE USE IS A MISUSE OF YOUR APPLIANCE THAT CAN VOID YOUR WARRANTY AND CREATE THE RISK OF SERIOUS INJURY

### **WARNING**

Failure to adhere to safety instructions may result in serious injury or damage






### **Special cord set instructions**

Per safety requirement, a short power supply cord is provided to reduce the hazards resulting from entanglement and tripping.


This appliance has a 3-prong grounding plug. To reduce the risk of electric shock, plug the power cord into a grounded electrical outlet that is easily accessible.

### **Product specifications**

The tables below represent all available models in the 7-in-1 Duo family. To view a full list of sizes, colors and patterns, go to [instantpot.com/duo](https://instantpot.com/duo).

				
Duo mini v3	700 W	120 V ~ 60 Hz	2.8 Litres / 3 Quart	3.9 kg / 8.6 lbs.
Duo 60 v4	1000 W	120 V ~ 60 Hz	5.7 Litres / 6 Quart	5.44 kg / 12 lbs.
Duo 80 v3	1200 W	120 V ~ 60 Hz	7.6 Litres / 8 Quart	7.16 kg / 15.79 lbs.

	Duo mini v3	Duo 60 v4	Duo 80 v3
	cm: 29L x 25.5W x 28.5H in: 11.4L x 10W x 11.2H	cm: 33.5L x 31W x 31.7H in: 13.2L x 12.2W x 12.5H	cm: 37.6L x 33.8W x 36.1H in: 14.8L x 13.3W x 14.2H

## Find your model name and serial number

**Model name:** Find it on the label on the back of the multicooker base, near the power cord.

**Serial number:** Turn the multicooker base over — you'll find this info on a sticker on the bottom.

## WARNING

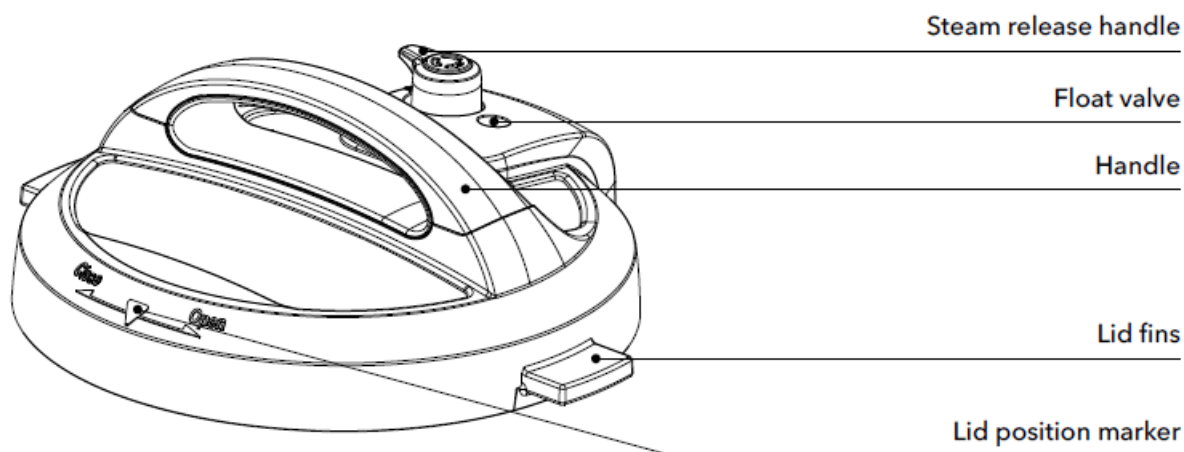
Failure to adhere to safety instructions may result in serious injury or damage.

## Product, parts and accessories

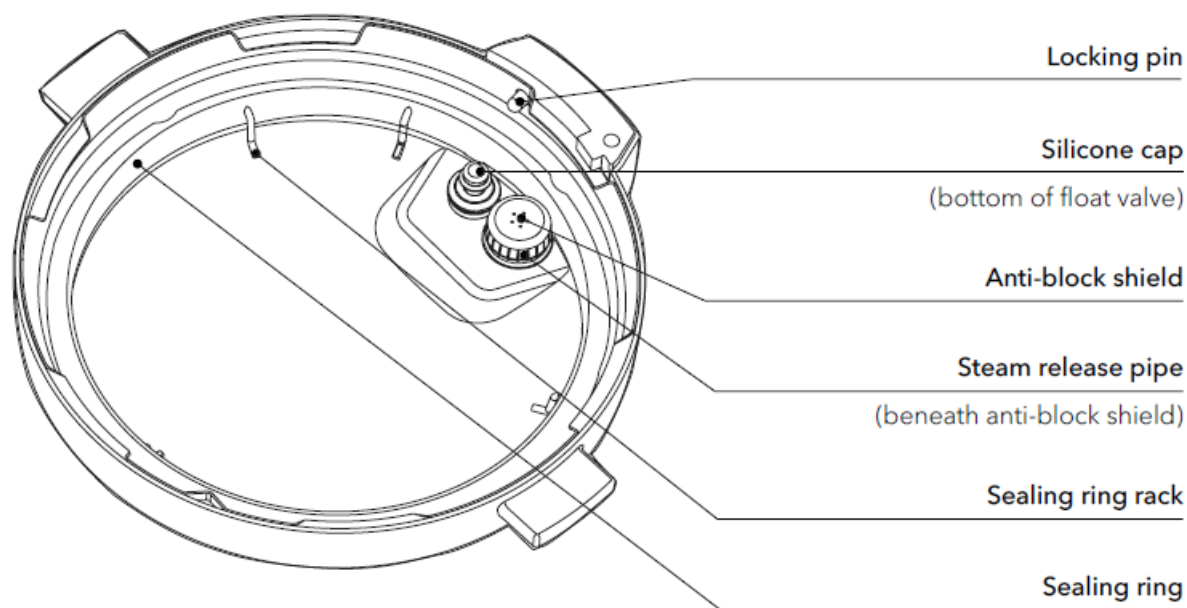
Represents all Duo Mini, 6 and 8 Quart models. See Care, cleaning and storage:

Removing and installing parts to find out how everything fits together.

## Top of lid



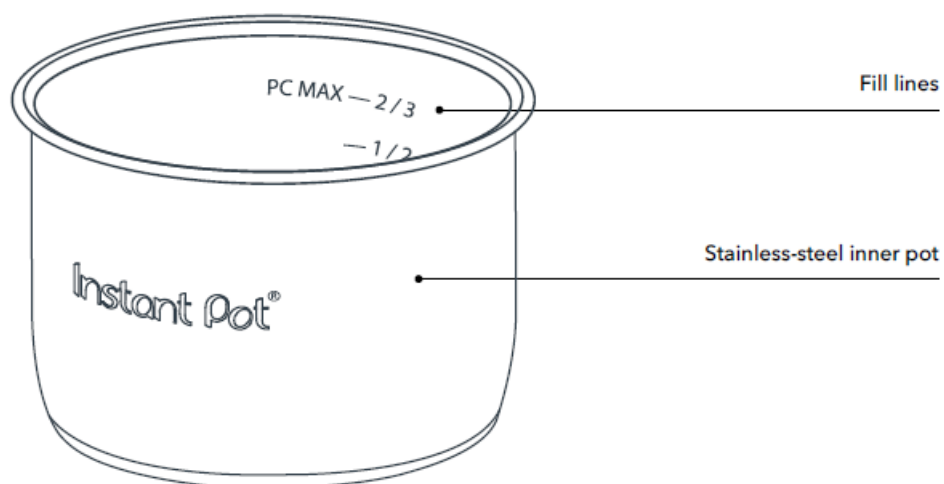
## Bottom of lid



Stand the lid up in the multicooker base to keep it off your countertop! Insert the left or right lid fin into corresponding slot in the multicooker base handles to stand it up and save some space.

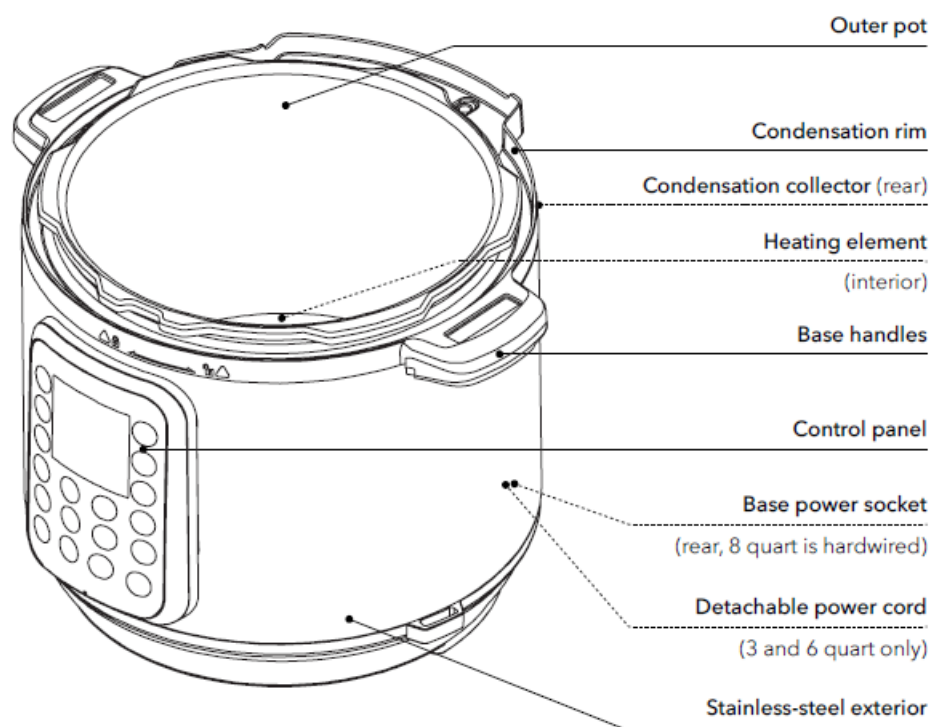
Illustrations in this document are for reference only and may differ from the actual product. Always refer to the actual product.

## Inner pot





## Multicooker base



Illustrations in this document are for reference only and may differ from the actual product. Always refer to the actual product.

## Get started

### Initial set up (It won't bite!)

You — yes, you — can do this!

"This is my invariable advice to people: Learn how to cook — try new recipes, learn from your mistakes, be fearless, and above all have fun!"

— Julia Child

01. Pull that Duo out of the box!

02. Remove the packaging material and accessories from in and around the multicooker.

Make sure to check under the inner pot!

03. Wash the inner pot in a dishwasher or with hot water and dish soap. Rinse it well with warm, clear water and use a soft cloth to thoroughly dry the outside of the inner pot.

04. Wipe the heating element with a soft, dry cloth to make sure there are no stray packaging particles left in the multicooker base.

Don't remove the safety warning stickers from the lid or the rating label from the back of the multicooker base.

05. You may be tempted to put the Duo on your stovetop — but don't do it!

Place the multicooker base on a stable, level surface, away from combustible material and external heat sources.

### Is something missing or damaged?

Get in touch with a Customer Care Advisor through our chat widget at [instantpot.com/#chat](https://instantpot.com/#chat), by email at [support@instantpot.com](mailto:support@instantpot.com) or by phone at 1-800-828-7280 and we'll happily make some magic happen for you!

### Feeling keen?

- Check out Product, parts and accessories to get to know your Instant Pot's components, then read over

Pressure control features for an in-depth look.

- While you're doing the Initial test run (water test), read over Pressure cooking 101 to find out how the magic happens!

## **WARNING**

- Read the Important safeguards before using the appliance. Failure to read and follow those instructions for safe use may result in damage to the appliance, property damage or personal injury.
- Do not place the appliance on a stovetop or upon another appliance. Heat from an external source will damage the appliance.
- Do not place anything on top of the appliance, and do not cover or block the steam release handle or anti-block shield, located on the appliance lid.

## **Initial test run (water test)**

Do you have to do the water test? No — but getting to know the ins and outs of your Duo prepares you for success in the kitchen! Take a few minutes to get to know how this baby works.

## **Stage 1: Setting up the Duo for pressure cooking**

01. Remove the inner pot from the multicooker base and add 3 cups (750 mL / ~25 oz) of water to the inner pot, then place it back into the multicooker base.

02. 3 and 6 Qt models: Secure the power cord to the base power socket on the back of the multicooker base. Make sure the connection is tight.

All models: Connect the power cord to a 120 V power source.

The display shows OFF.

03. Place and close the lid as described in Pressure control features: Pressure cooking lid.

04. Turn the steam release handle to the Sealing position.

## **Stage 2: “Cooking” (...hot water à la king, anyone?)**

01. Select Pressure Cook.

02. Use the – / + buttons to adjust the cooking time to 5 minutes (00:05).

Adjustments are saved when a Smart Program starts, so the next time you use Pressure Cook, it will default to 5 minutes.

03. Press Keep Warm to turn the automatic Keep Warm setting off.

04. The multicooker beeps after 10 seconds and the display shows On.

While the multicooker does its thing, read Pressure cooking 101 on the next page to find out how the magic happens.

05. When the Smart Program finishes, the display shows End.

## **Stage 3: Releasing pressure**

01. Follow instructions for a Quick Release in Releasing pressure: Venting methods.

02. Wait for the float valve to drop, then carefully open and remove the lid as described in Pressure control features: Pressure cooking lid.

03. Using proper hand protection, remove the inner pot from the multicooker base, discard the water and thoroughly dry the inner pot.

That's it! You're good to go

## CAUTION

Pressurized steam releases through the top of the steam release handle. Keep exposed skin away from the steam release handle.

## DANGER

DO NOT attempt to remove the lid while the float valve is up and NEVER attempt to force the lid open. Contents are under extreme pressure. Float valve must be down before attempting to remove the lid. Failure to follow these instructions may result in serious personal injury and/or property damage.

## CAUTION

The inner pot will be hot after cooking. Always use appropriate heat protection when handling a hot inner pot.

## Pressure cooking 101

Pressure cooking uses steam to raise the boiling point of water above 100°C / 212°F. These high temperatures allow you to cook food way faster than normal.

### Behind the magic curtain

When pressure cooking, the Instant Pot goes through 3 stages.

### Pre-heating

What you see	What you don't see	Tips
The display shows On.	While the multicooker preheats, it vaporizes liquid to create steam. Once enough steam has built up, the float valve pops up and locks the lid in place.	The time it takes the multicooker to pressurize depends on things like food and liquid temperature and volume. Frozen foods have the longest preheating time. For the fastest results, thaw your food before cooking it. No need to hang around during this stage — trust that IP magic!

### Cooking

What you see	What you don't see	Tips
The float valve bobs up and down from all the steam, then pops up and stays flush with the lid. The display switches to the cooking countdown timer.	When it reaches the required pressure level, cooking begins. The Instant Pot automatically maintains the cooking pressure at High or Low pressure.	A higher pressure means a higher temperature. Smart Program settings (e.g., cooking time, pressure level, etc.) can be adjusted at any time during cooking.

### Releasing pressure

What you see	What you don't see	Tips
<p>If Keep Warm is on after cooking, the timer counts up from 00:00.</p> <p>If not, the multicooker goes back to standby and the display shows End.</p> <p>The float valve is still popped up.</p>	<p>Although food has finished cooking, the multicooker is still pressurized and hot, which is why the float valve is up. Releasing pressure lowers the temperature inside the multicooker, which allows you to safely remove the lid once the float valve drops.</p>	<p>See Releasing pressure for information on safe venting techniques and what they're used for.</p> <p>Follow your recipe instructions to choose the best venting method for your meal.</p> <p>The Instant Pot cools faster if Keep Warm is turned off.</p>

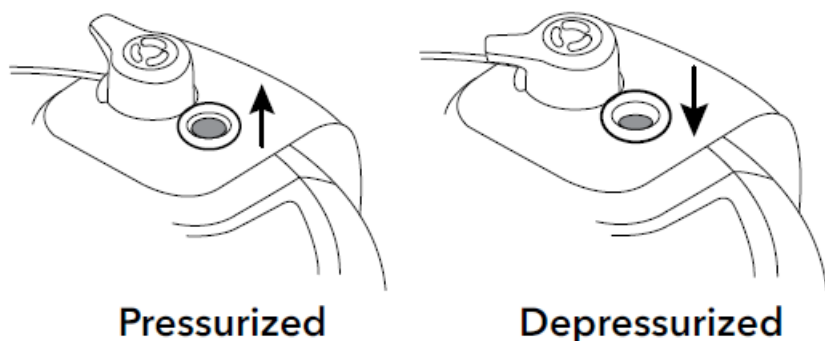
## Releasing pressure

You must release pressure after pressure cooking before attempting to open the lid.

Follow your recipe's instructions to choose a venting method, and always wait until the float valve drops into the lid before opening.

## Venting methods

- Natural Release (NR or NPR)
- Quick Release (QR or QPR)
- Timed Natural Release



## WARNING


- Steam ejected from the steam release handle is hot.
- DO NOT place hands, face, or any exposed skin over the steam release handle when releasing pressure.
- DO NOT cover the steam release handle.

## DANGER

DO NOT attempt to remove the lid while the float valve is up and NEVER attempt to force the lid open. Contents are under extreme pressure. Float valve must be down before attempting to remove the lid. Failure to follow these instructions may result in serious personal injury and/or property damage.

## Natural Release (NR or NPR)

Cooking stops gradually. As the temperature within the multicooker drops, the Instant Pot depressurizes naturally over time.

What to do	What to expect
<p>After cooking finishes, leave the steam release handle in the Sealing position until all pressure is released.</p>  <p><b>Sealing position</b></p>	<p>Your meal continues to cook even after the Smart Program ends.</p> <p>This is called “carryover cooking” or “resting”, and it’s great for large cuts of meat.</p> <p>The depressurization time may vary based upon the volume, type and temperature of food and liquid. It can take up to 40 minutes with some dishes, so plan ahead — it’s well worth the wait!</p> <p>When pressure has been fully released, the float valve drops into the lid.</p>

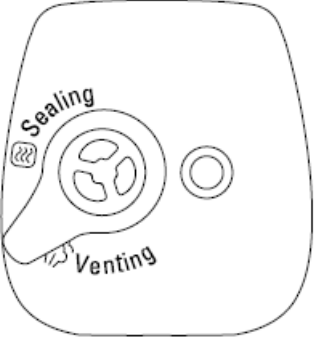
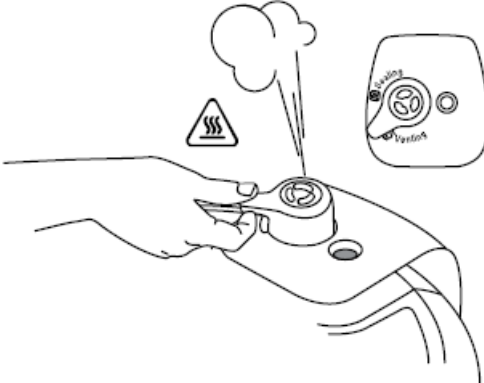
## NOTICE

Use NR to depressurize the multicooker after cooking high-starch foods (e.g., soups, stews, chilis, pasta, oatmeal and congee) or after cooking foods that expand when cooked (e.g., beans and grains).

## Releasing pressure

Quick Release (QR or QPR)

Stops cooking quickly and prevents overcooking. Perfect for quick-cooking vegetables and delicate seafood!

What to do	What to expect
<p>Carefully, quickly and confidently, turn the steam release handle to Venting and wait for all pressure inside the multicooker to release.</p>  <p><b>Venting position</b></p>	<p>A jet of steam ejects through the top of the steam release handle.</p> <p>This is normal!</p> <p>When pressure has been fully released, the float valve drops into the lid.</p> 

## Timed natural release

The carryover cooking continues for a specific amount of time, then stops quickly when you release the remaining pressure. Perfect for finishing rice and grains.

What to do	What to expect
Leave the steam release handle in the Sealing position for a while (according to your recipe) then turn it to Venting and wait for all pressure inside the multicooker to release.	A jet of steam ejects through the top of the steam release handle. The temperature within the multicooker drops, so the steam release may not be as powerful as a normal QR. When pressure has been fully released, the float valve drops into the lid.

If there is substantial spatter while venting, turn the steam release handle back to Sealing. Wait a few minutes before trying to release pressure again. If spatter continues, use NR to safely release the remaining pressure.

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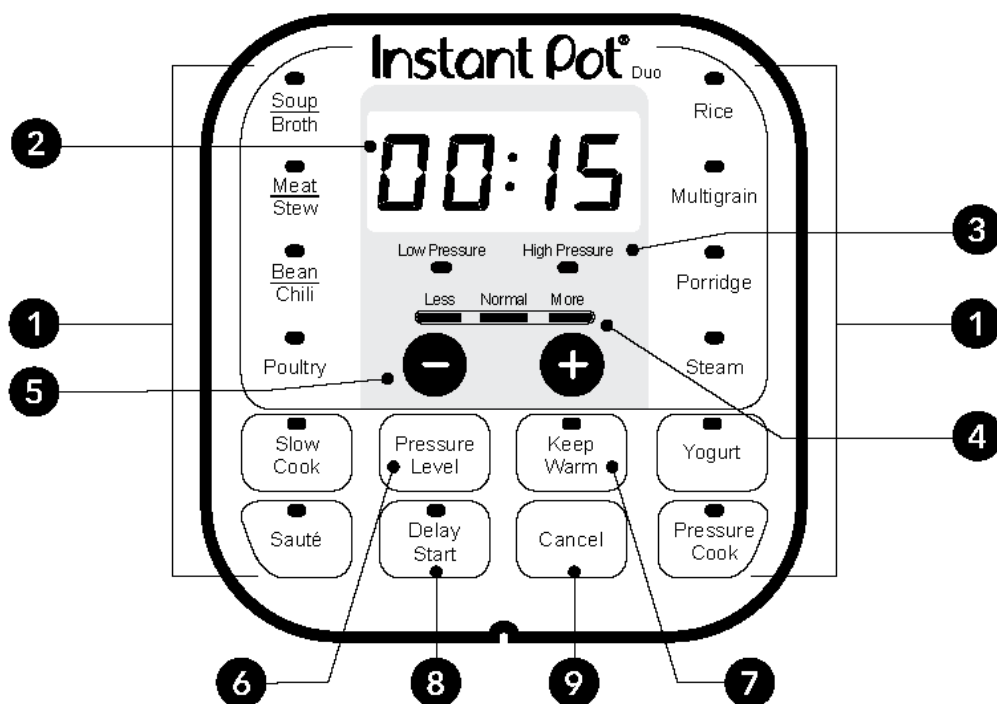
#### **CAUTION**

Steam ejected from the steam release handle is hot. DO NOT place hands, face, or any exposed skin over the steam release handle when releasing pressure.

#### **NOTICE**


Do not use QR when cooking fatty, oily, thick or high-starch foods (e.g., stews, chilis, pasta and congee) or when cooking foods that expand when cooked (e.g., beans and grains).

### **Control panel**





		<b>Pressure cooking</b> <ul style="list-style-type: none"> <li>• Soup/Broth</li> <li>• Meat/Stew</li> <li>• Bean/Chili</li> <li>• Poultry</li> <li>• Rice</li> <li>• Multigrain</li> <li>• Porridge</li> <li>• Steam</li> <li>• Pressure Cook</li> </ul>	<b>Non-pressure cooking</b> <ul style="list-style-type: none"> <li>• Slow Cook</li> <li>• Sauté</li> <li>• Yogurt</li> <li>• Keep Warm</li> </ul>
1	<b>Smart Programs</b>		
2	<b>Time display</b>	Shows the time in HH:MM format. Counts up or down, depending on the Smart Program.	
3	<b>Pressure fields</b>	LEDs show if the multicooker is using Low or High pressure during pressure cooking.	
4	<b>Less / Normal / More</b>	Preset cooking time or temperature levels, depending on the Smart Program.	
5	<b>- / + buttons</b>	Adjust time for cooking, Delay Start and Keep Warm.	
6	<b>Pressure level</b>	Toggle between Low Pressure and High Pressure.	
7	<b>Keep Warm</b>	Turns the Keep Warm setting on or off.	
8	<b>Delay Start</b>	Delay the start of cooking.	
9	<b>Cancel</b>	Stop a Smart Program at any time.	


## Settings

Setting	Description
Turn sound on	When in standby, press and hold the <b>+</b> button until the display shows <b>S On</b> .
Turn sound off.	<p>When in standby, press and hold the <b>–</b> button until the display shows <b>SOFF</b>.</p> <p> Audible safety and error message alerts cannot be turned off.</p>
Adjust and save custom cooking times and temperatures.	<p>Once a Smart Program is selected, changes to the cooking time, temperature and pressure level are saved once the Smart Program begins.</p> <p>See <b>Cooking</b> for details.</p>
Reheat or warm for long periods.	<p>Keep Warm can be used for up to a maximum of <b>10</b> hours (<b>10:00</b>).</p> <p><b>01</b> When in standby, press <b>Keep Warm</b>.</p> <p><b>02</b> Press <b>Keep Warm</b> again to cycle through <b>Less</b>, <b>Normal</b> and <b>More</b> warming temperature levels.</p> <p><b>03</b> Use the <b>– / +</b> buttons to set a warming timer.</p> <p><b>04</b> Keep Warm begins automatically after 10 seconds.</p> <p>When cooking thick or starchy foods, heat may not dissipate evenly. To ensure food safety, stir the contents of thicker dishes every 40 to 60 minutes.</p> <p>When Keep Warm completes, the display shows <b>End</b>.</p>



Setting	Description
Set a Delay Start timer.	<p>Delay Start can be set from between <b>10</b> minutes (<b>00:10</b>) and <b>24</b> hours (<b>24:00</b>).</p> <p><b>01</b> Select a Smart Program and tweak it as needed, then press <b>Delay Start</b>.</p> <p> Once pressed, there is no way to go back to the Smart Program settings. You'll have to press <b>Cancel</b> and start again.</p> <p><b>02</b> When the <b>hours</b> field flashes, use the <b>- / +</b> buttons to adjust the hours.</p> <p><b>03</b> Press <b>Delay Start</b> again to toggle to the <b>minutes</b> field and use the <b>- / +</b> buttons to adjust the minutes.</p> <p><b>04</b> The Delay Start timer starts automatically after 10 seconds.</p> <p>When Delay Start ends, the Smart Program begins and the display shows <b>On</b>.</p> <p> Delay Start is not available with the Sauté or Yogurt Smart Programs.</p>
Reset an individual smart program.	<p>When in standby, press and hold <b>one</b> Smart Program button until the multicooker returns to Standby and displays <b>OFF</b>.</p> <p>The Smart Program's pressure level, cooking time and temperature are restored to the factory default setting.</p>
Reset all smart programs.	<p>When in standby, press and hold <b>Cancel</b> until the multicooker beeps.</p> <p>All Smart Program pressure levels, cooking times and temperatures are restored to the factory default setting.</p>

## Status messages

OFF	The Instant Pot is in standby mode, ready for action!
Lid	May indicate that the lid is missing or is not properly secured.
On	The multicooker is pre-heating.
Auto	The Rice Smart Program is running.
boil	The Yogurt Smart Program is in the process of pasteurizing milk (i.e., the Yogurt Smart Program is set to More).
Hot	<p>The inner pot has reached the perfect temperature and is ready to start cooking your food.</p> <p> Only applies to Sauté.</p>
00:00	<p>Display shows one of the following:</p> <ul style="list-style-type: none"> <li>When <b>Delay Start</b> is running, the multicooker <b>counts down</b> until the Smart Program begins;</li> <li>When a <b>Smart Program</b> is running, the multicooker <b>counts down</b> the remaining cooking time;</li> <li>When <b>Keep Warm</b> is running, the multicooker <b>counts</b> the length of time that food has been warming.</li> </ul>
End	The Smart Program has finished and Keep Warm is off.
Food burn	The multicooker is overheating due to insufficient liquid. See <b>Troubleshooting</b> for more information.

Do you see something else? See Troubleshooting for more information.

### Pressure control features (Your little bag of tricks!)

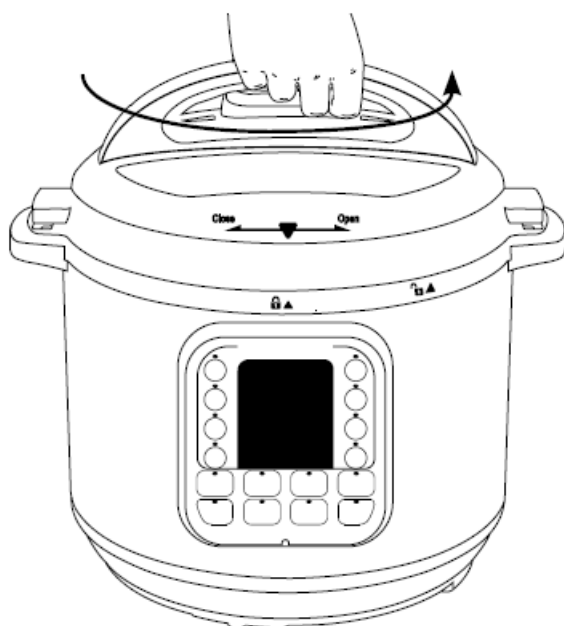
See Care, cleaning and storage for installation and removal of parts.

#### Pressure cooking lid

What we love about it	What you should know about it
<p>The lid was designed with lid fins that fit perfectly inside the handles on the left and right sides of the multicooker base to help keep your countertop dry!</p> <p>When the Instant Pot is plugged in it plays a little jingle when you open and close the lid.</p>	<p>The lid is removable during non-pressure cooking so you can taste-test as you go.</p> <p>When you're pressure cooking, the lid only locks into place once the multicooker has pressurized. Try not to remove the lid unnecessarily!</p>

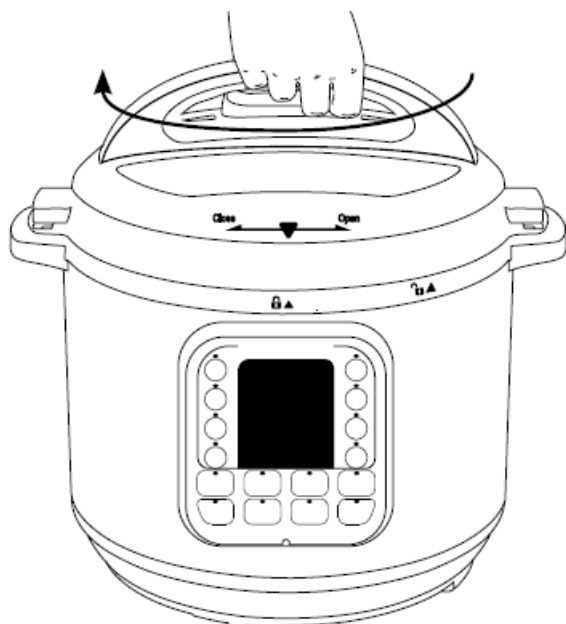
## Removing the lid

01. Grip the lid handle and turn it counterclockwise to align the symbol on the lid ▼ with the symbol on the rim of the multicooker base 🔓▲.
02. Lift the lid up and off the multicooker base towards your body.



## Closing the lid

01. Align the symbol on the lid ▼ with the symbol on the multicooker base 🔓▲, then lower the lid onto the track.
02. Turn the lid clockwise until the symbol on the lid ▼ aligns with the symbol on the multicooker base 🔒▲.



Illustrations in this document are for reference only and may differ from the actual product. Always refer to the actual product.

**WARNING**



Only use a compatible Instant Pot Duo lid with the Instant Pot Duo multicooker base. Using any other pressure cooker lids may cause injury and/or damage.

**CAUTION**

Always check the lid for damage and excessive wear prior to cooking.

**Steam release handle**

The steam release handle controls the steam, venting it from the top of the steam release handle, or sealing it inside the Instant Pot.

What we love about it	What you should know about it
<p>It's easy to tell when the handle is in the Sealing or Venting position.</p> <div>  <p><b>Sealing</b> position</p>  <p><b>Venting</b> position</p> </div>	<p>The steam release handle sits loosely on the steam release pipe to pivot easily while under pressure, so it may feel a bit wobbly. This is normal!</p>

The steam release handle is integral to product safety and necessary for pressure cooking. It should be installed

before use and cleaned regularly.

See Releasing pressure for safe venting methods and information on pressurization and depressurization.

### **WARNING**

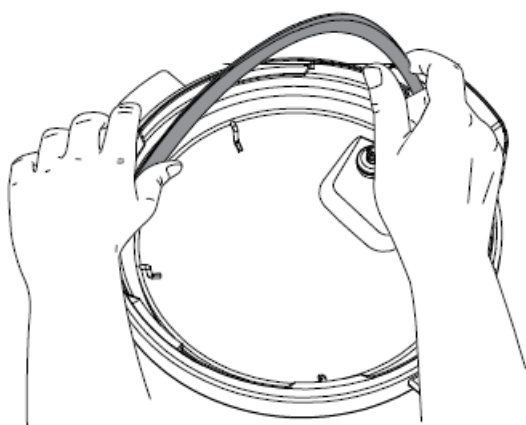
Do not cover or block the steam release handle in any way.

### **Sealing ring**

When the pressure cooking lid is closed, the sealing ring creates an air-tight seal between the lid and the inner pot.

The sealing ring must be installed before using the multicooker.

Only one sealing ring should be installed in the lid at a time.



Silicone is porous, so it absorbs strong aromas and certain flavors. Keep extra sealing rings on hand to limit the transfer of aromas and flavors between dishes.

### **CAUTION**

Only use authorized Instant Pot sealing rings. DO NOT use a stretched or damaged sealing ring.

- Always check for cuts, deformation and correct installation of the sealing ring before cooking.
- Sealing rings stretch over time with normal use. The sealing ring should be replaced every 12–18 months or sooner if you notice stretching, deformation, or damage.

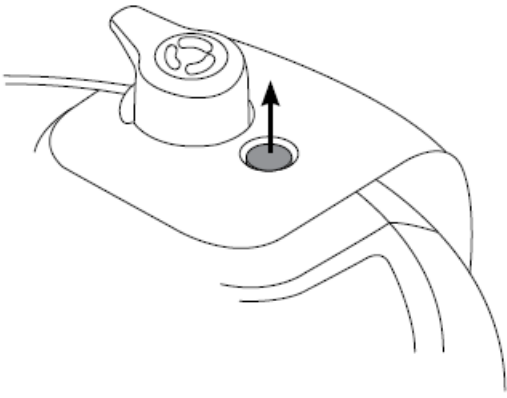
Failure to follow these instructions may cause food to discharge, which may lead to personal injury or property damage.

### **Float valve**

The float valve is a visual indication of whether there is pressure in the multicooker (pressurized) or not (depressurized). It appears in two positions:

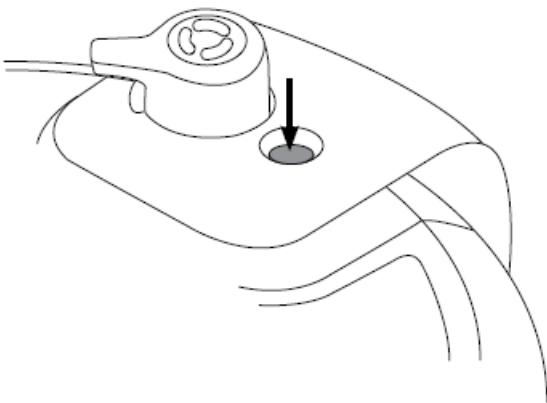
#### **Pressurized**

The float valve has visibly popped up and is flush with the lid.



### **Depressurized**

The float valve has descended into the lid.



The float valve and silicone cap work together to seal in pressurized steam. These parts must be installed before use. Do not attempt to operate the Instant Pot without the float valve properly installed. Do not touch the float valve during use.

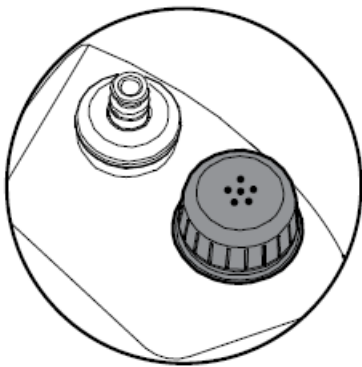
### **DANGER**

DO NOT attempt to remove the lid while the float valve is up and NEVER attempt to force the lid open. Contents are under extreme pressure. Float valve must be down before attempting to remove the lid. Failure to follow these instructions may result in serious personal injury and/or property damage.

### **Anti-block shield**

The anti-block shield prevents food particles from coming up through the steam release pipe, assisting with pressure regulation.

The anti-block shield is integral to product safety and necessary for pressure cooking.



Illustrations in this document are for reference only and may differ from the actual product.  
Always refer to the actual product.

## Pressure Cooking

Whether you're a whiz in the kitchen or a complete newbie, these Smart Programs help get you cooking with the touch of a button.

- Soup/Broth
- Meat/Stew
- Bean/Chili
- Poultry\*
- Rice
- Multigrain\*
- Porridge
- Steam
- Pressure Cook



\*Not available on 3 Quart model.  
Use Pressure Cook instead.

Using pressurized steam guarantees your dish is cooked evenly and deeply, for the delicious results you expect every time.

Pressure level	Suggested use	Notes
Low Pressure 5.8 – 7.2 psi (35–55 kPa)	Fish and seafood, soft vegetables and rice.	The pressure level controls the temperature, so a higher pressure results in a higher cooking temperature.
High Pressure 10.2 – 11.6 psi (65–85 kPa)	Eggs, meat, poultry, root vegetables, oats, beans, grains, bone broth, stew, chili.	

### CAUTION

To avoid scorching or scalding injury, be cautious when cooking with more than 1/4 cup (60 mL / ~2 oz) oil, oil-based sauces, condensed cream-based soups, and thick sauces. Add suitable liquid to thin sauces. Avoid recipes that call for more than 1/4 cup (60 mL / ~2 oz) of oil or fat content.

### WARNING

- Always cook with the inner pot in place. Food must be placed in the inner pot. DO NOT pour food or liquid into the multicooker base.
- To avoid risk of personal injury and/or property damage, place food and liquid ingredients in the inner pot, then insert the inner pot into the multicooker base.
- Do not fill inner pot higher than the PC MAX — 2/3 (Pressure Cooking Maximum) line as indicated on the inner pot.
- When cooking foods that foam or froth (e.g., applesauce, cranberries or split peas) or expand (e.g., oats, rice, beans, pasta) do not fill the inner pot higher than the — 1/2 line as indicated on the inner pot.

### CAUTION

Always inspect the lid and inner pot carefully to make sure they are clean and in good working condition before use.

- To avoid personal injury or damage to the appliance, replace the inner pot if it is dented, deformed or damaged.
- Use only authorized Instant Pot inner pots made for this model when cooking. Always make sure the inner pot and heating element are clean and dry before inserting the inner pot into the multicooker base.

Failure to follow these instructions may damage the multicooker. Replace damaged parts to make sure safe function.

To create steam, pressure cooking liquids should be water-based, such as broth, stock, soup or juice. If using canned, condensed or cream-based soup, add water as directed below.



Instant pot size	Minimum liquid for pressure cooking
2.8 Litres / 3 Quarts	1 cup (250 mL / ~8 oz)
5.7 Litres / 6 Quarts	1½ cup (375 mL / ~12 oz)
7.6 Litres / 8 Quarts	2 cups (500 mL / ~16 oz)

\*Unless otherwise specified by your recipe.

## Jump start magic!

### Stage 1: Setting up the Duo for pressure cooking

01. Remove the inner pot from the multicooker base.

Add food and liquid ingredients to the inner pot, as directed by your recipe.

Use the steam rack to keep foods out of the cooking liquid. This helps to distribute heat, prevents nutrients from leeching into the cooking liquid, and, stops food items from sticking to the bottom of the inner pot.

Insert the inner pot back into the multicooker base.

02. 3 and 6 Qt models: Secure the power cord to the base power socket on the back of the multicooker base.

Make sure the connection is tight.

All models: Connect the power cord to a 120 V power source.

The display shows OFF.

03. Place and close the lid as described in Pressure control features: pressure cooking lid.

04. Turn the steam release handle to the Sealing position.

### Stage 2: Pressure cooking

01. Select the Smart Program you want to use.

02. Press the same Smart Program button again to cycle through the preset time options in Less, Normal and More.

03. Use the – / + buttons to adjust the cooking time.

Adjustments are saved to the Smart Program when cooking begins.

04. Press Pressure Level to toggle between Low Pressure and High Pressure.

05. Leave the automatic Keep Warm setting on, or press Keep Warm to turn it off.

06. The multicooker beeps after 10 seconds, and the display shows On as the multicooker preheats.

07. When the Smart Program finishes, follow your recipe's directions to select the appropriate venting method.

See Releasing pressure: Venting methods for safe venting techniques.

## DANGER

DO NOT attempt to remove the lid while the float valve is up and NEVER attempt to force the lid open. Contents are under extreme pressure. Float valve must be down before attempting to remove the lid. Failure to follow these instructions may result in serious personal injury and/or property damage.

### Smart program breakdown

Smart Programs		Settings and defaults		
Soup/Broth	Pressure	<b>Low</b> (35–55 kPa / 5–8 psi) <b>High</b> (65–85 kPa / 9.4–12.3 psi)		
	Setting	Less	Normal	More
	Default cooking time (adjustable)	20 minutes (00:20)	30 minutes (00:30)	4 hours (04:00)
	Cooking time range	1 minute to 4 hours (00:01–04:00)		
Meat/Stew	Pressure	<b>Low</b> (35–55 kPa / 5–8 psi) <b>High</b> (65–85 kPa / 9.4–12.3 psi)		
	Setting	Less	Normal	More
	Default cooking time (adjustable)	20 minutes (00:20)	35 minutes (00:35)	45 minutes (00:45)
	Cooking time range	1 minute to 4 hours (00:01–04:00)		
Bean/Chili	Pressure	<b>Low</b> (35–55 kPa / 5–8 psi) <b>High</b> (65–85 kPa / 9.4–12.3 psi)		
	Setting	Less	Normal	More
	Default cooking time (adjustable)	25 minutes (00:25)	30 minutes (00:30)	40 minutes (00:40)
	Cooking time range	1 minute to 4 hours (00:01–04:00)		
Poultry*	Pressure	<b>Low</b> (35–55 kPa / 5–8 psi) <b>High</b> (65–85 kPa / 9.4–12.3 psi)		
	Setting	Less	Normal	More
	Default cooking time (adjustable)	5 minutes (00:05)	15 minutes (00:15)	30 minutes (00:30)
	Cooking time range	1 minute to 4 hours (00:01–04:00)		
Rice	Pressure	<b>Low</b> (35–55 kPa / 5–8 psi) <b>High</b> (65–85 kPa / 9.4–12.3 psi)		
	Setting	Less	Normal	More
	Default cooking time (adjustable)	8 minutes (00:08)	12 minutes (00:12)	15 minutes (00:15)
	Cooking time range	The cook time adjusts automatically depending on the volume of rice: 8 to 15 minutes. Display shows <b>Auto</b> .		

Smart Programs		Settings and defaults		
Multigrain*	Pressure	<b>Low</b> (35–55 kPa / 5–8 psi) <b>High</b> (65–85 kPa / 9.4–12.3 psi)		
	Setting	Less	Normal	More
	Default cooking time (adjustable)	20 minutes (00:20)	40 minutes (00:40)	1 hour (01:00) + 45 minutes soaking time
	Cooking time range	1 minute to 4 hours (00:01–04:00)		
Porridge	Pressure	<b>Low</b> (35–55 kPa / 5–8 psi) <b>High</b> (65–85 kPa / 9.4–12.3 psi)		
	Setting	Less	Normal	More
	Default cooking time (adjustable)	5 minutes (00:05)	20 minutes (00:20)	30 minutes (00:30)
	Cooking time range	1 minute to 4 hours (00:01–04:00)		
Steam	Pressure	<b>Low</b> (35–55 kPa / 5–8 psi) <b>High</b> (65–85 kPa / 9.4–12.3 psi)		
	Setting	Less	Normal	More
	Default cooking time (adjustable)	3 minutes (00:03)	10 minutes (00:10)	15 minutes (00:15)
	Cooking time range	1 minute to 4 hours (00:01–04:00)		
Pressure Cook	Pressure	<b>Low</b> (35–55 kPa / 5–8 psi) <b>High</b> (65–85 kPa / 9.4–12.3 psi)		
	Setting	Less	Normal	More
	Default cooking time (adjustable)	20 minutes (00:20)	35 minutes (00:35)	45 minutes (00:45)
	Cooking time range	1 minute to 4 hours (00:01–04:00)		

\*Not available on Duo 3 Quart models. Use Pressure Cook instead.

#### Pressure cooking tips

Smart Program	Setting	What it's for	Tips
Soup/Broth	Less	Soup without meat.	Liquid remains clear due to lack of boiling motion.  Always use NR to release pressure when cooking soup with a high starch content.
	Normal	Soup with meat.	
	More	Rich bone broth.	
Meat/Stew	Less	Soft texture.	Choose setting based on meat texture desired, or adjust cook time manually.  Allow meat to "rest" for 5-30 minutes, depending on size. It will retain cooking juices for tender, succulent meat.
	Normal	Very soft texture.	
	More	Fall-off-the-bone texture.	
Bean/Chili	Less	Firmer texture.	Choose setting based on bean texture desired, or adjust cook time manually.  When cooking beans or legumes, always use NR to release pressure.  Make sure dry beans are completely submerged in water.
	Normal	Soft texture.	
	More	Very soft texture.	
Poultry*	Less	Soft texture.	Choose setting based on poultry texture desired or adjust cook time manually.  Allow poultry to "rest" for 5-30 minutes, depending on size. It will retain cooking juices for tender, succulent meat.
	Normal	Very soft texture.	
	More	Fall-off-the-bone texture.	
Rice	Less	Tender but firm to bite.	For cooking medium and long-grain white rice.  Depending on the volume of rice, cook time may range from 8-15 minutes.  Use a 10-minute Natural Release after cooking for perfect results.
	Normal	Normal texture white rice.	
	More	Softer texture white rice.	

Smart Program	Setting	What it's for	Tips
Multigrain*	Less	Brown rice, wild rice, black beans, chickpeas, etc.	Select <b>Less</b> or <b>Normal</b> based on type of grain and desired texture. More begins with 45 minutes of warm water soaking time prior to 60 minutes of pressure cooking.
	Normal	Brown rice, wild rice, mung beans, etc.	
	More	Tough grains or a mixture of grains and beans.	
Porridge	Less	Oatmeal—steel cut or rolled.	Adjust time as directed in recipe. Always use NR to release pressure when cooking foods that expand.
	Normal	White rice, porridge or congee.	
	More	Rice, porridge or congee with a mixture of various grains.	
Steam	Less	Vegetables.	Use steam rack provided to elevate food from cooking liquid. Use QR to release pressure to prevent food from overcooking.
	Normal	Fish and Seafood.	
	More	Meat.	
Pressure Cook	NA	Manual programming.	Press <b>Pressure Level</b> to toggle between <b>High</b> and <b>Low</b> pressure. Use – / + buttons to adjust cook time Adjust according to recipe or desired results.

\* Not available on 3 Quart model. Use Pressure Cook instead.

#### Pressure cooking grains

Check out the cooking timetables for guidance, or visit our recipe site for fun, easy-tofollow recipes with big crunch. You can also download the free Instant Pot app to search recipes, save favorites, make notes and more!

Rice and grain	Grain to water ratio
White or brown rice	1 cup : 1 cup
Quinoa	1 cup : 3/4 cup
Oatmeal	1 cup : 3 cups
Risotto	1 cup : 2 cups Add additional wine to taste
Porridge	1 cup : 10 cups

## CAUTION

When cooking meat, always use a meat thermometer to ensure the internal temperature reaches a safe minimum temperature. Refer to the USDA's Safe

Minimum Internal Temperature Chart or Health Canada's Cooking Temperatures Chart for more information.

US: <https://www.fsis.usda.gov/wps/portal/fsis/topics/food-safety-education/get-answers/food-safety-fact-sheets/safe-food-handling/safe-minimum-internaltemperature-chart>

Canada: <https://www.canada.ca/en/health-canada/services/general-food-safetytips/safe-internal-cooking-temperatures.html>

## Other cooking styles

The Duo is much more than a pressure cooker. These Smart Programs don't cook with pressure, but are just as easy to use.

- Slow Cook
- Sauté
- Yogurt



Always inspect your Instant Pot pressure cooking lid, inner pot and multicooker base carefully to make sure they are clean and in good working condition before use.

## WARNING

- Always cook with the inner pot in place. Food must be placed in the inner pot. DO NOT pour food or liquid into the multicooker base.
- To avoid risk of personal injury and/or property damage, place food and liquid ingredients in the inner pot, then insert the inner pot into the multicooker base.
- Do not fill inner pot higher than the PC MAX — 2/3 (Pressure Cooking Maximum) line as indicated on the inner

pot.

- When cooking foods that foam or froth (e.g., applesauce, cranberries or split peas) or expand (e.g., oats, rice, beans, pasta) do not fill the inner pot higher than the — 1/2 line as indicated on the inner pot.

## CAUTION

Always inspect the lid and inner pot carefully to make sure they are clean and in good working condition before use.

- To avoid personal injury or damage to the appliance, replace the inner pot if it is dented, deformed or damaged.
- Use only authorized Instant Pot inner pots made for this model when cooking. Always make sure the inner pot and heating element are clean and dry before inserting the inner pot into the multicooker base.

Failure to follow these instructions may damage the multicooker. Replace damaged parts to make sure safe function.

## Slow Cook

Slow Cook is compatible for use with any common slow cooker recipe, so you can keep cooking your classics!

The float valve should not rise during Slow Cook. The lid is removable throughout the cooking process for easy access. If the float valve rises, make sure the steam release handle is set to the Venting position. See to Pressure control features: Steam release handle.

Setting	Suggested Use	Notes
Less	Low setting on common slow cookers.	Less is commonly used for low and slow, all-day cooking, and should be set for a minimum of 10 hours (10:00) for best results. You can use a glass lid for slow cooking if it has a venting hole.
Normal	Medium setting on common slow cookers.	
More	High setting on common slow cookers.	

## Stage 1: Setting up the Duo for slow cooking

01. Remove the inner pot from the multicooker base.

Add food and liquid ingredients to the inner pot.

Insert the inner pot into the multicooker base.

02. 3 and 6 Qt models: Secure the power cord to the base power socket on the back of the multicooker base.

Make sure the connection is tight.

All models: Connect the power cord to a 120 V power source.

The display shows OFF.

03. Place and close the lid as described in Pressure control features: pressure cooking lid, or use a glass lid with a venting hole.

04. Turn the steam release handle to the Venting position.

## Stage 2: Slow cooking

01. Press Slow Cook.
  02. Press Slow Cook again to cycle through the preset temperature options in Less, Normal and More.
  03. Use the – / + buttons to adjust the cooking time.
- Cooking time and temperature level adjustments are saved to the Smart Program when cooking begins.
04. Leave the automatic Keep Warm setting on, or press Keep Warm to turn it off.
  05. After 10 seconds, cooking begins and the display timer counts down.
- When cooking completes, the display shows End if Keep Warm is turned off.
- If not, the timer begins counting from 00:00 up to 10 hours (10:00).

## Sauté

Sauté can be used in place of a frying pan, griddle or flat-top grill.

Setting	Suggested Use	Notes
Less	Simmering, thickening and reducing liquids.	The display switching from Hot to On indicates the multicooker is maintaining the cooking temperature. As a safety precaution, 30 minutes is the maximum cooking time.
Normal	Pan searing or sautéing.	
More	Stir-frying or browning meat.	

## Stage 1: Setting up the Duo for sautéing

01. Insert the inner pot into the multicooker base. Do not use a lid.
  02. 3 and 6 Qt models: Secure the power cord to the base power socket on the back of the multicooker base. Make sure the connection is tight.
  - All models: Connect the power cord to a 120 V power source.
  - The display shows OFF.
  03. Press Sauté.
  04. Press Sauté again to cycle through the preset temperature options in Less, Normal and More.
  05. Use the – / + buttons to adjust the cooking time.
- Cooking time and temperature level adjustments are saved to the Smart Program when cooking begins.
06. After 10 seconds, the multicooker displays On to indicate that it has begun heating.

## Stage 2: Sautéing

07. When the display switches from On to Hot, add ingredients as directed by your recipe.
- If recipe ingredients are added before the Hot message appears, it may not appear at all. This is normal!
08. If you finish sautéing before the timer runs out, press Cancel. Otherwise, when cooking finishes the display shows End.

Delay Start and Automatic Keep Warm are not available on the Sauté Smart Program.

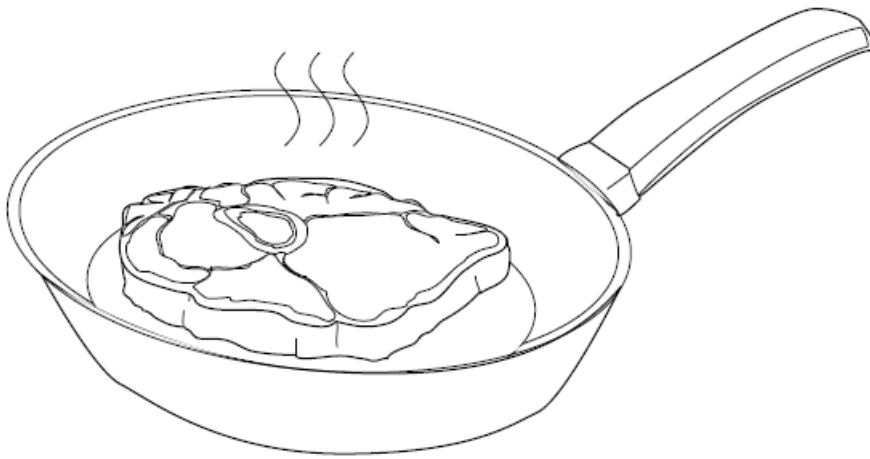
## Deglazing the inner pot (pressure cooking after sauté)

Sautéing meat and vegetables before pressure cooking is the perfect way to boost flavors, as sugars caramelize from the high heat of the Sauté Smart Program.

When pressure cooking after using Sauté, deglaze the inner pot to make sure food items do not scorch.

To deglaze: Remove food items from the inner pot and add a thin liquid (e.g., water, broth, wine) to the hot surface. Use a wooden or silicone scraper to loosen anything that may be stuck to the bottom of the inner pot.





**WARNING**

The Sauté Smart Program reaches high temperatures. If unmonitored, food may burn on this setting. Do not use the lid and do not leave your multicooker unattended while using Sauté.

**Yogurt**

Yogurt is designed to effortlessly produce delicious fermented dairy and non-dairy recipes.

Instant Pot Size	Minimum Milk Volume	Maximum Milk Volume
2.8 Litres / 3 Quarts	2 cups (500 mL / ~16 oz)	2 quarts (1.9 L / ~64 oz)
5.7 Litres / 6 Quarts	4 cups (1000 mL / ~32 oz)	4 quarts (3.8 L / ~128 oz)
7.6 Litres / 8 Quarts	6 cups (1500 mL / ~48 oz)	6 quarts (5.8 L / ~192 oz)

Setting	Suggested Use	Notes
Less	For lower temperature fermentation (e.g., Jiu Niang, a sweet fermented glutinous rice dessert).	Default fermentation time is 24 hours (24:00). Adjust fermentation time based on recipe.
Normal	Fermenting milk after culture has been added.	A longer fermentation will result in tangier yogurt. Adjust as desired up to 99 hours and 30 minutes (99:30).
More	Pasteurizing milk.	Pasteurization time is preset and cannot be adjusted. Display shows boiL while pasteurization is running. For extra thick yogurt, pasteurize milk twice!

### Stage 1: Pasteurize milk

01. Remove the inner pot from the multicooker base.
02. Add unpasteurized milk to the inner pot then insert the inner pot into the multicooker base.
03. 3 and 6 Qt models: Secure the power cord to the base power socket on the back of the multicooker base. Make sure the connection is tight.
- All models: Connect the power cord to a 120 V power source.
- The display shows OFF.
04. Place and close the lid as described in Pressure control features: pressure cooking lid.
05. Turn the steam release handle to the Venting position.
06. Press Yogurt.
- 07 Press Yogurt again and cycle to More.
- The display shows boiL.
08. After 10 seconds the multicooker begins heating.
09. When pasteurization finishes, the display shows End.
- Remove the lid and use a thermometer to check the temperature.
- Milk must reach a minimum of 72°C (161°F) for pasteurization to occur.

### Stage 2: Add starter culture

01. Allow pasteurized milk to cool to just below 43°C (110°F).
02. Add a starter culture to the milk according to package instructions.
- If using plain yogurt as a starter, make sure that it contains an active culture.
- Mix in 30 mL (2 tbsp) of yogurt per 3.7 L (1 gallon) of milk, or follow a trusted recipe.
03. Place and close the lid as described in Pressure control features: pressure cooking lid.

### Stage 3: Ferment yogurt

01. Press Yogurt.
02. Press Yogurt again and cycle to Normal. The display shows 8 hours (08:00).
03. Use the – / + buttons to adjust the fermentation time if desired.
- A longer fermentation period will give you tangier yogurt.
- 04 After 10 seconds the multicooker begins heating. The display timer counts up to the set time from 00:00.
05. When fermentation completes, the multicooker beeps and displays End.

Allow the yogurt to cool, then place in in your fridge for 12 to 24 hours to allow the flavors to develop!

**Using yogurt cups**

Yogurt cups are a convenient way to portion out yogurt servings.

- 01. After adding the starter culture to your pasteurized milk, carefully pour the milk into your yogurt cups and seal them tightly.
- 02. Clean the inner pot thoroughly and place the steam rack on the bottom of the inner pot.
- 03. Place the sealed yogurt cups on the steam rack and add water to the inner pot until the cups are submerged halfway.
- 04. Follow the steps in Stage 3: Ferment Yogurt.

**Care, cleaning and storage**

Clean your Duo and its parts after each use. Failure to follow these cleaning instructions may result in catastrophic failure, which may lead to property damage and/or severe personal injury.  
Always unplug your multicooker and let it cool to room temperature before cleaning.  
Never use metal scouring pads, abrasive powders or harsh chemical detergents on any of the Instant Pot’s parts or accessories.

Let all surfaces dry thoroughly before use, and before storage.

Parts	Cleaning methods and instruction
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<p>Accessories</p> <ul style="list-style-type: none"> <li>• Steam rack</li> </ul>	<p>Dishwasher safe if placed on the top rack.</p>
<p>Lid and parts</p> <ul style="list-style-type: none"> <li>• Condensation collector</li> <li>• Anti-block shield</li> <li>• Sealing ring</li> <li>• Steam release handle</li> <li>• Float valve</li> <li>• Silicone cap</li> </ul>	<p>Dishwasher safe if placed on the top rack. Remove all the parts from the lid before cleaning. See Care, cleaning and storage: Removing and installing parts.</p> <ul style="list-style-type: none"> <li>• Check the condensation collector after each use and empty as needed. Do not allow food or moisture to stagnate in the condensation collector.</li> <li>• With steam release handle and anti-block shield removed, clean the interior of the steam release pipe to prevent clogging.</li> <li>• To drain water from the lid after dishwashing, grasp the lid handle and hold the lid vertically over a sink, then turn it 360°— such as turning a steering wheel.</li> <li>• After cleaning, store the lid upside down on the multicooker base.</li> <li>• Store sealing rings in a well-ventilated area to decrease residual odor of flavorful meals. To eliminate odors, add 1 cup (8 oz / 250 mL) water and 1 cup (8 oz / 250 mL) white vinegar to inner pot, and run Pressure Cook for 5–10 minutes, then Quick Release pressure.</li> </ul>
<p>Inner pot</p>	<p>Dishwasher safe.</p> <ul style="list-style-type: none"> <li>• More acute hard water staining may require a vinegar-dampened sponge and some scrubbing to remove.</li> <li>• If there is tough or burned food residue at the bottom, soak in hot water for a few hours for easy cleaning.</li> <li>• Make sure all exterior surfaces are dry before placing in multicooker base.</li> </ul>
<p>Power cord (8 Quart only) Detachable power cord (3 and 6 Quart only)</p>	<p>Hand wash only. Do not machine wash.</p> <ul style="list-style-type: none"> <li>• Use a barely damp cloth to wipe any particles off the cord.</li> </ul>
<p>Multicooker base</p>	<p>Hand wash only. Do not dishwash.</p> <ul style="list-style-type: none"> <li>• Wipe the inside of the outer pot as well as the condensation rim with a barely damp cloth. Allow them to dry completely before inserting inner pot.</li> <li>• Clean multicooker base and control panel with a soft, barely damp cloth or sponge.</li> </ul>

Some discoloration may occur after machine washing, but this will not affect the cooker's safety or performance.

## **WARNING**

The Instant Pot multicooker base contains electrical components. To avoid fire, electric leakage or personal injury, make sure the multicooker base stays dry.

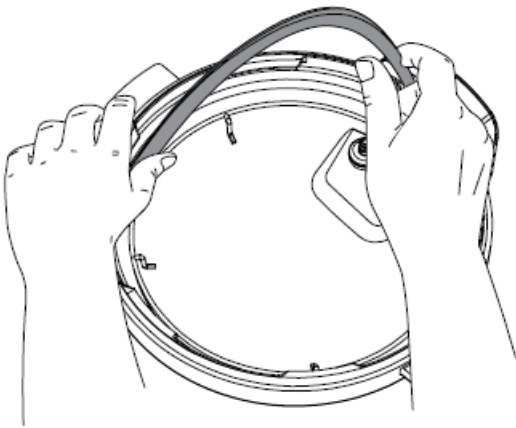
- DO NOT immerse the multicooker base in water or other liquid, or attempt to cycle it through the dishwasher.
- DO NOT rinse the heating element.
- DO NOT submerge or rinse the power cord or the plug.

## **Removing and installing parts**

### **Silicone sealing ring**

#### **Remove the sealing ring**

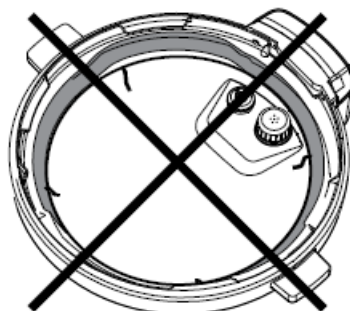
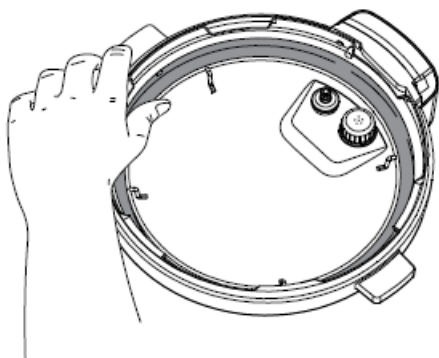
Grip the edge of the silicone and pull the sealing ring out from behind the circular stainless steel-sealing ring rack. With the sealing ring removed, inspect the steel rack to make sure it is secured, centered, and at an even height all the way around the lid. Do not attempt to repair a deformed sealing ring rack.



Illustrations in this document are for reference only and may differ from the actual product. Always refer to the actual product.

#### **Install the sealing ring**

Place the sealing ring over the sealing ring rack and press it into place. Press down firmly to prevent puckering. When installed properly, the sealing ring is snug behind sealing ring rack and should not fall out when the lid is turned over.



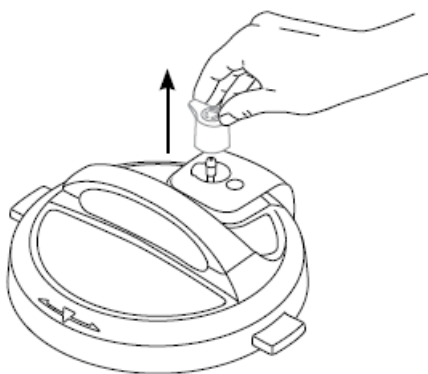
Incorrect

### Steam release handle

#### Remove the steam release handle

Pull the steam release handle up and off the steam release pipe.

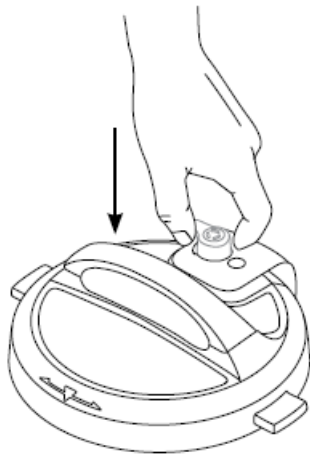
The steam release handle must be installed before using the multicooker.



#### Install the steam release handle

Place the steam release handle on the steam release pipe and press down firmly.

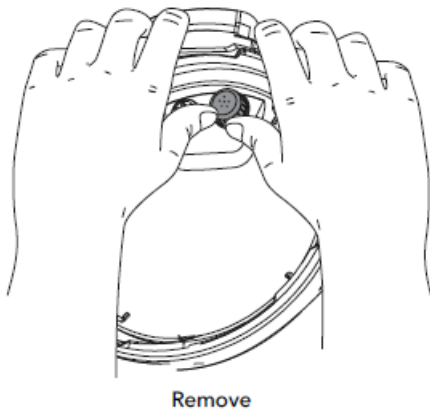
The steam release handle sits loosely on the steam release pipe when installed properly but should remain in place when the lid is turned over.



### Anti-block shield

#### Remove the anti-block shield

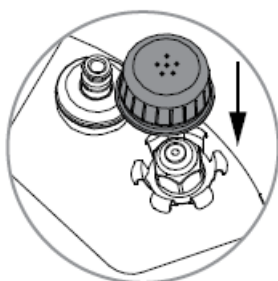
Grip the lid like a steering wheel and use your thumbs to press firmly against the side of the anti-block shield (pressing towards the side of the lid and up) until it pops off the prongs underneath.



Remove

#### Install the anti-block shield

Place the anti-block shield over the prongs and press down until it snaps into position. Do not attempt to operate the pressure cooker without the anti-block shield installed.



Install

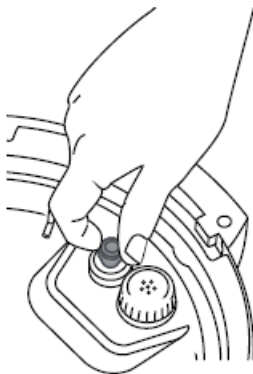
Illustrations in this document are for reference only and may differ from the actual product. Always refer to the actual product.

### Float valve and silicone cap

### **Remove the float valve**

Place one finger on the flat top of float valve, then turn the lid over. Detach the silicone cap from the bottom side of the float valve. Remove the float valve from the top of the lid.

Do not discard the float valve or silicone cap.

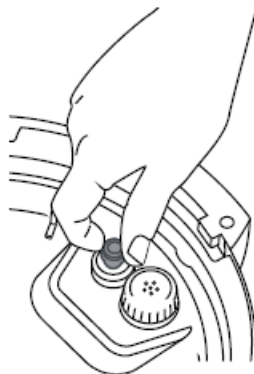


Top of lid

### **Install the float valve**

Drop the narrow end of the float valve into the float valve hole on the top of the lid. Place one finger on the flat top of the float valve, then turn the lid over. Firmly attach the silicone cap to the bottom of the float valve.

Do not attempt to operate the pressure cooker without the float valve and/or silicone cap properly installed in the pressure cooking lid.



Bottom of lid

### **Condensation collector**

The condensation collector sits at the back of the multicooker base and catches any overflow from the condensation rim.

It should be installed before cooking, then emptied and rinsed out after each use.

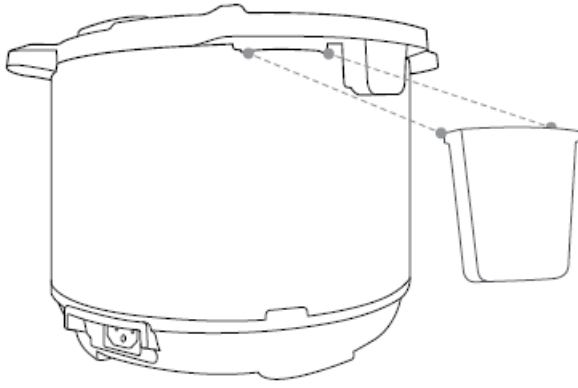
### **Remove the condensation collector**

Pull the condensation collector away from the multicooker base; do not pull down. Note the tabs on the multicooker base and the grooves on the condensation collector.

### **Install the condensation collector**

Align the grooves on the condensation collector over the tabs on the back of the multicooker base and slide the condensation collector into place.





Illustrations in this document are for reference only and may differ from the actual product. Always refer to the actual product.

## **Troubleshooting**

Register your Instant Pot today!

If your problem persists or if you have questions, get in touch with a Customer Care Advisor through our chat widget at [instantpot.com/#chat](https://instantpot.com/#chat), by email at [support@instantpot.com](mailto:support@instantpot.com) or by phone at 1-800-828-7280.

Problem	Possible reason	Try this
<b>Occasional clicking or light cracking sound.</b>	The sound of power switching and the pressure board expanding when changing temperatures.	This is normal; no action needed.
	Bottom of the inner pot is wet.	Wipe exterior surfaces of the inner pot. Make sure the heating element is dry before inserting the inner pot back into the multicooker base.
<b>Difficulty closing the lid.</b>	Sealing ring is not properly installed.	Reposition the sealing ring. Make sure it is snug behind the sealing ring rack.
	Float valve is in the popped-up position.	Gently press the float valve downward with a long utensil.
	Contents in multicooker are still hot.	Turn the steam release handle to the <b>Venting</b> position, then lower the lid onto the multicooker base slowly, allowing heat to dissipate.
<b>Difficulty opening the lid.</b>	Pressure inside the multicooker.	Release pressure according to recipe. Only open the lid after the float valve has dropped down.
	Float valve stuck in the popped-up position due to food debris or residue.	Make sure steam is completely released by quick releasing pressure, then press the float valve gently with a long utensil.
		Open the lid cautiously, then thoroughly clean the float valve, surrounding area, and lid before next use.
	<b>⚠ DANGER</b> Contents may be under pressure. To avoid scalding injury, <b>DO NOT attempt to force the lid open.</b>	
<b>The inner pot is stuck to the lid when the multicooker is opened.</b>	Cooling of the inner pot may create suction, causing the inner pot to adhere to the lid.	To release the vacuum, turn the steam release handle to the <b>Venting</b> position.
<b>Steam gushes from the steam release handle when it is in the Sealing position.</b>	Not enough liquid in the inner pot.	Add thin, water-based liquid to the inner pot according to its size. 3 Qt: <b>1</b> cup (250 mL / ~8 oz) 6 Qt: <b>1 ½</b> cups (375 mL / ~12 oz) 8 Qt: <b>2</b> cups (500 mL / ~16 oz)
	Pressure sensor control failure.	Contact <b>Customer Care</b> .
	Steam release handle is not seated properly.	Turn the steam release handle to the <b>Sealing</b> position.

Problem	Possible reason	Try this
<b>Steam leaks from side of lid.</b>	No sealing ring in the lid.	Install a sealing ring.
	The sealing ring is damaged or not installed properly.	Replace the sealing ring.
	Food debris attached to the sealing ring.	Remove the sealing ring and clean it thoroughly.
	The lid is not closed properly.	Open, then close the lid.
	The sealing ring rack is warped or off-center.	Remove the sealing ring from the lid, then check the sealing ring rack for bends or warps. Contact <b>Customer Care</b> .
	The inner pot rim may be misshapen.	Check for deformation and contact <b>Customer Care</b> .
<b>The float valve does not rise.</b>	Food debris on the float valve or float valve silicone cap.	Remove the float valve from the lid and clean it thoroughly. Perform the <b>Initial test run</b> to check for function and record your findings. Contact <b>Customer Care</b> .
	Too little liquid in the inner pot.	Check for scorching on the bottom of the inner pot. Add thin, water-based liquid to the inner pot according to its size. 3 Qt: 1 cup (250 mL / ~8 oz) 6 Qt: 1 ½ cups (375 mL / ~12 oz) 8 Qt: 2 cups (500 mL / ~16 oz)
	Float valve silicone cap damaged or missing.	Install or replace the float valve and/or silicone cap.
	Float valve obstructed by lid-locking mechanism.	Tap the float valve with a long utensil. If the float valve does not drop, turn the multicooker off. Contact <b>Customer Care</b> .
	No heat in the inner pot.	Perform the <b>Initial test run</b> to check for function and record your findings. Contact <b>Customer Care</b> .
	Inner pot base may be damaged.	Perform the <b>Initial test run</b> to check for function and record your findings. Contact <b>Customer Care</b> .
<b>Minor steam leaking or hissing from the steam release handle during the cook cycle.</b>	Steam release handle is not in the <b>Sealing</b> position.	Turn the steam release handle to the <b>Sealing</b> position.
	Multicooker is regulating excess pressure.	This is normal; no action required.

Problem	Possible reason		Try this
The display remains blank after connecting the power cord.	Bad power connection or no power.		Inspect power cord for damage. If damage is noticed, contact <b>Customer Care</b> . Check outlet to make sure it is powered.
	Cooker's electrical fuse has blown.		Contact <b>Customer Care</b> .
Error code appears on the display and the multicooker beeps continuously.	C1 C2 C6 C6H C6L	Faulty sensor.	Contact <b>Customer Care</b> .
	C5	Temperature is too high because the inner pot is not placed in the multicooker base.	Press <b>Cancel</b> and wait for heating element to cool; make sure there are no foreign objects in multicooker base; insert or reposition inner pot in multicooker base and re-enter commands.
		Temperature is too high.	Check for scorching on bottom of inner pot. Add thin, water-based liquid to the inner pot according to its size. 3 Qt: <b>1</b> cup (250 mL / ~8 oz) 6 Qt: <b>1 ½</b> cups (375 mL / ~12 oz) 8 Qt: <b>2</b> cups (500 mL / ~16 oz)
	C7 or NoPr	Heat element has failed.	Contact <b>Customer Care</b> .
		Not enough liquid.	Add thin, water-based liquid to the inner pot according to its size. 3 Qt: <b>1</b> cup (250 mL / ~8 oz) 6 Qt: <b>1 ½</b> cups (375 mL / ~12 oz) 8 Qt: <b>2</b> cups (500 mL / ~16 oz)
		Steam release handle is in the <b>Venting</b> position.	Turn the steam release handle to the <b>Sealing</b> position.
	Lid	Lid is not in the correct position for the selected program.	Open and close the lid.
			Do not use a lid when using Sauté.
Error code appears on the display and the multicooker beeps continuously.	Food burn	High temperature detected at bottom of inner pot; multicooker automatically reduces the temperature to avoid overheating.	Starch deposits at the bottom of the inner pot may have blocked heat dissipation. Turn the multicooker off, release pressure according to the recipe, and inspect the bottom of the inner pot.
	PrSE	Pressure has accumulated during a non-pressure cooking program.	Turn the steam release handle to the <b>Venting</b> position.

## Warranty

### Disclaimer of Implied Warranties

EXCEPT AS EXPRESSLY PROVIDED HEREIN AND TO THE EXTENT PERMITTED BY LAW, INSTANT BRANDS MAKES NO WARRANTIES, CONDITIONS OR REPRESENTATIONS, EXPRESS OR IMPLIED, BY STATUTE, USAGE, CUSTOM OF TRADE OR OTHERWISE WITH RESPECT TO THE APPLIANCES OR PARTS COVERED BY THIS WARRANTY, INCLUDING BUT NOT LIMITED TO, WARRANTIES, CONDITIONS, OR REPRESENTATIONS OF WORKMANSHIP, MERCHANTABILITY, MERCHANTABLE QUALITY, FITNESS FOR A

## **PARTICULAR PURPOSE OR DURABILITY.**

Some states or provinces do not allow for the exclusion of implied warranties of merchantability or fitness, so this limitation may not apply to you. In these states and provinces, you have only the implied warranties that are expressly required to be provided in accordance with applicable law.

Limitation of Remedies; Exclusion of Incidental and Consequential Damage

YOUR SOLE AND EXCLUSIVE REMEDY UNDER THIS LIMITED WARRANTY SHALL BE APPLIANCE REPAIR OR REPLACEMENT AS PROVIDED HEREIN. INSTANT BRANDS SHALL NOT BE LIABLE FOR INDIRECT, INCIDENTAL OR CONSEQUENTIAL DAMAGES ARISING OUT OF OR IN CONNECTION WITH THE USE OR PERFORMANCE OF THE APPLIANCE OR DAMAGES WITH RESPECT TO ANY ECONOMIC LOSS, PERSONAL INJURY, LOSS OF PROPERTY, LOSS OF REVENUES OR PROFITS, LOSS OF ENJOYMENT OR USE, COSTS OF REMOVAL, INSTALLATION OR OTHER INDIRECT, INCIDENTAL OR CONSEQUENTIAL DAMAGES OF ANY NATURE OR KIND.

### **Warranty Registration**

Please visit [www.instantpot.com/support/register](http://www.instantpot.com/support/register) to register your new Instant Brands™ appliance and validate your warranty within thirty (30) days of purchase. You will be asked to provide the store name, date of purchase, model number (found on the back of your appliance) and serial number (found on the bottom of your appliance) along with your name and email address. The registration will enable us to keep you up to date with product developments, recipes and contact you in the unlikely event of a product safety notification. By registering, you acknowledge that you have read and understand the instructions for use, and warnings set forth in the accompanying instructions.

### **Warranty Service**

To obtain service under this warranty, please contact our Customer Service Department by phone at 1-800-828-7280 or by email to [support@instantpot.com](mailto:support@instantpot.com). You can also create a support ticket online at [www.instantpot.com/support](http://www.instantpot.com/support). If we are unable to resolve the problem, you may be asked to send your appliance to the Service Department for quality inspection. Instant Brands is not responsible for shipping costs related to warranty service, save and except for shipping costs associated with the return of your appliance from Canada or within the 48 contiguous states and the District of Columbia of the United States of America, as provided herein. When returning your appliance, please include your name, mailing address, email address, phone number, and proof of the original purchase date as well as a description of the problem you are encountering with the appliance.

### **Limited Warranty**

This Limited Warranty is effective for one year from the date of original consumer purchase. Proof of original purchase date and, if requested by an authorized representative of Instant Brands Inc. ("Instant Brands"), return of your appliance, is required to obtain service under this Limited Warranty. Provided that this appliance is operated and maintained in accordance with written instructions attached to or furnished with the appliance, Instant Brands will, in its sole and exclusive discretion, either: (i) repair defects in materials or workmanship; or (ii) replace the appliance. In the event that your appliance is replaced, the Limited Warranty on the replacement appliance will expire 12 months from the date of original consumer purchase.

This Limited Warranty extends only to the original purchaser and use of the appliance in the United States of America and Canada. This warranty does not cover units that are used outside of the United States of America and Canada.

Any modification or attempted modification to your appliance may interfere with the safe operation of the appliance and will void this Limited Warranty. This Limited Warranty does not apply in respect of any appliance or any part thereof that has been altered or modified unless such alterations or modifications were expressly authorized by an Instant Brands representative.

### **Limitation and Exclusions**

The liability of Instant Brands, if any, for any allegedly defective appliance or part shall in no circumstances exceed the purchase price of a comparable replacement appliance.

### **This Limited Warranty does not cover:**

1. Damage resulting from accident, alteration, misuse, abuse, neglect, unreasonable use, use contrary to the operating instructions, normal wear and tear, commercial use, improper assembly, disassembly, failure to provide reasonable and necessary maintenance, fire, flood, acts of God or repair by anyone unless directed by an Instant Brands Representative;
2. Repairs where your appliance is used for other than normal, personal use or when it is used in a manner that is contrary to published user or operator instructions; or
3. Use of unauthorized parts and accessories, or repairs to parts and systems resulting from unauthorized repairs or modifications made to this appliance.

The cost of repair or replacement under these excluded circumstances shall be paid by you.

### **Instant Brands Inc.**

11—300 Earl Grey Dr., Suite 383  
Ottawa, Ontario  
K2T 1C1  
Canada

### **Register your product today**

[instantpot.com/support/register](https://instantpot.com/support/register)

### **Contact us**

1-800-828-7280  
support@instantpot.com  
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[instantpot.com](https://instantpot.com)  
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Instant Pot Duo Plus V1 Multi-Use Pressure Cooker User Manual – [ [Download PDF](#) ]

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## **References**

- [User Manual](#)